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KEY=REGION - LEON DELGADO

Trekking in the Everest Region

Trail Blazer Publications Accurate and detailed maps to help trekkers find their way in one of the world's most daunting frontiers.

Nepal Biodiversity Resource Book

Protected Areas, Ramsar Sites, and World Heritage Sites

World Business Council for

Into Thin Air

Anchor #1 NATIONAL BESTSELLER • "A harrowing tale of the perils of high-altitude climbing, a story of bad luck and worse judgment and of heartbreaking heroism." —PEOPLE A bank of clouds was assembling on the not-so-distant horizon, but journalist-mountaineer Jon Krakauer, standing on the summit of Mt. Everest, saw nothing that "suggested that a murderous storm was bearing down." He was wrong. The storm, which claimed five lives and left countless more—including Krakauer's—in guilt-ridden disarray, would also provide the impetus for *Into Thin Air*, Krakauer's epic account of the May 1996 disaster. By writing *Into Thin Air*, Krakauer may have hoped to exorcise some of his own demons and lay to rest some of the painful questions that still surround the event. He takes great pains to provide a balanced picture of the people and events he witnessed and gives due credit to the tireless and dedicated Sherpas. He also avoids blasting easy targets such as Sandy Pittman, the wealthy socialite who brought an espresso maker along on the expedition. Krakauer's highly personal inquiry into the catastrophe provides a great deal of insight into what went wrong. But for Krakauer himself, further interviews and investigations only lead him to the conclusion that his perceived failures were directly responsible for a fellow climber's death. Clearly, Krakauer remains haunted by the disaster, and although he relates a number of incidents in which he acted selflessly and even heroically, he seems unable to view those instances objectively. In the end, despite his evenhanded and even generous assessment of others' actions, he reserves a full measure of vitriol for himself. This updated trade paperback edition of *Into Thin Air* includes an extensive new postscript that sheds fascinating light on the acrimonious debate that flared between Krakauer and Everest guide Anatoli Boukreev in the wake of the tragedy. "I have no doubt that Boukreev's intentions were good on summit day," writes Krakauer in the postscript, dated August 1999. "What disturbs me, though, was Boukreev's refusal to acknowledge the possibility that he made even a single poor decision. Never did he indicate that perhaps it wasn't the best choice to climb without gas or go down ahead of his clients." As usual, Krakauer supports his points with dogged research and a good dose of humility. But rather than continue the heated discourse that has raged since *Into Thin Air*'s denouncement of guide Boukreev, Krakauer's tone is conciliatory; he points most of his criticism at G. Weston De Walt, who coauthored *The Climb*, Boukreev's version of events. And in a touching conclusion, Krakauer recounts his last conversation with the late Boukreev, in which the two weathered climbers agreed to disagree about certain points. Krakauer had great hopes to patch things up with Boukreev, but the Russian later died in an avalanche on another Himalayan peak, Annapurna I. In 1999, Krakauer received an Academy Award in Literature from the American Academy of Arts and Letters—a prestigious prize intended "to honor writers of exceptional accomplishment." According to the Academy's citation, "Krakauer combines the tenacity and courage of the finest tradition of investigative journalism with the stylish subtlety and profound insight of the born writer. His account of an ascent of Mount Everest has led to a general reevaluation of climbing and of the commercialization of what was once a romantic, solitary sport; while his account of the life and death of Christopher McCandless, who died of starvation after challenging the Alaskan wilderness, delves even more deeply and disturbingly into the fascination of nature and the devastating effects of its lure on a young and curious mind."

Nepal Himalaya

Read Books Ltd There can be no country so rich in mountains as Nepal. This narrow strip of territory, lying between Sikkim and Garhwal, occupies 500 miles of India's northern border; and since this border coincides roughly with the 1,500-mile-long Himalayan chain, it follows that approximately a third of this vast range lies within or upon the confines of Nepal. So starts this breathtaking account of mountaineering and exploring this isolated and awe-inspiring country by one of the most famous men in mountaineering. Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly

expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork.

Nepal Trekking and the Great Himalaya Trail

A Route and Planning Guide

Trail Blazer Publications Route and planning guide to the best trekking in Nepal – This guide includes the most popular routes plus the recently-established Great Himalaya Trail.

