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KEY=STUDY - FORD PEARSON

Becoming More Than a Good Bible Study Girl Thomas Nelson Is Something Missing in Your Life? Lysa TerKeurst knows what it's like to consider God just another thing on her to-do list. For years she went through the motions of a Christian life: Go to church. Pray. Be nice. Longing for a deeper connection between what she knew in her head and her everyday reality, she wanted to personally experience God's presence. Drawing from her own remarkable story of step-by-step faith, Lysa invites you to uncover the spiritually exciting life we all yearn for. With her trademark wit and spiritual wisdom, Lysa will help you : * Learn how to make a Bible passage come alive in your own devotion time. * Replace doubt, regret, and envy with truth, confidence, and praise. * Stop the unhealthy cycles of striving and truly learn to love who you are and what you've been given. * Discover how to have inner peace and security in any situation * Sense God responding to your prayers The adventure God has in store for your life just might blow you away. Becoming More Than a Good Bible Study Girl Like many women, Lysa TerKeurst knows what it's like to consider God just another thing on her to-do list. For years she went through the motions of a Christian life: Go to church. Pray. Be nice. Yet she wanted a deeper connection between what she knew in her head and what she felt in her heart. She wanted to personally experience God's presence. In this latest book, drawing from her own remarkable story of step-by-step faith, TerKeurst invites women to uncover the spiritually exciting life they long for. With her trademark wit and spiritual wisdom, TerKeurst helps readers enjoy the passion of conversation with God, discover the life-changing words of the Bible, watch God use disappointments for good, and find incredible joy as they live their faith out every day. Whether readers are using this book individually or in a group Bible study, TerKeurst will inspire them to see that Jesus does make a beautiful difference in their lives-and that fulfillment is closer than they ever thought possible. Becoming More Than a Good Bible Study Girl Participant's Guide Living the Faith after Bible Class Is Over HarperChristian Resources Join bestselling author Lysa TerKuerst for Becoming More Than A Good Bible Study Girl, a six-session small group Bible study that helps you figure out how to trade in going through the motions for the spiritual healthy and vibrant life for which you long. "I really want to know God, personally and intimately." Do those words resonate with you? You're tired of just going through the motions of being a Christian: Go to church. Pray. Be nice. That spiritual to-do list just doesn't cut it. But what does? How do you step out of the drudger of religious duty to experience a living, moment-by-moment, deeply intimate relationship with God? Join Lysa in six small group sessions (DVD/digital video sold separately) that will teach you how to: Build personal, two-way conversations with God. Study the Bible and experience life change for yourself. Cultivate great authenticity and depth in your relationships. Make disappointments work for you, not against you. Find incredible joy as you live out your faith in everyday circumstances. This Participant Guide is filled with helpful discussion starters, video overviews, space for writing thoughts, a helpful Leader's Guide and much more. Sessions include: In My Heart In My Walk with God In My Relationships In My Struggles In My Thoughts In My Calling Designed for use with Becoming More Than A Good Bible Study Girl Video Study 9780310877714 (sold separately). It's Not Supposed to Be This Way Finding Unexpected Strength When Disappointments Leave You Shattered Thomas Nelson New York Times bestselling author Lysa TerKeurst unveils her heart amid shattering circumstances and shows readers how to live assured when life doesn't turn out like they expected. What do you do when God's timing seems questionable, His lack of intervention hurtful, and His promises doubtful? Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness. Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In It's Not Supposed to Be This Way, Lysa invites us into her own journey of faith and, with grit, vulnerability, and honest humor, helps us to: Stop being pulled into the anxiety of disappointment by discovering how to better process unmet expectations and other painful situations. Train ourselves to recognize the three strategies of the enemy so we can stand strong and persevere through unsettling relationships and uncertain outcomes. Discover the secret of being steadfast and not panicking when God actually does give us more than we can handle. Shift our suspicion that God is cruel or unfair to the biblical assurance that God is protecting and preparing us. Know how to encourage a friend and help her navigate hard realities with real help from God's truth. Becoming More Than a Good Bible Study Girl Participant's Guide with DVD Living the Faith

