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## Download Ebook Perspectives Psychological And Philosophical Empathy

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#### EMPATHY

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#### PHILOSOPHICAL AND PSYCHOLOGICAL PERSPECTIVES

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*Oxford University Press* Empathy has for a long time, at least since the eighteenth century, been seen as centrally important in relation to our capacity to gain a grasp of the content of other people's minds, and predict and explain what they will think, feel, and do; and in relation to our capacity to respond to others ethically. In addition, empathy is seen as having a central role in aesthetics, in the understanding of our engagement with works of art and with fictional characters. A fuller understanding of empathy is now offered by the interaction of research in science and the humanities. *Empathy: Philosophical and Psychological Perspectives* draws together nineteen original chapters by leading researchers across several disciplines, together with an extensive Introduction by the editors. The individual chapters reveal how important it is, in a wide range of fields of enquiry, to bring to bear an understanding of the role of empathy in its various guises. This volume offers the ideal starting-point for the exploration of this intriguing aspect of human life.

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#### EMPATHY

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#### PHILOSOPHICAL AND PSYCHOLOGICAL PERSPECTIVES

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*Oxford University Press* Examines the importance of empathy in a wide range of disciplines including ethics, aesthetics, and psychology.

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#### PHILOSOPHICAL PERSPECTIVES ON EMPATHY

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#### THEORETICAL APPROACHES AND EMERGING CHALLENGES

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*Routledge* Empathy—our capacity to cognitively or affectively connect with other people's thoughts and feelings—is a concept whose definition and meaning varies widely within philosophy and other disciplines. *Philosophical Perspectives on Empathy* advances research on the nature and function of empathy by exploring and challenging different theoretical approaches to this phenomenon. The first section of the book explores empathy as a historiographical method, presenting a number of rich and interesting arguments that have influenced the debate from the Nineteenth Century to the present day. The next group of essays broadly accepts the centrality of perspective-taking in empathy. Here the authors attempt to refine and improve this particular conception of empathy by clarifying the intentionality of the perspective taker's emotion, the perspective taker's meta-cognitive capacities, and the nature of central imagining itself. Finally, the concluding section argues for the re-evaluation, or even rejection, of empathy. These essays advance alternative theories that are relevant to current debates, such as narrative engagement and competence, attunement or the sharing of mental states, and the "second-person" model of empathy. This book features a wide range of perspectives on empathy written by experts across several different areas of philosophy. It will be of interest to researchers and upper-level students working on the philosophy of emotions across ethics, philosophy of mind, philosophy of psychology, and the history of philosophy.

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#### EMPATHY AND MORALITY

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*Oxford University Press, USA* Empathy's centrality to morality is heavily debated. Many religious and philosophical traditions have favoured empathy, sympathy, or compassion as key to moral thought, conduct, or motivation. This collection brings together original papers in philosophy, psychology, psychiatry, anthropology, and neuroscience to give a comprehensive overview of the issue, and includes an extensive survey of empathy and empathy-related emotions. It is distinctive in focusing on the moral import of empathy and sympathy.

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#### THE ROUTLEDGE HANDBOOK OF PHILOSOPHY OF EMPATHY

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*Routledge* Empathy plays a central role in the history and contemporary study of ethics, interpersonal understanding, and the emotions, yet until now has been relatively underexplored. The *Routledge Handbook of Philosophy of Empathy* is an outstanding reference source to the key topics, problems and debates in this exciting field and is the first collection of its kind. Comprising over thirty chapters by a team of international contributors, the Handbook is divided into six parts: Core issues History of empathy Empathy and understanding Empathy and morals Empathy in art and aesthetics Empathy and individual differences. Within these sections central topics and problems are examined, including: empathy and imagination; neuroscience; David Hume and Adam Smith; understanding; evolution; altruism; moral responsibility; art, aesthetics, and literature; gender; empathy and related disciplines such as anthropology. Essential reading for students and researchers in philosophy, particularly ethics and philosophy of mind and psychology, the Handbook will also be of interest to those in related fields, such as anthropology and social psychology.

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#### EMPATHY

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#### A HISTORY

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*Yale University Press* A surprising, sweeping, and deeply researched history of empathy—from late-nineteenth-century German aesthetics to mirror neurons†: *Empathy: A History* tells the fascinating and largely unknown story of the first appearance of “empathy” in 1908 and tracks its shifting meanings over the following century. Despite empathy's ubiquity today, few realize that it began as a translation of *Einfühlung* or “in-feeling” in German psychological aesthetics that described how spectators projected their own feelings and movements into objects of art and nature. Remarkably, this early conception of empathy transformed into its opposite over the ensuing decades. Social scientists and clinical psychologists refashioned empathy to require the deliberate putting aside of one's feelings to more accurately understand another's. By the end of World War II, interpersonal empathy entered the mainstream, appearing in advice columns, popular radio and TV, and later in public forums on civil rights. Even as neuroscientists continue to map the brain correlates of empathy, its many dimensions still elude strict scientific description. This meticulously researched book uncovers empathy's historical layers, offering a rich portrait of the tension between the reach of one's own imagination and the realities of others' experiences.

