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**FLASHBACK Vietnam: Cover-Up: PTSD** *PublishAmerica* Sunrise took place in that Vietnam place. The mission happened at a fast pace. While it was a failure, the squad was not in disgrace. The true story will replace. **Flashback Cover-Up: Ptsd** *Alan C.Thomas, HMCM/USN,Ret.* Rob Thomas, like many young men in the 1960s, enlisted as a Navy Corpsman to avoid being drafted. Sent to Vietnam, Rob was part of a secret mission to free POWs. The mission was a failure, and as Thomas returns home he tries to come to terms with an ambivalent government, hostile family, and his own demons and PTSD. **Marine Down, Corpsman Up Vietnam and Ptsd** *AuthorHouse* The author, a highly decorated sailor, relates the history of his thirteen-month tour of duty in wartime Vietnam in 1966/1967. He, embedded within the Marine Corps, tells about treating the wounded while exposed to live-fire conditions on everything from squad-size patrols to company-size missions. The author also relates how he fulfilled his responsibility for the marines health in camp; he was often the only medical person within miles. He describes the procedures for getting the wounded aboard a helicopter and transferred to a field hospital. Added to his responsibilities was caring for civilians as the United States tried to win the hearts of the Vietnamese people. He even had to treat a wounded Vietnamese who was still wearing the bandage he got from a prior skirmish with the Americans. Of equal interest to the author are the effects of battle not only on the warrior at the time but also in his life after military service. PTSD even affected this corpsman, and he suffers from it both inpatient and outpatient experiences. Nineteen years old at the time of the war, he describes how quickly youth and social behavior are lost in combat. The author tells his story in fresh, readable prose and does not lose the reader in the actions of higher authority. He gives personal statements in a short reflection at the end of each chapter. **Vietnam Veterans Since the War** The Politics of PTSD, Agent Orange, and the National Memorial *University of Oklahoma Press* War is hell, and the return to civilian life afterwards can be a minefield as well, especially for veterans of a "bad war." Soldiers coming home from Vietnam faced unique challenges as veterans of a controversial war whose divisiveness permeated every step of the re-entry and readjustment process. In his balanced and highly readable account, **Vietnam Veterans since the War**, sociologist Wilbur J. Scott tells the story of how the veterans and their allies organized to articulate their concerns and to win concessions from a reluctant Congress, federal agencies, and courts. Scott draws on published records, hours of personal interviews with veterans, and his experience as an infantry platoon leader in Vietnam to explore the major social movements among his fellow veterans in the crucial years from 1967 to 1990, including the antiwar movement, the successful effort to win recognition of post-traumatic stress disorder (PTSD) by the American Psychiatric Association, the establishment of veterans' outreach centers, the controversy over the defoliant Agent Orange and its long-term effects, and the struggle to create the National Vietnam Veterans Memorial in Washington, D.C. His new afterword brings the story up to date and demonstrates that while the United States' involvement in Vietnam continues to be controversial, many of the tensions engendered by the war have been overcome. **Veterans on Trial** The Coming Court Battles over PTSD *Potomac Books, Inc.* Experts anticipate that more than 350,000 veterans of the wars in Iraq and Afghanistan will return to civilian life with posttraumatic stress disorder (PTSD). Barry R. Schaller, a judge and a bioethicist, chronicles the events leading to what he predicts will be the most challenging PTSD epidemic in U.S. military history. Although combat veterans have experienced similar disorders in previous wars, Schaller explains why these two contemporaneous wars in particular are a breeding ground for the condition. **Veterans on Trial** deals with the problem of PTSD from the ground up, starting with the issues that returning veterans and their families face. When they leave the battlefield to become civilians again, many soldiers are not prepared, or are unable, to cope successfully with the challenges. Their compounded anxieties often result in serious trouble: divorce, job loss, homelessness, substance abuse, suicide, and even murder. Schaller also explains how PTSD now operates as a means of defense in the criminal court system and how it will affect the courts in the next decade. After unveiling this invisible injury among the walking wounded, Schaller offers far-reaching solutions for returning veterans and their families. He specifies what political and judicial officials, military leaders, legislators, and the mental health communities can do to meet their responsibilities to the men and women who serve our nation. **Flashback Posttraumatic Stress Disorder, Suicide, and the Lessons of War** *Beacon Press* With the recent wars in Afghanistan and Iraq, once again America's men and women who have seen war close-up are suddenly expected to return seamlessly to civilian life. In **Flashback**, Penny Coleman tells the cautionary and timely story of posttraumatic stress disorder in the hope that we can sensitively assist those veterans who return from combat in need of help, and the families struggling to support them. **Odysseus in America** Combat Trauma and the Trials of Homecoming *Simon and Schuster* The author of **Achilles in Vietnam** explores the problems faced by combat veterans when they re-enter American life, using Homer's *Odyssey* as an allegorical template and advocating changes in American military practice that could help prevent psychological and moral injury to military personnel. Reprint. 