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## KEY=TO - JORDYN LUCA

**The Porn Trap The Essential Guide to Overcoming Problems Caused by Pornography Harper Collins** *Breaking the silence, removing the shame In this highly acclaimed recovery guide, renowned sex and relationship therapists Wendy and Larry Maltz shed new light on the compelling nature and destructive power of today's instantly available pornography. Weaving together poignant real-life stories with innovative exercises, checklists, and expert advice, this groundbreaking resource provides a comprehensive program for understanding and healing porn addiction and other serious consequences of porn use. The Porn Trap will help you to: Decide whether it's time to quit using porn Learn how to stop using porn and deal with cravings Improve self-esteem and personal integrity Heal an intimate relationship harmed by porn use Develop a healthy sex life* **Fortify The Fighter's Guide to Overcoming Pornography Addiction Familius** *With tens of thousands of individuals addicted to pornography, Fortify: The Fighter's Guide to Overcoming Pornography Addiction is the most complete and tested program to help teens and young adults overcome the addiction and create habits that will enable them to be successful in life. Understanding and Treating Sex and Pornography Addiction A comprehensive guide for people who struggle with sex addiction and those who want to help them Routledge* *Understanding and Treating Sex and Pornography Addiction demonstrates why people's lives are being destroyed by compulsive sexual behaviour and what we can do to help them. The book examines the latest research into these conditions and outlines the new integrative C.H.O.I.C.E. Recovery Model, a practical, sex-positive model which incorporates CBT, ACT and psychodynamic theories to help people enjoy lifetime recovery. This new edition has been updated throughout, with new material covering pornography addiction, ChemSex, internet offending and female sex and love addiction. Written in a clear and informative manner, this book contains support and advice for both the clinician and for those who suffer from sex addiction, and provides tools for securing confident and rewarding recovery. Understanding and Treating Sex and Pornography Addiction is essential reading for anyone looking to make an enduring recovery from these conditions, as well as for clinicians new to the field and those wanting to update their skills and knowledge. A Clinical Guide to Treating Behavioral Addictions Springer Publishing Company* *Giordano, an established scholar in behavioral addictions, has provided a landmark clinical reference book. This text provides the quintessential guide to understanding process addictions with detailed attention to assessment and treatment that is unparalleled in the literature. This is a must-have book for every clinician. - Craig S. Cashwell, Ph.D., LPC, NCC, ACS, CSAT-S, Professor, William & Mary "This groundbreaking text, A Clinical Guide to Treating Behavioral Addictions, is a must-read for counselors and educators alike. As a former addictions counselor, now counselor educator, I found the information in this text timely, relevant, and instrumental to the work of treating persons with behavioral addictions. This go-to resource will prove to be invaluable for years to come!" --Michael K. Schmit, PhD, LPC, Hazelden Betty Ford Graduate School of Addiction Studies An innovative new text addressing 11 behavioral addictions in detail with a focus on recent neuroscience. This practical, approachable guide for clinicians comprehensively covers an array of behavioral addictions ranging from internet gaming addiction and sex addiction, to social media addiction and food addiction. Each chapter answers foundational questions to inform clinical practice including: How do I conceptualize it?, How do I identify it?, How do I assess it?, How do I treat it?, and How do I learn more? &Through this innovative resource, clinicians will gain valuable knowledge regarding the conceptualization, identification, assessment, and treatment of behavioral addictions. Each chapter highlights the most current research related to specific behavioral addictions, provides a synthesis of recent neuroscience, and examines diverse treatment approaches to fit the widest range of clinical styles. In addition, this book describes the evolving definition of addiction, provides examples of how to advocate for clients with behavioral addictions, and devotes an entire chapter to understanding the neuroscience of addiction. This clinical reference book will help counselors provide compassionate, effective services to clients with a variety of behavioral addictions. Purchase includes digital access for use on most mobile devices or computers. Key Features: Offers "Voices from the Field" sections in which clinicians describe their experiences working with each behavioral addiction Includes a chapter completely devoted to the neuroscience of addiction in addition to a synthesis of recent neuroscience in each chapter Synthesizes current research to aid in clinical conceptualizations Describes useful assessment instruments and how to access them Presents a wide range of treatment approaches and 12-step program options Provides abundant resources for further study* **Sex Addiction A Guide for Couples and Those Who Help Them Routledge** *Sex Addiction: A Guide for Couples and Those Who Help Them is a practical book that provides empathic support, guidance, information and pragmatic strategies for couples who want to survive sex and porn addiction - whether that's together, or apart. Sex and porn addiction devastates couple