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#### UNDERSTANDING OTHER MINDS

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#### PERSPECTIVES FROM DEVELOPMENTAL SOCIAL NEUROSCIENCE

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*OUP Oxford* This book comprises 26 exciting chapters by internationally renowned scholars, addressing the central psychological process separating humans from other animals: the ability to imagine the thoughts and feelings of others, and to reflect on the contents of our own minds a theory of mind (ToM). The four sections of the book cover developmental, cultural, and neurobiological approaches to ToM across different populations and species. The chapters explore the earliest stages of development of ToM in infancy, and how plastic ToM learning is; why 3-year-olds typically fail false belief tasks and how ToM continues to develop beyond childhood into adulthood; the debate between simulation theory and theory theory; cross-cultural perspectives on ToM and how ToM develops differently in deaf children; how we use our ToM when we make moral judgments, and the link between emotional intelligence and ToM; the neural basis of ToM measured by evoked response potentials, functional magnetic resonance imaging, and studies of brain damage; emotional vs. cognitive empathy in neuropsychiatric conditions such as autism, schizophrenia, and psychopathy; the concept of self in autism and teaching methods targeting ToM deficits; the relationship between empathy, the pain matrix and the mirror neuron system; the role of oxytocin and fetal testosterone in mentalizing and empathy; the heritability of empathy and candidate single nucleotide polymorphisms associated with empathy; and ToM in non-human primates. These 26 chapters represent a masterly overview of a field that has deepened since the first edition was published in 1993.

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#### AGAINST EMPATHY

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#### THE CASE FOR RATIONAL COMPASSION

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*HarperCollins* *New York Post* Best Book of 2016 We often think of our capacity to experience the suffering of others as the ultimate source of goodness. Many of our wisest policy-makers, activists, scientists, and philosophers agree that the only problem with empathy is that we don't have enough of it. Nothing could be farther from the truth, argues Yale researcher Paul Bloom. In *AGAINST EMPATHY*, Bloom reveals empathy to be one of the leading motivators of inequality and immorality in society. Far from helping us to improve the lives of others, empathy is a capricious and irrational emotion that appeals to our narrow prejudices. It muddles our judgment and, ironically, often leads to cruelty. We are at our best when we are smart enough not to rely on it, but to draw instead upon a more distanced compassion. Basing his argument on groundbreaking scientific findings, Bloom makes the case that some of the worst decisions made by individuals and nations—who to give money to, when to go to war, how to respond to climate change, and who to imprison—are too often motivated by honest, yet misplaced, emotions. With precision and wit, he demonstrates how empathy distorts our judgment in every aspect of our lives, from philanthropy and charity to the justice system; from medical care and education to parenting and marriage. Without empathy, Bloom insists, our decisions would be clearer, fairer, and—yes—ultimately more moral. Brilliantly argued, urgent and humane, *AGAINST EMPATHY* shows us that, when it comes to both major policy decisions and the choices we make in

our everyday lives, limiting our impulse toward empathy is often the most compassionate choice we can make.

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## EMPATHY

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### EPISTEMIC PROBLEMS AND CULTURAL-HISTORICAL PERSPECTIVES OF A CROSS-DISCIPLINARY CONCEPT

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*Springer* This book digs into the complex archaeology of empathy illuminating controversies, epistemic problems and unanswered questions encapsulated within its cross-disciplinary history. The authors ask how a neutral innate capacity to directly understand the actions and feelings of others becomes charged with emotion and moral values associated with altruism or caregiving. They explore how the discovery of the mirror neuron system and its interpretation as the neurobiological basis of empathy has stimulated such an enormous body of research and how in a number of these studies, the moral values and social attitudes underlying empathy in human perception and action are conceptualized as universal traits. It is argued that in the humanities the historical, cultural and scientific genealogies of empathy and its forerunners, such as *Einfühlung*, have been shown to depend on historical preconditions, cultural procedures, and symbolic systems of production. The multiple semantics of empathy and related concepts are discussed in the context of their cultural and historical foundations, raising questions about these cross-disciplinary constellations. This volume will be of interest to scholars of psychology, art history, cultural research, history of science, literary studies, neuroscience, philosophy and psychoanalysis.

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## SELF AND OTHER

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### EXPLORING SUBJECTIVITY, EMPATHY, AND SHAME

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*OUP Oxford* Can you be a self on your own or only together with others? Is selfhood a built-in feature of experience or rather socially constructed? How do we at all come to understand others? Does empathy amount to and allow for a distinct experiential acquaintance with others, and if so, what does that tell us about the nature of selfhood and social cognition? Does a strong emphasis on the first-personal character of consciousness prohibit a satisfactory account of intersubjectivity or is the former rather a necessary requirement for the latter? Engaging with debates and findings in classical phenomenology, in philosophy of mind and in various empirical disciplines, Dan Zahavi's new book *Self and Other* offers answers to these questions. Discussing such diverse topics as self-consciousness, phenomenal externalism, mindless coping, mirror self-recognition, autism, theory of mind, embodied simulation, joint attention, shame, time-consciousness, embodiment, narrativity, self-disorders, expressivity and Buddhist no-self accounts, Zahavi argues that any theory of consciousness that wishes to take the subjective dimension of our experiential life serious must endorse a minimalist notion of self. At the same time, however, he also contends that an adequate account of the self has to recognize its multifaceted character, and that various complementary accounts must be integrated, if we are to do justice to its complexity. Thus, while arguing that the most fundamental level of selfhood is not socially constructed and not constitutively dependent upon others, Zahavi also acknowledges that there are dimensions of the self and types of self-experience that are other-mediated. The final part of the book exemplifies this claim through a close analysis of shame.