10,000 first printing. **War and the Soul** Healing Our Nation's Veterans from Post-traumatic Stress Disorder *Quest Books* War and PTSD are on the public's mind as news stories regularly describe insurgency attacks in Iraq and paint grim portraits of the lives of returning soldiers afflicted with PTSD. These vets have recurrent nightmares and problems with intimacy, can't sustain jobs or relationships, and won't leave home, imagining "the enemy" is everywhere. Dr. Edward Tick has spent decades developing healing techniques so effective that clinicians, clergy, spiritual leaders, and veterans' organizations all over the country are studying them. This book, presented here in an audio version, shows that healing depends on our understanding of PTSD not as a mere stress disorder, but as a disorder of identity itself. In the terror of war, the very soul can flee, sometimes for life. Tick's methods draw on compelling case studies and ancient warrior traditions worldwide to restore the soul so that the veteran can truly come home to community, family, and self. **Ptsd & Psalm Twenty-three** Coming Up Out of Ptsd's Trench *WestBow Press* PTSD & Psalm Twenty-Three: Coming Up out of PTSD's Trench will draw you into the very essence of post-traumatic stress disorder. Robert Scholten does this through vivid word pictures and clarity of writing that touch hearts and minds. Robert's passion and compassion for veterans and families struggling with PTSD opens new avenues of understanding for a very misunderstood reality of life. Robert survived Vietnam without a scratch as a gunner on a Duster attached to the 173rd Infantry Airborne. However, he was unaware of an internal wound. He left Vietnam, but Vietnam never left him. His journey through PTSD will amaze you. Robert buried everything negative about Vietnam. He never talked about the bloodshed. It was imprisoned under lock and key deep in his soul, never to see the light of day. Nearly forty years after his tour of Vietnam, Robert fell prey to PTSD. In November of 2007, Robert was admitted into the Lexington, Kentucky, VA's six-week, clinical, in-house PTSD rehabilitation program. He remains under their care. Up from that experience, and through the years since, he has felt compelled to bear his soul in hopes of assisting other PTSD sufferers, and those who care about them. **Invisible PTSD's Stealth Attack on a Vietnam Veteran**, a Candid and Heart-Wrenching Memoir of Life with Post-Traumatic Stress Di "Invisible" is real life: flashbacks, nightmares, and anger alongside friendship, love, and recovery. Bill Blaylock suffered from post-traumatic stress disorder for years. The ultimate revelation of his malady explained everything: the 39 jobs, the failed marriage, and the fear that prompted him to check the perimeter of his home every night-- even forty years after the war. The book "Invisible: PTSD's Stealth Attack on a Vietnam Veteran" is comfort for every soldier, every wife, every family, and every victim of a stealth disease that wreaks havoc with its gruesome memories, guilt, and loneliness. Despite the horrific experiences, Bill Blaylock has learned to cherish God, family, friends, and country. **PTSD Diagnosis and Identity in Post-empire America** *Lexington Books* This book offers a historical and cultural study of war-trauma diagnoses dating from Shell Shock in WWI, through its reformulation as PTSD in the post-Vietnam War years, and then to its enhancement with traumatic brain injury in the twenty-first century. **Achilles in Vietnam** Combat Trauma and the Undoing of Character *Simon and Schuster* An original and groundbreaking book that examines the psychological devastation of war by comparing the soldiers of Homer's *Iliad* with Vietnam veterans suffering from post-traumatic stress disorder. In this moving, dazzlingly creative book, Dr. Shay examines the psychological devastation of war by comparing the soldiers of Homer's *Iliad* with Vietnam veterans suffering from post-traumatic stress disorder. A classic of war literature that has as much relevance as ever in the wake of the wars in Iraq and Afghanistan, it is a "transcendent literary adventure" (The New York Times) and "clearly one of the most original and most important scholarly works to have emerged from the Vietnam War" (Tim O'Brien, author of *The Things They Carried*). **We Marched Through Hell** A Rural High School's Service in the Vietnam War and Life in Its Aftermath There is so much more to the Vietnam War than just the war itself. The Vietnam War was a complicated mixture of events and characters that eventually affected our lives, our country, and our history in a way that no other event could accomplish. When trying to understand the war, it is impossible to fully grasp the experience without an intimate or close up view of the war before, during, and after it was over. Books, articles, and speeches from an expert or historian can certainly provide the hearer with a snapshot of the Vietnam War experience from that person's perspective; however, there is no better resource about the war than hearing it directly from those who served there: the Vietnam War veterans. And that is the intent of this book. The vast majority of the information provided in this book comes from the mouths of those who were there. Those who were drafted or enlisted into a situation that ended up affecting their lives in unimaginable ways. When they first returned home from the war, the Vietnam War veterans were encouraged to not speak about their experiences, to keep their mouths shut and blend back into society, to not make any waves about their experiences in Vietnam and to try and forget the experience ever happened. Some tried that, but for many, their silence did not allow them to emotionally handle the impending effects of Post-Traumatic Stress Disorder (PTSD). They needed to talk to someone about their experiences in order to understand their behaviors. But most didn't, and their silence only served to slow any progress to improving their emotional health that some were struggling with. In addition, their silence also resulted in a misinformed public. The public needed to hear their stories, rather than just hear the protesters' chanting or some politician's bloviating. So, the silence of these war veterans did not provide the other side of the story that many in our country had not yet heard. This book will provide stories, emotions, and experiences from the various stages young students from a rural high school found themselves in during the 1960s as they were getting close to graduation from high school and then staring at a war in their future. The book will also answer some questions such as: How did it feel getting drafted? Did you consider going to Canada? What was it like to see the words "colored only" and "whites only" above the doors in the South where you went for training? How emotional was it to leave your family when you flew to Vietnam? What was the flight like going to Vietnam? What was your first impression of Vietnam when your plane landed there? What was it like to experience combat? What was it like to experience a friend who had been killed, or for you to be injured? How did it feel coming home again? What were you thinking or feeling when you first heard the protesters at the airport? How did the war impact your family or