relationships, and unlike the impact of infidelity, there is no 'before' to get back to and no 'after'. This book adopts the metaphor of a boat, presenting addiction as the tidal wave that devastates the relationship, leaving both crew members fighting for survival. There's guidance to ensure each partner makes it safely back to shore and advice on surveying the damage to your relationship and deciding if you want to save it and set sail again. You'll find practical advice for both the partner and the addicted partner, including first-hand accounts of couples that have already undertaken the journey. There are exercises to do alone, and many to share together, to help you understand what's happened, consider your future, and if you choose to stay together, begin the task of rebuilding trust and intimacy. Sex Addiction is not only a practical guide for couples, but also for the therapists who support them. This book will be a companion to Paula Hall's previous books on sex addiction and builds on the already known frameworks and models used, but it is also written to stand alone. Recovery from Sexual Addiction: a Man'S Guide AuthorHouse* *Recovery from Sexual Addiction: A Mans Guide and a companion workbook, help men learn how to achieve a high level commitment to change their behavior and thinking. Men are introduced to insights on how to move out of compulsive behavior, depressed mood, and isolation into a more fulfilling life. Readers will learn about the Addicts Life Scale, a simple yet insightful tool that illustrates how ones mood is directly related to destructive acting-out behaviors. Once a man becomes aware of his mood levels, he can begin to take proactive steps to reach and sustain a mood level where he feels confident and motivated to remain free of destructive acting-out behaviors. Book chapters are structured to help men examine their most personal issues, including: the nature and origin of sexual addiction, the roles of anger, anxiety, isolation, and depression in sexual addiction, how co-dependency fosters sexual addiction, how to cultivate self-awareness and improved attitude, and creating a healthy life style absent sexually acting out. Ultimately, readers will discover the satisfaction that comes from improved relationships with their spouses, children, other men, and God. Paul Beckers unique Recovery From Sexual Addiction series includes a core book, client workbook, and a clinician guide. The three texts use an interactive approach to help therapists and clients thoroughly explore the roots of sexual addiction and effective ways to achieve long-term recovery. The series is especially helpful to therapists who prefer to base recovery on principles proven by Dr. Patrick Carnes. Restoring Trust A Couple's Guide to Getting Past Porn Our Sunday Visitor* *"Those who refuse to forgive become prisoners of the past."— Pope Saint John Paul II Discovering a pornography addiction is traumatic — but knowing about it is necessary for true healing and recovery to begin. In Restoring Trust, licensed clinical therapist Peter C. Kleponis, Ph.D., SATP-C, co-founder of IntegrityRestored.com and creator of the Integrity Starts Here! recovery program, provides an authentically Catholic approach to understanding and recovering from pornography addiction — whether you, your spouse, or both are addicted. Drawing on real-life case studies, teachings of the Church, and Scripture, this book will show you how healing, recovery, and restoration are possible for each of you personally and for your marriage. Past mistakes and hurts, no matter how deep, do not have to rule your future. With the right tools, and relying on God's grace, you can restore trust in your relationship and achieve lasting freedom. The Porn Myth Exposing the Reality Behind the Fantasy of Pornography Ignatius Press* *The Porn Myth is a non-religious response to the commonly held belief that pornography is a harmless or even beneficial pastime. Author Matt Fradd draws on the experience of porn performers and users, and the expertise of neurologists, sociologists, and psychologists to demonstrate that pornography is destructive to individuals, relationships, and society. He provides insightful arguments, supported by the latest scientific research, to discredit the fanciful claims used to defend and promote pornography. This book explains the neurological reasons porn is addictive, helps individuals learn how to be free of porn, and offers real help to the parents and the spouses of porn users. Because recent research on pornography's harmful effects on the brain validates the experiences of countless porn users, there is a growing wave of passionate individuals trying to change the pro-porn cultural norm-by inspiring others to pursue real love and to avoid its hollow counterfeit. Matt Fradd and this book are part of that movement, which is aiding the many men and women who are seeking a love untainted by warped perceptions of intimacy and rejecting the influence of porn in their lives. Integrity Restored: Helping Catholic Families Win the Battle Against Pornography Emmaus Road Publishing* **WHY WRITE A BOOK ON PORNOGRAPHY ADDICTION FOR CATHOLICS?