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KEY=EXPRESSIVE - YARELI WILCOX

EXPRESSIVE PORTRAITS

CREATIVE METHODS FOR PAINTING PEOPLE

Paint beautiful and expressive portraits by combining watercolor with other mediums! What makes an eye-popping, eye-stopping portrait? It's all about contrast and the play of opposites, round shape against square, light against dark, transparent against opaque. Combining mediums allows you to push the inherent properties of each for a lively play of opposites. You'll be able to paint glorious lights, richer darks, intriguing texture and mysterious passages that create mood and a strong sense of place, space and character. Jean Pederson gives you all the advice and instruction you n.

EXPRESSIVE PORTRAITS

WATERCOLOR AND MIXED MEDIA TECHNIQUES

North Light Books Paint beautiful and expressive portraits by combining watercolor with other mediums! What makes an eye-popping, eye-stopping portrait? It's all about contrast and the play of opposites, round shape against square, light against dark, transparent against opaque. Combining mediums allows you to push the inherent properties of each for a lively play of opposites. You'll be able to paint glorious lights, richer darks, intriguing texture and mysterious passages that create mood and a strong sense of place, space and character. Jean Pederson gives you all the advice and instruction you need to paint beautiful, expressive portraits filled with life and spirit. Let your portraits speak to the world! In this essential guide to expressive portrait painting you will: Stretch your watercolor skills to the limit. Achieve darks deeper and richer than you ever dreamed; let colors mingle in imaginative ways on your paper; accomplish radiant skin tones by daring to layer vivid colors from the start. Journey into the "what-if" zone. What if you paint on the vertical and direct the paint with a spray bottle? What if you add heavy bodypaint to watercolors for one-of-a-kind texture? What if you accentuate your subject with pencil, crayon or gouache? Don't "what-if" about this book. Grab it today for dynamic results in your portrait painting!

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MIXED MEDIA PAINTING WORKSHOP

EXPLORE MEDIUMS, TECHNIQUES AND THE PERSONAL ARTISTIC JOURNEY

[North Light Books](#) The artistic journey of a lifetime! Are you interested in adding a bit of mixed media to your artwork but unsure exactly how? Mixed Media Painting Workshop takes the fear out of artistic experimentation and instead celebrates the journey, step by step! With Mixed Media Painting Workshop, you'll learn a variety of techniques and use a unique selection of materials to express yourself and your style! From backgrounds to sketching, from painting to collage, from the elements of design to subject matter, you'll find it all right here! Inside Mixed Media Painting Workshop you'll find: A plethora of background information--get to know your paints, mediums, surfaces and other materials through fun and meaningful exercises. 21 step-by-step demonstrations to teach you both individual techniques and strategies for combining techniques. Tons of beautiful, inspirational art and personal insights from the author and contributing artists including Catherine Liu Chang, Polly Hammett, Brian Ateyo and more. Tips and ideas for working with a theme, working with personal artifacts and found objects, memory painting, defining your style and mapping your artistic journey. Add Mixed Media Painting Workshop to your library and set forth on your artistic journey today!

EXPRESSIVE OIL PAINTING

AN OPEN AIR APPROACH TO CREATIVE LANDSCAPES

[North Light Books](#) Become a Landscape Painter There's a world of difference between painting what you see and conveying what you feel. Expressive Oil Painting shows you how to create engaging landscapes that capture a sense of light, depth, movement and above all, your own unique impressions of the world around you. Within Expressive Oil Painting, discover: Fundamental concepts of oil painting—including supplies, work habits, drawing, color and composition—explained in a friendly, straightforward way A diverse sampling of ideas and approaches for painting landscape elements, capturing mood, painting en plein air, simplifying the complexity of nature and determining reference values Nine in-depth landscape painting demonstrations illustrating techniques from basic to advanced Whether you're working on location or from reference photos, this book will empower you to paint "light on your feet," improvising according to the needs of each particular subject and the conditions of the moment. With nature as your inspiration and this book as your guide, you'll find your way straight to the heart of landscape painting, bringing greater sensitivity, intuition and authenticity to your work.

