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### KEY=11TH - RICHARD SWANSON

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#### PHYSICIAN ASSISTANT: A GUIDE TO CLINICAL PRACTICE E-BOOK

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Elsevier Health Sciences Entering its 6th edition, Physician Assistant: A Guide to Clinical Practice is the only text that covers all aspects of the physician assistant profession, the PA curriculum, and the PA's role in clinical practice. It is designed as a highly visual and practical resource to be used across the spectrum of lifelong learning, enabling students and practicing PAs to thrive in a rapidly changing health care system. Teaches how to prepare for each core clinical rotation and common electives, as well as how to work with atypical patient populations such as homeless patients and patients with disabilities. A succinct, bulleted writing style; convenient tables; practical case studies; and clinical application questions throughout enable you to master key concepts and clinical applications. Helps you master all the core competencies needed for certification or recertification. Addresses all six Physician Assistant Competencies, as well as providing guidance for the newly graduated PA entering practice. Includes quick-use resources, such as objectives and key points sections for each chapter, tip boxes with useful advice, abundant tables and images, and 134 updated case studies. Features chapters for the 7 core clinical rotations and 5 common electives, with key guidance on how to prepare effectively and what to expect. Provides updated health policy information, expanded information about international programs, cultural competencies, and pearls and pitfalls on working internationally as a PA. Outlines the basic principles of Interprofessional Education – an important new trend in medical education nationally. New chapters cover: Maximizing Your Education, Future of the Profession, Principles of PA Education, Managing Stress and Burnout, and many other topics.

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#### GOODMAN AND SNYDER'S DIFFERENTIAL DIAGNOSIS FOR PHYSICAL THERAPISTS - E-BOOK

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#### SCREENING FOR REFERRAL

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Elsevier Health Sciences Learn how to screen for systemic and medical conditions, and when to make a physician referral! Goodman and Snyder's Differential Diagnosis for Physical Therapists, 7th Edition helps you identify the signs and symptoms of systemic disease that can mimic neuromusculoskeletal conditions. A step-by-step approach includes the screening tools you need to make an accurate differential diagnosis, describing both red flags and yellow flags as well as risk factors. This edition includes a new Screening for Neurologic Conditions chapter. From an expert team of contributors led by PT educators John Heick and Rolando Lazaro, this guide makes it easier to determine whether to treat or to refer! UNIQUE! Five-step screening model is systems- and symptoms-based, and follows the standards for competency established by the American Physical Therapy Association, covering past medical history, risk factor assessment, clinical presentation, associated signs and symptoms, and review of symptoms. UNIQUE! Case studies are based on clinical experience and give real-world examples of how to integrate screening information into the diagnostic process and when to treat or refer. Evidence for the screening process is based on peer-reviewed literature, reporting on the sensitivity, specificity, and likelihood ratios of yellow (cautionary) and red (warning) flags. Quick-reference summaries include tables, boxes, follow-up questions, clinical signs and symptoms, and case examples. Key Points to Remember boxes at the end of each chapter provide quick, bulleted summaries of critical information. Practice Questions allow you to check your understanding of concepts presented in the chapters. Laboratory tests and values relating to physical therapist practice are presented in the inside front and back covers of the text for quick reference. Screening tools and checklists are available in the book and on the Evolve website, and are downloadable and printable for use in the clinic. NEW! Revised content throughout the book provides the most current information for effective practice, and includes updated references as well as a discussion of pain mechanisms. NEW Screening for Neurologic Conditions chapter focuses on conditions that require immediate referral when the neurologic condition is in the prodromal stage and have not yet been diagnosed by a medical professional. NEW! Updated screening tools include Optimal Screening for Prediction of Referral and Outcome Yellow Flag (OSPRO-YF) and Optimal Screening for Prediction of Referral and Outcome Review of Systems (OSPRO-ROS). NEW! Enhanced eBook version is included with every print purchase, allowing access to all of the text, images, and references from the book on a variety of devices. NEW! Updated appendices include screening tools and checklists, available in the eBook.