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## EMPATHY

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### FROM BENCH TO BEDSIDE

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*MIT Press* Recent work on empathy theory, research, and applications, by scholars from disciplines ranging from neuroscience to psychoanalysis. There are many reasons for scholars to investigate empathy. Empathy plays a crucial role in human social interaction at all stages of life; it is thought to help motivate positive social behavior, inhibit aggression, and provide the affective and motivational bases for moral development; it is a necessary component of psychotherapy and patient-physician interactions. This volume covers a wide range of topics in empathy theory, research, and applications, helping to integrate perspectives as varied as anthropology and neuroscience. The contributors discuss the evolution of empathy within the mammalian brain and the development of empathy in infants and children; the relationships among empathy, social behavior, compassion, and altruism; the neural underpinnings of empathy; cognitive versus emotional empathy in clinical practice; and the cost of empathy. Taken together, the contributions significantly broaden the interdisciplinary scope of empathy studies, reporting on current knowledge of the evolutionary, social, developmental, cognitive, and neurobiological aspects of empathy and linking this capacity to human communication, including in clinical practice and medical education.

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## THE ROUTLEDGE HANDBOOK OF PHILOSOPHY OF EMPATHY

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*Taylor & Francis* Empathy plays a central role in the history and contemporary study of ethics, interpersonal understanding, and the emotions, yet until now has been relatively underexplored. The *Routledge Handbook of Philosophy of Empathy* is an outstanding reference source to the key topics, problems and debates in this exciting field and is the first collection of its kind. Comprising over thirty chapters by a team of international contributors, the Handbook is divided into six parts: Core issues History of empathy Empathy and understanding Empathy and morals Empathy in art and aesthetics Empathy and individual differences. Within these sections central topics and problems are examined, including: empathy and imagination; neuroscience; David Hume and Adam Smith; understanding; evolution; altruism; moral responsibility; art, aesthetics, and literature; gender; empathy and related disciplines such as anthropology. Essential reading for students and researchers in philosophy, particularly ethics and philosophy of mind and psychology, the Handbook will also be of interest to those in related fields, such as anthropology and social psychology.

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## SYMPATHY

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### A HISTORY

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*OUP Us* Our modern-day word for sympathy is derived from the classical Greek word for fellow-feeling. Both in the vernacular as well as in the various specialist literatures within philosophy, psychology, neuroscience, economics, and history, "sympathy" and "empathy" are routinely conflated. In practice, they are also used to refer to a large variety of complex, all-too-familiar social phenomena: for example, simultaneous yawning or the giggles. Moreover, sympathy is invoked to address problems associated with social dislocation and political conflict. It is, then, turned into a vehicle toward generating harmony among otherwise isolated individuals and a way for them to fit into a larger whole, be it society and the universe. This volume offers a historical overview of some of the most significant attempts to come to grips with sympathy in Western thought from Plato to experimental economics. The contributors are leading scholars in philosophy, classics, history, economics, comparative literature, and political science. Sympathy is originally developed in Stoic thought. It was also taken up by Plotinus and Galen. There are original contributed chapters on each of these historical moments. Use for the concept was re-discovered in the Renaissance. And the volume has original chapters not just on medical and philosophical Renaissance interest in sympathy, but also on the role of antipathy in Shakespeare and the significance of sympathy in music theory. Inspired by the influence of Spinoza, sympathy plays a central role in the great moral psychologies of, say, Anne Conway, Leibniz, Hume, Adam Smith, and Sophie De Grouchy during the eighteenth century. The volume should offer an introduction to key background concept that is often overlooked in many of the most important philosophies of the early modern period. About a century ago the idea of *Einfühlung* (or empathy) was developed in theoretical philosophy, then applied in practical philosophy and the newly emerging scientific disciplines of psychology. Moreover, recent economists have rediscovered sympathy in part experimentally and, in part by careful re-reading of the classics of the field.

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## FROM ENLIGHTENMENT TO RECEPTIVITY

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### RETHINKING OUR VALUES

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*Oxford University Press* This new book by Michael Slote argues that Western philosophy on the whole has overemphasized rational control and autonomy at the expense of the important countervailing value and virtue of receptivity. Recently the ideas of caring and empathy have received a great deal of philosophical and public attention, but both these notions rest on the deeper and broader value of receptivity, and in *From Enlightenment to Receptivity*, Slote seeks to show that we need to focus more on receptivity if we are to attain a more balanced sense and understanding of what is important to us. Beginning with a critique of Enlightenment thinking that calls into question its denial of any central role to considerations of emotion and empathy, he goes on to show how a greater emphasis on these factors and on the receptivity that underlies them can give us a more realistic, balanced, and sensitive understanding of our core ethical and epistemological values. This means rejecting post-modernism's blanket rejection of reason and of compelling real values and recognizing, rather, that receptivity should play a major role in how we lead our lives as individuals, in how we relate to nature, in how we acquire knowledge about the world, and in how we relate morally and politically with others.