After Bible Class Is Over Join bestselling author Lysa TerKuerst for *Becoming More Than A Good Bible Study Girl*, a six-session small group Bible study that helps you figure out how to trade in going through the motions for the spiritual healthy and vibrant life for which you long. 'I really want to know God, personally and intimately.' Do those words resonate with you? You're tired of just going through the motions of being a Christian: Go to church. Pray. Be nice. That spiritual to-do list just doesn't cut it. But what does? How do you step out of the drudger of religious duty to experience a living, moment-by-moment, deeply intimate relationship with God? Join Lysa in six small group sessions that will transform your walk with Go from lackluster theory to vibrant reality! The most invigorating and rewarding journey of your life awaits you as you discover how to: Build personal, two-way conversations with God. Study the Bible and experience life change for yourself. Cultivate great authenticity and depth in your relationships. Make disappointments work for you, not against you. Find incredible joy as you live out your faith in everyday circumstances. The Participant's Guide is filled with helpful discussion starters, video overviews, space for writing thoughts, a helpful Leader's Guide and much more. It's designed to be used with the companion *Becoming More Than A Good Bible Study Girl DVD* which features six 10-15 minute teaching sessions from Lysa TerKuerst. Both the Participant Guide and DVD are included in this pack. *Becoming More Than a Good Bible Study Girl Living the Faith After Bible Class Is Over* Through this six-session small group bible study DVD, Lysa TerKuerst encourages participants to trade going through the motions for the spiritually exciting life for which we long. This pack includes one softcover Participant Guide and one DVD. *Uninvited Living Loved When You Feel Less Than, Left Out, and Lonely* Thomas Nelson Do you ever feel left out, lonely, or less than? Today, learn the secret of belonging which will help you keep rejections in perspective and be better equipped to foster healthy connections in your relationships. In *Uninvited*, Lysa shares her own deeply personal experiences of rejection from the perceived judgment of the perfectly toned woman one elliptical over to the incredibly painful childhood abandonment by her father. She leans in to honestly examine the roots of rejection, as well as rejection's ability to poison relationships from the inside out, including our relationship with God. With biblical depth, gut honest vulnerability, and refreshing wit, Lysa will help you: Stop feeling left out by believing that even when you are overlooked by others you are handpicked by God. Change your tendency to either fall apart or control the actions of others by embracing God-honoring ways to process your hurt. Know exactly what to pray for the next ten days to steady your soul and restore your confidence in the midst of rejection. Overcome the two core fears that feed your insecurities by understanding the secret of belonging. *Uninvited* reminds us we are destined for a love that can never be diminished, tarnished, shaken, or taken—a love that does not reject or uninvite. *Becoming More Than a Good Bible Study Girl Six Sessions on Living the Faith After Bible Class Is Over* Are you tired of just going through the motions of the Christian life? Do you feel a tug at your heart to live completely for God—but you don't know what the next step is? In six enriching small group sessions, Lysa TerKuerst helps you cultivate the spiritually exciting life you long for. *The Best Yes Making Wise Decisions in the Midst of Endless Demands* Thomas Nelson Are you living with the stress of an overwhelmed schedule and aching with the sadness of an underwhelmed soul? Lysa TerKuerst is learning that there is a big difference between saying yes to everyone and saying yes to God. In *The Best Yes* she will help you: Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small no. Overcome the agony of hard choices by embracing a wisdom based decision-making process. Rise above the rush of endless demands and discover your best yes today. *Unglued Making Wise Choices in the Midst of Raw Emotions* Thomas Nelson God gave us emotions to experience life, not destroy it! Lysa TerKuerst admits that she, like most women, has had experiences where others bump into her happy and she comes emotionally unglued. We stuff, we explode, or we react somewhere in between. What do we do with these raw emotions? Is it really possible to make emotions work for us instead of against us? Yes, and in her usual inspiring and practical way, Lysa will show you how. Filled with gut-honest personal examples and biblical teaching, *Unglued* will equip you to: Know with confidence how to resolve conflict in your important relationships. Find peace in your most difficult relationships as you learn to be honest but kind when offended. Identify what type of reactor you are and how to significantly improve your communication. Respond with no regrets by managing your tendencies to stuff, explode, or react somewhere in between. Gain a deep sense of calm by responding to situations out of your control without acting out of control. *Trustworthy - Bible Study Book Overcoming Our Greatest Struggles to Trust God* When hard times come and it seems God is deviating from the plan we assume our life should follow, we're more likely to want to tame God, not trust Him. It's then that we begin to press into our ways and our own timing. No human can carry the weight of being their own god, but so many of us try. In this 6-session study of 1 & 2 Kings, join Lysa TerKuerst in Israel as she honestly reveals the places of distrust in her own heart while exploring the deeply applicable Scriptures that will teach us how to truly trust God. Features: Leader helps to guide questions and discussions within small groups Personal study segments with homework to complete between 6 weeks of group sessions Interactive teaching videos, approximately 15-25 minutes per session, available for purchase or rent Benefits: Identify and challenge doubts in the one true God. Explore how the Old Testament applies to our lives today. Learn to trust in the goodness and faithfulness of God. *The Best Yes Study Guide Making Wise Decisions in the Midst of Endless Demands* HarperChristian Resources Do you spend a lot of time figuring out how to manage your time? New York Times best-selling author Lysa TerKuerst will guide you and your group through how to make wise decisions in the midst of endless demands and overwhelmed schedules. Most of us spend a lot of our lives figuring out when to say yes and how to say no—dwelling on how to reduce stress, do your best for your family, and find a little slice of time for yourself along the way. Lysa was in the same place until she learned the power of the best yes: the choice that shapes all other choices and the key to living wisely. In this six-session video Bible study (DVD sold separately), Lysa TerKuerst uses her signature mix of transparency, Bible-based insight, and "been there" humor to suggest usable strategies for making wise