** *The answer is simple. There's a great need for one! Pornography is no longer just a men's issue. Dr. Peter Kleponis presents an alarming in-depth look at the pornography epidemic that is ruining lives, marriages, families, and careers—and hindering life-giving relationships with God. Read the stories of real people—men, women, clergy, seminarians, and teens—who've suffered from frequent or habitual pornography use and went on to find healing. Freedom is possible. Integrity can be restored. Everyday Pornography Routledge* *Public and academic debate about 'porn culture' is proliferating. Ironically, what is often lost in these debates is a sense of what is specific about pornography. By focusing on pornography's mainstream - contemporary commercial products for a heterosexual male audience - Everyday Pornography offers the opportunity to reconsider what it is that makes pornography a specific form of industrial practice and genre of representation. Everyday Pornography presents original work from scholars from a range of academic disciplines (Media Studies, Law, Sociology, Psychology, Women's Studies, Political Science), introducing new methodologies and approaches whilst reflecting on the ongoing value of older approaches. Among the topics explored are: the porn industry's marketing practices (spam emails, reviews) and online organisation commercial sex in Second Life the pornographic narratives of phone sex and amateur videos the content of best-selling porn videos how the male consumer is addressed by pornography, represented within the mainstream, understood by academics and contained by legislation. This collection places a particular emphasis on anti-pornography feminism, a movement which has been experiencing a revival since the mid-2000s. Drawing on the experiences of activists alongside academics, Everyday Pornography offers an opportunity to explore the intellectual and political challenges of anti-pornography feminism and consider its relevance for contemporary academic debate. The Sexual Healing Journey A Guide for Survivors of Sexual Abuse (Third Edition) Harper Collins* *"Men and women who have despaired that their sex lives would never change will find hope and answers in this friendly, encouraging, and essential guide." —Laura Davis, coauthor of The Courage to Heal and author of Allies in Healing This widely esteemed, highly respected resource helps survivors of sexual abuse heal from the past, improve relationships, and discover the joys of sexual intimacy. Compassionate and enduring, renowned author, psychotherapist, and certified sex therapist Wendy Maltz presents a comprehensive program for healing that sensitively takes readers step-by-step through the recovery process, integrating expert advice with groundbreaking exercises, proven techniques, and first-person accounts of women and men at every stage of sexual healing. This compassionate resource can help you to: Identify the sexual effects of sexual abuse Eliminate negative sexual behavior and resolve specific problems Gain control over upsetting automatic reactions to touch and sex Develop a healthy sexual self-concept Originally published two decades ago, The Sexual Healing Journey is a highly respected resource for understanding and healing the intimate sexual problems caused by sex abuse. The updated third edition features a new preface, revised materials, and an updated, expanded resource section. Exploring Desire and Intimacy A Workbook for Creative Clinicians Taylor & Francis* *This integrative book is like having a wise supervisor in the room with you. Stop "fixing" your clients—engage them in their own healing through the Four-Dimensional Wheel of Sexual Experience. Gina Ogden guides you in helping your clients explore the full range of their sexual issues and challenges—including couple communication, erectile dysfunction, vaginismus, low desire, affairs, trauma, religious proscriptions, pornography use, and more. Part I offers strategies that correspond to the core knowledge areas required for certification as a sexuality professional, while Part II puts these innovative approaches into action through following five case examples from seasoned practitioners. The numerous user-friendly elements, such as quizzes, worksheets, and "hot tips," will help you see the larger picture of an issue, become fluent with a diversity of sexual identities and behaviors, and expand your ability to offer safe, ethical, evidence-based therapy. Our Hardcore Battle Plan for Wives Winning in the War Against Pornography New Hope Publishers* *Our Hardcore Battle Plan for Wives is a resource for women who want to protect their marriage and keep their family porn-free. Written out of the experience from years of counseling, this book provides practical advice and deals with issues that women*

have to encounter when pornography becomes an equation in their marriage. **The Feminist Porn Book The Politics of Producing Pleasure The Feminist Press at CUNY** The Feminist Porn Book celebrates the power of desire, turning the spotlight on an industry where feminism is thriving. **A Christian Woman's Guide to Breaking Free from Pornography It's Not Just a Guy's Problem** This book is a resource created in response to numerous pleas for help from young girls and women alike regarding their struggle with sexual addictions. Although it is one of the largest issues facing today's Church, pornography addiction is also one of the largest secrets in the Church, especially among women. We aim to open the door to confession and conversation among women in the Body of Christ who feel as though they are alone in this struggle. Within its chapters you will find... \* Relevant statistics that demonstrate the influence of pornography in modern media \* Encouraging testimonies from women who have overcome their addiction by the unfailing grace and mighty power of Christ \* And various strategies for resisting temptation in order to break free from pornography. Overcoming sexual addiction is not an overnight process, but one that requires a commitment to die to selfish desires each and every day, and take on the nature and purity of Christ. If you take the information presented