friends? Are you still feeling the effects of the war with PTSD or rehabilitation from physical injuries you received in Vietnam? Has the war really ended for you? The Vietnam War veterans and their families and friends who were interviewed for this book were open about their feelings and experiences, and some of the answers to the questions above, and their explanations of what they experienced, may surprise you. *Thirty Days with My Father Finding Peace from Wartime PTSD* Simon and Schuster When Christal Presley's father was eighteen, he was drafted to Vietnam. Like many men of that era who returned home with post-traumatic stress disorder (PTSD), he was never the same. Christal's father spent much of her childhood locked in his room, gravitating between the deepest depression and unspeakable rage, unable to participate in holidays or birthdays. At a very young age, Christal learned to walk on eggshells, doing anything and everything not to provoke him, but this dance caused her to become a profoundly disturbed little girl. She acted out at school, engaged in self-mutilation, and couldn't make friends. At the age of eighteen, Christal left home and didn't look back. She barely spoke to her father for the next thirteen years. To any outsider, Christal appeared to be doing well: she earned a BA and a master's, got married, and traveled to India. But despite all these accomplishments, Christal still hadn't faced her biggest challenge—her relationship with her father. In 2009, something changed. Christal decided it was time to begin the healing process, and she extended an olive branch. She came up with what she called "The Thirty Day Project," a month's worth of conversations during which she would finally ask her father difficult questions about Vietnam. *Thirty Days with My Father* is a gritty yet heartwarming story of those thirty days of a daughter and father reconnecting in a way that will inspire us all to seek the truth, even from life's most difficult relationships. This beautifully realized memoir shares how one woman and her father discovered profound lessons about their own strength and will to survive, shedding an inspiring light on generational PTSD. Famous Michael *Rainbowdash Publishers LLC* Famous Michael is about a Vietnam vet medic who can't forget the war and the woman who can't forget him. This book contains the long poem, Famous Michael, originally published by the poetry journal, *Abraxas*, in 1978, and republished as a chapbook by Samidat Press in 1988; as well as an adaptation, revision and expansion of it into a play. Famous Michael was staged by Solano Repertory Company in Fairfield, California, in 2008. Famous Michael won an Arty Award for Best Original Play. Shannon Kase directed. The actors, Wallace Ingalls as Michael and Kirsten Lunde as Linda, won Arty's for best male actor and best female actor. The poem is, at its heart, a dramatic monologue, a genre that inhabits the territory between poetry and theatre. The speaker, Michael, is a Vietnam War vet medic. Until he left Vietnam, Michael was famous for not getting hurt, but that was never quite true. The poem follows his progress from graduation, through the war, and to his discharge due to injury. At the end, he begins training his son for the next war as his father trained him. The play is an experiment, asking the question, what happens when this poem crosses the border into theatre? What happens when actors' performances give flesh and blood to the poem's voice, and multi-media underpins (video, stills, and music) with sounds and images? The play version starts Michael's story at the moment of President George Bush's 2003 TV announcement that Coalition Forces have begun invading Iraq. This triggers a vivid and brutal PTSD flashback. Michael stands up in his living room and takes off his bathrobe, revealing jungle battle fatigues. Suddenly it's 1969 and he's back in the Vietnam War. The play adds a second character, Linda—the woman who can't forget him—, because, for the author, without her, the play is too heartbreaking, too far down the abyss of terror and despair. Michael's Vietnam horror alternates with Linda's stateside psychedelic discoveries, as she tries to talk to him, fix him, love him. At the end of the play, back in the present, a broken-down Michael recalls how his father, a WWII vet, trained Michael for the next war—which turned out to be Vietnam—and how Michael trained his son for the next war—which turned out to be Iraq. And Linda calls one last time. *Va/Dod Clinical Practice Guideline: Management of Posttraumatic Stress Disorder and Acute Stress Disorder Guideline Summary* *Government Printing Office* This updated guidance covers treatment for both PTSD (Post-Traumatic Stress Disorder) and Acute Stress Disorder (ASD) from the clinical perspective. This clinical practice guideline is objective, evidence-based information on the management of PTSD and related conditions. It is intended to provide healthcare providers with assistance in all aspects of patient care, including but not limited to diagnosis, treatment, and follow-up. Within this guideline, it defines traumatic events and stress disorders as defined in the Diagnostic and Statistical Manual of Mental Health Disorders, Fifth Edition, that will appeal to military combat situations found in war zones or events of serious injury or threatened death and acute stress disorder often involves symptoms that last at least three days but less than one month after exposure to traumatic event for an individual to be eligible for the diagnosis. Related products: Other products produced by the United States Department of Veterans Affairs can be found here: <https://bookstore.gpo.gov/agency/departments-veterans-affairs-va> Code of Federal Regulations, Title 38, Pensions, Bonuses, and Veterans' Relief, Pt. 0-17, Revised as of July 1, 2017 is available here: <https://bookstore.gpo.gov/products/cfr-t38-pt0-17-code-federal-regulationspaper-2017> Code