Epic Hikes of the World

Lonely Planet With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, *Lonely Planet's Epic Hikes of the World* will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to *Epic Bike Rides* and *Epic Drives*, we share our adventures on the world's best treks and trails. *Epic Hikes* is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About *Lonely Planet*: *Lonely Planet* is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Himalayan Herders

Wadsworth Publishing Company This first general case study about the Sherpa people in the Yolmo region of Nepal helps to place the more familiar Sherpa of the Solu-Khumbu region of Mt. Everest in comparative context. This study provides an ethnographic description of a village within the broad context of human adaptation to mountain environments, Tibetan regional cultures, and culture change.

Trekking in Langtang, Helambu & Gosainkund

Trail Blazer Publications A guide in the NEPAL TREKKING series which covers the region north of Kathmandu. Comprehensive mapping, where to stay and where to eat along the trails.

Lonely Planet Trekking in the Nepal Himalaya

Lonely Planet Trekking in the Nepal Himalaya is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Get to the heart of the Nepal Himalaya and begin your journey now!

Kathmandu

Haus Publishing One of the greatest cities of the Himalaya, Kathmandu, Nepal, is a unique blend of thousand-year-old cultural practices and accelerated urban development. In this book, Thomas Bell recounts his experiences from his many years in the city—exploring in the process the rich history of Kathmandu and its many instances of self-reinvention. Closed to the outside world until 1951 and trapped in a medieval time warp, Kathmandu is, as Bell argues, a jewel of the art world, a carnival of sexual license, a hotbed of communist revolution, a paradigm of failed democracy, a case study in bungled western intervention, and an environmental catastrophe. In important ways, Kathmandu's rapid modernization can be seen as an extreme version of what is happening in other traditional societies. Bell also discusses the ramifications of the recent Nepal earthquake. A comprehensive look at a top global destination, Kathmandu is an entertaining and accessible chronicle for anyone eager to learn more about this fascinating city.

Dark Summit

The True Story of Everest's Most Controversial Season

Vintage Canada In the tradition of Jon Krakauer's *Into Thin Air*, Nick Heil recounts the harrowing story of the deadly and controversial 2006 climbing season on Everest. In early May 2006, a young British climber named David Sharp lay dying near the top of Mount Everest while forty other climbers walked past him on their way to the summit. A week later, Lincoln Hall, a seasoned Australian climber, was left for dead near the same spot. Hall's death was reported around the world, but the next day he was found alive after

spending the night on the upper mountain with no food and no shelter. If David Sharp's death was shocking, it was not singular: despite unusually good weather, ten others died attempting to reach the summit that year. In this meticulous inquiry into what went wrong, Nick Heil tells the full story of the deadliest year on Everest since the infamous season of 1996. He introduces Russell Brice, the outfitter who has done more than anyone to provide access to the summit via the mountain's north side—and who some believe was partially responsible for Sharp's death. As more climbers attempt the summit each year, Heil shows how increasingly risky expeditions and unscrupulous outfitters threaten to turn Everest into a deadly circus. Written by an experienced climber and outdoor writer, *Dark Summit* is both a riveting account of a notorious climbing season and a troubling investigation into whether the pursuit of the ultimate mountaineering prize has spiralled out of control.

Ultimate High

My Everest Odyssey

A personal account of one man's determination to climb Mount Everest alone describes how the Swedish climber accomplished his goal, within days of the 1995 tragedy that took the lives of a number of fellow climbers

Buried in the Sky

The Extraordinary Story of the Sherpa Climbers on K2's Deadliest Day

W. W. Norton & Company Presents the stories of the sharps who have acted as expert consultants to Westerners climbing the Himalayas, focusing in particular on Chhiring Dorje Sherpa and Pasang Lama, who survived when 11 other climbers died on K2 in August 2008. 15,000 first printing.

The Himalayan Database

The Expedition Archives of Elizabeth Hawley

Amer Alpine Club The historical archives of Elizabeth Hawley—for more than 40 years the meticulous chronicler of mountaineering expeditions in Nepal—are now available on this searchable CD.