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## THE SOCIAL NEUROSCIENCE OF EMPATHY

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*MIT Press* Cross-disciplinary, cutting-edge work on human empathy from the perspectives of social, cognitive, developmental and clinical psychology and cognitive/affective neuroscience. In recent decades, empathy research has blossomed into a vibrant and multidisciplinary field of study. The social neuroscience approach to the subject is premised on the idea that studying empathy at multiple levels (biological, cognitive, and social) will lead to a more comprehensive understanding of how other people's thoughts and feelings can affect our own thoughts, feelings, and behavior. In these cutting-edge contributions, leading advocates of the multilevel approach view empathy from the perspectives of social, cognitive, developmental and clinical psychology and cognitive/affective neuroscience. Chapters include a critical examination of the various definitions of the empathy construct; surveys of major research traditions based on these differing views (including empathy as emotional contagion, as the projection of one's own thoughts and feelings, and as a fundamental aspect of social development); clinical and applied perspectives, including psychotherapy and the study of empathy for other people's pain; various neuroscience perspectives; and discussions of empathy's evolutionary and neuroanatomical histories, with a special focus on neuroanatomical continuities and differences across the phylogenetic spectrum. The new discipline of social neuroscience bridges disciplines and levels of analysis. In this volume, the contributors' state-of-the-art investigations of empathy from a social neuroscience perspective vividly illustrate the potential benefits of such cross-disciplinary integration. Contributors C. Daniel Batson, James Blair, Karina Blair, Jerold D. Bozarth, Anne Buysse, Susan F. Butler, Michael Carlin, C. Sue Carter, Kenneth D. Craig, Mirella Dapretto, Jean Decety, Mathias Dekeyser, Ap Dijksterhuis, Robert Elliott, Natalie D. Eggum, Nancy Eisenberg, Norma Deitch Feshbach, Seymour Feshbach, Liesbet Goubert, Leslie S. Greenberg, Elaine Hatfield, James Harris, William Ickes, Claus Lamm, Yen-Chi Le,

Mia Leijssen, Abigail Marsh, Raymond S. Nickerson, Jennifer H. Pfeifer, Stephen W. Porges, Richard L. Rapson, Simone G. Shamay-Tsoory, Rick B. van Baaren, Matthijs L. van Leeuwen, Andries van der Leij, Jeanne C. Watson

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### POLITICAL PHILOSOPHY, EMPATHY AND POLITICAL JUSTICE

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*Routledge* In this work, Matt Edge offers an innovative approach to political philosophy. He invites the reader to consider the question of political justice from an empathic perspective - if you were asked to construct a theory of justice acceptable to members of a community you were not yourself a part of, how would you succeed in making your proposal acceptable? What tools would you rely on to construct such a theory, and why? Equally, what would make anyone qualified to write such a theory? Using empathy, this remarkable, natural, tool human beings possess for making moral and ethical decisions, and, thereby, placing yourself as someone on the receiving end of the very theory of justice you yourself are constructing, what would you come up with? What set of alterable human structures and systems would you deem acceptable, were you to find yourself in the position of a citizen living under such structures? Political Philosophy, Empathy and Political Justice offers a unique and compelling account of the type of free system required to pass an empathic examination at the heart of these, and related, questions, matters which define all human eras, in the constant search for political and social justice on our diverse planet.

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### EMPATHY AND FAIRNESS

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*John Wiley & Sons* Empathy is the process that allows us to share the feelings and emotions of others, in the absence of any direct emotional stimulation to the self. Humans can feel empathy for other people in a wide array of contexts: for basic emotions and sensation such as anger, fear, sadness, joy, pain and lust as well as for more complex emotions such as guilt, embarrassment and love. It has been proposed that, for most people, empathy is the process that prevents us doing harm to others. Although empathy seems to be an automatic response of the brain to others' emotional reactions, there are circumstances under which we do not share the same feeling as others. Imagine, for example, that someone who does the same job as you is paid twice as much. In this case, that person might be very satisfied with their extra salary, but you would not share this satisfaction. This case illustrates the ubiquitous feeling of fairness and justice. Our sense of fairness has also become the focus of modern economic theories. In contrast to the prominent self-interest hypothesis of classic economy assuming that all people are exclusively motivated by their self-interest, humans are also strongly motivated by other-regarding preferences such as the concern for fairness and reciprocity. The notion of fairness is not only crucial in personal interaction with others in the context of families, workplace or interactions with strangers, but also guides people's behaviour in impersonal economic and political domains. This book brings together work from a wide range of disciplines to explain processes underlying empathy and fairness. The expert contributors approach the topic of empathy and fairness from different viewpoints, namely those of social cognitive neuroscience, developmental psychology, evolutionary anthropology, economics and neuropathology. The result is an interdisciplinary and unitary framework focused on the neuronal, developmental, evolutionary and psychological basis of empathy and fairness. With its extensive discussions and the high calibre of the participants, this important new book is essential reading for anyone with an interest in this topic.

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### HUME'S MORAL PHILOSOPHY AND CONTEMPORARY PSYCHOLOGY

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*Routledge* Recent work at the intersection of moral philosophy and the philosophy of psychology has dealt mostly with Aristotelian virtue ethics. The dearth of scholarship that engages with Hume's moral philosophy, however, is both noticeable and peculiar. Hume's Moral Philosophy and Contemporary Psychology demonstrates how Hume's moral philosophy comports with recent work from the empirical sciences and moral psychology. It shows how contemporary work in virtue ethics has much stronger similarities to the metaphysically thin conception of human nature that Hume developed, rather than the metaphysically thick conception of human nature that Aristotle espoused. It also reveals how contemporary work in moral motivation and moral epistemology has strong affinities with themes in Hume's sympathetic sentimentalism.