DRAWING AND PAINTING EXPRESSIVE LITTLE FACES

STEP-BY-STEP TECHNIQUES FOR CREATING PEOPLE AND PORTRAITS WITH PERSONALITY--EXPLORE WATERCOLORS, INKS, MARKERS, AND MORE

[Quarry Books](#) In Drawing and Painting Expressive Little Faces, artist and popular Skillshare instructor Amariyls Henderson shares her practical and creative techniques for drawing and painting faces with style and personality. Gathering supplies. Consider the creative possibilities of watercolor, ink, and markers, and create a mobile sketch pack so you can capture faces and expressions on the go. Simplifying the face and identifying proportions. Use photos to simplify the face's key elements, learn about facial proportions and factors and variables for placing facial features, and apply these concepts through a simple warm up using a single color to paint a face in multiple values. Facial shapes and features. Learn about the five basic facial shapes and how to modify the chin line, ears, and hairline, and how to draw and paint mouths, eyes, and noses and make alterations to show pose and personality. Mixing color. The pigments and brushes you'll need to achieve a wide range of realistic skin tones, shadows, and expressions. Bringing faces to life. Navigate the process from start to finish, learn to adjust line quality to suggest different genders and ethnicities, and change up artistic styling to put a unique spin on your creations. Project ideas. Get inspired by some cool ways to apply your new skills: party invitations, repeat patterns, comic books, and more! Don't be intimidated by the challenge of drawing and painting faces. Improve your face game with Drawing and Painting Expressive Little Faces!

SKETCHBOOK CONFIDENTIAL

SECRETS FROM THE PRIVATE SKETCHES OF OVER 40 MASTER ARTISTS

[Penguin](#) Pulsing with ideas, energy and inspiration, Sketchbook Confidential offers a rare peek inside the personal sketchbooks of 40+ master artists. From colorful painted sketches to spontaneous napkin doodles, from the intensely personal to the purely whimsical, most of the work here was produced quickly and never intended for public view. It is honest and immediate, fresh and fearless. In their own words, the artists share the intentions and inspirations behind their sketching. For some, it is a cherished, everyday habit—a way of wandering through the ideas in their mind, playing around with new subjects, or just having some anything-goes kind of fun. For others, sketching is a deliberate tool for problem-solving—working through a composition, capturing a moment's light or test-driving a color scheme. As you turn the pages you'll be immersed in the creative processes of these individuals, arriving on the other side with a feeling of kinship and a renewed desire to boldly capture life in your own sketchbooks!

DRAWING AND PAINTING EXPRESSIVE LITTLE ANIMALS

SIMPLE TECHNIQUES FOR CREATING ANIMALS WITH PERSONALITY - INCLUDES 66 STEP-BY-STEP TUTORIALS

Quarry Books Drawing and Painting Expressive Little Animals presents practical and creative techniques for drawing and painting animals in a variety of mediums and styles, from realistic to cartoon. With accessible, encouraging guidance from Amarilys Henderson—artist, popular online instructor, and author of Drawing and Painting Expressive Little Faces—explore: **Basic Supplies.** Learn about the sketching and painting mediums you'll use in your work, including watercolor, inks, gouache, and markers. **Essential Elements.** Discover the scope of animals' sizes, shapes, and features, from nose to tail. **Emotion and Expression.** Learn how to adjust basic shapes, postures, and poses to convey a range of animal emotions and expressions, from sly and sneaky to angry to curious. **Animal Tutorials.** Draw and paint more than 30 animals—from favorites like horses, bunnies, and birds to exotics like cheetahs, rhinos, and koalas—and investigate 11 different "style twists," including using color in unique ways, enhancing cuteness, and playing with other mediums. As you discover your creative options, you'll find that working small is an easy way to relieve pressure and open yourself to play as well as to learning the techniques and approaches that Amarilys shares in this book. Find your favorite way to portray a variety of animals, from cute little critters to big, strong beasts, in Drawing and Painting Expressive Little Animals!

EXPRESSIVE FIGURE DRAWING

NEW MATERIALS, CONCEPTS, AND TECHNIQUES

Watson-Guptill This is an inspiring must-have resource for artists seeking new approaches to drawing the human figure. It features more than 20 fundamental figure drawing exercises. It empowers students and artists of all levels to make progress with the figure beyond their expectations. Throughout the history of art, figure drawing has been regarded as the very foundation of an artist's education and at the centre of the art-making process. In Expressive Figure Drawing, innovative teacher and author, Bill Buchman, explores the idea that the way we draw is a direct expression of our emotions and perceptions.