Trekking in the Everest Region

Includes Kathmandu City Guide

Trail Blazer Publications Fully revised fifth edition of this practical guide with 60 detailed route maps covering not only the classic treks but also the wild routes: Everest expedition route Rolwaling Trekking from Lukla Salpa-Arun The Gokyo trek High passes Trekking peaks - including Mera and Island Peak Information for all budgets and trekking styles Ranging from lush terraced fields to the highest mountain on earth, the scenery is breath-taking. There are trekking possibilities to suit all budgets - from independent trekkers on a shoestring staying in simple lodges with Sherpa families to travelers on all-inclusive guided treks with every luxury provided. Getting to Nepal from Europe, North America and Australasia Kathmandu — trekking preparations and what to see Where to stay and eat — Kathmandu and along the trails Employing a guide or porter in Nepal The environment — how to minimize your impact on a fragile region and still take hot 'green' showers Health and safety 60 route maps and village plans Plus - 30 color photos

Trekking in Nepal

A Traveler's Guide

The Mountaineers Books Describes the history, customs, traditions, geology, climate, national parks and conservation areas, religion, and wildlife of this Himalayan country.

Earthquake Preparedness and Disaster Relief in Nepal

-A Position Paper

Nepal is in one of the most active earthquake regions in the world. Nepal's current non-earthquake-resistant infrastructure, lack of sufficient modern communication networks, and limited facilities and manpower in the medical sector are the major threats to life and property during a major earthquake. On March 31, 2010, under the auspices of three leading Nepali diaspora professional organizations in the United States of America--American Society of Nepalese Engineers (ASNEng), America Nepal Medical Foundation

(ANMF), and Computer Association of Nepal-USA (CAN-USA)--a joint initiative on Earthquake Preparedness and Disaster Relief in Nepal, of which this position/concept paper is a product, was launched to help understand the current status of earthquake preparedness in Nepal. This position paper describes the challenges that Nepal will face if and when another large-magnitude earthquake strikes like the devastating January 16, 1934 Nepal-Bihar earthquake. The paper also provides a list of recommendations to be considered to minimize the loss of life and property, especially in the densely populated Kathmandu valley. The document is peer-reviewed by a group of individuals having expertise in the related areas.

Lonely Planet Nepal

Lonely Planet Lonely Planet: The world's number one travel guide publisher* Lonely Planet's Nepal is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the historic temples of old Kathmandu, search for rhinos and tigers in the dawn mist of Chitwan National Park, and trek in the shadow of the world's highest mountain on an Everest Base Camp expedition - all with your trusted travel companion. Get to the heart of Nepal and begin your journey now! Inside Lonely Planet's Nepal: Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, people, music, landscapes, wildlife, cuisine, politics Covers Kathmandu, Around the Kathmandu Valley, Pokhara & Around, The Terai & Mahabharat Range eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet's Nepal is our most comprehensive guide to the country, and is designed to immerse you in the culture and help you discover the best sights and get off the beaten track. Looking for more extensive trekking coverage? Check out Lonely Planet's Trekking in the Nepal Himalaya. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) *Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Trekking in the Everest Region

Practical Guide with 27 Detailed Route Maps & 65 Village Plans Including Kathmandu City Guide

Sixth edition of this classic trekking guide to the Everest region of Nepal's Himalaya. Ranging from lush terraced fields to the highest mountain on earth, the scenery is breathtaking. There are trekking possibilities to suit all budgets - from independent trekkers on a shoestring staying in simple lodges with Sherpa families to travellers on guided treks with every luxury provided. This practical guide includes detailed route maps covering not only the classic treks but also the wild routes: -Everest expedition route -Rolwaling - Trekking from Lukla -Salpa-Arun -The Gokyo trek -High passes -Trekking peaks - including Mera and Island Peak Getting to Nepal | Kathmandu - trek preparations and what to see Where to stay and eat | Health and safety Employing a guide or porter in Nepal

Border Management of Nepal

On the boundary issues of Nepal with India; a study.

Trekking and Climbing in Nepal

Stackpole Books This is a comprehensive traveler's and trekker's guide to one of the most breathtakingly beautiful mountain regions in the world. Opening chapters provide an overview of the country and culture, plus essential information and logistics for visitors and trekkers. In-depth trekking and climbing chapters cover the five main regions in treks that range from classic teahouse routes to newly charted expeditions. The climbs range from easy scrambling to moderately technical. Photos. Maps.