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### MUSIC AND EMPATHY

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*Taylor & Francis* In recent years, empathy has received considerable research attention as a means of understanding a range of psychological phenomena, and it is fast drawing attention within the fields of music psychology and music education. This volume seeks to promote and stimulate further research in music and empathy, with contributions from many of the leading scholars in the fields of music psychology, neuroscience, music philosophy and education. It exposes current developmental, cognitive, social and philosophical perspectives on research in music and empathy, and considers the notion in relation to our engagement with different types of music and media. Following a Prologue, the volume presents twelve chapters organised into two main areas of enquiry. The first section, entitled 'Empathy and Musical Engagement', explores empathy in music education and therapy settings, and provides social, cognitive and philosophical perspectives about empathy in relation to our interaction with music. The second section, entitled 'Empathy in Performing Together', provides insights into the role of empathy across non-Western, classical, jazz and popular performance domains. This book will be of interest to music educators, musicologists, performers and practitioners, as well as scholars from other disciplines with an interest in empathy research.

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### THE PHILOSOPHY AND PSYCHOLOGY OF CHARACTER AND HAPPINESS

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*Routledge* Since ancient times, character, virtue, and happiness have been central to thinking about how to live well. Yet until recently, philosophers have thought about these topics in an empirical vacuum. Taking up the general challenge of situationism - that philosophers should pay attention to empirical psychology - this interdisciplinary volume presents new essays from empirically informed perspectives by philosophers and psychologists on western as well as eastern conceptions of character, virtue, and happiness, and related issues such as personality, emotion and cognition, attitudes and automaticity. Researchers at the top of their fields offer exciting work that expands the horizons of empirically informed research on topics central to virtue ethics.

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### PSYCHOLOGY AND NEUROBIOLOGY OF EMPATHY

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*Nova Science Publishers* The scientific study of empathy has exploded in the past decade. Practically all of the relevant sciences -- from various neuroscientific, psychological and sociological perspectives -- are now vigorously participating in the emerging conversations about the nature of this essential, pro-social process. Empathy is also emerging as a critical topic in medical education and practice, in terms of its essential relevance for not only the patient - physician relationship and bed-side practice, but also for diverse psychiatric problems and syndromes that demonstrate a fundamental disordering of empathy, particularly conduct disorder/sociopathy and autistic spectrum disorders. Consistent with these multidisciplinary trends and interests, this volume reflects contributions from many disciplines and summarizes the impact of diverse empathy studies. It also discusses the perspectives of individuals participating in the scientific discussion and scholarship about this critical frontier topic. Contributions in the present volume range from detailed neuroscientific reviews of empathy concepts and processes, to a diversity of evolutionary and developmental perspectives looking at empathy in both phylogeny and ontogeny. Likewise, an examination of how helping and medical disciplines are impacted by such issues are included -- a wide ranging and comprehensive list of topics that are typically not covered elsewhere in a single volume. In summary, this book covers diverse but related approaches to understanding empathy from evolutionary, developmental, sociological and clinical viewpoints across the life cycle. Various contributors from around the world merge scientific and practical viewpoints in depth to provide readers a comprehensive picture of this emerging field, ranging from basic scientific knowledge to practical medical perspectives. This book should be a valuable resource to those interested in the diverse facets of empathy, from advanced students in psychology and related fields, to educators, to various medical and healthcare professionals. It may appeal to anyone interested not only in scientific studies of empathy, but also those curious about how a deeper understanding of empathy might inform and illuminate problems related to our daily human social interactions and their vicissitudes.

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### EMPATHY IN PSYCHOTHERAPY

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#### HOW THERAPISTS AND CLIENTS UNDERSTAND EACH OTHER

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*Springer Publishing Company* "In *Empathy in Psychotherapy: How Therapists and Clients Understand Each Other*, Frank-M. Staemmler brings together neuropsychology, the psychotherapy literature, the developmental psychology literature, and philosophical literature...to rigorously and thoroughly present a new view of the nature of empathy that makes it clear how the relationship can be healing. The book is an impressive effort of scholarship in which Staemmler has thoroughly grounded his ideas in the literatures that he brings to bear." --*PsycCRITIQUES* "Staemmler's new book on empathy, *Empathy in Psychotherapy: How Therapists and Clients Understand Each Other*, is a tour de force. Rarely have I read a book--surely not in psychoanalysis or psychotherapy--so scholarly and so accessible, so theoretically challenging and so humanistically rich." --*International Journal of Psychoanalytic Self Psychology* "People intuitively know that we travel the byways of life jointly. Dr. Staemmler takes this common sense perspective and through professionally astute examination transforms it into a dependable guideline for living. His de-mystification and humanization of the elusive dynamics of communal existence returns the reader to the old adage that we are all in the same boat and, further, that it is emotionally imperative to let ourselves be there." Erving Polster, PhD Director, The Gestalt Institute of San Diego According to large scale studies on therapeutic outcomes, psychotherapists' ability to understand their clients has been considered the second most important healing factor in all therapies. The author of this scholarly volume seeks to improve our understanding of the immense therapeutic potential that the human capacity for empathy holds, and to improve our use of it in therapeutic practice. Drawing from the work of great thinkers in philosophy, literature, theology, psychology, and social sciences, and recent discoveries in neuroscience, the author provides a critique of traditional concepts of empathy and creates a new, more expansive definition. More specifically, the author exposes the basic characteristics of current individualistic ideologies that are concealed within traditional concepts of empathy and focuses on the concept that empathic relating between human beings does not just take place in the psyche but is an embodied process. The book also considers scientific phenomena from the field of parapsychology such as telepathy and clairvoyance, which can be thought of as special cases of empathy. The potential for certain types of meditation to increase our empathic abilities is also explored. Key Features: Improves our understanding of the potential for empathy to greatly enhance therapeutic practice Draws from philosophy, literature, theology, psychology, social sciences, and neuroscience to create a new definition of empathy Critiques traditional concepts of empathy and highlights their strengths and weaknesses