NEW DEVELOPMENTS IN EXPRESSIVE ARTS THERAPY

THE PLAY OF POIESIS

Jessica Kingsley Publishers This collection reflects on the theory and application of expressive arts today in therapy, education, research and social and ecological change. Bringing the understanding of expressive arts into its contemporary theoretical framework, the book reveals the expansion of the field from its initial focus on therapy alone into a diverse range of other areas of interest to therapists, educators, researchers and those interested in working for social and ecological change. The book also contains a selection of discursive writing, poetry and visual art, highlighting the importance of keeping artistic creativity at the heart of the field. With contributions from pioneering arts therapists, this will be vital reading for arts therapists and students in the field today.

EXPRESSIVE SKETCHBOOKS

DEVELOPING CREATIVE SKILLS, COURAGE, AND CONFIDENCE

Quarry Books Expressive Sketchbooks shares a host of creative ideas and prompts, tools and techniques, methods for working around obstacles and barriers, and tons of visual inspiration to help you grow in your sketchbooking practice. An expressive sketchbook is a place for you to explore, express, and enjoy your own innate creativity on your own terms. It is a safe playground for the imagination—a place to mess about, play, and experiment—and to gain confidence in your abilities as you develop your skills. Expressive Sketchbooks offers techniques and creative exercises that incorporate mark making, watercolor, mixed media, collage, words and text, and more. It unpacks some of the obstacles and barriers that you may face along the way and offers wisdom and encouragement to help you decide why and how to start your sketchbook and how to develop and expand your artistic practice. This book is packed with ideas and exercises, including: Exploratory drawing exercises How to utilize color in your sketchbook How to create dynamic and varied sketchbook pages How to find inspiration in nature and in your everyday life Ways to mix media and art supplies Ways to kickstart your creativity How to find and develop a process that feels personal to you Through this book, you'll find out what lights you up, what makes you curious and fascinated, and what makes you expansive. Discover how to magnify your creativity and enliven your art skills by using an expressive sketchbook as your daily companion.

ART THERAPY PRACTICES FOR RESILIENT YOUTH

A STRENGTHS-BASED APPROACH TO AT-PROMISE CHILDREN AND ADOLESCENTS

Routledge Art Therapy Practices for Resilient Youth highlights the paradigm shift to treating children and adolescents as "at-promise" rather than "at-risk." By utilizing a strength-based model that moves in opposition to pathology, this volume presents a client-allied modality wherein youth are given the opportunity to express emotions that can be difficult to convey using words. Working internationally with diverse groups of young people grappling with various forms of trauma, 30 contributing therapists share their processes, informed by current understandings of

neurobiology, attachment theory, and developmental psychology. In addition to guiding principles and real-world examples, also included are practical directives, strategies, and applications. Together, this compilation highlights the promise of healing through the creative arts in the face of oppression.

ART STARTS IN THE HEART

CREATIVE PROJECTS AND INSPIRATIONAL IDEAS FOR LEARNING TO MAKE EXPRESSIVE, MINDFUL ART

Walter Foster Publishing **Learn to draw using simple line art to create your own inspired, meaningful illustrations!** Following an introduction to basic tools and materials, including pencils, pens, inks, watercolor, and markers, artists will discover helpful tips and techniques for drawing, layout and composition, hand lettering, and working with color. Easy step-by-step projects help you create your own personalized artwork and illustrations, from floral and nature motifs to portraits, scenes, and favorite things. The final section of the book offers creative prompts to spark your imagination, illustrated frames for personal art expression, and a guide for creating a vision board to illustrate a manifestation of goals and dreams. With relatable and captivating prompts to inspire you on your artistic journey, plus an abundance of drawing tips, techniques, and tutorials, *Art Starts in the Heart* is your ideal resource for learning to create expressive, purposeful artwork inspired by your goals, dreams, and the most important moments in your life. Packed with engaging instruction, tips, and beautiful step-by-step artwork, the *Art Starts* series presents approachable and heartwarming guides to line drawing designed to both inspire and teach beginning artists how to create meaningful artwork using simple lines and mindful prompts.

CREATIVE METHODS IN ORGANIZATIONAL RESEARCH

SAGE Written for the researcher who wants to inquire into organizational life in a creative way, this innovative book will equip readers with the tools to gather and analyze data using stories, poetry, art and theatre. Ideas are substantiated by reference to appropriate theory and throughout the reader is encouraged to reflect critically on the approach they have chosen and to be alert to ethical issues. Revealing case studies show how the research approaches covered in the book work in practice. Challenging readers to reassess what is possible when conducting research, *Creative Methods in Organizational Research* will enrich the research experiences of post graduates in the fields of organization studies, management and management education.