decisions day by day. The Best Yes will help you and your group: Cure the disease to please with a biblical understanding of the command to love. Escape the guilt of disappointing others by learning the secret of the small "no." Overcome the agony of hard choices by embracing a wisdom based decision-making process. Rise above the rush of endless demands and discover your best yes today. Designed for use with The Best Yes Video Study (97801400205943), sold separately. Uninvited Study Guide Living Loved When You Feel Less Than, Left Out, and Lonely HarperChristian Resources Do you ever feel left out, lonely, less than loved? Most of us have. Many of us do now... Sometimes you simply need to be reminded how loved you really are—that every day, with every breath, you are loved with such precision that every hair, every molecule of you is known, counted, invited, and welcomed. This six-session video study guide (DVD/streaming video sold separately) is that reminder. Best-selling author and speaker Lysa TerKeurst will walk you through the Holy Land in order to come closer to Jesus' words that will help you enter a place of healing and new perspective. You and your group are invited to: Explore the roots of rejection and learn practical ways to process your pain in a safe space. Dwell on the majestic declarations of God's love in the Bible. Discover a deep assurance of your adoption into Christ's family that leads to new life. Be a part of this biblical learning process of "living loved." Uninvited will remind you and your group that you are destined for a love that can never be diminished, tarnished, shaken, or taken—a love that does not reject or uninvite. This study guide is packed with Bible teaching and includes guided video notes, group discussion questions, and between-session personal studies. Sessions include: Living Loved Empty or Full? The Yoke of God Is Freedom Set Apart Remembering God's Presence Lessons from the Olive Bonus Session: Review and Celebration (No video) Designed for use with the Uninvited Video Study (9781400205981), sold separately. Seeing Beautiful Again 50 Devotions to Find Redemption in Every Part of Your Story Thomas Nelson In the middle of the pain you didn't cause, the change you didn't want, the reality you didn't know was coming . . . your life can still be beautiful. We all have stories full of sorrow and celebration. But with God, there's always more going on than what we see. New York Times bestselling author Lysa TerKeurst encourages you to hope again through 50 devotions that will help you find redemption in every part of your story. Lysa, president of Proverbs 31 Ministries, assures us that the aching pain we feel is proof there's a beautiful remaking already in process if we don't give up. Through these 50 devotions, Scriptures, prayer prompts, and personal notes from Lysa, you will: Gain healthier ways to process your pain Learn to see your situations through truth-based perspectives Disempower the lie that how you feel about your life is the full story by Remember that with God there's always something more true, lovely, and good right now Stop feeling alone in your struggles by spending guided time with God each day While there's no denying there are parts of our story we'd love to edit out, what if those circumstances are the unlikely ingredients God is using to weave together a greater good we'd never want to miss out on? Together we'll discover the indescribable gift of our God, who breathes life into even the shattered pieces of our stories, creating something new and more beautiful than ever before. Look for additional bestselling books from Lysa TerKeurst: Forgiving What You Can't Forget It's Not Supposed to Be This Way Uninvited The Best Yes 40 Days Through the Bible The Answers to Your Deepest Longings HarperChristian Resources Find the better you've been longing for. Lysa TerKeurst, the First 5 team and the Online Bible Studies team have come together to write a Bible study just for YOU! We know the Bible is a big book and can oftentimes feel overwhelming. Lysa and Proverbs 31 team wanted to create a study that would help you understand the story of the Bible from start to finish. In 40 Days Through the Bible: The Answers to Your Deepest Longings, you will: Take a journey through the storyline of the Bible in 40 days so you can see major themes, how they are all connected and what that means for us as we read the Bible today. Discover the eight major things humanity longs for and how Jesus fulfills all of them for us. Stop the endless cycle of seeking and searching for satisfaction and find the answers to your deepest longings. Uninvited Study Guide plus Streaming Video Living Loved When You Feel Less Than, Left Out, and Lonely HarperChristian Resources Do you ever feel left out, lonely, less than loved? Most of us have. Many of us do now... Sometimes you simply need to be reminded how loved you really are—that every day, with every breath, you are loved with such precision that every hair, every molecule of you is known, counted, invited, and welcomed. This six-session video study guide (video streaming included) is that reminder. Best-selling author and speaker Lysa TerKeurst will walk you through the Holy Land in order to come closer to Jesus' words that will help you enter a place of healing and new perspective. You and your group are invited to: Explore the roots of rejection and learn practical ways to process your pain in a safe space. 