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KEY=REVIEW - BRADLEY MIKAYLA

The Psychedelic Reader

Selected from the Psychedelic Review

The Psychedelic Reader. Selected from the Psychedelic Review. Edited by Gunther M. Weil, Ralph Metzner and Timothy Leary

American Trip

Set, Setting, and the Psychedelic Experience in the Twentieth Century

MIT Press How historical, social, and cultural forces shaped the psychedelic experience in midcentury America, from CIA experiments with LSD to Timothy Leary's Harvard Psilocybin Project. Are psychedelics invaluable therapeutic medicines, or dangerously unpredictable drugs that precipitate psychosis? Tools for spiritual communion or cognitive enhancers that spark innovation? Activators for one's private muse or part of a political movement? In the 1950s and 1960s, researchers studied psychedelics in all these incarnations, often arriving at contradictory results. In *American Trip*, Ido Hartogsohn examines how the psychedelic experience in midcentury America was shaped by historical, social, and cultural forces--by set (the mindset of the user) and setting (the environments in which the experience takes place).

The Divine Spark: A Graham Hancock Reader

Psychedelics, Consciousness, and the Birth of Civilization

Red Wheel Weiser "I suspect the real breakthroughs in our understanding of consciousness are going to come from an entirely different direction. That direction, controversially, has to do with psychedelics--which, as many of the contributors to *The Divine Spark* argue, offer spectacular potential for the investigation of the 'hard problem' of consciousness." -- from the introduction by Graham Hancock *Psychedelics: Medicinal? Vital in interspecies communication or communion with the sacred? Are you reaching enlightenment or damaging your brain? In this anthology, edited by bestselling author Graham Hancock, 22 writers discuss psychedelics and their myriad connections to consciousness. Travel to South America, the American Southwest, outer space, inner space, and back in time to revisit Pahnke's The Good Friday experiment. Explore the effects of ayahuasca, LSD, and much more. Illuminating the topic like never before: Mike Alivernia * Russell Brand * David Jay Brown * Paul Devereux * Rick Doblin * Ede Frecska * Alex Grey * Nassim Haramein * Martina Hoffmann * Don Lattin * Luis Eduardo Luna * Dennis McKenna * Thad McKracken * Rak Razam * Gabriel Roberts * Thomas B. Roberts * Gregory Sams * Robert M. Schoch * Mark Seelig * Rick Strassman * Robert Tindall And, of course, Graham Hancock.*

The Psychedelic Explorer's Guide

Safe, Therapeutic, and Sacred Journeys

Simon and Schuster *Psychedelics for spiritual, therapeutic, and problem-solving use* • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics and their use," James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

Hallucinogens

A Reader

Penguin It's been forty years since Timothy Leary sat beside a swimming pool in Cuernavaca, Mexico, ingested several grams of the genus *Stropharia cubensis*, and experienced a dazzling display of visions that led him to herald the dawning of a New Age. And yet, from the counterculture movement of the 1960s, through the War on Drugs, to this very day, the world at large has viewed hallucinogens not as a gift but as a threat to society. In *Hallucinogens*, Charles Grob surveys recent writings from such important thinkers as Terence McKenna, Huston Smith, and Andrew Weil, illustrating that a reevaluation of the social worth of hallucinogens-used intelligently-is greatly in order.

The Psychedelic Gospels

The Secret History of Hallucinogens in Christianity

Simon and Schuster Reveals evidence of visionary plants in Christianity and the life of Jesus found in medieval art and biblical scripture--hidden in plain sight for centuries • Follows the authors' anthropological adventure discovering sacred mushroom images in European and Middle Eastern churches, including Roslyn Chapel and Chartres • Provides color photos showing how R. Gordon Wasson's psychedelic theory of religion clearly extends to Christianity and reveals why Wasson suppressed this information due to his secret relationship with the Vatican • Examines the Bible and the Gnostic Gospels to show that visionary plants were the catalyst for Jesus's awakening to his divinity and immortality Throughout medieval Christianity, religious works of art emerged to illustrate the teachings of the Bible for the largely illiterate population. What, then, is the significance of the psychoactive mushrooms hiding in plain sight in the artwork and icons of many European and Middle-Eastern churches? Does Christianity have a psychedelic history? Providing stunning visual evidence from their anthropological journey throughout Europe and the Middle East, including visits to Roslyn Chapel and Chartres Cathedral, authors Julie and Jerry Brown document the role of visionary plants in Christianity. They retrace the pioneering research of R. Gordon Wasson, the famous "sacred mushroom seeker," on psychedelics in ancient Greece and India, and among the present-day reindeer herders of Siberia and the Mazatecs of Mexico. Challenging Wasson's legacy, the authors reveal his secret relationship with the Vatican that led to Wasson's refusal to pursue his hallucinogen theory into the hallowed halls of Christianity. Examining the Bible and the Gnostic Gospels, the