of Federal Regulations, Title 38, Pensions, Bonuses, and Veterans' Relief, Pt. 18-End, Revised as of July 1, 2017 is available here: <https://bookstore.gpo.gov/products/cfr-t38-pt18-end-code-federal-regulationspaper-2017> US Army Psychiatry in the Vietnam War: New Challenges in Extended Counterinsurgency Warfare can be found here: <https://bookstore.gpo.gov/products/us-army-psychiatry-vietnam-war-new-challenges-extended-counterinsurgency-warfare> --Reduced List Price while supplies last *Journal of Research & Development (JRRD)*, V. 53, No. 01, 2016 single issue is available here: <https://bookstore.gpo.gov/products/journal-rehabilitation-research-development-v-53-no-01-2016journal-rehabilitation-research> *Journal of Research & Development (JRRD)*, V. 52, No. 06, 2015 single issue is available here: <https://bookstore.gpo.gov/products/journal-rehabilitation-research-development-v-52-no-06-2015> PTSD Research Quarterly, V 22, No.4, 2011 -single issue is available here: <https://bookstore.gpo.gov/products/v22-42011-post-traumatic-stress-disorder-research-quarterly> Forensic and Ethical Issues in Military Behavioral Health--Reduced List Price while supplies last can be found here-- <https://bookstore.gpo.gov/products/forensic-and-ethical-issues-military-behavioral-health> *Forgotten Warriors Living with PTSD* *Dorrance Publishing* *Forgotten Warriors: Living with PTSD* By: Eddie L. Kemp, Sr. On May 16, 1968 in North Vietnam Eddie L. Kemp, Sr., a United States Marine, was severely wounded by an artillery attack on his military base. The U.S. Marine Corps notified his mother and family at their home in Texas that he had been killed in action. Kemp woke up in what he now believes was the morgue, filled with beds of dead. Marines under white sheets, thinking he was the only survivor. This Marine returned home with a severe loss of memory, excruciating pains in his body and deep emotional scars affecting him throughout his life. Like many veterans of the Vietnam War, Kemp returned home from combat to find himself hated by the American people he had volunteered to protect, defend and die for, abandoned by the Federal Government or Veterans Administration who refused to treat him with the dignity and respect he had earned as an honorably discharged combat veteran, and suffering with what he would learn decades later were severe symptoms of Post-Traumatic Stress Disorder (PTSD), a condition that has resulted in the suicide of many of our war veterans at an alarming rate today. Kemp candidly recalls numerous problems living with PTSD caused in his life. He describes in detail the psychological and physical suffering he was forced to live alone with for years because he thought no one would understand or people would think he was insane. However, like the Marine he is, Kemp fought the demons every day to live and is still fighting those same demons from hell today. This Marine found the courage and strength to tell the suicidal voices of PTSD in his head that he would not become one of their victims. After years of trying to make sense of what happened on that tragic day, Kemp was connected with two pieces of the puzzle. Exactly forty years after that ill-fated day in May 1968, two Marines wounded in combat with him reunited with Kemp. After weeks of talking to them, the flashbacks experiences almost daily began to form complete pictures for him. Finally, he had someone else who truly understood what living in hell was all about. You never know what tomorrow brings, but Kemp hopes this book will help veterans and others living with PTSD find a way to cope, fight and live another day. With the support of those who found a way to love him, in spite of, today this Marine continues to battle the U.S. Department of Veterans Affairs for the "dignity and respect" earned as a United States Marine. Realizing this is a major battle for many, Kemp's message is especially for veterans struggling with this problem. Choosing death should not be the final option. Even when you have been made to feel worthless, you are irreplaceable and of immeasurable value to those closest to you. Kemp encourages you to continue the fight because somebody needs you to stay in the race. ~Semper Fi~ *Diagnostic and Statistical Manual of Mental Disorders DSM-5-TR* "DSM-5-TR includes fully revised text and references, updated diagnostic criteria and ICD-10-CM codes since DSM-5 was published in 2013. It features a new disorder, prolonged grief disorder, as well as codes for suicidal behavior available to all clinicians of any discipline without the requirement of any other diagnosis. With contributions from over 200 subject matter experts, this updated volume boasts the most current text updates based on the scientific literature. Now in four-color and with the ability to authenticate each printed copy, DSM-5-TR provides a cohesive, updated presentation of criteria, diagnostic codes, and text. This latest volume offers a common language for clinicians involved in the diagnosis and study of mental disorders and facilitates an objective assessment of symptom presentations across a variety of clinical settings—inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care. Important updates in DSM-5-TR include 1) fully revised text for each disorder with updated sections on associated features, prevalence, development and course, risk and prognostic factors, culture, diagnostic markers, suicide, differential diagnosis, and more; 2) addition of prolonged grief disorder (PGD) to Section II; 3) over 70 modified criteria sets with helpful clarifications since publication of DSM-5; 4) fully updated Introduction and Use of the Manual to guide usage and provide context for important terminology; 5) considerations of the impact of racism and discrimination on mental disorders integrated into the text; 6) new codes to flag and monitor suicidal behavior, available to all clinicians of any discipline and without the requirement of any other diagnosis; 7) fully updated ICD-10-CM codes implemented since 2013, including over 50 coding updates new to DSM-5-TR for substance intoxication and withdrawal and other disorders"-- Vietnam, My Deliverance; Traumatic Stress, My Salvation A Biblical, Systematic, and Reformational Theology for People with Traumatic Stress (P.T.S.D.) *LifeRich Publishing* Post-traumatic stress disorder is both a gift and tool in