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Access code subject to expiration. Neither HarperCollins Christian Publishing, Inc. nor any affiliate is responsible for maintaining any digital service. No refunds, exchanges, or substitutions. Internet connection required. You will be required to register for StudyGateway.com to access your streaming copy and access will be subject to the site's Terms of Use: HarperCollinsChristian.com/terms. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Offer void if obtained through non-authorized channels, including, without limitation, free offer or freebie directories. HarperCollins Christian Publishing, Inc. is not responsible for and will not provide any software, hardware or other technical set-up or capability (or personnel support in conjunction therewith) that may be required to

access the streaming video. Void where prohibited, taxed or restricted by law. Embraced 100 Devotions to Know God Is Holding You Close Thomas Nelson God doesn't pull back from your sharp edges. He pulls you close. In Embraced, beloved Bible teacher and bestselling author Lysa TerKeurst offers 100 devotions that will resonate with women in all stages of life by giving you a godly perspective on the issues you face each day. A real embrace indicates an intimate level of closeness. It's not a high five or a casual handshake. The best kind of embrace is when someone we know deeply loves us, flings their arms wide open, and pulls us in close. Through these 100 devotions, daily scriptures, and prayer prompts, you will be equipped to: Begin finding freedom from the struggles that have held you hostage by learning new ways to experience God's love. Surrender your deepest hurts by processing them in a godly way with Lysa, a friend who understands your pain. Hear the Lord speak intimately to your heart by learning how to seek His direction. Release the tension of wondering, If God is near why does He sometimes feel far away? by spending guided time with Him each day. Embraced will be a treasured keepsake for you, and a meaningful gift for those you love, with: An exquisite cloth cover you'll want to leave out for others to see and for easy access Highly designed interior with Scripture, call-outs, and quotes Ribbon marker to keep your place Our hearts were made for this kind of love and security, but for many of us, we know more about the pain of heartbreak and fear than the unconditional love for which we were created. In Embraced, Lysa shares her own struggles, doubts, and heartbreaks while pointing to the ultimate embrace: God opening His arms wide on Calvary through Jesus so that He could pull us close for all of eternity, welcoming us into the safety and hope of His grace, love, and embrace. Look for additional bestselling books from Lysa TerKeurst: Forgiving What You Can't Forget It's Not Supposed to Be This Way Uninvited The Best Yes Finding I Am - Bible Study Book with Video Access How Jesus Fully Satisfies the Cry of Your Heart What is the deep cry of your heart? The ache in your soul just waiting to be fulfilled? The prayer you keep repeating without end? Jesus not only cares about this deep, spiritual wrestling, but He also wants to step in and see you through it. Join Lysa TerKeurst on the streets of Israel to explore the I AM statements of Jesus found in the Gospel of John, ultimately trading feelings of emptiness and depletion for the fullness of knowing who Jesus is in this in-depth Bible study. Features: Leader helps to guide questions and discussions within small groups Five weeks of personal study segments to complete between six weeks of group sessions Four days, with an optional fifth day, of study within each week of personal study Six enriching teaching videos, approximately 15-20 minutes per session, available via redemption code printed in Bible study book for individual streaming access Benefits: Find freedom in difficult circumstances by learning how to shift from "slave mentality" to "set free mentality." Discover how Jesus is the key to satisfaction by learning the crucial significance behind each of His I AM statements. Trade feelings of emptiness for the fullness of knowing who Jesus is. Grow in biblical literacy with this exploration of the Gospel of John. Video Sessions: Session 1: I AM (18:40)--In this introductory session, Lysa introduces the topic of I AM by looking in the book of Exodus where God talks to Moses through the burning bush. First came God's name, then came His promise. Session 2: I AM the Bread of Life (15:40)--Lysa is in Capernaum during this session and discusses how important bread was in the life of the Jewish people during this time. She reminds participants that only Jesus Himself can satisfy every craving of our soul. Session 3: I AM the Light of the World (21:40)--This third session puts participants at Jacob's well where Jesus encountered the Samaritan woman. Lysa discusses Jesus as the Living Water and how this Samaritan woman became a light to her world by telling others about Jesus. Session 4: I AM the Good Shepherd and I AM the Gate of the Sheep (18:10)--Psalm 23 tells us about God as a Good Shepherd. Lysa explores that Psalm and reminds listeners that God promises not to restore our circumstances, but rather to restore our soul. Session 5: I AM the Resurrection and the Life and I AM the Way, the Truth, and the Life (20:55)--In this fifth session Lysa overlooks the city of Jerusalem and studies the passage of the raising of Lazarus. She