authors provide scriptural support to show that sacred mushrooms were the inspiration for Jesus' revelation of the Kingdom of Heaven and that he was initiated into these mystical practices in Egypt during the Missing Years. They contend that the Trees of Knowledge and of Immortality in Eden were sacred mushrooms. Uncovering the role played by visionary plants in the origins of Judeo-Christianity, the authors invite us to rethink what we know about the life of Jesus and to consider a controversial theory that challenges us to explore these sacred pathways to the divine.

How to Change Your Mind

What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence

Penguin "Pollan keeps you turning the pages . . . clear-eyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

Manifesting Minds

A Review of Psychedelics in Science, Medicine, Sex, and Spirituality

North Atlantic Books Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a "best of" collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology. Among many other thought-provoking and mind-opening pieces are the following: • "On Leary and Drugs at the End," by Carol Rosen and Vicki Marshall • "Psychedelic Rites of Passage," by Ram Dass • "To Be Read at the Funeral," by Albert Hofmann • "Another Green World: Psychedelics and Ecology," by Daniel Pinchbeck • "Psychedelics and Species Connectedness," by Stanley Krippner, PhD • "Huxley on Drugs and Creativity," by Aldous Huxley • "Psychedelics and the Deep Ecology Movement: A Conversation with Arne Naess," by Mark A. Schroll, PhD, and David Rothenberg • "Psychedelic Sensibility," by Tom Robbins • "Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle," by David Jay Brown • "How Psychedelics Informed My Sex Life and Sex Work," by Annie Sprinkle • "Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder," by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC • "Psychedelics and Extreme Sports," by James Oroc • "Youth and Entheogens: A Modern Rite of Passage?," by Andrei Foldes with Amba, Eric Johnson, et al. • "Diary of an MDMA Subject," by Anonymous • "Dimethyltryptamine: Possible Endogenous Ligand of the Sigma-1 Receptor?," by Adam L. Halberstadt • "Lessons from Psychedelic Therapy," by Richard Yensen, PhD • "Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics," by Ana Maqueda • "Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs," by Jon Hanna and Silvia Thyssen

Library Book Catalog

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Library Book Catalog

Title Catalog

The Psychedelic Handbook

A Practical Guide to Psilocybin, LSD, Ketamine, MDMA, and Ayahuasca

Simon and Schuster Learn everything you need to know about psychedelics with this ultimate guide packed with information on popular psychedelic drugs like psilocybin, ketamine, MDMA, DMT and LSD—plus practical tips for microdosing and how to safely "trip"—from bestselling author Dr. Rick Strassman. Entering the world of psychedelic drugs can be challenging, and many aren't sure where to start. As research continues to expand and legalization looms on the horizon for psychedelics like psilocybin, you may need a guide to navigate what psychedelics are, how they work, and their potential benefits and risks. The *Psychedelic Handbook* is a complete manual that is accessible to anyone with an interest in these "mind-manifesting" substances. Packed with information on psilocybin, LSD, DMT/ayahuasca, mescaline/peyote, ketamine, MDMA, ibogaine, 5-methoxy-DMT ("the toad"), and Salvia divinorum/salvinorin A, this book is your ultimate reference for understanding the science and history of psychedelics; discovering their potential to treat depression, PTSD, substance abuse, and other disorders, as well as to increase wellness, creativity, and meditation; learning how to safely trip and explaining what we know about microdosing; and recognizing and caring for negative reactions to psychedelics. Clinical research psychiatrist, founding figure of the American psychedelic research renaissance, and best-selling author of *DMT: The Spirit Molecule*, Dr. Rick Strassman shares his experience and perspectives as neither advocate nor foe of psychedelics in order to help readers understand the effects of these remarkable drugs.