DRAWING THE HEAD FOR ARTISTS

TECHNIQUES FOR MASTERING EXPRESSIVE PORTRAITURE

Quarry Books **Drawing the Head for Artists** is the definitive modern guide to drawing the human head and portrait, featuring the classic mediums and methods of the Old Masters. Written by celebrated portrait artist and veteran studio instructor Oliver Sin, this richly informative and beautifully illustrated volume leads readers step-by-step through his method, from establishing a point of view to applying the timeless principles for creating an accurate and expressive likeness. Among the topics covered: **Essential Materials & Techniques:** Learn about necessary supplies and basic drawing techniques, including hatching, various stroke styles, and blending. **Applying the Essentials:** Explore how the concepts of sight-sizing, value, negative space/shapes, and plane changes factor into a portrait's underlying structure. **Techniques for Creating Depth & Dimension:** Investigate how contrasting shapes, overlapping forms, and linear and atmospheric perspective are used to enhance depth. **Creating the Illusion of Three Dimensions:** Examine how edges—contours as well as changes in value—are used to convey three-dimensional form. Brimming with striking images that document all the phases and details of the author's process, *Drawing the Head for Artists* inspires and informs all artists, from aspiring to accomplished, on how to successfully portray the physical subtleties and emotional eloquence of the human face. The *For Artists* series expertly guides and instructs artists at all skill levels who want to develop their classical drawing and painting skills and create realistic and representational art.

VIBRANT CHILDREN'S PORTRAITS

PAINTING BEAUTIFUL HAIR AND SKIN TONES WITH OILS

Penguin **A Complete Guide to Capturing the Charm and Glow of Children** Making your subjects look age appropriate is vital to successful children's portraiture. Many artists fall short with features that are too severe, skin that lacks that glow of youth or proportions that are too much like those of adults. In this book, you'll learn how to use tried-and-true oil painting techniques to achieve fresh skin tones, shiny hair, crystal clear eyes...all the qualities that will make your portraits look truly authentic. • Complete instructions and color palettes for painting luminous skin tones and hair • 11 complete step-by-step demonstrations covering a broad range of complexions, ages, poses and sweet expressions • Quick tips and expert tricks for making your subjects look natural-not stiff or posed Victoria Lisi's instruction is friendly and easy to follow, delivered with the belief that the process of portrait painting should be as enjoyable as the finished product-beautiful, touching portraits of kids having fun, playing in the sun and being themselves.

EXPRESSIVE FLOWER PAINTING

SIMPLE MIXED MEDIA TECHNIQUES FOR BOLD BEAUTIFUL BLOOMS

Quarry Books **Get nose to bloom** with one of the most beloved subjects of painters for generations of artists with *Expressive Flower Painting* and master pedals, stems, colors, and more. It's almost always one of the first things

someone tries to paint--center, petals, stem, voila! Expressive Flower Painting's exercises have a loose, free, contemporary style the likes of which you'd see in galleries, in shops, and even on clothing and home design goods. It's not intimidating, and yet the paintings are colorful, immediate, and joyful and speak to the artist's desire to play, be loose, and to create freely. Lynn Whipple paints wildly and in small to large formats with a combination of acrylic paint, charcoal, and colorful soft pastel. Expressive Flower Painting presents a range of creative painting exercises that help readers develop vibrant nature paintings. This exciting book is an in-depth expansion of Lynn's class called Big Bold Bloom Wild Painting, with additional content. Expressive Flower Painting covers mark making, layering techniques, how to do "spin drawings," color methods, painted backgrounds, working from life, and how to successfully combine a wide variety of media for the maximum effect.

HISTORICAL PAINTING TECHNIQUES, MATERIALS, AND STUDIO PRACTICE

PREPRINTS OF A SYMPOSIUM, UNIVERSITY OF LEIDEN, THE NETHERLANDS, 26-29 JUNE 1995

Getty Publications Bridging the fields of conservation, art history, and museum curating, this volume contains the principal papers from an international symposium titled "Historical Painting Techniques, Materials, and Studio Practice" at the University of Leiden in Amsterdam, Netherlands, from June 26 to 29, 1995. The symposium—designed for art historians, conservators, conservation scientists, and museum curators worldwide—was organized by the Department of Art History at the University of Leiden and the Art History Department of the Central Research Laboratory for Objects of Art and Science in Amsterdam. Twenty-five contributors representing museums and conservation institutions throughout the world provide recent research on historical painting techniques, including wall painting and polychrome sculpture. Topics cover the latest art historical research and scientific analyses of original techniques and materials, as well as historical sources, such as medieval treatises and descriptions of painting techniques in historical literature. Chapters include the painting methods of Rembrandt and Vermeer, Dutch 17th-century landscape painting, wall paintings in English churches, Chinese paintings on paper and canvas, and Tibetan thangkas. Color plates and black-and-white photographs illustrate works from the Middle Ages to the 20th century.