in this book to heart, you will find yourself well equipped for the journey. **I Never Knew I Had a Choice: Explorations in Personal Growth Cengage Learning** Honest and inspiring, *I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH*, 11th Edition, is an invitation to personal learning and growth -- and a roadmap to lasting change. Research-based, yet written in a personal, encouraging tone, the book helps students examine the choices they've made, expand their awareness of the choices available to them, and choose where to go next. Emphasizing the role of personal responsibility and choice in creating a meaningful life, the text explores a wide variety of key topics, including personal style of learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. Self-inventories, exercises, activities, and first-person accounts of difficult choices real people have made give students invaluable insight into their lives, beliefs, and attitudes in a personally empowering way. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. **Straight Jacket Random House** 'This is an essential read for every gay person on the planet' - Elton John 'A really brilliant and moving read for everybody, especially LGBTQI+ people' - Olly Alexander, star of *It's A Sin* **Straight Jacket** is a revolutionary clarion call for gay men, the wider LGBT community, their friends and family. Part memoir, part ground-breaking polemic, it looks beneath the shiny facade of contemporary gay culture and asks if gay people are as happy as they could be - and if not, why not? Meticulously researched, courageous and life-affirming, **Straight Jacket** offers invaluable practical advice on how to overcome a range of difficult issues. It also recognizes that this is a watershed moment, a piercing wake-up-call-to-arms for the gay and wider community to acknowledge the importance of supporting all young people - and helping older people to transform their experience and finally get the lives they really want. **WINNER BOYZ BEST LGBT BOOK 2017 SHORTLISTED FOR THE POLARI BOOK PRIZE 2017** 'Insightful, inclusive, clever and engaging' - Jeremy Langmead 'Utterly brilliant' - *The Guardian* **Responding to the Oppression of Addiction Canadian Social Work Perspectives, Third Edition Canadian Scholars' Press** This contributed volume offers new perspectives on the meaning, role, and history of addiction in our society and the construction of illicit drug use as a social problem. This substantially revised third edition brings together the voices of over 40 Canadian academics and social work practitioners from across the country, providing a diverse and multidimensional perspective to the study of addiction. The themes discussed include prevention initiatives, program descriptions, discussions of the special needs of different populations, policy perspectives framed within an anti-oppression standpoint, and a concluding section on the emerging topic of problem gambling. This edition features eight new chapters, including a first-person narrative on the effects of residential schools on Indigenous peoples. **Overcoming Pornography Addiction A Spiritual Solution Paulist Press** Presents the struggle of internet pornography in the context of the encounter of Jesus with the Woman of Samaria, emphasizing the practical way in which the teaching of the Church can move us from sin to grace, from pain to healing, through an honest appraisal of the pain of internet pornography and the wonderful beauty of grace and virtue. **Sourcebook on Violence Against Women SAGE** The new edition of this vital resource provides extensive coverage of the current state of research, theory, prevention, and intervention regarding violence against women. Each of the 18 chapters belongs to one of three parts: theoretical and methodological issues in researching violence against women, types of violence against women, or prevention and direct intervention. The editors and contributing authors have crafted their work to encourage discussion and debate and also to address issues of diversity and cultural contexts, as well as to examine inequalities of race and ethnicity, social class, physical ability, sexual orientation, and geographic location. Key Updates to This Edition: - A new and autobiographical Reflections piece appears at the end of each chapter. - Six completely new chapters address new and emerging topics, including assessment (Chapter 3), sexual harassment (Chapter 4), the effects of pornography (Chapter 7), cross-cultural issues (Chapter 8), the role of the economy (Chapter 9), primary prevention (Chapter 11), and school-based programs and interventions. Another recent subject the authors include is the role of faith-based initiatives. - The book's foreword is jointly written by Senators Amy Klobuchar (D--MN) and Al Franken (D--MN), both Congressional advocates on behalf of victims of violence against women. **From AAA to XXX: A Dictionary/Commentary on Porn and Porn Addiction Future Directions Publishing** From AAA to XXX is more than an addictionary (a book about addiction that is arranged alphabetically with definitions) and more than a resource. In addition to contemporary porn terms, it includes addiction terms that have never before been applied to porn use. It also includes unique and thought-provoking concepts intended to change the conversation around porn. Grounded in the values of health and happiness, it will help individuals struggling with their own porn habits as well those trying to understand and change our pornified world. It is engaging, compassionate, inspiring, and occasionally humorous. It is a book for our time: porn use is at a pandemic level and creating