Library Book Catalog

Subject Catalog

Heads

A Biography of Psychedelic America

Da Capo Press *Heads: A Biography of Psychedelic America* uncovers a hidden history of the biggest psychedelic distribution and belief system the world has ever known. Through a collection of fast-paced interlocking narratives, it animates the tale of an alternate America and its wide-eyed citizens: the LSD-slinging graffiti writers of Central Park, the Dead-loving AI scientists of Stanford, utopian Whole Earth homesteaders, black market chemists, government-wanted Anonymous hackers, rogue explorers, East Village bluegrass pickers, spiritual seekers, Internet pioneers, entrepreneurs, pranksters, pioneering DJs, and a nation of Deadheads. WFMU DJ and veteran music writer Jesse Jarnow draws on extensive new firsthand accounts from many never-before-interviewed subjects and a wealth of deep archival research to create a comic-book-colored and panoramic American landscape, taking readers for a guided tour of the hippie highway filled with lit-up explorers, peak trips, big busts, and scenic vistas, from Vermont to the Pacific Northwest, from the old world head capitals of San Francisco and New York to the geodesic dome-dotted valleys of Colorado and New Mexico. And with the psychedelic research moving into the mainstream for the first time in decades, *Heads* also recounts the story of the quiet entheogenic revolution that for years has been brewing resiliently in the Dead's Technicolor shadow. Featuring over four dozen images, many never before seen—including pop artist Keith Haring's first publicly sold work—*Heads* weaves one of the 20th and 21st centuries' most misunderstood subcultures into the fabric of the nation's history. Written for anyone who wondered what happened to the heads after the Acid Tests, through the '70s, during the Drug War, and on to the psychedelic present, *Heads* collects the essential history of how LSD, Deadheads, tie-dye, and the occasional bad trip have become familiar features of the American experience.

National Library of Medicine Current Catalog

Cumulative listing

Magic Medicine

A Trip Through the Intoxicating History and Modern-Day Use of Psychedelic Plants and Substances

Fair Winds Press “Cody Johnson beautifully balances historical knowledge with cutting-edge science to produce a thoroughly enjoyable and enlightening read which paints a holistic picture of the risks and benefits of psychedelic use in modern day medicine and culture.” —Rick Doblin, PhD, Founder and Executive Director of the Multidisciplinary Association for Psychedelic Studies (MAPS). Magic Medicine explores the fascinating history of psychedelic substances and provides a contemporary update about their growing inclusion in modern medicine, science, and culture. Each chapter dives into the rich history of a single plant or compound and explores its therapeutic and spiritual uses in cultures near and far. Firsthand quotes allow glimmers of psychedelic light throughout. Learn all about: Classical psychedelics, including 2C-B, ayahuasca, LSD, and peyote The empathogenic psychedelics MDA and MDMA Dissociative psychedelics, including DXM, ketamine, and salvia Unique psychedelics, including cannabis, DiPT, and even fish and sea sponges The history of psychedelic plants and substances is full of colorful facts and stories, and intriguing questions. Did US Army Intelligence really use LSD as an enhanced military interrogation technique? How is DiPT able to make a familiar tune sound utterly foreign? Can MDMA (Ecstasy) help people overcome traumatic experiences? Many psychedelic plants and substances have a long history of being incorporated into various healing traditions—such as cannabis and opium in Traditional Chinese Medicine. Science is beginning to research what traditional cultures have told us for years: psychedelics have transformative healing properties. Anyone who has ever wondered about psychedelics—from complete neophytes to veteran trippers, seekers and sages to skeptics and scientists, therapists and patients to green thumbs and armchair anthropologists—will find something in this engrossing and beautifully designed book.

Reading Smile

History, Myth and American Identity in Brian Wilson and Van Dyke Parks’ Long-Lost Album

Routledge First conceived in 1966 but only completed in 2004, Brian Wilson Presents Smile has been called “the best-known unreleased album in pop music history” and “an American Sergeant Pepper.” Reading Smile offers a close analysis of the recording in its social, cultural and historical contexts. It focuses in particular on the finished work’s subject matter as embodied in Van Dyke Parks’ contentious yet little understood lyrics, with their low-resolution, highly allusive portrayals of western expansion’s archetypes, from Plymouth Rock, Massachusetts to Diamond Head, Hawaii. Documenting their multiple references and connotations, it argues that their invocations of national self-definition are part of a carefully crafted vision of American identity, society and culture both in tune and at odds with the times. Critical of the republic’s past practices but convinced that its ideals, values and myths still provided resources to redeem it, the recording is interpreted as a creative musical milestone, an enduring product of its volatile, radical, countercultural times, and an American pop art classic. Of particular relevance to American Studies and popular culture scholars, Reading Smile will also appeal to those interested in 1960s popular music, not least to fans of Brian Wilson, Van Dyke Parks and the Beach Boys.