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#### DIFFERENTIAL DIAGNOSIS FOR PHYSICAL THERAPISTS- E-BOOK

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Elsevier Health Sciences Learn how to screen for red flags and when to refer clients to a medical specialist! Differential Diagnosis for Physical Therapists: Screening for Referral, 6th Edition provides a step-by-step approach to screening for systemic disease and medical conditions that can mimic neuromuscular and musculoskeletal problems. It describes both red flags and yellow flags, so you can recognize the signs and symptoms for conditions outside the scope of physical therapy practice. This edition includes new information on women's health issues. Written by experienced PT practitioner Catherine Cavallaro Goodman, this book helps you determine whether a client's symptoms require physical therapy or physician referral! UNIQUE! Five-step screening model is systems- and symptoms-based, and follows the standards for competency established by the American Physical Therapy Association, covering past medical history, risk factor assessment, clinical presentation, associated signs and symptoms, and review of symptoms. UNIQUE! Case studies are based on clinical experience and give real-world examples of how to integrate screening information into the diagnostic process and when to treat or refer. Evidence for the screening process is based on peer-reviewed literature, reporting on the sensitivity, specificity, and likelihood ratios of yellow (cautionary) and red (warning) flags. Key Points to Remember boxes at the end of each chapter provide quick, bulleted summaries of critical information. Quick-reference summaries include tables, boxes, follow-up questions, clinical signs and symptoms, and case examples. Screening tools and checklists are found in the book and on the Evolve website, and are downloadable and printable for use in the clinic. Quick response (QR) codes that can be scanned on a smartphone, tablet, or other mobile device provide links to valuable screening tools such as lists of questions for screening specific problems, checklists, intake forms, and assessment tests New content on women's health expands coverage of this important topic. UPDATES reflect the most current information on screening for referral. New associate editors — John Heick and Rolando Lazaro — bring fresh insight, as respected physical therapy educators. New! Color tabs make it easier to locate chapters and topics.

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#### BATES' GUIDE TO PHYSICAL EXAMINATION AND HISTORY TAKING

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Lippincott Williams & Wilkins Presents step-by-step instructions for physical examination techniques along with information on taking the patient history.

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#### FUNDAMENTALS OF THE PHYSICAL THERAPY EXAMINATION

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Jones & Bartlett Learning Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures, Second Edition provides physical therapy students and clinicians with the necessary tools to determine what questions to ask and what tests and measures to perform during a patient exam. This text utilizes a fundamental, step-by-step approach to the subjective and objective portions of the examination process for a broad spectrum of patients. This edition has been updated and revised to reflect the new APTA Guide 3.0, and the Second Edition also includes new and extensive coverage of goniometry and manual muscle testing techniques with more than 300 new photographs.

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#### FAMILY NURSE PRACTITIONER CERTIFICATION INTENSIVE REVIEW, FOURTH EDITION

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Springer Publishing Company If you are studying for the family nurse practitioner certification exam, the highly acclaimed Family Nurse Practitioner Certification Intensive Review is a must-have resource. Lauded for its concise, well-organized format, this fourth edition has been significantly revised and updated to feature key information about the new AANPCB and ANCC certification exams, all new end-of-chapter review questions, and new full-color images. The fourth edition also features four practice tests with hundreds of new questions and rationales—800 questions in total. Extensive test-taking techniques and question dissection and analysis chapters help you identify the best clues during the problem-solving process so that you can strategically master the certification exam. Designed to help FNP candidates boost their confidence through intensive review and high-quality questions, the fourth edition continues to provide succinct, precisely targeted “need-to-know” details of diseases and classic presentations you can expect to see in practice in patients across the life span. Organized by body system, chapters are consistently formatted to include Danger Signals, Normal Findings, Lab Findings, Benign Variants, and Disease Review topics. Each chapter features valuable Exam Tips and Clinical Pearls that highlight key considerations and information likely to be encountered on the exam, ideal for a last-minute refresher before test day. Ensure success by making this essential resource—praised by thousands for helping them pass their certification—a key part of your exam prep study regimen. Key Features: Includes updated information reflecting the new AANPCB and ANCC certification exams Introduces new end-of-chapter review questions to help you assess knowledge application and retention Features four practice tests with hundreds of new questions and rationales Provides a succinct and highly targeted review of diseases commonly seen in primary care, updated clinical information, all new color photos, and Exam Tips and Clinical Pearls to highlight key exam

content Outlines Danger Signals, Normal Findings, Lab Findings, and Benign Variants in physical assessment of each body system Delineates strategic question-dissection techniques to simplify the problem-solving process Offers an intensive pharmacology review and review of professional issues—ethical guidelines, professional roles, reimbursement, research, evidence-based medicine and epidemiology, and cultural considerations

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### **ORAL MEDICINE: A HANDBOOK FOR PHYSICIANS, AN ISSUE OF MEDICAL CLINICS,**

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Elsevier Health Sciences This issue of the Medical Clinics of North America, devoted to Oral Medicine, is edited by Drs. Eric T. Stoopler and Thomas P. Sollecito. Articles in this issue include: Anatomical and examination considerations of the oral cavity; Common dental and periodontal diseases; Common dental and orofacial trauma; Normal variations of oral anatomy and common oral soft tissue lesions; Oral cancer; Oral mucosal disorders; Temporomandibular disorders (TMDs); Orofacial pain syndromes; and Salivary gland disorders.