reminds the listener that Jesus longs to bring His resurrection power to us. Session 6: I AM the True Vine (17:35)--During this final session we find ourselves in a vineyard learning about God as the Gardener and Jesus as the True Vine. We learn that pruning makes us look more like Jesus and prepares us to bring forth fruit. It's Not Supposed to Be This Way Study Guide Finding Unexpected Strength When Disappointments Leave You Shattered HarperChristian Resources In this six-session video Bible study, New York Times bestselling author Lysa TerKeurst offers a safe place to share your disappointments, fresh biblical insight to get you through painful situations, and life-giving perspectives for living between Eden and eternity. Life often looks very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. At times like these, it's easy to feel disappointed and disillusioned and to wonder about the reality of God's goodness. So what do you do when God's timing seems questionable, his lack of intervention hurtful, and his promises doubtful? Lysa understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In this video Bible study (DVD/digital video sold separately), Lysa invites small groups and individuals into her own journey of faith. With vulnerability and honest humor, she helps us: Learn how to better process unmet expectations and other painful situations. Train ourselves to recognize the three strategies of the enemy so we can stand strong and persevere through unsettling relationships and uncertain outcomes. Discover the secret of remaining trustful when God seems to give us more than we can handle. Shift our suspicion that God is cruel or unfair to the biblical assurance that God is protecting and preparing us for what's next. Know how to encourage a friend and help her navigate hard realities with real help from God's truth. Sessions include: The Birthplace of Disappointment Living Between Two Gardens Problems Placed On Us and Problems Within Us The Four Steps of Restoration When the Enemy Comes Against Us Kingdom Minded, Eternally Focused Designed for use with the It's Not Supposed to Be This Way Video Study available on DVD or streaming video, sold separately. It's Not Supposed to Be This Way Bible Study Guide plus Streaming Video Finding Unexpected Strength When Disappointments Leave You Shattered HarperChristian Resources In this six-session video Bible study (streaming included), New York Times bestselling

author Lysa TerKeurst offers a safe place to share your disappointments, fresh biblical insight to get you through painful situations, and life-giving perspectives for living between Eden and eternity. Life often looks very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. At times like these, it's easy to feel disappointed and disillusioned and to wonder about the reality of God's goodness. So what do you do when God's timing seems questionable, his lack of intervention hurtful, and his promises doubtful? Lysa understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In this video Bible study, Lysa invites small groups and individuals into her own journey of faith. With vulnerability and honest humor, she helps us: Learn how to better process unmet expectations and other painful situations. 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Sessions and video run times: The Birthplace of Disappointment (27:30) Living Between Two Gardens (18:00) Problems Placed on Us and Problems Within Us (18:00) The Four Steps of Restoration (15:00) When the Enemy Comes Against Us (16:00) Kingdom Minded, Eternally Focused (21:00) Watch on any device! Streaming video access code included. Access code subject to expiration. Neither HarperCollins Christian Publishing, Inc. nor any affiliate is responsible for maintaining any digital service. No refunds, exchanges, or substitutions. Internet connection required. You will be required to register for StudyGateway.com to access your streaming copy and access will be subject to the site's Terms of Use: HarperCollinsChristian.com/terms. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Offer void if obtained through non-authorized channels, including, without limitation, free offer or freebie directories. HarperCollins Christian Publishing, Inc. is not responsible for and will not provide any software, hardware or other technical set-up or capability (or personnel support in conjunction therewith) that may be required to access the streaming video. Void where prohibited, taxed or restricted by law. **Becoming More Than a Good Bible Study Girl Participant's Guide : Six Sessions on Living the Faith After the Bible Class is Over Made to Crave Satisfying Your Deepest Desire with God, Not Food Zondervan** In this six-session video study, Lysa TerKeurst helps women discover the missing link between a woman's desire to be healthy and the spiritual empowerment necessary to make that happen. The reality is, we were made to crave. Craving isn't a bad thing. But we must realize God created us to crave so we'd ultimately always desire more of Him in our lives. Many of us have misplaced that craving towards overindulging in physical pleasures instead of lasting spiritual satisfaction. For a woman struggling with unhealthy eating habits, Made to Crave will equip her to: Break the "I'll start again Monday" cycle and start feeling good about herself today. Stop beating herself up over the numbers on the scale and make peace with the body you've been given. Discover how your weight loss struggle isn't a curse but rather a blessing in the making. Replace justifications that lead to diet failure with empowering Go-to Scriptures that lead to victory. Eat healthy without feeling deprived. Reach your healthy weight goal while growing closer to God through the process. **I'll Start Again Monday Break the Cycle of Unhealthy Eating Habits with Lasting Spiritual Satisfaction Thomas Nelson** *I'll Start Again Monday is a newly revised and condensed version of Lysa's bestseller Made to Crave.