multiple problems at both the personal and societal levels. Readers will emerge with valuable new insights. **Moving Beyond Betrayal The 5-Step Boundary Solution for Partners of Sex Addicts Central Recovery Press, LLC** Partners experience dire consequences as a result of being in a relationship with someone suffering from compulsive sexual behavior. Their emotional well-being requires developing new skill sets for self-care and self-protection as they confront the difficult and painful process of discovery, disclosure, and beyond. In other words—they need boundaries. This is the first book specifically for partners affected by addictive behavior that addresses, in detail, how to identify, create, and maintain boundaries as a vital component of self-care and an indispensable tool for healing and growth. **Moving Beyond Betrayal** guides partners to define the current problem(s); identify needs that aren't being met; find where they have the power to effect change; take action; and evaluate the results to determine if their goal has been accomplished. The author examines all aspects of effective boundary work, including what to do when boundaries are violated. Through working the 5-Step Boundary Solution partners will: Gain clarity Reduce the chaos inherent in relationships impacted by sex addiction Feel more empowered and in control of their lives Discover whether or not their relationship with the addict is salvageable Vicki Tidwell Palmer is a Licensed Clinical Social Worker (LCSW), Certified Sex Addiction Therapist (CSAT), and Somatic Experiencing Practitioner (SEP) in private practice in Houston, Texas. She is the author of the blog for partners *Survival Strategies for Partners of Sex Addicts*. **Overcoming Sexual Problems 2nd Edition A self-help guide using cognitive behavioural techniques Robinson** 'A positive step-by-step guide to... help readers resolve their sexual difficulties. It empowers couples to set goals to meet their needs.' **Nursing Standard** Are you worried about impotence or loss of sexual desire, premature ejaculation or lack of orgasm? Experienced psychosexual therapist and couples counsellor Vicki Ford provides an invaluable guide to understanding the sexual problems that many people face from time to time. Her simple and effective self-help techniques, based on cognitive behavioural therapy (CBT), include practical exercise programs to help develop responsiveness and an understanding of your body. Suitable for both singles and couples, this expert guide will enable you to overcome negative thinking and restore your confidence and your sex life. Specifically, you will learn about: The importance of relaxation and stress reduction techniques The impact of ageing, disability, religion, infidelity, abuse, infertility, childbirth, bereavement and medication on sexual performance Techniques for particular problems **Overcoming self-help guides** use clinically proven techniques to treat long-standing and disabling conditions, both psychological and physical. Many guides in the *Overcoming* series are recommended under the Reading Well Books on Prescription scheme. Series Editor: Professor Peter Cooper **What Every Mental Health Professional Needs to Know About Sex, Second Edition Springer Publishing Company** The second edition of this acclaimed guide to understanding sexuality and working with clients on sexuality issues is extensively updated to reflect recent scientific, practical, and social developments in the field. It provides updated information on relevant disorders in the DSM-5, new theoretical approaches, new pharmacological treatments, updated information on STDs, new understandings of transgender individuals, the impact of same-sex marriage laws, controversies over sex addiction, and much more. Chapters are enhanced with the addition of new take-away points, additional worksheets, and a glossary. Distinguished by an easy-to-read, down-to-earth approach, the text provides plentiful information, tools, and exercises to increase the confidence and comfort of both trainee and experienced mental health professionals treating sexual issues. Based on the premise that the therapist must be comfortable with his or her own sexuality in order to provide effective treatment, the book discusses the characteristics of healthy sexuality for both client and therapist and addresses issues of discomfort that may arise for the therapist. New to the Second Edition: Sexual and other disorders in DSM-5 New understandings of sexual identity and fluidity, including transgender Legal status of same-sex marriage New pharmacological treatments for sexual issues New methods of sexological research Updated and expanded coverage of assessment tools Mindfulness interventions Supplemental Instructor's Manual with quizzes and chapter-by-chapter PowerPoint slides Updated Practitioner Resources including informational handouts and illustrations **The Routledge Companion to Media & Gender Routledge** The Routledge Companion to Media and Gender offers a comprehensive examination of media and gender studies, charting its histories, investigating ongoing controversies, and assessing future trends. The 59 chapters in this volume, written by leading researchers from around the world, provide scholars and students with an engaging and authoritative survey of current thinking in media and gender research. The Companion includes the following features: With each chapter addressing a distinct, concrete set of issues, the volume includes research from around the world to engage readers in a broad array of global and transnational issues and intersectional perspectives. Authors address a series of important questions that have