Current Catalog

First multi-year cumulation covers six years: 1965-70.

Trip

Psychedelics, Alienation, and Change

Vintage Part memoir, part history, part journalistic exposé, Trip is a look at psychedelic drugs, literature, and alienation from one of the twenty-first century’s most innovative novelists--The Electric Kool-Aid Acid Test for a new generation. A Vintage Original. While reeling from one of the most creative--but at times self-destructive--outpourings of his life, Tao Lin discovered the strange and exciting work of Terence McKenna. McKenna, the leading advocate of psychedelic drugs since Timothy Leary, became for Lin both an obsession and a revitalizing force. In Trip, Lin’s first book-length work of nonfiction, he charts his recovery from pharmaceutical drugs, his surprising and positive change in worldview, and his four-year engagement with some of the hardest questions: Why do we make art? Is the world made of language? What happens when we die? And is the imagination more real than the universe? In exploring these ideas and detailing his experiences with psilocybin, DMT, salvia, and cannabis, Lin takes readers on a trip through nature, his own past, psychedelic culture, and the unknown.

Tarahumara Medicine

Ethnobotany and Healing among the Rarámuri of Mexico

University of Oklahoma Press The Tarahumara, one of North America’s oldest surviving aboriginal groups, call themselves Rarámuri, meaning “nimble feet”—and though they live in relative isolation in Chihuahua, Mexico, their agility in long-distance running is famous worldwide. Tarahumara Medicine is the first in-depth look into the culture that sustains the “great runners.” Having spent a decade in Tarahumara communities, initially as a medical student and eventually as a physician and cultural observer, author Fructuoso Irigoyen-Rascón is uniquely qualified as a guide to the Rarámuri’s approach to medicine and healing. In developing their healing practices, the Tarahumaras interlaced religious lore, magic, and careful observations of nature. Irigoyen-Rascón thoroughly situates readers in the Rarámuri’s environment, describing not only their health and nutrition but also the mountains and rivers surrounding them and key aspects of their culture, from long-distance kick-ball races to corn beer celebrations and religious dances. He describes the Tarahumaras’ curing ceremonies, including their ritual use of peyote, and provides a comprehensive description of Tarahumara traditional herbal remedies, including their botanical characteristics, attributed effects, and uses. To show what these practices—and the underlying concepts of health and disease—might mean to the Rarámuri and to the observer, Irigoyen-Rascón explores his subject from both an outsider and an insider (indigenous) perspective. Through his balanced approach, Irigoyen-Rascón brings to light relationships between the Rarámuri healing system and conventional medicine, and adds significantly to our knowledge of indigenous American therapeutic practices. As the most complete account of Tarahumara culture ever written, Tarahumara Medicine grants readers access to a world rarely seen—at once richly different from and inextricably connected with the ideas and practices of Western medicine.

Philosophy of Psychedelics

Oxford University Press Recent clinical trials show that psychedelics such as LSD and psilocybin can be given safely in controlled conditions, and can cause lasting psychological benefits with one or two administrations. Supervised psychedelic sessions can reduce symptoms of anxiety, depression, and addiction, and improve well-being in healthy volunteers, for months or even years. But these benefits seem to be mediated by “mystical” experiences of cosmic consciousness, which prompts a philosophical concern: do psychedelics cause psychological benefits by inducing false or implausible beliefs about the metaphysical nature of reality? This book is the first scholarly monograph in English devoted to the philosophical analysis of psychedelic drugs. Its central focus is the apparent conflict between the growing use of psychedelics in psychiatry and the philosophical worldview of naturalism. Within the book, Letheby integrates empirical evidence and philosophical considerations in the service of a simple conclusion: this “Comforting Delusion Objection” to psychedelic therapy fails. While exotic metaphysical ideas do sometimes come up, they are not, on closer inspection, the central driver of change in psychedelic therapy. Psychedelics lead to lasting benefits by altering the sense of self, and changing how people relate to their own minds and lives—not by changing their beliefs about the ultimate nature of reality. The upshot is that a traditional conception of psychedelics as agents of insight and spirituality can be reconciled with naturalism (the philosophical position that the natural world is all there is). Controlled psychedelic use can lead to genuine forms of knowledge gain and spiritual growth—even if no Cosmic Consciousness or transcendent divine Reality exists. Philosophy of Psychedelics is an indispensable guide to the literature for researchers already engaged in the field of psychedelic psychiatry, and for researchers—especially philosophers—who want to become acquainted with this increasingly topical field.