Annapurna

14 treks including the Annapurna Circuit and Sanctuary

Cicerone Press This guidebook describes 14 multi-day treks in Nepal's captivating Annapurna region, among the foothills of the mighty Himalaya. Routes range between 24km and 200km (15-124 miles) and between 4 and 23 days, with maximum altitudes from 1750m

to 5416m. Areas covered include Machhapuchhre, Pokhara and Lamjung Himal. The varied treks showcase this inspiring landscape, offering stunning vistas of snow-clad peaks and verdant valleys. From the classic Annapurna Circuit and Annapurna Sanctuary to lesser-known routes, this is the definitive guide to exploring Nepal's most popular trekking region. With accommodation options including a mixture of homestay, camping and lodges, trekkers have the opportunity to immerse themselves in their surroundings and experience the warmth and richness of Nepalese hospitality and culture. As well as detailed route description and sketch mapping, the guide presents a wealth of information to help make the most of a trip, including practical advice on transport, visas and permits, when to go, what to take and health and safety. There are notes on different styles of trekking, tips on cultural etiquette and fascinating background information on the region's history, plants and wildlife, culture and religion.

Sherpas Through Their Rituals

Cambridge University Press Professor Ortner examines the Sherpas of the Himalayas.

Life, Genuinely!

Writersgram Poetry is the 'museum' of tourism industry; it's boring and totally un-understandable. Though, poetry is highly undermined and misunderstood as well, it's like a Darcy's letter to Elizabeth; extremely sincere and straight out of heart. And our heart is everything we wish it wouldn't be, its messy, overly emotional, an unkind mood ride, flaky, stern, inconvincible, unbearably stubborn, and what not. More than all the time we have no idea how to handle it and keep it in check. That's what this book is about; an innocent attempt at expressing my heart, so much so that it might cost few tears and few boxes of chocolates. Every word is an epitome of real feeling, may it be happy or sappy, self-obsessive or excessively self-healing, warm or chilly, and everything you know to be complicated 'you got it all right here'. Life as it is with many more unsaid words, awkward silences and lousy afternoons, this collection will Genuinely touch your heart in one way or the other. It took a lot of hardwork and dedication to pile it together (I hand wrote it with blood and sweat), jokes apart, it was an incredible experience to give all your heart and receive immense satisfaction and happiness in return along with loads of overwhelming creativity and undulating pressure. Alike me, it overwhelm you as well, in an amazing wave of inner acknowledgement.

The Map of Potential Vegetation of Nepal

A Forestry/agro-ecological/biodiversity Classification System

Beyond Possible

'14 Peaks: Nothing is Impossible' Now On Netflix

Hachette UK ****THE SUNDAY TIMES TOP 10 BESTSELLER**** 'An inspirational study in leadership and a powerful testament to the human spirit at its very best.' - Mail on Sunday 'The energy of the book gives it pace and you whip through, rather as Purja nips up verticals... Whether or not you are a lover of the mountains, you will marvel at his tenacity, his fearlessness. No one can fail to be inspired by what he achieved.' - The Times 'Not only does Nims have exceptional physical stamina, he's also a leader with great skills in financial management and logistics.' - Reinhold Messner, the first person to climb all fourteen highest mountains in the world 'The magnitude of his achievement is astonishing.' *Soldier Magazine* 'A Living Legend.' *Trail Magazine* ***** Welcome to The Death Zone. Fourteen mountains on Earth tower over 8,000 metres above sea level, an altitude where the brain and body withers and dies. Until recently, the world record for climbing them all stood at nearly eight years. So I announced I was summiting them in under seven months. People laughed. They told me I was crazy, even though I'd sharpened my climbing skills on the brutal Himalayan peaks of Everest and Dhaulagiri. But I possessed more than enough belief, strength and resilience to nail the job, having taken down enemy gunmen and terrorist bomb makers while serving with the Gurkhas and the UK Special Forces. Throughout 2019, I came alive in the death zone. Soon after, I was showing the world a new truth: that with bravery and enough heart and drive, the impossible was possible...**

GIS in Sustainable Urban Planning and Management

A Global Perspective

CRC Press The Open Access version of this book, available at <http://www.tandfebooks.com/doi/view/10.1201/9781315146638>, has been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 3.0 license. GIS is used today to better understand and solve urban problems. *GIS in Sustainable Urban Planning and Management: A Global Perspective*, explores and illustrates the capacity that geo-information and GIS have to inform practitioners and other participants in the processes of the planning and management of urban regions. The first part of the book addresses the concept of sustainable urban development, its different frameworks, the many ways of measuring sustainability, and its value in the urban policy arena. The second part discusses how urban planning can shape our cities, examines various spatial configurations of cities, the spread of activities, and the demands placed on different functions to achieve strategic objective. It further focuses on the recognition that urban dwellers are increasingly

under threat from natural hazards and climate change. Written by authors with expertise on the applications of geo-information in urban management, this book showcases the importance of GIS in better understanding current urban challenges and provides new insights on how to apply GIS in urban planning. It illustrates through real world cases the use of GIS in analyzing and evaluating the position of disadvantaged groups and areas in cities and provides clear examples of applied GIS in urban sustainability and urban resilience. The idea of sustainable development is still very much central in the new development agenda of the United Nations, and in that sense, it is of particular importance for students from both the Global South and Global North. Professionals, researchers, and students alike will find this book to be an invaluable resource for understanding and solving problems relating to sustainable urban planning and management.