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### PSYCHOLOGY

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## SIX PERSPECTIVES

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*SAGE Publications* "Dodge Fernald writes an interesting, easy-to-read book for students. Each perspective covers the historical underpinnings of psychology, ending with current models and viewpoints as well as comments and critiques of the perspective. That's important and will help the next generation of scholars in psychology to appreciate alternative views. Nice book!" Joseph R. Ferrari, Ph.D, Vincent de Paul Distinguished Professor, DePaul University Addressing six perspectives, this textbook offers the framework for a conceptual understanding of modern psychology. Psychology: Six Perspectives shows students a measure of unity and continuity within this fragmented field by briefly and coherently discussing six primary perspectives that have arisen: biological, psychoanalytical, behavioral, humanistic, cognitive, and evolutionary. Author L. Dodge Fernald provides coherence by presenting these perspectives in successive historical order, offering students a broad, retrospective account of psychology. Key Features Portrays the fundamental dimensions of this multifaceted field: The similarities and differences among basic concepts, theories, research, and practice of each perspective are examined. Employs both a scientific mode of communication as well as a narrative thread: The real-life narrative of a lonely, stout-hearted social worker unfolds gently throughout the text, illustrating in turn each of the perspectives. Stimulates critical thinking and class discussion: Opportunities for critical evaluation and everyday application provide students with a context for extending their understanding of and investigation into psychology. Intended Audience This core textbook or supplementary text is designed for undergraduate courses in general psychology, ranging from special sections of introductory psychology to the capstone course or senior seminar, including the history and systems of psychology.

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## EMPATHY

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*John Wiley & Sons* How can we understand another person's feelings, thoughts, words or behaviour? Through empathy, it is hoped, we might use our imaginations to shift our perspective into another person's, thereby grasping their thoughts and emotions. In this insightful new book, Derek Matravers negotiates the evolution of this fascinating concept. He explores the roots of the term in the work of David Hume and Adam Smith, its re-emergence in a new form in nineteenth-century German philosophy, and its resurgence as something different again in contemporary Anglo-American philosophy. In doing so, he explores the important role empathy, in all its forms, has played in the study of the mind, the emotions and aesthetics, and in ethics. Empathy is an ideal introduction to one of the most absorbing contemporary philosophical debates.

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## THE DARK SIDES OF EMPATHY

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*Cornell University Press* Many consider empathy to be the basis of moral action. However, the ability to empathize with others is also a prerequisite for deliberate acts of humiliation and cruelty. In *The Dark Sides of Empathy*, Fritz Breithaupt contends that people often commit atrocities not out of a failure of empathy but rather as a direct consequence of over-identification and a desire to increase empathy. Even well-meaning compassion can have many unintended consequences, such as intensifying conflicts or exploiting others. Empathy plays a central part in a variety of highly problematic behaviors. From mere callousness to terrorism, exploitation to sadism, and emotional vampirism to stalking, empathy all too often motivates and promotes malicious acts. After tracing the development of empathy as an idea in German philosophy, Breithaupt looks at a wide-ranging series of case studies—from Stockholm syndrome to Angela Merkel's refugee policy and from novels of the romantic era to helicopter parents and murderous cheerleader moms—to uncover how narcissism, sadism, and dangerous celebrity obsessions alike find their roots in the quality that, arguably, most makes us human.

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## EMPATHY

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Empathy is one of the most talked about and widely studied concepts of recent years. Some argue it can help create a more just society, improve medical care and even avert global catastrophe. Others object that it is morally problematic. Who is right? And what is empathy anyway? Is it a way of feeling with others, or is it simply feeling sorry for them? Is it a form of knowledge? What is its evolutionary origin? In this thorough and clearly-written introduction to the philosophy of empathy Heidi Maibom explores these questions and more, examining the following topics: The nature of empathy and key themes in the literature Empathy as a way of understanding others, particularly 'simulation theory' and 'perspective-taking' Empathy, emotional contagion, and sympathy Empathy's role in moral understanding or motivation Empathy and art appreciation, with examples from film, music and fiction Empathy and mental disorder, such as psychopathy and autism. Including chapter summaries, annotated further reading and a glossary, *Empathy* is an excellent resource for students of philosophy of mind and psychology, psychology, and cognitive science, as well as for those in related subjects such as art, literature and politics.

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## EMPATHY, SOCIALITY, AND PERSONHOOD

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## ESSAYS ON EDITH STEIN'S PHENOMENOLOGICAL INVESTIGATIONS

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*Springer* This book explores the phenomenological investigations of Edith Stein by critically contextualising her role within the phenomenological movement and assessing her accounts of empathy, sociality, and personhood. Despite the growing interest that surrounds contemporary research on empathy, Edith Stein's phenomenological investigations have been largely neglected due to a historical tradition that tends to consider her either as Husserl's assistant or as a martyr. However, in her phenomenological research, Edith Stein pursued critically the relation between phenomenology and psychology, focusing on the relation between affectivity, subjectivity, and personhood. Alongside phenomenologists like Max Scheler, Kurt Stavenhagen, and Hedwig Conrad-Martius, Stein developed Husserl's method, incorporating several original modifications that are relevant for philosophy, phenomenology, and ethics. Drawing on recent debates on empathy, emotions, and collective intentionality as well as on original inquiries and interpretations, the collection articulates and develops new perspectives regarding Edith Stein's phenomenology. The volume includes an appraisal of Stein's philosophical relation to Edmund Husserl and Max Scheler, and develops further the concepts of empathy, sociality, and personhood. These essays demonstrate the significance of Stein's phenomenology for contemporary research on intentionality, emotions, and ethics. Gathering together contributions from young researchers and leading scholars in the fields of phenomenology, social ontology, and history of philosophy, this collection provides original views and critical discussions that will be of interest also for social philosophers and moral psychologists.