Breaking Open the Head

A Psychedelic Journey into the Heart of Contemporary Shamanism

Crown A dazzling work of personal travelogue and cultural criticism that ranges from the primitive to the postmodern in a quest for the promise and meaning of the psychedelic experience. While psychedelics of all sorts are demonized in America today, the visionary compounds found in plants are the spiritual sacraments of tribal cultures around the world. From the iboga of the Bwiti in Gabon, to the Mazatecs of Mexico, these plants are sacred because they awaken the mind to other levels of awareness--to a holographic vision of the universe. Breaking Open the Head is a passionate, multilayered, and sometimes rashly personal inquiry into this deep division. On one level, Daniel Pinchbeck tells the story of the encounters between the modern consciousness of the West and these sacramental substances, including such thinkers as Allen Ginsberg, Antonin Artaud, Walter Benjamin, and Terence McKenna, and a new underground of present-day ethnobotanists, chemists, psychonauts, and philosophers. It is also a scrupulous recording of the author's wide-ranging investigation with these outlaw compounds, including a thirty-hour tribal initiation in West Africa; an all-night encounter with the master shamans of the South American rain forest; and a report from a psychedelic utopia in the Black Rock Desert that is the Burning Man Festival. Breaking Open the Head is brave participatory journalism at its best, a vivid account of psychic and intellectual experiences that opened doors in the wall of Western rationalism and completed Daniel Pinchbeck's personal transformation from a jaded Manhattan journalist to shamanic initiate and grateful citizen of the cosmos.

Fact Sheet

Zig Zag Zen

Buddhism and Psychedelics

Chronicle Books Presents a serious inquiry into the moral, ethical, doctrinal, and transcendental considerations created by the intersection of Buddhism and psychedelics, presenting essays and interviews that explore altered states of consciousness and the potential for transformation.

Union Catalog of the Graduate Theological Union

A Really Good Day

How Microdosing Made a Mega Difference in My Mood, My Marriage, and My Life

Anchor The true story of how a renowned writer's struggle with mood storms led her to try a remedy as drastic as it is forbidden: microdoses of LSD. Her revealing, fascinating journey provides a window into one family and the complex world of a once-infamous drug seen through new eyes. When a small vial arrives in her mailbox from "Lewis Carroll," Ayelet Waldman is at a low point. Her moods have become intolerably severe; she has tried nearly every medication possible; her husband and children are suffering with her. So she opens the vial, places two drops on her tongue, and joins the ranks of an underground but increasingly vocal group of scientists and civilians successfully using therapeutic microdoses of LSD. As Waldman charts her experience over the course of a month--bursts of productivity, sleepless nights, a newfound sense of equanimity--she also explores the history and mythology of LSD, the cutting-edge research into the drug, and the byzantine policies that control it. Drawing on her experience as a federal public defender, and as the mother of teenagers, and her research into the therapeutic value of psychedelics, Waldman has produced a book that is eye-opening, often hilarious, and utterly enthralling.

Psychedelic Cannabis

Therapeutic Methods and Unique Blends to Treat Trauma and Transform Consciousness

Simon and Schuster • Explains how cannabis can be used to treat trauma and emotional pain, as a profound problem-solving tool, and as a potent catalyst for self-transformation and ongoing healing work • Shares methods to minimize the unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce deep physical relaxation and, when needed, elevated healing states • Details how to blend cannabis strains for specific kinds of psychedelic experiences and how to prepare for your sessions to ensure success Despite the recent resurgence of interest in the therapeutic potential of psychedelics, Cannabis sativa as a psychedelic therapy has been completely overlooked. Yet, as psychedelic specialist Daniel McQueen reveals, when used skillfully and with intention, cannabis can be used to treat trauma and other mental health concerns just as psilocybin mushrooms and MDMA can. It can also be used as a problem-solving tool and as a potent catalyst for self-actualization and ongoing healing work. Presenting a step-by-step guide, McQueen explores how to transform cannabis into a reliable and safe psychedelic medicine. Drawing on his years of experience working with clients to release traumas and emotional pain and step into their full potential, he explains the importance of proper dose, set, setting, and intention and details how to prepare for your psychedelic cannabis sessions to ensure success. He shares methods to use cannabis in a specialized and mindful way to minimize unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce vivid psychedelic states, deep physical relaxation, and healing. Looking at the unique qualities of different cannabis strains, the author explores the art of making a psychedelic cannabis blend, the possibilities and hidden potentials of each strain, and how to blend strains for specific medicine experiences, ranging in similarity to MDMA, psilocybin, and even ayahuasca. Unveiling new depth to this ancient spiritual and medicinal ally, McQueen shows how consciously using cannabis as a psychedelic can help transform your trauma into resilience and shift your mindset from surviving to thriving.