IMPLEMENTING THE EXPRESSIVE THERAPIES CONTINUUM

A GUIDE FOR CLINICAL PRACTICE

Taylor & Francis Implementing the Expressive Therapies Continuum aims to explore the use of the Expressive Therapies Continuum (ETC) in the form of specific expressive therapy initiatives intended to be used in both educational and professional settings. Drawing on materials co-developed by Dr. Sandra Graves-Alcorn, co-author and developer of the ETC, as well as tried and tested curriculum by Professor Christa Kagin, this interdisciplinary resource will be of great value to students, teachers, mental health clinicians, as well as other healthcare practitioners interested in utilizing the ETC developmental model. All of this is delivered in a clear and easy to follow presentation designed to engage readers.

THE JOY OF ACRYLIC PAINTING

EXPRESSIVE PAINTING TECHNIQUES FOR BEGINNERS

Penguin Now is the time to pursue creative fulfillment! Annie O'Brien Gonzales felt a passion for art from an early age. But not until 30 years later--after raising a family and working "a real job"--did she get serious about painting. Along the way, she experienced the pleasures and the pitfalls of learning to paint. In these pages, she channels it all to help others discover (or re-discover) The Joy of Acrylic Painting. This guide offers an engaging, streamlined approach for any beginner, but especially those who--due to life detours or lack of time--had previously postponed their artistic aspirations. In a fun, instantly gratifying style, Gonzales combines the forgiveness of acrylics with the approachability of expressive painting. With special emphasis on the elements of color, pattern and texture, these lessons give you a jump-start on painting with feeling. If now is your time to pursue creative fulfillment, then this is the book to ease your way. • Strategies for gathering resonant ideas and inspiration • Practical advice, such as when to splurge and where to save on painting supplies • Mixed-media techniques for creating character in your paintings • Inspiration from Expressionist masters, including ways to use their work as a jumping-off point for your own original paintings • PLUS 8 fabulous start-to-finish painting projects--landscapes, still life, figures and abstracts

DRAWING AND PAINTING PEOPLE

THE ESSENTIAL GUIDE

North Light Books Everything you need to know to paint faces and figures. Eight professional artists share proven techniques and time-tested advice for painting everyone's favorite subject—people. Favorite color mixes, tips on lighting your subject, strategies for creative cropping, advice for getting the eyes "just right"—it's all here, along with other valuable lessons and expert know-how to make the people in your artwork expressive, engaging and "real." This is the very best instruction culled from North Light's most popular books on the subject, making it the definitive guide on drawing and painting people. Features comprehensive coverage of: Traditional half- and full-length portraits as well as people in landscape settings. A range of popular media—including oil, acrylic, watercolor and colored pencil—along with a rundown on tools and materials for each. Portraying various ages and ethnicities. Color—from specific color mixes for achieving a realistic range of skin tones and hair colors, to color harmonies for dynamic portraits. Essential

keys to stronger designs. Making the most of value, light, shading, line, cast shadows and more. The entire process—from taking reference photos to secrets for capturing the essence of your subject—is outlined with numerous illustrations and step-by-step examples, along with 15 complete painting demonstrations. This reference is loaded with straightforward, hands-on instruction that the novice can pick up to get started, while more advanced artists will find sound methods and expert tips for taking their work to the next level.

HOLISTIC HEALING

THEORIES, PRACTICES, AND SOCIAL CHANGE

[Canadian Scholars' Press](#) A practical and insightful guide, *Holistic Healing* investigates the practices, theories, research, and history of holistic approaches as it relates to a wide range of health care and human service professionals. This text offers a uniquely comparative and integrated understanding of both ancient and modern Indigenous, Eastern, and Western traditional practices, including bodywork, expressive arts, energy medicine, eco-psychology, transpersonal psychology, naturopathy, homeopathy, Ayurveda, traditional Chinese medicine, and Indigenous healing practices. Practitioners and scholars in health, nutrition, psychology, and social work contribute to research that focuses on individual, organizational, national, and global holistic intervention applications. Chapters in this collection address critical issues such as colonization, human rights, the environment, peace and conflict, and equity and inclusion. This collection is a timely and practical resource for students of undergraduate health, social work, sociology, holistic healing, and psychology programs and is also a great resource for professional practitioners.