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## THE ROUTLEDGE HANDBOOK OF PHILOSOPHY OF IMAGINATION

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*Routledge* Imagination occupies a central place in philosophy, going back to Aristotle. However, following a period of relative neglect there has been an explosion of interest in imagination in the past two decades as philosophers examine the role of imagination in debates about the mind and cognition, aesthetics and ethics, as well as epistemology, science and mathematics. This outstanding Handbook contains over thirty specially commissioned chapters by leading philosophers organised into six clear sections examining the most important aspects of the philosophy of imagination, including: Imagination in historical context: Aristotle, Descartes, Hume, Kant, Husserl, and Sartre What is imagination? The relation between imagination and mental imagery; imagination contrasted with perception, memory, and dreaming Imagination in aesthetics: imagination and our engagement with music, art, and fiction; the problems of fictional emotions and 'imaginative resistance' Imagination in philosophy of mind and cognitive science: imagination and creativity, the self, action, child development, and animal cognition Imagination in ethics and political philosophy, including the concept of 'moral imagination' and empathy Imagination in epistemology and philosophy of science, including learning, thought experiments, scientific modelling, and mathematics. The *Routledge Handbook of Philosophy of Imagination* is essential reading for students and researchers in philosophy of mind and psychology, aesthetics, and ethics. It will also be a valuable resource for those in related disciplines such as psychology and art.

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## THE ROUTLEDGE COMPANION TO PHILOSOPHY OF LITERATURE

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*Routledge* The *Routledge Companion to Philosophy of Literature* is an in-depth examination of literature through a philosophical lens, written by distinguished figures across the major divisions of philosophy. Its 40 newly-commissioned essays are divided into six sections: historical foundations what is literature? aesthetics & appreciation meaning & interpretation metaphysics & epistemology ethics & political theory The Companion opens with a comprehensive historical overview of the philosophy of literature, including chapters on the study's ancient origins up to the 18th-20th centuries. The second part defines literature and its different categories. The third part covers the aesthetics of literature. The fourth and fifth sections discuss the meaning and consequences of philosophical interpretation of literature, as well as epistemological and metaphysical issues such as literary cognitivism and imaginative resistance. The sixth section contextualizes the place of philosophy of literature in the "real world" with essays on topics such as morality, politics, race and gender. Fully indexed, with helpful further reading sections at the end of each chapter, this Companion is an ideal starting point for those coming to philosophy of literature for the first time as well as a valuable reference for readers more familiar with the subject.

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## EMPATHY: EMOTIONAL, ETHICAL AND EPISTEMOLOGICAL NARRATIVES

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*BRILL* Empathy is sometimes a surprisingly evasive emotion. It is in appearance the emotion responsible for stitching together a shared experience with our common fellow. This volume looks for the common ground between the results of Digital Media ideas on the subject, fields like Nursing or Health and Social Care, Psychiatry, Psychology, and Philosophy, and finally even in Education, Literature and Dramatic Performance.

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## RE-VISIONING PSYCHIATRY

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## CULTURAL PHENOMENOLOGY, CRITICAL NEUROSCIENCE, AND GLOBAL MENTAL HEALTH

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*Cambridge University Press* *Revisoning Psychiatry* brings together new perspectives on the causes and treatment of mental health problems. The contributors emphasize the importance of understanding experience and explore how the brain, the person, and the social world interact to give rise to mental health problems as well as resilience and recovery.

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## THE MORAL PSYCHOLOGY OF COMPASSION

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*Rowman & Littlefield* Compassion is widely regarded as an important moral emotion - a fitting response to various cases of suffering and misfortune. Yet contemporary theorists have rarely given it sustained attention. This volume aims to fill this gap by offering answers to a number of questions surrounding this emotion.

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## DEVELOPING EMPATHY

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### A BIOPSYCHOSOCIAL APPROACH TO UNDERSTANDING COMPASSION FOR THERAPISTS AND PARENTS

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*Taylor & Francis* Empathy is valued across cultures, and has a profound impact on psychotherapy, our children, and our world. Why then are many human relationships not empathetic? This volume describes in detail the neurobiological, psychological, and social elements involved with empathy. Ideas are brought to life with case examples and reflective questions which help the reader learn ways to overcome empathetic barriers. The book shows how fear, anger, and anxiety all take away the power to feel for others, while also looking at the topic through a global lens. Developing Empathy is an easy-read book, backed by science, useful to the clinician, and to all readers interested in the topic.

### THE MORAL DIMENSIONS OF EMPATHY

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#### LIMITS AND APPLICATIONS IN ETHICAL THEORY AND PRACTICE

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*Springer* Does empathy help us to be moral? The author argues that empathy is often instrumental to meeting the demands of morality as defined by various ethical theories. This multi-faceted work links psychological research on empathy with ethical theory and contemporary trends in moral education.