Listen to Psychedelic Rock! Exploring a Musical Genre

ABC-CLIO Listen to Psychedelic Rock! contains over fifty entries covering the people, records, places, and events that shaped one of the most exciting and influential periods in popular music. This addition to the Exploring a Music Genre series concentrates solely on psychedelic rock music. Listen to Psychedelic Rock! Exploring a Musical Genre covers over fifty topics, arranged alphabetically, that are central to learning about psychedelic music and will enable readers to understand the breadth and ongoing influence of psychedelia through to the present day. The title contains biographical sketches on selected artists, "song-by-song" descriptions of many albums, and short, informative essays on participants who were influential in the original psychedelic movement. A background section introduces the genre and a legacy section shows how psychedelic music has cemented its place in the world, while another section shows the tremendous impact the music has had on popular culture. Information on record labels and year-of-release dates for all musical entries make it easy for any reader to navigate this title — a must-have for high school and college readers as well as for music scholars and fans of the genre. Provides readers with a thorough overview of artists and albums whose works came to define psychedelic music Addresses the differences between psychedelia in England and in the United States Discusses the intellectual and literary influence on psychedelia in England Provides easy reference to more than fifty individual topics through A-to-Z organization Contextualizes the music in American history

The Psychedelic Renaissance

Reassessing the Role of Psychedelic Drugs in 21st Century Psychiatry and Society

Muswell Hill Press Makes the case for the reevaluation of psychedelics and their clinical potential for treating a range of conditions, from post-traumatic stress disorder and depression to autism and cluster headaches.

Sacred Knowledge

Psychedelics and Religious Experiences

Columbia University Press Sacred Knowledge is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Based on nearly three decades of legal research with volunteers, William A. Richards argues that, if used responsibly and legally, psychedelics have the potential to assuage suffering and constructively affect the quality of human life. Richards's analysis contributes to social and political debates over the responsible integration of psychedelic substances into modern society. His book serves as an invaluable resource for readers who, whether spontaneously or with the facilitation of psychedelics, have

encountered meaningful, inspiring, or even disturbing states of consciousness and seek clarity about their experiences. Testing the limits of language and conceptual frameworks, Richards makes the most of experiential phenomena that stretch our understanding of reality, advancing new frontiers in the study of belief, spiritual awakening, psychiatric treatment, and social well-being. His findings enrich humanities and scientific scholarship, expanding work in philosophy, anthropology, theology, and religious studies and bringing depth to research in mental health, psychotherapy, and psychopharmacology.

Psychedelic Medicine

The Healing Powers of LSD, MDMA, Psilocybin, and Ayahuasca

Simon and Schuster Explores the potential of psychedelics as medicine and the intersections of politics, science, and psychedelics • Explores the tumultuous history of psychedelic research, the efforts to restore psychedelic therapies, and the links between psychiatric drugs and mental illness • Offers non-technical summaries of the most recent, double-blind, placebo-controlled studies with MDMA, psilocybin, LSD, and ayahuasca • Includes the work of Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker Embracing the revival of psychedelic research and the discovery of new therapeutic uses, clinical psychologist Dr. Richard Louis Miller discusses what is happening today in psychedelic medicine--and what will happen in the future--with top researchers and thinkers in this field, including Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker. Dr. Miller and his contributors cover the tumultuous history of early psychedelic research brought to a halt 50 years ago by the U.S. government as well as offering non-technical summaries of the most recent studies with MDMA, psilocybin, LSD, and ayahuasca. They explore the biochemistry of consciousness and the use of psychedelics for self-discovery and healing. They discuss the use of psilocybin for releasing fear in the terminally ill and the potential for MDMA-assisted psychotherapy in the treatment of PTSD. They examine Dr. Charles Grob's research on the indigenous use and therapeutic properties of ayahuasca and Dr. Gabor Mate's attempt to transport this plant medicine to a clinical setting with the help of Canada's Department of National Health. Dr. Miller and his contributors explore the ongoing efforts to restore psychedelic therapies to the health field, the growing threat of overmedication by the pharmaceutical industry, and the links between psychiatric drugs and mental illness. They also discuss the newly shifting political climate and the push for new research, offering hope for an end to the War on Drugs and a potential renaissance of research into psychedelic medicines around the world.