Himalayan Biodiversity in the Changing World

Springer Science & Business Media This book presents some results on selected taxa in the Himalayan region (mainly Nepal), pinpoints the threats to their survival and suggests ways how to avoid their extinction. Most chapters are based on graduate research projects – relatively long-term field studies. The data presented here can be a good source of updated information on the subject and will prove to be a very useful reference in future studies of Himalayan biodiversity. They also tend to pinpoint the existing gaps in our knowledge of this region. All the chapters are based on recent trends of biodiversity and conservation vision, so the book can be a potential alternative to the existing relatively older books with outdated vision and information. Its main goal, however, is to disseminate the information about biodiversity conservation problems in the Himalayan region among the people in the developed world.

Ghosts of Everest

The Authorised Story of the Search for Mallory & Irvine

Pan Macmillan Did Mallory and Irvine reach Everest's summit 30 years before Hillary and Tenzing? Until now, clues about what happened to these two Everest pioneers had been scant and misleading. Until now, no one has known whether they reached the summit. Until now, no one has known where or how they perished. This is a detective story of the first order. It is the story not just of Mallory and Irvine's last climb, but of the team of climbers and researchers who, together, found the body of perhaps Britain's greatest mountaineer and uncovered the startling story he had waited so long to reveal. Written by the three key members of the team, and incorporating extensive interviews with other team members, GHOSTS OF EVEREST is the dramatic unfolding of both the 1999 and 1924 expeditions, woven together into a compelling narrative. This book is the definitive account and has become an instant classic.

Lonely Planet Nepal

In-depth information on planning your trip and trekking routes Kathmandu maps in full colour We show biking, rafting and kayaking routes, and have a feature on volunteering responsible tourism

Mountaineering Tourism

Routledge In May 1993 the British Mountaineering Council met to discuss the future of high altitude tourism. Of concern to attendees were reports of queues on Everest and reference was made to mountaineer Peter Boardman calling Everest an 'amphitheater of the ego'. Issues raised included environmental and social responsibility and regulations to minimize impacts. In the years that have followed there has been a surge of interest in climbing Everest, with one day in 2012 seeing 234 climbers reach the summit. Participation in mountaineering tourism has surely escalated beyond the imagination of those who attended the meeting 20 years ago. This book provides a critical and comprehensive analysis of all pertinent aspects and issues related to the development and the management of the growth area of mountaineering tourism. By doing so it explores the meaning of adventure and special reference to mountain-based adventure, the delivering of adventure experience and adventure learning and education. It further introduces examples of settings (alpine environments) where a general management framework could be applied as a baseline approach in mountaineering tourism development. Along with this general management framework, the book draws evidence from case studies derived from various mountaineering tourism development contexts worldwide, to highlight the diversity and uniqueness of management approaches, policies and practices. Written by leading academics from a range of disciplinary backgrounds, this insightful book will provide students, researchers and academics with a better understanding of the unique aspects of tourism management and development of this growing form of adventure tourism across the world.

Tiger of the Snows

The Autobiography of Tenzing of Everest

The Himalaya by the Numbers

A Statistical Analysis of Mountaineering in the Nepal Himalaya

Vajra Publications A nirvana of mountaineering data for students of Himalaya climbing information - Written by two of the foremost experts in the world on mountaineering in the Himalaya - Data is presented and analyzed based on three distinct expeditionary periods in Himalayan climbing - Companion to The Himalayan Database What are the most dangerous peaks to climb in the Nepal Himalaya? What are the safest? When is the best time of year to climb? These and many other questions are answered in this comprehensive statistical analysis of climbing activity, ascents and fatalities in the Nepal Himalaya. Co-written by Elizabeth Hawley, the official historian of all expeditions for the past 50 years in the Nepalese Himalaya, and Richard Salisbury, a Himalayan mountaineer and retired computer analyst from the University of Michigan. Published by Vajra Publications and distributed in North America by Mountaineers Books.