### DAO COMPANION TO ZHU XI'S PHILOSOPHY

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*Springer Nature* Zhu Xi (1130-1200) has been commonly and justifiably recognized as the most influential philosopher of Neo-Confucianism, a revival of classical Confucianism in face of the challenges coming from Daoism and, more importantly, Buddhism. His place in the Confucian tradition is often and also very plausibly compared to that of Thomas Aquinas, slightly later, in the Christian tradition. This book presents the most comprehensive and updated study of this great philosopher. It situates Zhu Xi's philosophy in the historical context of not only Confucian philosophy but also Chinese philosophy as a whole. Topics covered within Zhu Xi's thought are metaphysics, epistemology, ethics, political philosophy, hermeneutics, philosophy of religion, moral psychology, and moral education. This text shows both how Zhu Xi responded to earlier thinkers and how his thoughts resonate in contemporary philosophy, particularly in the analytic tradition. This companion will appeal to students, researchers and educators in the field.

### THE VALUE OF EMPATHY

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*Routledge* The Value of Empathy explores various approaches to understanding empathy and investigates its moral and practical role. The central role of empathy in understanding others, and the need for it in our social and inter-personal encounters, is widely acknowledged by philosophers, social scientists and psychologists alike. Discussions of empathy abound, not only in more specialised academic publications, but also in traditional and social media. Yet neither a clear understanding, nor a uniform definition of this relatively new term is available. Indeed, one difficulty in discussing empathy, in philosophy and beyond, is the profusion of definitions; the difficulty is compounded by a lack of clarity in the distinction between empathy and cognate concepts such as sympathy and compassion. This book has two aims: Chapters 1-5 seek to address the dual concerns of the lack of clarity and profusion of interpretations by suggesting new ways of approaching the topic. The second aim of the book is to connect the more abstract discussions of empathy with its normative functions. Chapters 6-8 engage with the theoretical concerns relevant to the ethics of empathy and raise interesting points about its significance in ethical thought and action. The final four chapters focus on the practical normative significance of empathy by examining the connections between empathy, vulnerability and care in circumstances of ill health. The chapters in this book were originally published in the International Journal of Philosophical Studies.

### FORMS OF FELLOW FEELING

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*Cambridge University Press* An interdisciplinary approach to the foundations of moral agency, focusing on different forms and roles of fellow feeling.

### PRACTICING EMPATHY

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#### PRAGMATISM AND THE VALUE OF RELATIONS

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*Bloomsbury Publishing* There is widespread disagreement over what constitutes an experience of empathy. In this study of its value and moral features, Mark Fagiano acknowledges the ambiguity surrounding the term and offers a unified theory of empathy that includes rival definitions. His historical account of the multiple meanings of empathy lays the groundwork for a new philosophical theory. Based on relations, it resolves the problem of conflicting definitions of empathy by distinguishing between the three kinds of empathy: the relations of feeling into, feeling with, and feeling for, each of which has been defined historically as a type of empathy. Fagiano's unique focus on relations, on the modes and manner by which we are connected with things and with people, reveals a transactional account of empathy that can be applied to a variety of different contexts and social circumstances. Grounded in the philosophical tradition of American Pragmatism, Fagiano's approach demonstrates the practical benefits of adopting a broad and pluralistic understanding of empathy as both an idea and a practice. His pragmatic and contextualist philosophy of empathy provides a valuable starting point for answering some of the most pressing questions surrounding empathy today, including can empathy be developed? Is empathy moral? What is the difference between empathy and sympathy?

### THE EMPATHETIC SOLDIER

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*Routledge* This book shows the contribution that empathy can and should make to the proper conduct of war. US Army doctrine identifies empathy as an essential trait in soldiers; despite this endorsement of senior leaders, empathy's role in the military profession remains obscure. The notion of soldiers empathetically considering others, especially enemies, strikes many as counter to the nature of soldiering. Additionally, confusion caused by differing definitions of empathy often leads to its complete dismissal. This work clarifies the concept by considering recent philosophical, psychological, and neuroscientific research, and demonstrates the relevance of empathy to the tactical and strategic demands of war. Empathy amplifies soldiers' understanding of human actors in an operational environment, enables soldiers' critical and creative thinking, and improves their overall intentions, planning, and assessments of a war's progress. While empathy can make soldiers more susceptible to the psychic wound of moral injury, it also helps prevent and overcome this injury. Instead of dismissing it, soldiers should assimilate empathy into their moral frameworks. This book will be of much interest to students of the ethics of war, psychology, and military studies generally.

### CULTIVATING EMPATHY: INSPIRING HEALTH PROFESSIONALS TO COMMUNICATE MORE EFFECTIVELY (REVISED EDITION)

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*Bentham Science Publishers* Research demonstrates that even if empathy - the capacity to perceive or share emotions with other beings or objects - is not part of a person's communication skill set, it can be taught. Empathy can, therefore be viewed as an acquired communication skill. Cultivating and practicing the skill of empathy among health care providers enhances the quality of care experienced by their patients which, in turn, can even improve work satisfaction for health care providers. Many communication textbooks or manuals for care giving professions primarily focus on specific communication skills and techniques. Cultivating Empathy takes a different approach; the book sets empathy as the foundation of all therapeutic interactions and teaches the reader to learn the art of empathy by using constructive approaches and research findings from social sciences and neuroscience. Cultivating Empathy is perfect for any student or practicing health care professional who has felt that there was an absence of rapport when interacting with clients or patients and their families. Real case narratives, dynamic interactive exercises and simulation techniques are also provided in this text to assist helpers to learn how to be more empathetic. Readers will gain awareness about human and emotional aspects of patient care, which will hopefully make a positive contribution to their professional practice.