God's hands. The Lord has designed a person's brain to adjust to the rigors of combat or abuse. Combat's despair can also drive us to Christ. Jim Carmichael, Ph.D. looks back at his service in Vietnam and how it impacted his life upon returning home in this book. More importantly, he reveals how God led him to find redemption, obedience to God, and transformation into the image of Jesus Christ through suffering. In sharing his story, the author seeks to answer questions such as: · What is the purpose of PTSD? · Why don't all combatants suffer from PTSD? · How can God deliver individuals from bondage? · What can be done to prevent PTSD victims from dying by suicide? The author stresses that the Veterans Administration should do more to teach veterans and their families about how the brain changes when it's subjected to constant stress. He also highlights how combatants throughout history have been impacted by stress. Join the author as he praises and thanks God for using the horrors of Vietnam to drive him to Christ. *Virtual Reality Exposure Therapy for Adults with Post-traumatic Stress Disorder A Review of the Clinical Effectiveness* Post-traumatic stress disorder (PTSD) is a chronic psychiatric condition that develops following an exceptionally traumatic event. Core symptoms of PTSD include re-experiencing the trauma (for example, through flashbacks and nightmares), avoidance of reminders of trauma, and hyperarousal (for example, feeling irritable or angry, startling easily, or experiencing difficulty sleeping or concentrating). Lifetime prevalence rates of PTSD have been estimated as 9.2% in Canada and ranging from 6.8% to 12.3% in the United States. Certain groups of people, such as those exposed to military combat, are at a higher risk of developing PTSD; lifetime prevalence of PTSD in Vietnam war veterans has been reported at 18.7%, and up to 18% of Operation Iraqi Freedom veterans have experienced PTSD. Treatments for PTSD include pharmacotherapy and psychological therapy. Selective serotonin reuptake inhibitors are the most common choice for PTSD pharmacotherapy. Of the psychological therapies, cognitive behavioural therapy (CBT) is considered to be a first-line therapy for PTSD based on strong evidence of effectiveness from clinical trials. CBT may involve multiple therapy approaches, including elements of cognitive therapy, development of coping skills, and exposure therapy. Exposure therapy in particular refers to a method by which patients repeatedly confront memories or reminders of trauma in a safe and controlled environment in order to gradually reduce the distress associated with them. Imaginal exposure therapy focuses on patients revisiting the

event in their minds, in vivo exposure employs real-life trauma reminders, and prolonged exposure (PE) combines both types of exposure therapy. A recent expansion on traditional exposure therapy, virtual reality exposure therapy (VRET) creates an immersive and interactive virtual environment through the use of computer graphics and auditory cues to enhance a patient's imaginative capacities. The virtual environment is often presented via a head-mounted display and can be manipulated by the therapist or patient as necessary. Since engagement in imaginal exposure can be hindered by the avoidance behaviour that is characteristic of PTSD, VRET's use of multiple sensory prompts to assist recall of trauma and immersion has been suggested as an enhancement of conventional exposure therapy. However, VRET is a relatively recent development in the field and uncertainty remains about its clinical effectiveness. The purpose of this report is to examine the clinical effectiveness of VRET for the treatment of PTSD.

**Vietnam War Medal of Honor**  
*Createspace Independent Publishing Platform* In 2008, I volunteered as a guide in the National Medal of Honor Museum. I very quickly realized that most visitors to the museum, left the museum without learning what these brave warriors did to earn the Medal of Honor. A missing piece that I thought was very important. I resolved then the fix that. The citation associated with each Medal of Honor is sometimes quite lengthy and it is written in military language that many civilians don't understand. My goal was to shorten the verbiage and make it easily readable by the general public and to the youth. As a result, I chose to create a poetic 4-line description of each of the 256 Vietnam War Medal of Honor recipient citations for all to read in a quick read snapshot format. This book includes a picture of each Medal of Honor recipient, the medal he was awarded and the 4-line poetic description of this heroic actions. This book would be appropriate for Vietnam War veterans library, birthday gifts, awards for veterans, holiday gifts, collectors, poetry enthusiasts and more. **Solo with Giants** Ptsd: The Great V a Scandal *CreateSpace* The memoirs of a military psychiatrist are chronicled in "Solo With Giants" revealing the forces of corruption at the antiquated Department of Veterans Affairs before its fragile infrastructure was finally exposed by the scandal of 2014. The setting of this accounting rivals that of "One Flew Over The Coo Coos Nest" where a hospital unit composed of Vietnam combat veterans gathered to become the first such program dedicated to the treatment of PTSD. From the experiences of this often irreverent psychiatrist during the Vietnam War in 1968 and later in 2008 the reader becomes immersed to bare witness to the detailed traumatic experiences and difficulties in the aftermath of war as expressed in the context of individual treatment modalities. The author critiques his actual interviews to offer a sampling of differences and uncanny likenesses between returning combat veterans from Vietnam, Iraq, and Afghanistan. He shares his thoughts and interview techniques while demonstrating the difficulty in overcoming resistances and defense mechanisms to achieve a catharsis, adaptation, and healing. Collateral issues complicated PTSD as Agent Orange and HIV/AIDS became the focus of therapy sessions. The author ventured into the world of virology trying to understand HIV in the context of PTSD. When the Veterans Administration became a cabinet level department funding for staffing and programs was promised. As the PTSD program progressed the veterans became more outspoken and relevant. They complained that they never had treatment