HOW TO PAINT FAST, LOOSE AND BOLD

SIMPLE TECHNIQUES FOR EXPRESSIVE PAINTING

[Penguin](#) **Bold Exciting Powerful** A new level of artistic expression! Every artist strives to achieve the kind of painting that commands attention from across the room and delights the eye up close. In this book, artist and workshop teacher Patti Mollica walks you through surprisingly simple and efficient strategies for achieving that kind of powerful composition, whatever your subject. Complete with timed exercises and start-to-finish painting demonstrations, this book is for any artist who feels overwhelmed by where to start or daunted by the urge to paint everything in sight. Patti Mollica's mindful approach will lead you to better, bolder results, as well as greater confidence and joy in the process. So load your palette with ample paint, grab some fat brushes and get ready to paint fast, paint loose, paint bold. • Start with a strong, simple value statement • Get expressive with color • Be brave with your brushwork • 5 technique exercises • 5 start-to-finish painting demonstrations Paint fearlessly!

PAINTER IX CREATIVITY

DIGITAL ARTIST'S HANDBOOK

[Taylor & Francis](#) "Sutton takes a knowledgeable and straightforward approach to this step-by-step project-based book, explaining how each tool is used, every effect achieved, and every topic thoroughly described. The book allows you to build upon your knowledge so that if you're a beginner, you have the chance to become an advanced user; and if you're an advanced user, this is your opportunity to hone and flex your skills while learning additional creative techniques."--BOOK JACKET.

EXPRESSIVE DRAWING

A PRACTICAL GUIDE TO FREEING THE ARTIST WITHIN

[Sterling Publishing Company, Inc.](#) The many people who long to draw?but feel too intimidated to try?will rejoice at the wonderful first entry in this brand-new creative series. Written by arts educator Steven Aimone, it's packed with solid, friendly, hands-on instruction, as well as inspiring images, and backed by the trusted AARP name. Aimone teaches an accessible style called expressive drawing that emphasizes line and mark, rather than rendering a specific object, which for many people, can create barriers to self-expression. Exercises start off simple and quick, encouraging readers to work on instinct and feeling, while the later ones focus on detail and refinement. The book features hundreds of images of work by well-known artists from Debuffet to Jim Dine?and each chapter includes a profile of someone who came to drawing late in life and achieved recognition.

ART LAB FOR KIDS

52 CREATIVE ADVENTURES IN DRAWING, PAINTING, PRINTMAKING, PAPER, AND MIXED MEDIA?FOR BUDDING ARTISTS

[Quarry Books](#) *Art Lab for Kids* is a refreshing source of wonderful ideas for creating fine art with children. This step-by-step book offers 52 fun and creative art projects set into weekly lessons, beginning with drawing, moving through painting and printmaking, and then building to paper collage and mixed media. Each lesson features and relates to the work and style of a contemporary artist and their unique style. The labs can be used as singular projects or to build up to a year of hands-on fine art experiences. Grouped by medium, the labs are set up loosely to build skills upon the previous ones; however, you can begin anywhere. Have fun exploring: drawing by creating a whimsical scene on a handmade crayon scratchboard. painting by using watercolors and salt to create a textured landscape. printmaking by

using lemons, celery, mushrooms, and other produce to make colorful prints. paper by creating an expressive self-portrait using pieces of colored tissue paper. mixed media by making insects from patterned contact paper and watercolor pencils. Color photos illustrate how different people using the same lesson will yield different results, exemplifying the way the lesson brings out each artist's personal style. Art Lab for Kids is the perfect book for creative families, friends, and community groups and works as lesson plans for both experienced and new art teachers. The popular Lab for Kids series features a growing list of books that share hands-on activities and projects on a wide host of topics, including art, astronomy, clay, geology, math, and even how to create your own circus—all authored by established experts in their fields. Each lab contains a complete materials list, clear step-by-step photographs of the process, as well as finished samples. The labs can be used as singular projects or as part of a yearlong curriculum of experiential learning. The activities are open-ended, designed to be explored over and over, often with different results. Geared toward being taught or guided by adults, they are enriching for a range of ages and skill levels. Gain firsthand knowledge on your favorite topic with Lab for Kids.