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### **ILLUSTRATED STUDY GUIDE FOR THE NCLEX-RN® EXAM EBOOK**

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Elsevier Health Sciences Who says studying for the NCLEX® can't be fun? Illustrated Study Guide for the NCLEX-RN® Exam, 11th Edition uses colorful drawings and mnemonic cartoons to help you review and remember the nursing content found on the NCLEX-RN examination. A concise outline format makes it easier to study key facts, principles, and applications of the nursing process. More than 2,500 NCLEX exam-style questions on the Evolve website allow you to create practice exams, identify your strengths and weaknesses, and review answers and rationales. Written by noted NCLEX expert JoAnn Zerwekh, this study guide provides a visual, unthreatening way to prepare for success on the NCLEX-RN exam. More than 2,500 review questions on the Evolve website allow you to practice test-taking in Study or Exam mode. UNIQUE! Mnemonic cartoons provide a fun, easy way to review and remember key nursing concepts and disease processes. UNIQUE! Integrated systems approach incorporates pediatric, adult, and older adult lifespan considerations for basic nursing care concepts. UNIQUE! Appendixes in each chapter summarize diagnostic tests, medications, and nursing procedures for quick reference. Answers and rationales are provided for all review questions. Alternate item format questions on Evolve prepare you for the interactive question types on the NCLEX examination, including priority, drag-and-drop, and hot-spot questions. Priority Concepts at the beginning of each chapter focus your attention on the chapter's key nursing concepts. Nursing Priority boxes make it easier to distinguish priorities of nursing care. Test Alert boxes highlight concepts frequently found on the NCLEX test plan. Pharmacology tables make key drug information easy to find, with high-alert medications noted by a special icon. Special icons distinguish pediatric and adult disorders, and identify Self-Care and Home Care content. NEW! Patient Scenarios and Next Generation NCLEX® (NGN) Examination-Style question types on the Evolve website provide practice with these new types of questions. NEW! Review of the NCSBN's clinical judgment model and six cognitive skills helps to prepare you for the nursing profession and taking the NCLEX-RN® examination. NEW! Pediatric content is moved into a separate new chapter and organized by body systems.

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### **RECOGNIZING AND REPORTING RED FLAGS FOR THE PHYSICAL THERAPIST ASSISTANT - E-BOOK**

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Elsevier Health Sciences Recognizing and Reporting Red Flags for the Physical Therapist Assistant will help you develop skills to recognize signs and symptoms that can compromise patient care. It is the first text to present a consistent, three-step model for monitoring patients for red flags relating to neuromuscular and musculoskeletal problems, medical diseases, side effects of medications, and other co-morbidities that may be unknown to the PT. Combining the insights of physical therapist Catherine Cavallaro Goodman and physical therapist assistant Charlene Marshall, this resource is unmatched in providing clear guidelines for finding and documenting red flags. Coverage of warning flags includes red and yellow flags, risk factors, clinical presentation, signs and symptoms, helpful screening clues, and guidelines for communicating with the PT, allowing you as the PTA to quickly recognize the need for any re-evaluation of the patient. Three-step approach to formative assessments of physical therapy patients provides a consistent way to watch for and report on adverse changes such as range of motion, strength, pain, balance, coordination, swelling, endurance, or gait deviations. PTA Action Plans show the clinical application of text material relating to observing, documenting, and reporting red (or yellow) flags to the physical therapist. Clinically relevant information includes the tools that you need to monitor the patient's response to selected interventions, and accurately and quickly report changes to the supervising PT. Picture the Patient sections address what to look for when assessing or working with patients, especially typical red flag signs and symptoms of emerging problems. Case examples and critical thinking activities connect theory to practice, showing the role of the PTA and how the PTA can integrate clinical observations with clinical reasoning skills so that they can. Cognitive processing-reasoning approach encourages you to learn to gather and analyze data, pose and solve problems, infer, hypothesize, and make clinical judgments, so that you can notify the supervising PT of clients who need further evaluation or may require a referral or consultation with other health care professionals. Summary boxes and tables highlight key information for quick reference. Key terminology is listed in each chapter, which each term bolded within the chapter and defined in a back-of-book glossary. Full-color illustrations and design clearly demonstrate pathologies and processes and make lookup easier in busy clinical settings. An Evolve companion website enhances your problem-solving and decision-making skills with additional case studies, problem-solving questions, and activities, as well as screening tools and checklists. Combined authorship by a physical therapist and physical therapist assistant provides an authoritative and unique voice in the PTA field.