* Have healthy eating plans left you feeling defeated? Based on her bestseller Made to Crave, Lysa TerKeurst offers a new perspective to all those stuck in the cycle of losing weight and then gaining it back, equipping you with the deeper spiritual and emotional motivation you need to make lasting changes. So often we characterize our food cravings as bad, especially when dieting has made us feel even more disappointed and discouraged. But the reality is we were made to crave. We just need to realize God created us to crave more of Him instead of misplacing that craving by overindulging in physical pleasures and unhealthy choices that will never truly satisfy. In the midst of her own personal struggle with this, New York Times bestselling author Lysa TerKeurst invites us to embrace a new outlook that leads to enduring change. In this newly revised and condensed version of Made to Crave, Lysa encourages you to: Break the cycle of "I'll start again Monday" and start taking steps toward consistency that lasts. Stop agonizing over numbers on the scale and make peace with your body. Replace rationalizations that lead to failure with wisdom that leads to victory. Reach your healthy goals and grow closer to God through the process. This is not a "how-to" book. This is not the latest and greatest dieting plan. This is the necessary resource to use alongside whatever healthy lifestyle plan you choose that will help you find your "want to" and lead to a spiritual satisfaction that goes far beyond the physical. **Forgiving What You Can't Forget Discover How to Move On, Make Peace with Painful Memories, and Create a Life That's Beautiful Again Thomas Nelson** *#1 New York Times Bestseller* You deserve to stop suffering because of what other people have done to you. Have you ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind? You know you can't go on like this, but you don't know what to do next. Lysa TerKeurst has wrestled through this journey. But in surprising ways, she's discovered how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right. With deep empathy, therapeutic insight, and rich Bible teaching coming out of more than 1,000 hours of theological study, Lysa will help you: Learn how to move on when the other person refuses to change and never says they're sorry. Walk through a step-by-step process to free yourself from the hurt of your past and feel less offended today. Discover what the Bible really says about forgiveness and the peace that comes from living it out right now. Identify what's stealing trust and vulnerability from your relationships so you can believe there is still good ahead. Disempower

the triggers hijacking your emotions by embracing the two necessary parts of forgiveness. Good Boundaries and Goodbyes Study Guide Plus Streaming Video Loving Others Without Losing the Best of Who You Are HarperChristian Resources New York Times bestselling author Lysa TerKeurst helps readers stop the dysfunction of unhealthy relationships by showing them biblical ways to set boundaries---and, when necessary, say goodbye---without losing the best of who they are. Forgiving What You Can't Forget Study Guide Discover How to Move On, Make Peace with Painful Memories, and Create a Life That's Beautiful Again HarperChristian Resources If you've ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind—if you've ever been hurt so badly that you don't know if you'll ever get past it—discover what the Bible really says about forgiveness and how to find the peace that comes from embracing it. Forgiveness is a major part of the Christian faith. But how do we actually put it into practice when we're the ones who've been hurt? We know God commands us to forgive each other. But, apart from simply saying the words, "I forgive you," many of us have unasked questions about it: How does it work? On our minds, souls, circumstances—what's actually happening when we forgive? Why is it so important, and what's the difference between forgiveness and simply moving on? When should I forgive, and are there exceptions? How can I find healing for myself, even if my act of forgiveness doesn't seem to change the person who hurt me? These are just some of the questions that bestselling author and teacher Lysa TerKeurst explores in this six-session video Bible study (DVD/digital downloads sold separately). This study will walk with you on a step-by-step process--through biblical answers, deep empathy, and the therapeutic insight that comes from Lysa's personal experiences--toward the grace of forgiveness and the freedom from the pain of past wrongs. Sessions include: What Am I Supposed to Do with All the Hurt? Your Mind, Your Mouth, Your Master The Divine Echo There's Always a Meanwhile The Compounding Effect of Unforgiveness This Isn't Easy, But It Is Good Designed for use with the Forgiving What You Can't Forget Video Study available on DVD or streaming video, sold separately. Unglued Devotional 60 Days of Imperfect Progress Thomas Nelson This companion devotional to the bestselling book Unglued provides encouragement to help readers handle emotional struggles. Including a daily opening Scripture, Thought for the Day, devotion, and closing prayer, this book helps readers begin a 60-day journey in learning to positively process raw emotions, such as fear, anger, and regret. Forgiving What You Can't Forget Bible Study Guide plus Streaming Video Discover How to Move On, Make Peace with Painful Memories, and Create a Life That's Beautiful Again HarperChristian Resources If you've ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind—if you've ever been hurt so badly that you don't know if you'll ever get past it—discover what the Bible really says about forgiveness and how to find the peace that comes from embracing it. Forgiveness is a major part of the Christian faith. But how do we actually put it into practice when we're the ones who've been hurt? We know God commands us to forgive each other. But, apart from simply saying the words, "I forgive you," many of us have unasked questions about it: How does it work? On our minds, souls, circumstances—what's actually happening when we forgive? Why is it so important, and what's the difference between forgiveness and simply moving on? 