for PTSD in the past and began describing how they were neglected and abused by hospital staff members. The hospital administration was furious at these allegations. In retaliation, a compassionate and dedicated Registered Nurse was summarily removed from the PTSD program. This nurse had waged a campaign as a whistle-blower for many years trying to expose the iniquities in a Veterans Administration system that was rife with corruption and failure to adhere to the rule of law. The hospital's administration also threatened that anticipated government funding would be withheld and staffing would be cut back. There was no psychological exit strategy from war and for most of these combat veterans it was their last hope. Aided by the psychiatrist the veterans protested the retaliatory removal of the key staff nurse. The leader of the Patient Government Organization took the ward of 37 patients to march in a strike at the entrance of the VAMC, Lyons, New Jersey over one October weekend. The local media superficially covered the story of the veterans' plight but the repercussions of that strike were disastrous for all. The hospital administration denied, covered up, and was accountable to no one for any wrongdoing. The media with its myopia and failed objectivity went along with the system. Kangaroo courts ruled the day as the hospital administration prevailed to silence whistleblowers, protesting veterans and their beloved doctor. The human interest, often hilarious, insightful, captivating, and yet tragic events are told by irreverent characters that dare to enter the inner sanctum at the Veterans Administration. The hypocritical nature of the righteous hospital administrators becomes painfully obvious when perjury is discovered at the Disciplinary Appeals Board hearing. It was, however, a pyrrhic victory for one nurse who would never get to bring her testimony to a congressional hearing because the government conflates and manipulates the evidence in their "Failure Masquerading as Success." The author has maintained that PTSD was not and is not a disorder! **National Trauma and Collective Memory Major Events in the American Century** *M.E. Sharpe* Chronicles the major traumas of the 20th century in America -- the Depression, Pearl Harbor, McCarthyism, the Cuban Missile Crisis, the assassinations of John F. Kennedy and Martin Luther King, Vietnam, Watergate, Three Mile Island, the Challenger explosion -- how we responded to them as a nation, and what our responses mean. **Back Home** *Graphic Arts Books* The sequel to *Secondhand Summer* continues Sam Barger's story with the homecoming of his older brother, now wounded from war, and the struggle for the two to understand and find each other again. "Walker expertly explores how families live in the world at large, and how the ties that bind can be sorely tested by events far from home [ . . . ] Walker is one of those young adult novel authors writing for adults as well as kids. Intended or not, *Back Home* is a commentary on our times as well. It's a reminder that battle fatigue comes from more than just warfare. It comes from living in a society at odds with itself." --Anchorage Daily News "Back Home will appeal to young adult readers, those interested in an Alaskan setting, and fans of bildungsroman stories. Recommended." --Historical Novel Society "His big brother's return from Vietnam with wounds both physical and psychological shakes up a 16-year-old Alaskan's familiar world of girls, guns, and clueless grown-ups. . . occasionally powerful mix of family drama, late-'60s culture clashes, and wilderness adventure." --Kirkus Reviews It's 1968, and like any other junior in high school, Sam Barger's just trying to get by in classes and find a part-time job at the local pizza parlor, maybe chat up the pretty girl who also works there. But when his Marine Corps brother Joe comes back from the Vietnam War, life at home changes. By day Joe struggles with alcoholism and by night he battles night terrors. Sam just wants normalcy again but doesn't know how to close the rift between the brothers, especially once he questions their country's involvement overseas. Set in Southcentral Alaska in the 1960s, *Back Home* is a heartfelt story about the brothers and their struggles to come and understand each other. The book reveals the lasting effects of war on young people and draws parallels between a pivotal moment in history then to the contemporary wars and struggles today. **Echoes of Combat The Vietnam War in American Memory** *Doubleday* Detailed, step-by-step instructions show young artists how to draw a variety of dogs from the hound, working, toy, sporting, and nonsporting breeds, including spaniels, greyhounds, collies, and poodles. **Winning the War Within PTSD and the Long Road Home** *Bookstand Publishing* *Winning the War Within* is the true story of Brenton MacKinnon, an ordinary American caught up in the stormy decade of the 1960s. We meet him as he fails to avoid the Draft, stumbles into the U.S. Marine Corps, and finds Shangri La in the midst of chaos and destruction in Vietnam during the war. Changed forever by his wartime experiences, afflicted with Post Traumatic Stress Disorder (PTSD), and unable to reenter his own community, the author takes the reader on a journey in which he seeks to understand personal transformation through serving other veterans as they navigate their own challenges with PTSD. **The Vietnam War in American Childhood** *University of Georgia Press* For American children raised exclusively in wartime—that is, a Cold War containing monolithic communism turned hot in the jungles of Southeast Asia—and the first to grow up with televised combat, Vietnam was predominately a mediated experience. Walter Cronkite was the voice of the conflict, and grim, nightly statistics the most recognizable feature. But as involvement grew, Vietnam affected numerous changes in child life, comparable to the childhood impact of previous conflicts—chiefly the Civil War and World War II—whose intensity and duration also dominated American culture. In this protracted struggle that took on the look of permanence from a child's perspective, adult lives were increasingly militarized, leaving few preadolescents totally insulated. Over the years 1965 to 1973, the vast majority of American children integrated at least some elements of the war into their own routines. Parents, in turn, shaped