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### **SEIDEL'S GUIDE TO PHYSICAL EXAMINATION - E-BOOK**

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Elsevier Health Sciences With a strong patient-centered approach to care and an author team comprised of nurses and physicians, Seidel's Guide to Physical Examination, 8th Edition, addresses teaching and learning health assessment in nursing, medical, and a wide variety of other health-care programs, at both undergraduate and graduate levels. This new edition offers an increased focus on evidence-based practice and improved readability, along with integrated lifespan content and numerous special features such as Clinical Pearls and Physical Variations, Functional Assessment, and Staying Well boxes. Evidence-Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care. Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills. Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients' functional ability. Staying Well boxes focus you on patient wellness and health promotion. Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions. Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings. Abnormal Findings tables equip you with a quick, illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology. Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data. NEW! Advance Practice Skills highlighted throughout text makes identification and reference easier for students. NEW! Updated content throughout provides you with cutting-edge research and a strong evidence-based approach to care. NEW! Vital Signs and Pain Assessment Chapter groups important, foundational tasks together for easy reference in one location. NEW! Improve readability ensures content remains clear, straightforward, and easy to understand. NEW! Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques.

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### **BATES' GUIDE TO PHYSICAL EXAMINATION AND HISTORY-TAKING**

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Lippincott Williams & Wilkins With the 11th edition, focus turns back to the student in nurse practitioner, physician's assistant, and medical programs. The text continues to be a trusted reference for nursing and medical students as well as practitioners. The art program has been revised to bring greater consistency and currency to the illustrations. Many photographs, particularly those depicting skin conditions, are being replaced with newer photos of higher quality. The well-respected and highly useful layout and organization of the book are retained. Each chapter has been reviewed and revised to keep the text up-to-date. The following features, long admired among dedicated Bates' users are also retained: · Detailed, beautifully depicted Tables of Abnormalities · Extensive Pediatric chapter · Illustrated Anatomy and Physiology review begins each chapter · Important information on Interviewing Techniques and Patient Communication · Outstanding line art program · Two-column format as guide for physical assessment · Useful Clinical tips throughout The ancillary assets are also being updated to redirect the focus toward higher level nursing students and medical students.

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### **FUNDAMENTALS OF TESTS AND MEASURES FOR THE PHYSICAL THERAPIST ASSISTANT**

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Jones & Bartlett Learning Fundamentals of Tests and Measures for the Physical Therapist Assistant provides students with the tools required to interpret the physical therapy evaluation and replicate the measurements and tests. This text guides students in learning how to utilize case information and documentation furnished by the PT to assist in the follow-up treatment.

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### **ROUTLEDGE HANDBOOK OF SPORTS THERAPY, INJURY ASSESSMENT AND REHABILITATION**

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Routledge The work of a sports therapist is highly technical and requires a confident, responsible and professional approach. The Routledge Handbook of Sports Therapy, Injury Assessment and Rehabilitation is a comprehensive and authoritative reference for those studying or working in this field and is the first book to comprehensively cover all of the following areas: Sports Injury Aetiology Soft Tissue Injury Healing Clinical Assessment in Sports Therapy Clinical Interventions in Sports Therapy Spinal and Peripheral Anatomy, Injury Assessment and Management Pitch-side Trauma Care Professionalism and Ethics in Sports Therapy The Handbook presents principles which form the foundation of the profession and incorporates a set of spinal and peripheral regional chapters which detail functional anatomy, the injuries common to those regions, and evidence-based assessment and management approaches. Its design incorporates numerous photographs, figures, tables, practitioner tips and detailed sample Patient Record Forms. This book is comprehensively referenced and multi-authored, and is essential to anyone involved in sports therapy, from their first year as an undergraduate, to those currently in professional practice.