consequences for current and future thinking in the field, including postfeminism, sexual violence, masculinity, media industries, queer identities, video games, digital policy, media activism, sexualization, docusoaps, teen drama, cosmetic surgery, media Islamophobia, sport, telenovelas, news audiences, pornography, and social and mobile media. A range of academic disciplines inform exploration of key issues around production and policymaking, representation, audience engagement, and the place of gender in media studies. The Routledge Companion to Media and Gender is an essential guide to the central ideas, concepts and debates currently shaping media and gender research. **Intimate Deception Healing the Wounds of Sexual Betrayal Baker Books** Nothing destroys trust like sexual betrayal. Beyond broken vows, a woman who discovers that the man she loves has been viewing pornography or having an affair must deal with devastating blows to her self-image and self-worth. She must grapple with the fact that the man she thought she knew has lied and deceived her. She may even bear the brunt of shame and judgment when the people around her find out. Drawing from her experience both as a marriage and family therapist and a woman who personally experienced the devastation of sexual betrayal, Dr. Sheri Keffer walks women impacted by betrayal through the pain and toward recovery. She explains how the trauma of betrayal affects our minds, bodies, spirits, and sexuality. She offers practical tools for dealing with emotional triggers and helps women understand the realities of sexual addiction. And she shows women how to practice self-care, develop healthy boundaries, protect themselves from abuse or manipulation, and find freedom from the burden of shame and guilt. **New Directions in Sex Therapy Innovations and Alternatives Taylor & Francis** Winner of the 2013 AASECT Professional Book Award! *New Directions in Sex Therapy: Innovations and Alternatives* focuses on cutting-edge, therapy paradigms as alternatives to conventional clinical strategies. With each passing year, the treatment of sexual problems seems to emphasize more medical and pharmacological interventions. There is correspondingly less interest in the experiences of the individuals or couples involved. This book expands the definition of our field. Part I highlights the major problems and criticisms facing sex therapy and furnishes a rationale for new directions. Included in this new edition are critiques of "sexual addiction" nomenclature, the neglect of the ethical dimension in sex therapy, and there is a call to expand our vision of what sex therapy can attain. Part II demonstrates new approaches to dealing with traditional sex therapy concerns, including lack of desire and erectile dysfunction as well as innovative goals, such as integrating sexual medicine with sex therapy, using client feedback to customize therapy for the particular individual/couple's best interests, promoting relationship growth in working with transgender clients, and transcending sexual function/dysfunction to optimize erotic intimacy in long-term couples. This 2nd edition of *New Directions in Sex Therapy: Innovations and Alternatives* is replete with helpful new clinical illustrations across the spectrum of theoretical orientations (e.g., systemic, narrative, Experiential, CBT) to demonstrate these approaches in action. This book is intended for anyone who deals with sexual issues and concerns in therapy—clinicians of every kind, novices and advanced practitioners—rather than only those who define themselves as sex therapists. **Sex, Meaning and the Menopause Bloomsbury Publishing** In a highly-sexualised and media-hyped society, postmenopausal women often feel pressurised to have 'great sex.' Books and websites prescribe what the menopause should be. And, if it isn't, here's how to fix it. Painful sex and mood swings can be cured by HRT. Some women take the artificial route to remain sexually active. Others choose a natural approach, even if it means dwindling sexual desire. 'I used to seek it out. Now I endure it', said one woman. But few talk about it. 'It's far more of a taboo than talking about death', said another woman. Fading libido can have a profound effect on relationships. 'I feel despair', said a 61 year-old husband. 'I have to accept that my sex life is more or less over.' And another: 'I have never broached this with my wife, but to think I may never have sex again is very dangerous.' Sue explores the lived, felt experience of what it means to be postmenopausal, and looks at how it affects relationships and changes lives. **The Black Body in Ecstasy Reading Race, Reading Pornography Duke University Press** In *The Black Body in Ecstasy*, Jennifer C. Nash rewrites black feminism's theory of representation. Her analysis moves beyond black feminism's preoccupation with injury and recovery to consider how racial fictions can create a space of agency and even pleasure for black female subjects. Nash's innovative readings of hardcore pornographic films from the 1970s and 1980s develop a new method of analyzing racialized pornography that focuses on black women's pleasures in blackness: delights in toying with and subverting blackness, moments of

racialized excitement, deliberate enactments of hyperbolic blackness, and humorous performances of blackness that poke fun at the fantastical project of race. Drawing on feminist and queer theory, critical race theory, and media studies, Nash creates a new black feminist interpretative practice, one attentive to the messy contradictions—between delight and discomfort, between desire and degradation—at the heart of black pleasures.