Lonely Planet Istanbul

Lonely Planet Lonely Planet: The world's leading travel guide publisher Lonely Planet Istanbul is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Shop in the colourful and chaotic bazaars, visit the majestic Aya Sofya basilica; or take a ferry to the Black Sea; all with your trusted travel companion. Get to the heart of Istanbul and begin your journey now! Inside Lonely Planet Istanbul: Full-colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights give you a richer, more rewarding travel experience - music, tourism, politics, culture, history, architecture, literature, cinema, language, cuisine, culture/etiquette Free, convenient pull-out Istanbul map (included in print version), plus over 35 colour maps Covers Sultanahmet, Bazaar District, Western Districts, Beyoglu, Besiktas, Ortakoy, Kurucemesne, Kadikoy and more eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing The Perfect Choice: Lonely Planet Istanbul, our most comprehensive guide to Istanbul, is perfect for both exploring top sights and taking roads less travelled. Looking for just the highlights of Istanbul? Check out Pocket Istanbul, a handy-sized guide focused on the can't-miss sights for a quick trip. About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. The world awaits! Lonely Planet guides have won the TripAdvisor Traveler's Choice Award in 2012, 2013, 2014, 2015, and 2016. 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' -- Fairfax Media 'Lonely Planet guides are, quite simply, like no other.' - New York Times Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Illustrated Atlas of the Himalaya

University Press of Kentucky The Himalaya are world-renowned for their exquisite mountain scenery, ancient traditions, and diverse ethnic groups that tenaciously inhabit this harsh yet sublime landscape. Home to the world's highest peaks, including Mount Everest, and some of its deepest gorges, the region is a trove of biological and cultural diversity. Providing a panoramic overview of contemporary land and life in the Earth's highest mountains, the Illustrated Atlas of the Himalaya is the first full-color, comprehensive atlas of the geography, economics, politics, and culture of this spectacular area. Drawing from the authors' twenty-five years of scholarship and field experience in the region, the volume contains a stunning and unique collection of maps utilizing state-of-the-art cartography, exquisite photography, and engagingly-written text to give accurate coverage of the Himalaya. The volume covers the entire 2,700-kilometer length of the mountain range, from the Indus Valley in northern Pakistan and India, across Nepal and Bhutan, to the hidden realms of northeast India. The Illustrated Atlas of the Himalaya not only offers detailed explanations of geological formations, climate, vegetation, and natural resources but also explores the human dimension of the region's culture and economy. The authors devote special attention to discovery and travel, including exploration, mountaineering, and trekking. Packed with over 300 easy-to-read, custom designed full color maps and photographs and detailed text and map indexes, the Illustrated Atlas of the Himalaya is a superb collector's volume and an essential reference to this vast and complex mountain region.

Ascent

Two Lives Explored : the Autobiographies of Sir Edmund and Peter Hillary

Doubleday Books This autobiography interweaves the stories of the famous father and son adventurers, their separate impressions of the lives they have lived with one another and apart, and their pioneering expeditions to the top of the world

Touching My Father's Soul

A Sherpa's Journey to the Top of Everest

Harper Collins In a story of Everest unlike any told before, Jamling Tenzing Norgay gives us an insider's view of the Sherpa world. As Climbing Leader of the famed 1996 Everest IMAX expedition led by David Breashears, Jamling Norgay was able to follow in the footsteps of his legendary mountaineer father, Tenzing Norgay, who with Sir Edmund Hillary was the first to reach the summit of Mount Everest, in 1953. Jamling Norgay interweaves the story of his own ascent during the infamous May 1996 Mount Everest disaster with little-known stories from his father's historic climb and the spiritual life of the Sherpas, revealing a fascinating and profound world that few -- even many who have made it to the top -- have ever seen.

Chitwan-Annapurna Landscape

Drivers of deforestation and forest degradation

Our Trek to Everest Base Camp

Four men pursued life dreams to hike to Everest Base Camp and became brothers along the way: Brian Barber, Pony Ma, Peter Menke, and Steve Gomoll. They hiked 11 days, spending a total of 82 hours on the trail, and climbed (and descended) 9,163 feet during the month of October 2019. Photos taken by Steve Gomoll tell the story of their experiences.

Climb Mount Everest

TickTock Books Step into the shoes of a world-class mountaineer and join an expedition to climb the world's highest mountain. Plan the climb: how high; how long; equipment needed and timing. Use your maths skills to reach the summit and help your team descend again in safety.