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(25:30) Your Mind, Your Mouth, Your Master (21:30) The Divine Echo (27:00) There's Always a Meanwhile (24:00) The Compounding Effect of Unforgiveness (15:00) This Isn't Easy, But It Is Good (21:30) Watch on any device! Streaming video access code included. Access code subject to expiration. Neither HarperCollins Christian Publishing, Inc. nor any affiliate is responsible for maintaining any digital service. No refunds, exchanges, or substitutions. Internet connection required. You will be required to register for StudyGateway.com to access your streaming copy and access will be subject to the site's Terms of Use: HarperCollinsChristian.com/terms. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Offer void if obtained through non-authorized channels, including, without limitation, free offer or freebie directories. HarperCollins Christian Publishing, Inc. is not responsible for and will not provide any software, hardware or other technical set-up or capability (or personnel support in conjunction therewith) that may be required to access the streaming video. Void where prohibited, taxed or restricted by law. Uninvited Study Guide with DVD Living Loved When You Feel Less Than, Left Out, and Lonely HarperChristian Resources In this six-session video Bible study bestselling author Lysa TerKeurst helps women to explore the roots of rejection; the lies we believe as a result; and the truth about who God is, who we are, and what it looks like to live loved. Encouragement for Today Devotions for Everyday Living Zondervan Pull away from the things that pull you down and find lasting encouragement for today. The women at Proverbs 31 Ministries offer 100 devotions of wit, wisdom, and encouragement for women. For twenty years the P31 team has equipped and encouraged nearly a million women to live in the power of God's truths that apply to their everyday life. Written by women from every walk of life, you will find inspiration to live authentically and fully grounded in the Word of God. The P31 Team shares from the realities of everyday life including highs and lows, humorous stories and tender moments. You will be drawn toward the truths God offers and enabled to rise above and become all God created you to be. Who Holds the Key to Your Heart? Moody Publishers Inside the hearts of most women lies a "secret place" containing hidden thoughts, painful experiences, and emotions that they feel are better left alone. But God wants to have all of their hearts and

desires to set them free from guilt and shame. Lysa TerKeurst offers *Who Holds the Key to Your Heart?* as a practical tool to help women identify their shame and lead them to hope and healing through Scripture. Women will be renewed through a deeper understanding of their identity in Christ and break the bondage hidden in their secret place. *What Happens When Women Walk in Faith* Trusting God Takes You to Amazing Places Harvest House Publishers What if the next big step God wants you to take is actually small? Stepping into the assignments the Lord has for us and pursuing the dreams He's placed in our hearts can feel overwhelming and exhilarating all at the same time. But walking in His will begins with our daily obedience to Him. Lysa TerKeurst knows what it means to walk by faith and encourages you to discover the deeply personal truths of God's Word for your calling. *What Happens When Women Walk in Faith* is filled with stories and Scripture that will help you apply practical, Biblical truths to your life and equip you to: Discover 5 phases of your faith walk and embrace the direction that the Lord is leading you. Identify one area where you can draw a line in the sand and take a step toward something new. Be prepared for God to use your small steps of faith to unleash His work and wonder in your life. No matter what God has called you to, you can take this first step! *Is God Speaking to Me? How to Discern His Voice and Direction* Harvest House Publishers Living with a deeper awareness of God's leading isn't just for a select few...it's for you too! Have you ever wondered if God still speaks to us today? Or do you worry that what you're perceiving as God's voice is really just your own thoughts? You're not alone. In *Is God Speaking to Me?*, Lysa TerKeurst shares her own wrestling with these questions and how God has taught her to more clearly discern His direction in her everyday life. Using Scripture, encouraging personal stories, and practical application, Lysa will help you: Stop merely going through the motions of life by learning how to recognize and respond to the Lord's divine appointments for you. Uncomplicate the idea of listening to God as you use five key questions to help you determine if what you're discerning is from Him or not. Discover the joy of truly walking with the Lord as you learn how to live in expectation of hearing from Him. *Is God Speaking to Me?