DRAWING AND PAINTING PEOPLE

THE ESSENTIAL GUIDE

[North Light Books](#) Everything you need to know to paint faces and figures. Eight professional artists share proven techniques and time-tested advice for painting everyone's favorite subject—people. Favorite color mixes, tips on lighting your subject, strategies for creative cropping, advice for getting the eyes "just right"—it's all here, along with other valuable lessons and expert know-how to make the people in your artwork expressive, engaging and "real." This is the very best instruction culled from North Light's most popular books on the subject, making it the definitive guide on drawing and painting people. Features comprehensive coverage of: Traditional half- and full-length portraits as well as people in landscape settings. A range of popular media—including oil, acrylic, watercolor and colored pencil—along with a rundown on tools and materials for each. Portraying various ages and ethnicities. Color—from specific color mixes for achieving a realistic range of skin tones and hair colors, to color harmonies for dynamic portraits. Essential keys to stronger designs. Making the most of value, light, shading, line, cast shadows and more. The entire process—from taking reference photos to secrets for capturing the essence of your subject—is outlined with numerous illustrations and step-by-step examples, along with 15 complete painting demonstrations. This reference is loaded with straightforward, hands-on instruction that the novice can pick up to get started, while more advanced artists will find sound methods and expert tips for taking their work to the next level.

DRAWING EXPRESSIVE PORTRAITS

[Northlight](#) "After an introduction to drawing materials and papers, Paul Leveille demonstrates easy, basic drawing techniques - including crosshatching, softening contrasts, blending, lifting out, using a chisel-edge pencil, and creating soft edges using tortillions." "Then, with many clear step-by-step demonstrations of technique, you'll learn how to assure the proper proportions and placement of features - with the head straight-on and in various other positions; draw each feature - including the eyes, nose, mouth, ears and chin; use values - along with highlights, cast shadows and reflected light - to create depth, weight and a feeling of solidity; communicate various facial expressions in your portraits, from anguish to glee; and work from a live model - you'll learn all about creative lighting, finding the best pose, backgrounds and more." "Finally, watch from start to finish as Paul creates nine lifelike portraits of a variety of people in different poses and lighting conditions. As he draws, he fills you in on the mediums, materials and techniques he uses to achieve a wide range of effects and expressions."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

CREATIVE METHODS FOR HUMAN GEOGRAPHERS

[SAGE](#) Introducing a broad range of innovative and creative qualitative methods, this accessible book shows you how to use them in research project while providing straightforward advice on how to approach every step of the process, from planning and organisation to writing up and disseminating research. It offers: Demonstration of creative methods using both primary or secondary data. Practical guidance on overcoming common hurdles, such as getting ethical clearance and conducting a risk assessment. Encouragement to reflect critically on the processes involved in research. The authors provide a complete toolkit for conducting research in geography, while ensuring the most cutting-edge methods are unthreatening to the reader.

ART THERAPY AND CREATIVE AGING

RECLAIMING ELDERHOOD, HEALTH AND WELLBEING

[Routledge](#) Art Therapy and Creative Aging offers an integrated perspective on engaging with older people through the arts. Drawing from the author's clinical, research and teaching experiences, the book explores how arts engagement can intertwine with and support healthy aging. This book combines analysis of current development theory, existing research on creative programs with elders, and case examples of therapeutic experience to critically examine ageism and demonstrate how art therapy and creative aging approaches can harness our knowledge of the cognitive and emotional development of older adults. Chapters cover consideration of generational, cultural, and historical factors; the creative, cognitive and emotional developmental components of aging; arts and art therapy techniques and methods with older adults with differing needs; and examples of best practices. Creative arts therapists, creative

aging professionals, and students who seek foundational concepts and ideas for arts practice with older people will find this book instrumental in developing effective ways of using the arts to promote health and well-being and inspire engagement with this often-underserved population.

FOUNDATIONS OF THERAPEUTIC RECREATION

PERCEPTIONS, PHILOSOPHIES, AND PRACTICES

Human Kinetics Publishers **Revision of: Foundations of therapeutic recreation / Terry Robertson, Terry Long (eds.). 2008.**

SOULS GROWN DEEP

AFRICAN AMERICAN VERNACULAR ART OF THE SOUTH

Tinwood Books **A celebration of African-American vernacular art explores the rich tradition of self-taught artists in the black community, introducing the remarkable works of forty African-American artists.**