their children's perspectives on Vietnam, while the more politicized mothers and fathers exposed them to the bitter polarization the war engendered. The fighting only became truly real inasmuch as service in Vietnam called away older community members or was driven home literally when families shared hardships surrounding separation from cousins, brothers, and fathers. In seeing the Vietnam War through the eyes of preadolescent Americans, Joel P. Rhodes suggests broader developmental implications from being socialized to the political and ethical ambiguity of Vietnam. Youth during World War II retained with clarity into adulthood many of the proscriptional patriotic messages about U.S. rightness, why we fight, heroism, or sacrifice. In contrast, Vietnam tended to breed childhood ambivalence, but not necessarily of the hawk and dove kind. This unique perspective on Vietnam continues to complicate adult notions of militarism and warfare, while generally lowering expectations of American leadership and the presidency. **At War with PTSD Battling Post Traumatic Stress Disorder with Virtual Reality** *JHU Press* And although McLay remains unsure why or how, his experiences hold out hope for those suffering from this devastating disorder. **A Vietnam Trilogy, Vol. 3: War Trauma Lessons Unlearned, from Vietnam to Iraq** *Algora Publishing* A nationally renowned PTSD authority reveals the psychiatric impact of war on soldiers and veterans, dented or minimized by government and the military. Through efforts to treat veterans of past conflicts he illustrates the inevitability of lifelong psychiatric scars from today's conflicts as well. **The Long Journey Home from Dak To The Story of an Airborne Infantry Officer Fighting in the Central Highlands Republic of Vietnam 1967-1968** *iUniverse* The author fanaticized about combat and played war games in his youth. War is not a game. Combat wasn't this fantasy for him in real life. This book tells the story of a Kansas boy who grew up quickly serving as a combat platoon leader in the Vietnam War. It shares his exploits with A Company, 4/503, 173 Airborne Brigade. His platoon was very unlucky in the June/November 1967 campaign as the "Fire Brigade" took on the NVA in Dak To. His actions are reported in at least two documentary books dealing with individual firefights in the Central Highlands during that period. This is the unpolished truth about the brutal war and how really futile it was to go toe to toe against a better-prepared army and survive. The author gives unembellished reports of what his unit experienced and backs it up with the Battalion After Action Reports. He acknowledges he is alive today only because of superior tactical air support and artillery firepower. This book gives an entirely different viewpoint than most books authored by Vietnam veterans. While his observations may be controversial to some vets, it reflects the author's objective opinion of what he experienced there. **Words to Water** *AuthorHouse* This book is a gathering of my poetry and writings describing times in my life and explaining some of my family's hardship and turmoil. May God walk with you as you do the same. Richard and I went to high school together, over the years we had lost contact with each other until we found ourselves again on Facebook. I have read the poems that R. wrote. He sent me a copy a few years back so I could enjoy them. He really put his heart and soul in his writings. I cried thru so many of them. His work is like the history of family and friends that he has come to know. The expressions that come from his poems are meaningful and relate to events and people in his life. I had the chance of connecting with Richard and his wife Linda five years ago at our 40 year reunion. We had a blast. I wish the best of success for him. He is truly a great and cherished friend. Joyce Peters or as he calls me J. -Joyce Peters " Heartache, betrayal and unconditional love. Everyone has experienced these emotions; some more than others. These poems reflect each of these emotions and I have witnessed my dad live these poems out. I truly believe that this book of poems can help anyone work thru heartache and betrayal and learn how to use unconditional love to forgive. **Katherine Goin, GA " The Evil Hours A Biography of Post-Traumatic Stress Disorder** *HMH* "An essential book" on PTSD, an all-too-common condition in both military veterans and civilians (The New York Times Book Review). Post-traumatic stress disorder afflicts as many as 30 percent of those who have experienced twenty-first-century combat—but it is not confined to soldiers. Countless ordinary Americans also suffer from PTSD, following incidences of abuse, crime, natural disasters, accidents, or other trauma—yet in many cases their symptoms are still shrouded in mystery, secrecy, and shame. This "compulsively readable" study takes an in-depth look at the subject (Los Angeles Times). Written by a war correspondent and former Marine with firsthand experience of this disorder, and drawing on interviews with individuals living with PTSD, it forays into the scientific, literary, and cultural history of the illness. Using a rich blend of

reporting and memoir, *The Evil Hours* is a moving work that will speak not only to those with the condition and to their loved ones, but also to all of us struggling to make sense of an anxious and uncertain time. **Post-traumatic Stress Disorder (PTSD) and War-related Stress** This document provides information on post-traumatic stress disorder (PTSD) and war-related stress for veterans & their families. It begins with background on PTSD and traumatic events, then describes common symptoms of PTSD and why they develop. The next section reviews problems associated with PTSD, such as depression, anxiety, and impacts on work & family. The final sections provide suggestions on coping with the disorder and describe treatment methods. **Trauma And The Vietnam War Generation Report Of Findings From The National Vietnam Veterans Readjustment Study** *Routledge* First published in 1990. *Routledge* is an imprint of Taylor & Francis, an informa company. **Matterhorn A Novel of the Vietnam War** *Grove/Atlantic, Inc.