* is both an invitation to a life of adventure with the Lord and the tender reminder that we serve a God who loves us deeply and longs to speak to us personally. *Capture His Heart* Becoming the Godly Wife Your Husband Desires Moody Publishers A truly fulfilling marriage involves two people focusing on each others' needs rather than their own. Lysa TerKeurst, president of The Proverbs 31 Ministry, has written a practical guide for each spouse that will open their eyes to the needs, desires, and longings of the other. She offers eight essential criteria for capturing the heart of your spouse, with creative tips on how to accomplish them. Having a great marriage takes time, creativity, and willingness. *Capture His Heart* and *Capture Her Heart* are excellent tools to help spouses run this very worthwhile race. *Husbands Need Their Wives To:* 1. Support Them Spiritually 2. Encourage Them Emotionally 3. Enjoy Them Sexually 4. Appreciate Them Vocationally 5. Engage Them Intellectually 6. Connect with Them Relationally 7. Affirm Them Physically 8. Stand by Them Permanently *What Happens When Women Say Yes to God* Experiencing Life in Extraordinary Ways Harvest House Publishers Add beauty to your quiet time or delight a friend with a gift they will treasure. This edition of Lysa TerKeurst's popular *What Happens When Women Say Yes to God* (more than 170,000 copies sold) embraces her powerful message of obedience and fulfillment that is changing women's lives around the world. In each chapter and Bible study portion, Lysa, president of Proverbs 31 Ministries, shares inspiring stories and compelling insights about what it means to partner with God in all decisions and actions. This adventure leads you to discern the voice of God and say yes to His call experience the deep joy of wholehearted obedience let God affect lives around you in remarkable ways This is your invitation to embark on the transforming journey of faithfulness as you seek God and boldly ask for and expect more from the Christian life. Say yes! *Better Than Life - Teen Girls' Bible Study Book* How to Study the Bible and Like It A nine-session study of Psalm 63 for teen girls, teaching them how to observe, interpret, connect with, apply, and delight in God's Word. *Twelve Women of the Bible* Life-Changing Stories for Women Today In the *Twelve Women of the Bible* Study Guide, a companion to the twelve-session video Bible study, individuals and small groups will learn about the triumphs and failures of Mary Magdalene, Rebekah, Hannah, and nine other women, studying their lives and learning how to: Apply biblical lessons to their own modern-day struggles Live through their failures as well as successes Draw near to God in a world filled with trials Find lasting contentment Overcome rejection and insecurity And much more. Designed for use with the video. *Good Boundaries and Goodbyes* Study Guide with DVD *Loving Others Without Losing the Best of Who You Are* HarperChristian Resources New York Times bestselling author Lysa TerKeurst helps readers stop the dysfunction of unhealthy relationships by showing them biblical ways to set boundaries---and, when necessary, say goodbye---without losing the best of who they are. *I Am Restored* How I Lost My Religion but Found My Faith Zondervan When the challenges you've faced threaten to destroy your life, how do you find your way back to the truths you thought you believed? *I Am Restored* tells the untold story of how Lecrae's past nearly ruined his future--until he learned that the wounds we carry can have the potential to be unlikely guides to healing and freedom for ourselves and others. Throughout *I Am Restored*, Lecrae documents the shattering yet hopeful story of how he faced the scars of his past--sexual abuse, physical trauma, addiction, and depression--and emerged more fully human than ever before. With remarkable transparency and vulnerability, Lecrae reveals that at the height of his professional success, his life was spinning out of control, driven by a past that he had never confronted and a religious perspective that was incapable of meeting the challenge. *I Am Restored* takes an unflinching look at the personal and public spaces that are too often at the societal core of our pain and heartache--culture, politics, family, church, and more--and teaches us that forgiveness can be the birthplace of the life that God has created for us. Throughout this powerful, deeply personal account, Lecrae shares the life lessons he's learned about: Confronting the pain and trauma that has shaped your story Breaking the cycle of sin and shame and embracing joy and authenticity Finding hope and healing in the midst of chaos The simple practices that can change your mental, emotional, and spiritual health Leading a life that's bursting with creativity and true freedom *I Am Restored* is a hopeful, inspiring

charge to start your journey to lasting healing today. No matter what your past has held, God is near you, he hears you, and he's not done writing your story. **Capture Her Heart Becoming the Godly Husband Your Wife Desires** Moody Publishers A truly fulfilling marriage involves two people focusing on each others' needs rather than their own. Lysa TerKeurst, president of The Proverbs 31 Ministry, has written a practical guide for each spouse that will open their eyes to the needs, desires, and longings of the other. She offers eight essential criteria for capturing the heart of your spouse, with creative tips on how to accomplish them. Having a great marriage takes time, creativity, and willingness. **Capture His Heart and Capture Her Heart** are excellent tools to help spouses run this very worthwhile race. **Wives Need Their Husbands To:** 1. Be the Spiritual Leader of the Home 2. Be Their Teammate in Raising Kids and Taking Care of the Home 3. Treat Them as a Princess 4. Listen 5. Allow Her Time with Friends 6. Encourage Her with Appreciation, Affirmation and Admiration 7. Provide Emotional Fulfillment Before Sexual Desires 8. Learn What Makes Women Different from Men