CREATIVE CAMERA INTERNATIONAL YEAR BOOK

THE ARTFUL PARENT

SIMPLE WAYS TO FILL YOUR FAMILY'S LIFE WITH ART AND CREATIVITY

Shambhala Publications **Bring out your child's creativity and imagination with more than 60 artful activities in this completely revised and updated edition Art making is a wonderful way for young children to tap into their imagination, deepen their creativity, and explore new materials, all while strengthening their fine motor skills and developing self-confidence. The Artful Parent has all the tools and information you need to encourage creative activities for ages one to eight. From setting up a studio space in your home to finding the best art materials for children, this book gives you all the information you need to get started. You'll learn how to: * Pick the best materials for your child's age and learn to make your very own * Prepare art activities to ease children through transitions, engage the most energetic of kids, entertain small groups, and more * Encourage artful living through everyday activities * Foster a love of creativity in your family**

PAINT, PLAY, EXPLORE

EXPRESSIVE MARK-MAKING TECHNIQUES IN MIXED MEDIA

Penguin **Discover the marks for your most authentic art! Mixed-media artist Rae Missigman identifies herself as a "mark-maker." Ever in the forefront of her art, organic shapes and graphic marks are what give her work a sense of authenticity. With an adventurous, anything-goes attitude to expressing herself, she is just as likely to use a celery stem, a sewing machine or a cardboard tube as she is a brush, a palette knife or her own hands. In Paint, Play, Explore, Missigman helps you discover those marks that define you as an artist, and weave them into your art in new and interesting ways. Through page after page of creative exploration, you'll become a collector of tools--traditional and unconventional mark-makers that will become an extension of your unique voice. You'll become a tinkerer as you recycle and repurpose, striving to turn something ordinary into something extraordinary. You'll become an explorer as you draw with your non-dominant hand, create "blindly" using resists, stamp with your own handcrafted organic ink, and follow other creative prompts to widen and shape your artistic world. Whether you're just starting your creative adventure or you're looking to break through to the next level, Paint, Play, Explore will set you in motion. Setting the tone with her upbeat vibe and joyful use of color, Missigman pushes you to find your own beautiful artistic "fingerprint" to create work that is interesting, full of life and distinctly yours...and above all, to embrace the journey. "The shapes you choose to etch in your work, free flowing and heartfelt, are a part of what makes the art your own. Tools in hand, your marks will find you and you will begin to recognize yourself in your creations." You're going to need a bigger creative toolbox... • 60+ mark-making tools and mediums • 23 stepped-out demonstrations on collage, one-brush painting, monoprinting, resists, transfers and other fun and versatile mark-making techniques • 4 start-to-finish projects for turning marks into inventive art**

SOVIET LIFE

THE USE OF THE CREATIVE THERAPIES WITH CHEMICAL DEPENDENCY ISSUES

Charles C Thomas Publisher **dependence, play therapy, and filial therapy; songs, music and sobriety; dance/movement therapy as an effective clinical intervention; using expressive arts therapy with young male offenders; a case study of dance/movement therapy with the dually diagnosed in a methadone treatment program; recovering identity and stimulating growth; individual drama therapy and the alcoholic; existential drama therapy and addictive behavior; and poetry therapy in the treatment of addictions. The strategies and discussions contained in this book will be of special interest to educators, students, and therapists as well as people struggling with substance abuse." --Book Jacket.**

PAINTING EXPRESSIVE LANDSCAPES

Search Press Limited

THE CORNERSTONES TO EARLY LITERACY

CHILDHOOD EXPERIENCES THAT PROMOTE LEARNING IN READING, WRITING, AND ORAL LANGUAGE

Pembroke Publishers Limited **How can we build a strong literacy foundation for children? This book appreciates that learning and language development start with the play episodes, oral language practices, wordplay activities, print encounters, reading events, and writing experiences that children engage in during the early years of life. Filled with rich language activities, The Cornerstones to Early Literacy shows teachers how to create active learning experiences that are essential to building early literacy. This comprehensive handbook is organized around the following topics: Play Experiences - Understanding the early stages of learning and all aspects of the play-literacy connection ; Oral Language - Supporting opportunities for child talk with suggested conversation starters and events that involve personal timelines and storytelling ; Language Awareness and Word Play - Creating a balanced approach to language learning using games and activities that involve literature, music, choral speaking, sound games, and more ; Print Encounters - Discovering, reproducing, and creating all forms of environmental print ; Reading Events - Integrating read-aloud and shared book experiences with proven strategies for supporting and observing young readers ; Writing Experiences - Identifying early writing characteristics and techniques for moving children along in their writing.**