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## PHYSICAL EXAMINATION AND HEALTH ASSESSMENT - CANADIAN E-BOOK

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Elsevier Health Sciences Get a clear, logical, and holistic approach to physical examination and health assessment across the lifespan! Using easy-to-follow language, detailed illustrations, summary checklists, and new learning resources Physical Examination and Health Assessment, 3rd Canadian Edition is the gold-standard in physical examination textbooks. This new edition reflects the latest in what is happening in nursing today with coverage of emerging trends, examples of how to document patient assessments using the Electronic Health Record, and new evidence-informed content throughout. It's easy to see why this text is #1 with Canadian nursing students! A two-column format distinguishes normal findings from abnormal findings, and uses colour, step-by-step photos to clarify examination techniques and expected findings. Sectional colour bars segment body systems according to content (Structure and Function, Subjective Data, Objective Data, Documentation and Critical Thinking, Abnormal Findings). Summary checklists offer reviews of key examination steps. Documentation and Critical Thinking sections provide real world clinical examples of specific patients and how to document assessment findings. Abnormal findings tables help you recognize, sort, and describe abnormalities. Separate chapter on Pregnancy provides a thorough foundation for assessing the pregnant patient. Developmental Considerations sections highlight content specific to infants, children, adolescents, pregnant women, and older adults. Promoting Health boxes focus on this key aspect of Canadian health care. NEW! Content covering the Electronic Health Record, charting, and narrative recording provides examples of how to document assessment findings. UPDATED Case Studies provide you with opportunities to test and develop your analytical skills and apply what you've learned. NEW! Approximately 150 normal and abnormal examination photos for the nose, mouth, throat, thorax, and pediatric assessment gives you a fresh perspective on these key system examinations, with cultural diversity and developmental variations. NEW! Social determinants of health considerations cover the shifting landscape of Canada's populations with strategies for integrating social, economic and ethnocultural diversity into your health assessments. NEW! Assessment strategies relevant to Indigenous populations, harm reduction, nutrition, and transgender persons inform practitioners on respectful, complete care.

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## MOSBY'S PREP GUIDE FOR THE CANADIAN PN EXAM E-BOOK

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### PRACTICE QUESTIONS FOR EXAM SUCCESS

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Elsevier Health Sciences Prepare for success on the REx-PNTM and CPNRE® exams! Mosby's Prep Guide for the Canadian PN Exam: Practice Questions for Exam Success is the only concise examination study tool to focus specifically on Canada's Practical Nurse licensure examination. Between the book and its accompanying website, this resource includes 1,000 practice questions along with a detailed rationale for each answer; it also provides valuable test-taking tips and strategies. From Canadian nursing experts Marianne Langille and Karen Katsademas, this self-study guide has everything you need to be completely ready for your PN exam. Strategic overview of the REx-PNTM and CPNRE® exams helps you prepare effectively for the Practical Nurse licensure examination. 600 practice questions in the book reflect the latest CCPNR national competencies (including Ontario and British Columbia) and provide three comprehensive practice exams of 200 questions each. Additional 400 practice questions on the companion Evolve website (for a total of 1,000) allow you the flexibility to test yourself in exam mode and self-study mode, with instant feedback to assess your progress. Rationales for answers explain why your answer is correct or incorrect. Test-taking tips and techniques help you answer the "tricky" questions, select the best answer from a choice of possible solutions, and tackle short-answer questions. Classification legends indicate the competency and taxonomy being tested for each question. Practical appendix includes the Entry-Level/Entry-to-Practice Canadian Council for Practical Nurse Regulators (CCPNR) Competencies for both the CPNRE® and the REx-PNTM licensure examinations. Study tools make it easier to determine the correct answer options. REx-PNTM format practice questions on Evolve provide an introduction and exam preparation for exam writers in Ontario and British Columbia.

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## ULRICH & CANALE'S NURSING CARE PLANNING GUIDES, 8TH EDITION REVISED REPRINT WITH 2021-2023 NANDA-I® UPDATES - E-BOOK

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Elsevier Health Sciences Ulrich & Canale's Nursing Care Planning Guides, 8th Edition Revised Reprint with 2021-2023 NANDA-I® Updates - E-Book

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### MIDWIFERY & WOMEN'S HEALTH NURSE PRACTITIONER CERTIFICATION REVIEW GUIDE

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Jones & Bartlett Learning Preceded by: Midwifery and women's health nurse practitioner certification review guide / Beth M. Kelsey and Jamille Nagtalon-Ramos. Third edition. [2015].