* Intense, powerful, and compelling, *Matterhorn* is an epic war novel in the tradition of Norman Mailer's *The Naked and the Dead* and James Jones's *The Thin Red Line*. It is the timeless story of a young Marine lieutenant, Waino Mellas, and his comrades in Bravo Company, who are dropped into the mountain jungle of Vietnam as boys and forced to fight their way into manhood. Standing in their way are not merely the North Vietnamese but also monsoon rain and mud, leeches and tigers, disease and malnutrition. Almost as daunting, it turns out, are the obstacles they discover between each other: racial tension, competing ambitions, and duplicitous superior officers. But when the company finds itself surrounded and outnumbered by a massive enemy regiment, the Marines are thrust into the raw and all-consuming terror of combat. The experience will change them forever. Written by a highly decorated Marine veteran over the course of thirty years, *Matterhorn* is a spellbinding and unforgettable novel that brings to life an entire world—both its horrors and its thrills—and seems destined to become a classic of combat literature. **Body Counts The Vietnam War and Militarized Refugees** *Univ of California Press* **Body Counts: The Vietnam War and Militarized Refuge(es)** examines how the Vietnam War has continued to serve as a stage for the shoring up of American imperialist adventure and for the (re)production of American and Vietnamese American identities. Focusing on the politics of war memory and commemoration, this book retheorizes the connections among history, memory, and power and refashions the fields of American studies, Asian American studies, and refugee studies not around the narratives of American exceptionalism, immigration, and transnationalism but around the crucial issues of war, race, and violence—and the history and memories that are forged in the aftermath of war. At the same time, the book moves decisively away from the “damage-centered” approach that pathologizes loss and trauma by detailing how first- and second-generation Vietnamese have created alternative memories and epistemologies that challenge the established public narratives of the Vietnam War and Vietnamese people. Explicitly interdisciplinary, *Body Counts* moves between the humanities and social sciences, drawing on historical, ethnographic, cultural, and virtual evidence in order to illuminate the places where Vietnamese refugees have managed to conjure up social, public, and collective remembering. **From Vietnam to Hell Interviews with Victims of Post-traumatic Stress Disorder** *McFarland Publishing* I broke into a house, entering from the back door. When I left, two people inside were dead. I don't remember killing them, but I know I must have. All I can remember is the police chasing me. I thought I was in the jungle, with the Cong chasing me, trying to kill me before I could kill them....I was nineteen years old and the Vietnam War was the high point in my life. I didn't come home in a body bag or a wheel chair. Even though I thought I had come home a complete person, it's evident that I didn't--from the interview with Gary Cone. Interviews with Vietnam veterans and their family members explain as nothing else can the emotional consequences of wartime experiences. Many of these interviewees are now in prison as a result of the substance abuse or violence that characterizes PTSD. **PTSD, Not All Wounds Are Visible Veterans and Active-Duty Members of the U. S. Armed Forces Don't You Dare Give Up on This Life. Not Tonight. Not Ever.** A guide to understanding Post-traumatic stress disorder (PTSD) its symptoms, causes, triggers, and living with it. Never give up there is always hope through treatment, counseling, and therapy. **Never Give Up! You are not alone. A Trauma Artist Tim O'Brien and the Fiction of Vietnam** *University of Iowa Press* A Trauma Artist examines how O'Brien's works variously rewrite his own traumatization during the war in Vietnam as a never-ending fiction that paradoxically “recovers” personal experience by both recapturing and (re)disguising it. Mark Heberle considers O'Brien's career as a writer through the prisms of post-traumatic stress disorder, postmodernist metafiction, and post-World War II American political uncertainties and public violence. Based on recent conversations with O'Brien, previously published interviews, and new readings of all his works through 1999, this book is the first study to concentrate on the role and representation of trauma as the central focus of all O'Brien's works, whether situated in Vietnam, in post-Vietnam America, or in the imagination of protagonists suspended between the two. By doing so, Heberle redefines O'Brien as a major U.S. writer of the late twentieth century whose representations of self-damaging experiences and narratives of recovery characterize not only the war in Vietnam but also relationships between fathers and sons and men and women in the post-traumatic culture of the contemporary United States. **I Cry for Help! Autobiography/health, My True Story Detailing the Aftermath of Child Abuse, Trauma, Stress, Combat Trauma, & Post Traumatic Stress Disorder** *iUniverse* My name is Phil Dorman and I would like to share some knowledge with you. I have Post Traumatic Stress Disorder (PTSD) and Dissociative Disorders (DD). These disorders caused through sadistic child abuse, childhood trauma, normal stress, trauma due to combat actions, and overworking for thirty years, have plagued me for over nine years. I'm not a doctor or in the medical professional, you might say I'm writing from on the inside. Without a formal degree in pain, trauma, stress, and suffering, unless the count of forty years of actual personal experience is considered, I too am searching for answers. Many have learned through actual experiences and having spent six years of my life almost totally locked up in my mind, may just qualify as unsurpassed wisdom. With my vow to increase the knowledge base for the common person about PTSD and its causes, patiently I waited for my reprieve from this dungeon. Thinking that this information would help to bring order and logic for loved ones to see, understand, and begin to cope with some of the problems that can devastate a family from these disorders. Coping, the most powerful process, the whole family can learn about any disease or a disorder brings a sense of calm during a mighty storm. These disorders have torn both my immediate and extended family apart. This knowledge can produce a more favorable outcome for your family. You need knowledge in order to take action.