**CBT for Compulsive Sexual Behaviour A guide for professionals Routledge** Increasing numbers of therapists are coming into contact with the problem of compulsive sexual behaviour disorders. However, it is still a relatively new field and there is little in the current literature available that enables the therapist to work with and treat this problem. *CBT for Compulsive Sexual Behaviour: A guide for professionals* addresses this by providing a guide to cognitive-behavioural theory and practice which includes the assessment, diagnosis and treatment of addictive sexually compulsive disorders. Beginning with a description of addictive sexuality and an overview of cognitive behavioural therapy in which CBT is presented as the most useful response, Thaddeus Birchard provides clear therapeutic information about the implementation of CBT treatment intervention. The chapters included cover the neuroscience that underpins the addictive process; a 'how to' chapter on the use of groups; paraphilias; trauma and attachment; comorbid disorders and cross-addictions and analysis on the function of internet pornography, all written from a cognitive behavioural stance. Using case vignettes throughout, Thaddeus Birchard draws on his own experience as a psychosexual therapist, along with the latest research in the field, to enable the therapist to treat a range of compulsive sexual problems in a way that can be applied in individual practice or in a group setting as well as how to prevent relapse. This book will be essential reading for psychosexual therapists, cognitive behaviour therapists and other professional working with sexual compulsive disorders.

**Expanding the Practice of Sex Therapy The Neuro Update Edition—An Integrative Approach for Exploring Desire and Intimacy Routledge** The revised edition of this award-winning book offers thirty-three Neuro Updates, which provide evidence-based data to help you recognize and explain the deeply transformational nature of the work. *Expanding the Practice of Sex Therapy* looks beyond behavioral treatments, pharmaceutical interventions, and performance goals to a comprehensive picture of what your clients want and need when they enter sex therapy, and offers creative ways to engage your clients in their own therapeutic process, whether or not you are trained as a sex therapist. Central to Gina Ogden's approach is her Four-Dimensional Wheel of Sexual Experience, an innovative template that recognizes the full range of sexual issues: physical, emotional, mental, and spiritual. The text is organized into five practice-oriented sections that introduce the 4-D Wheel; show you how you can use it with individuals, couples, and groups; and encourage you to explore it on your own.

**Jesus, Lover of My Soul Fresh Pathways to Spiritual Passion Inter-Varsity Press** Do you long for a closer, deeper walk with God? Would you like to know more about what the Bible says about spiritual intimacy? We say we know about God's love in our heads, but has it really percolated through to our hearts? The Bible employs the metaphor of Christ, the Lover, and believers, his beloved. Yet this rich relationship potential is relatively unexplored in modern popular books, and we are the poorer for it. Using Song of Songs and other Bible sources, the author explores the dynamics of our relationship. We come to understand more fully what it is for Christ to love us and for us to love him. Contents Desire - You're the one I want Show me your face Jesus is not my boyfriend, but... Is the Song of Songs really about me and Jesus? Insecurity Delight Springtime Belonging Distance Christ finds us beautiful Christ gets crazy for love Finally, consummation Distant again Spiritual intimacy betrayed and lost through porn Porn-spoiled lives restored Reconciled Still beautiful to him Spirals of longing and love Conclusion: the power of spiritual marriage in the storms This portrayal of the living dynamics of a believer's relationship with Christ cannot fail to transform our devotional life profoundly.

**Tough Stuff Parenting Helping Your Kids Navigate Faith and Culture Harvest House Publishers** Are You Prepared to Talk with Your Child About...? Discussing difficult topics with kids has never been easy, but in today's world, it's more difficult than ever. Gay marriage, terrorist attacks, pornography, police shootings, and yes, sex, are just some of the complex issues children will encounter in our current culture. When your child asks questions, will you have answers? Tough Stuff Parenting will equip you to have thoughtful, age-appropriate conversations with your child. The biblically-based wisdom and practical tools you'll find inside will help you confidently engage your kid in meaningful dialogue. And when questions arise, your child will look to you first for answers instead of friends or the Internet. Make a lasting connection with your kid by learning how to effectively discuss life's most complicated topics.