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### CLINICAL MEDICAL ASSISTING

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Jones & Bartlett Publishers "The purpose of this book is to offer a complete resource for clinical medical assistant training by providing a thorough education to prepare medical assistant students for clinical practice"--Provided by publisher.

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## ULRICH & CANALE'S NURSING CARE PLANNING GUIDES E-BOOK

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### PRIORITIZATION, DELEGATION, AND CLINICAL REASONING

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Elsevier Health Sciences Confidently plan individualized care for clients in acute care, extended care, and home care environments with Ulrich & Canale's Nursing Care Planning Guides: Prioritization, Delegation, and Clinical Reasoning, 8th Edition. This in-depth nursing care planning guide features 31 detailed nursing diagnosis care plans and 63 disease/disorder care plans that are keyed to specific expected outcomes and interventions. With updated content and the most recent NANDA-I® nursing diagnoses, NIC® interventions, and NOC® outcomes, it reflects the latest nursing taxonomies and evidence-treatment protocols. The most in-depth care plans of any nursing care planning book foster clinical reasoning and promote effective clinical decision-making. 31 nursing diagnosis care plans provide detailed interventions with rationales and documentation guidelines for the most common NANDA-I® nursing diagnoses. 63 in-depth disease/disorder care plans serve as a complete reference for the most common disorders in acute care, extended care, and home care settings. UNIQUE! Care plan format with a focus on prioritized nursing interventions, interventions that can be delegated, and documentation criteria, as well as differentiation between independent and collaborative nursing actions, provides a comprehensive and practical care planning tool. In-depth patient teaching content, with each disorder care plan, concluding with a "Deficient Knowledge" diagnosis with extensive discharge teaching information, serves as a guideline for planning client education. A complete discussion of caring for older adult clients and changes that occur with aging helps you understand the unique considerations of caring for this growing population group. Nursing and collaborative diagnoses are linked to actions and rationales. Body system organization makes content easy to locate.

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### CREATING A HEALTHY SCHOOL

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### USING THE HEALTHY SCHOOL REPORT CARD

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ASCD Updated to reflect current research and new standards, this Canadian edition of the action tool guides you through the process of assessing your school's health programming and working with the community to create a healthy school environment. It is an essential resource for educators who are committed to helping students be emotionally and physically healthy, motivated, civically engaged, and prepared for work and economic self-sufficiency.

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## NSCA'S GUIDE TO HIGH SCHOOL STRENGTH AND CONDITIONING

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Human Kinetics The need for qualified high school strength and conditioning professionals has never been greater. Whether following the framework for long-term athletic development or teaching weight training as a lifelong fitness activity, you need to offer both the environment and instructional skills to safely develop strong student-athletes. NSCA's Guide to High School Strength and Conditioning will equip you to deliver the highest-quality program in the high school setting—whether you are a strength and conditioning professional, physical education teacher, sport coach, or administrator. Written by a team of contributors within the world-renowned National Strength and Conditioning Association, NSCA's Guide to High School Strength and Conditioning summarizes the primary duties and responsibilities of the various positions and roles that contribute to developing a safe and effective program. It provides insights into the benefits of offering a strength and conditioning program at the high school level and offers advice for the implementation of such a program. Examples are also provided for strength-and-conditioning-related PE curriculums to demonstrate how those types of programs can work and how they connect to the SHAPE America national standards and grade-level outcomes. The text is loaded with information that can be practically applied to any high school program. You will learn the variables to consider when designing a resistance or cardiovascular training program and 13 detailed protocols for conducting assessments so you can objectively evaluate movement and performance. Detailed exercise descriptions include beginning position, movement phases, breathing guidelines, modifications and variations, and coaching tips. The descriptions, along with accompanying photos, teach proper technique for 28 common resistance training exercises, 10 bodyweight exercises, 12 anatomical core exercises, 11 static and dynamic stretching exercises, 12 plyometric exercises, 10 speed and agility drills, and 5 cardio machines. Sample warm-up sequences and exercise sessions for resistance, plyometric, speed and agility, cardiovascular, and circuit training are also provided—all of which follow the programming guidelines and recommendations for high school student-athletes. NSCA's Guide to High School Strength and Conditioning includes the evidence-driven

information that will help any high school strength and conditioning professional—including both coaches and teachers—to become the best practitioner possible. This valuable resource is one that you will turn to for many years to come as you build a solid strength and conditioning community for your student-athletes.