Psychedelic Sociality: Pharmacological and Extrapharmacological Perspectives

Frontiers Media SA

Handbook of Medical Hallucinogens

Guilford Publications This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder, major depression, substance use disorders, and end-of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and historical contexts. Coverage ranges from basic science to practical clinical considerations, including patient screening and selection, dosages and routes of administration, how psychedelic-assisted sessions are structured and conducted, and management of adverse reactions.

Your Psilocybin Mushroom Companion

An Informative, Easy-to-Use Guide to Understanding Magic Mushrooms—From Tips and Trips to Microdosing and Psychedelic Therapy

Simon and Schuster Learn. Prepare. Trip. Transform! With so much misinformation surrounding magic mushrooms out there, it can be hard to separate fact from fiction. This is where Your Psilocybin Mushroom Companion comes in to help. In this book, you'll find a comprehensive yet friendly guide to everything there is to know about magic mushrooms. Learn how to plan safe, effective trips with easy-to-follow step-by-step advice. Discover how to train a guide to take care of those on psychedelic voyages, as well as how to access the transformative nature of these experiences. Even learn how microdosing can improve your mood, cognitive functioning, creativity, physical stamina, and more. With the most up-to-date research, Your Psilocybin Mushroom Companion will put magic mushrooms into perspective, dispel myths and urban legends, and open your mind to the benefits of psychedelic tripping.

Literary Magazine Review

The Psychedelic Future of the Mind

How Entheogens Are Enhancing Cognition, Boosting Intelligence, and Raising Values

Simon and Schuster Explores scientific and medical research on the emerging uses of psychedelics to enrich mind, morals, spirituality, and creativity • Outlines a future that embraces psychedelics as tools for cognitive development, personal growth, business, and an experience-based religious reformation • Presents research on the use of psychedelics to enhance problem-solving, increase motivation, boost the immune system, and deepen ethical values • Includes chapters by Roger N. Walsh, M.D., Ph.D., and Charles Grob, M.D., on their psychedelic research on religious experience and alleviating the fear of death As psychedelic psychotherapy gains recognition through research at universities and medical establishments such as the Johns Hopkins Medical Institute and Bellevue Hospital, the other beneficial uses of psychedelics are beginning to be recognized and researched as well--from enhancing problem-solving and increasing motivation to boosting the immune system and deepening moral and ethical values. Exploring the bright future of psychedelics, Thomas B. Roberts, Ph.D., reveals how new uses for entheogens will enrich individuals as well as society as a whole. With contributions from Charles Grob, M.D., and Roger N. Walsh, M.D., Ph.D., the book explains how psychedelics can raise individual and business attitudes away from self-centeredness, improve daily life with strengthened feelings of meaningfulness and spirituality, and help us understand and redesign the human mind, leading to the possibility of a neurosingularity--a time when future brains surpass our current ones. Roberts envisions a future where you will seek psychedelic therapy not only for psychological reasons but also for personal growth, creative problem solving, improved brain function, and heightened spiritual awareness. Our psychedelic future is on the horizon--a future that harnesses the full potential of mind and spirit--and Thomas Roberts outlines a path to reach it.