**What Every Mental Health Professional Needs to Know About Sex Springer Publishing Company Print+CourseSmart**

**Every Parent's Battle A Family Guide to Resisting Pornography Our Sunday Visitor** Ever struggled to find the right words to talk about the threat of pornography with your kids? Too many of us avoid the subject, depending on simple technology filters to protect them. Yet children at very early ages are under attack and at risk to fall prey to pornography addiction. As parents, we must be prepared to deal with the issue head-on. *Every Parent's Battle: A Family Guide to Resisting Pornography* not only exposes the frightening prevalence of pornography in our sex-obsessed culture, it equips parents with concrete and tested strategies to educate their kids about intimacy, human dignity, and sexuality as God intended it to be. "Dan Spencer's new book ... provides Catholic and other parents with tools and strategies that are aimed at prevention, rather than recovery, in the spiritual battle for the virtue of chastity.... I heartily recommend this book for your family's happiness and the joyful embracing of life and dignity offered to us by Jesus Christ." — ARCHBISHOP JOSEPH F. NAUMANN, ARCHDIOCESE OF KANSAS CITY, KANSAS "The Roman Empire was a pornographic society - with all the misery that implies - but our own society is far worse. History shows that this problem can be overcome in only one way: the way of the Christian family. Dan Spencer shows us, in practical terms, what that means for us as parents. Reading this book is not just a good idea. It's a duty." — MIKE AQUILINA, EWTN HOST AND AUTHOR OF SEVEN REVOLUTIONS: HOW CHRISTIANITY CHANGED THE WORLD AND CAN CHANGE IT AGAIN

**Always Turned On Gentle Path Press** Technology has significantly changed our world. Sexual imagery and encounters can now be accessed anywhere, anytime, using portable electronic devices. Users can generate a stream of graphic pornography, a wide variety of virtual sexual activities, and casual, anonymous, or paid-for sexual encounters with a click or a tap. We now have greater access to highly stimulating sexual content and potential sexual partners with much less built-in accountability. Porn addicts are especially vulnerable to the lure of digital technology and the seemingly endless array of stimulation it provides. Research suggests that cyber-porn addicts spend at least eleven or twelve hours per week online viewing porn. Today, all forms of sex addiction are technology driven—from porn websites to webcams to casual sex hook-up apps via smartphones. Sex addicts organize their lives around the pursuit of sexual activity with self or others, spending inordinate amounts of time viewing and masturbating to porn or planning, pursuing, and engaging in sex acts. At the same time, they neglect important relationships, work, and personal responsibilities. Overwhelming feelings of guilt, shame, and remorse invade when the acting out ends. While it's complicated, recovery is possible. *Always Turned On* shows readers how to turn those temptations off while providing practical long-term solutions for recovery.

**The Sex Effect Baring Our Complicated Relationship with Sex Sourcebooks, Inc.** A gripping exploration of the relationship between sex and our society, with a foreword by bestselling author A.J. Jacobs Why do political leaders become entangled in so many sex scandals? How did the U.S. military inadvertently help make San Francisco a mecca of gay culture? And what was the original purpose of vibrators? Find out the answers to all these questions and more as journalist Ross Benes delves into the complicated relationship between everyday human life—including religion, politics, and technology—and our sexuality. Drawing on history, psychology, sociology, and more, *The Sex Effect* combines innovative research and analysis with captivating anecdotes to reveal just how much sex shapes our society—and what it means for us as humans as we continue to struggle with the wide-ranging effects our sexuality has on the world around us.

**How to Work with Sex Offenders A Handbook for Criminal Justice, Human Service, and Mental Health Professionals Routledge** *How to Work with Sex Offenders* is a cutting edge, state-of-the-art book that provides mental health professionals best practice techniques on how to clinically evaluate, interview, and treat this challenging patient population. Successful models of individual, family, and group models of psychotherapy are provided for the reader. In addition, this handbook walks the reader through the investigation, arrest, prosecution and court hearing process, from start to finish. Thoroughly revised, this new edition builds on additional research data and new information, adding advanced chapters on female offenders, Internet offenders, pornography, sexual addiction, rape and child and adolescent sexual misconduct. This is a must-read work for undergraduate and graduate students, law enforcement officers, prosecutors, judges, child protection service workers, therapists, and other professionals who work with sex offenders.

**Gender, Sexuality and Race in the Digital Age Springer Nature** This book provides a unique analysis of the intersection between gender, sexuality, race, and social media. While early scholarship identified the internet as being inherently egalitarian, this volume presents the internet as a "real" social place where inequalities matter and manifest in particular ways according to the architectures of particular platforms. This volume utilizes innovative methodologies to analyze how internet users both re-inscribe and resist inequalities of gender, sexuality, and race. It describes how the internet has ameliorated and bridged geographic and numerical limits on community formation, and this volume examines how the functioning of social inequalities differs on- and offline.

**Cybersex A Nightmare of the 21st Century-The Rebirth of Armageddon Strategic Book Publishing Rights Agency** *Cybersex: A Nightmare of the 21st Century - The Rebirth of Armageddon* seeks to address the physical, mental, psychological challenges, and social dynamics that teenagers, parents, and society are faced with every day, resulting from their daily encounter with the Internet and overindulgence in the world of cybersex. The cybersex phenomenon avails ample opportunity for young people to navigate their way through viral and social networking sites, and chat rooms without their parent's consent. This exposes them to peril, leaving them vulnerable, as well as providing a great hiding place for pedophiles and psychopathic sexual predators. The book is very educational and touches all spectrum of life. It provides strategic guidelines drawn from real-life scenarios. It will also provide tips and red flags to protect young people from unknown sexual predators pervading the Internet. Now is the time to curb this menace jeopardizing the future of our children and the well-being of our society, and make the world a much better place.