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### **PRIMARY CARE FOR THE PHYSICAL THERAPIST - E-BOOK**

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#### **EXAMINATION AND TRIAGE**

Elsevier Health Sciences Specifically designed to address the expanding role of physical therapists in primary care, the second edition of *Primary Care for the Physical Therapist: Examination and Triage* provides the information you need to become an effective primary care provider. Acquire the communication and differential diagnosis skills, technical expertise, and clinical decision-making ability to meet the challenges of a changing profession with this unparalleled resource. Emphasizes communication skills vital for establishing rapport and gathering data. Patient interview guides identify what data to collect and how to use it. Overview of the physical examination lays the foundation for different diagnosis and recognition of conditions. A section on Special Populations equips the PT to handle common problems encountered in primary care. Unique approach details pharmacology and diagnostic procedures from a PT perspective for clinically relevant guidance. New information enhances your understanding of the foundations of practice and how to screen and examine the healthy population. Content is reorganized and updated to reflect the current state of PT practice. Companion Evolve resources website enables you to independently review techniques from the text. Top 10 Medical Conditions to Screen For chapter details conditions that have major significance in incidence, mortality, and morbidity all in one place. Separate chapters on upper and lower quarter screening and a new chapter on symptom investigation by symptom help you screen medical conditions more effectively.

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### **FUNDAMENTALS OF NURSING - E-BOOK**

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Elsevier Health Sciences Learn the concepts and skills you need to provide excellent nursing care! *Fundamentals of Nursing, 10th Edition* prepares you to succeed as a nurse by providing a solid foundation in critical thinking, clinical reasoning, nursing theory, evidence-based practice, and patient-centered care in all settings. With illustrated, step-by-step guidelines, this book makes it easy to learn important skills and procedures. Care plans are presented within a nursing process framework, and case studies show how to apply concepts to nursing practice. From an expert author team led by Patricia Potter and Anne Perry, this bestselling nursing textbook helps you develop the understanding and clinical reasoning you need to succeed in the classroom and in your career.

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### **CONCEPTUAL NURSING CARE PLANNING**

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Elsevier Health Sciences 73 conceptual nursing care plans are based on Giddens concepts. Logical format for conceptual nursing care plans includes a definition of the concept, clinical problems, common causes, manifestations, outcomes, interventions, related concepts, and related clinical problems. Guidance for prioritized care planning organizes interventions in an assess-intervene-teach format, to help identify the most important priority interventions for patients. Use of standardized nursing language conveys concepts and clinical problems in easily understandable language that is commonly used in clinical settings, organizing care plans around terminology recognized by the American Nurses Association and easily understood by other healthcare professionals. UNIQUE! Wide-ranging approach covers concepts that are not addressed in other texts, such as health disparities, risk in pregnancy, impaired immunity, substance use, sensory deficits, continuity of care, and the dying process. Introduction opens the book by explaining the components of a conceptual nursing care plan and how to use the book to create patient-centered nursing care plans. Conceptual Care Map Creator on the Evolve website helps document care planning projects and clinical assignments. Expert authors Mariann Harding and Debra Hagler are nursing thought leaders and editors of the bestselling *Lewis's Medical Surgical Nursing: Assessment and Management of Clinical Problems*.

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### **MEDICAL-SURGICAL NURSING**

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Pearson Higher Education AU The focus of this product package is to provide students with a strong knowledge base, an understanding of contemporary practice issues in Australia and the capacity for sound clinical reasoning. You will use these professional attributes in order to provide safe and effective nursing care. This easily understood, straightforward Australian edition integrates the following concepts: epidemiology, pathophysiology, pharmacology, legal and ethical issues, therapeutic communication, interprofessional communication and cultural safety.

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### **MOSBY'S TEXTBOOK FOR NURSING ASSISTANTS - SOFT COVER VERSION - E-BOOK**

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Elsevier Health Sciences With step-by-step instructions for over 100 nursing assistant procedures, *Mosby's Textbook for Nursing Assistants, 8th Edition* makes it easy to master the skills you need to succeed as a nursing assistant. Known for its visual approach and comprehensive, easy-to-read coverage, this market-leading text emphasizes the importance of the patient or resident as a person, communication, safety, comfort, effective delegation, and teamwork and time management. This edition provides expanded content on the person's rights and pressure ulcers. The updated companion CD includes three new procedures, an updated audio glossary, and more. Written by respected educator Sheila Sorrentino and expert co-author Leighann Remmert, *Mosby's Textbook for Nursing Assistants* makes nurse assisting easy to learn.