LSD — The Wonder Child

The Golden Age of Psychedelic Research in the 1950s

Simon and Schuster • Explores the different groups--from research labs to the military--who were seeking how best to utilize LSD and other promising psychedelics like mescaline • Reintroduces forgotten scientists like Robert Hyde and Rosalind Heywood • Looks at the CIA's notorious top-secret mind-control program MKULTRA • Reveals how intellectuals, philosophers, artists, and mystics of the 1950s used LSD to bring ancient rites into the modern age Exploring the initial stages of psychedelic study in Europe and America, Thomas Hatsis offers a full history of the psychedelic-fueled revolution in healing and consciousness expansion that blossomed in the 1950s--the first "golden age" of psychedelic research. Revealing LSD as a "wonder child" rather than Albert Hofmann's infamous "problem child," the author focuses on the extensive studies with LSD that took place in the '50s. He explores the different groups--from research labs to the military to bohemian art circles--who were seeking how best to utilize LSD and other promising psychedelics like mescaline. Sharing the details of many primary source medical reports, the author examines how doctors saw LSD as a tool to gain access to the minds of schizophrenics and thus better understand the causes of mental illness. The author also looks at how the CIA believed LSD could be turned into a powerful mind-control weapon, including a full account of the notorious top-secret program MKULTRA. Reintroducing forgotten scientists like Robert Hyde, the first American to take LSD, and parapsychologist Rosalind Heywood, who believed LSD and mescaline opened doors to mystical and psychic abilities, the author also discusses how the influences of Central American mushroom ceremonies and peyote rites crossbred with experimental Western mysticism during the 1950s, turning LSD from a possible madness mimicker or mind weapon into a sacramental medicine. Finally, he explores how philosophers, parapsychologists, and mystics sought to use LSD to usher in a new age of human awareness.

The Psychedelic Policy Quagmire: Health, Law, Freedom, and Society

Health, Law, Freedom, and Society

ABC-CLIO Edited by two preeminent scholars, this book provides coverage of the policy issues related to the increasingly diverse treatments, practices, and applications of psychedelics. Hallucinogenic substances like LSD, mescaline, peyote, MDMA, and ayahuasca have a reputation as harmful substances that are enjoyed only by recreational users committing criminal acts. But leading international researchers and scholars who contributed to this book hold that the use of psychedelic substances for health, religious, intellectual, and artistic purposes is a Constitutional right—and a human right. Based on that conclusion, these scholars focus on policy issues that regulate the use of psychedelic drugs in medicine, religion, personal life, and higher education, arguing that existing regulations should match current and anticipated future uses. This volume has two parts. The first surveys research on the use of psychedelic drugs in medicine, religion, and truth-seeking, following these topics through history and contemporary practice. The second section treats government policies that regulate the psychological, physiological, biochemical, and spiritual aspects of research and experience in these fields. The Psychedelic Policy Quagmire: Health, Law, Freedom, and Society challenges medical and legal policy experts, ethicists, scientists, and scholars with the question: How can we formulate policies that reduce the dangers of psychedelics' misuse and at the same time maximize the emerging diverse benefits? • Covers history, law, social use, intellectual and sacramental practice, and current medical research, bringing the debate about psychedelic drugs up to date for the 21st century • Summarizes evidence regarding the positive therapeutic effects of psychoactive drugs to show why regulations need to be changed • Encompasses the work of the leading international researchers in the field • Includes personal observations, vignettes, and narratives

Animals and Psychedelics

The Natural World and the Instinct to Alter Consciousness

Simon and Schuster An Italian ethnobotanist explores the remarkable propensity of wild animals to seek out and use psychoactive substances. • Throws out behaviorist theories that claim animals have no consciousness. • Offers a completely new understanding of the role psychedelics play in the development of consciousness in all species. • Reveals drug use to be a natural instinct. From caffeine-dependent goats to nectar addicted ants, the animal kingdom offers amazing examples of wild animals and insects seeking out and consuming the psychoactive substances in their environments. Author Giorgio Samorini explores this little-known phenomenon and suggests that, far from being confined to humans, the desire to experience altered states of consciousness is a natural drive shared by all living beings and that animals engage in these behaviors deliberately. Rejecting the Western cultural assumption that using drugs is a negative action or the result of an illness, Samorini opens our eyes to the possibility that beings who consume psychedelics--whether humans or animals--contribute to the evolution of their species by creating entirely new patterns of behavior that eventually will be adopted by other members of that species. The author's fascinating accounts of mushroom-loving reindeer, intoxicated birds, and drunken elephants ensure that readers will never view the animal world in quite the same way again.

Beyond the Narrow Life

A Guide to Psychedelic Integration and Existential Exploration

Beyond the Narrow Life: A Guide to Psychedelic Integration and Existential Exploration presents a framework for understanding and experiencing psychedelic-assisted therapy including foundational therapeutic approaches, the psychospiritual aspects of the psychedelic journey, and integration of the insights gained.