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### **BRADDOM'S PHYSICAL MEDICINE AND REHABILITATION E-BOOK**

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Elsevier Health Sciences Thoroughly updated to reflect the latest advances and technologies, *Braddom's Physical Medicine and Rehabilitation, 6th Edition*, remains the market leader in the field of PM&R. For more than 20 years, this bestselling reference has been the go-to resource for the entire rehabilitation team, providing in-depth coverage of essential core principles along with the latest research, technologies, and procedures that enhance patient care and facilitate optimal return to function. In this edition, lead editor Dr. David X. Cifu and his team of expert associate editors and contributing authors employ a more succinct format that emphasizes need-to-know material, incorporating new key summary features, including high-yield information and study sheets for problem-based learning. Focuses more heavily on rehabilitation, with case studies throughout and more comprehensive coverage of stroke evaluation, rehabilitation, and therapies. Provides expanded information on key topics such as interventional pain management options, gait and prosthetics, USG, fluoroscopy, electrodiagnosis and more. Features a new chapter on Occupational Medicine and Vocational Rehabilitation, plus enhanced coverage of the neurogenic bladder, rehabilitation and prosthetic restoration in upper limb amputation, and acute medical conditions including cardiac disease, medical frailty, and renal failure. Discusses quality and outcome measures for medical rehabilitation, practical aspects of impairment rating and disability determination, integrative medicine in rehabilitation, and assistive technology. Offers highly illustrated, templated chapters that are easy to navigate without sacrificing coverage of key topics. Includes access to dozens of even more practical videos and hundreds of integrated self-assessment questions for more effective learning and retention.

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### **SAUNDERS Q & A REVIEW FOR THE NCLEX-RN(R) EXAMINATION: SECOND SOUTH ASIA EDITION - E-BOOK**

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Elsevier Health Sciences *Saunders Q & A Review for the NCLEX-RN(R) Examination: Second South Asia Edition - E-book*

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### **SAUNDERS Q&A REVIEW FOR THE NCLEX-RN® EXAMINATION - E-BOOK**

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Elsevier Health Sciences Practice makes perfect with *Saunders Q&A Review for the NCLEX-RN® Examination, 8th Edition*. This popular review offers more than 6,000 test questions, giving you all the Q&A practice you need to pass the NCLEX-RN examination! Each question enhances review by including a test-taking strategy and rationale for correct and incorrect answers. Questions are organized to match the Client Needs and Integrated Processes found in the most recent NCLEX-RN test plan. Q&A practice is also provided on the Evolve companion website, with many study and testing options — including an option to select practice questions by health problem/medical diagnosis. From the most trusted names in NCLEX review, Linda Anne Silvestri and Angela Silvestri, this resource is part of the popular *Saunders Pyramid to Success*. Detailed test-taking strategies for each question provide clues for analyzing and selecting the correct answer. Comprehensive rationales are provided for both correct and incorrect answer options. Chapters organized by Client Needs reflect the latest NCLEX-RN test plan. Evolve companion website includes more than 6,000 questions with robust study and self-testing options. A 75-question pre-test generates a study calendar to guide your exam preparation. Questions on the Evolve companion site may be sorted by cognitive ability, NCLEX client needs area, content area, integrated process, health problem, priority concept, strategy, or alternate item format to help you focus on the question types you find most difficult. A 75-question post-test helps you evaluate your progress. All alternate item question types are represented, including multiple response, prioritizing/ordered response, fill-in-the-blank, illustration/hot spot, chart/exhibit questions, graphic option, questions incorporating audio, case studies, and Next-Generation NCLEX-style question types. A Priority Nursing Tip for each question highlights need-to-know patient care information. Introductory chapters cover preparation guidance for the NCLEX-RN and the computerized adaptive testing (CAT) format, nonacademic preparation, test-taking strategies, and the NCLEX-RN from a new graduate's perspective. Three audio reviews on the Evolve companion website cover acid-base balance, fluids and electrolytes, and pharmacology. Appropriate for all test takers in the US and Canada — includes metric, SI, and imperial units, as applicable. Questions written at higher cognitive levels (applying, analyzing, synthesizing, evaluating, and creating) correspond to the NCLEX, where most items are written at the application level or higher.

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**MUSCLE AND SENSORY TESTING - E-BOOK**

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Elsevier Health Sciences Mastering the art of manual muscle and sensory testing is the first step on your path to becoming a physical therapist (PT). This easy-to-follow, logically organized resource includes an overview of muscle strength assessment and precise anatomic testing techniques for upper extremities, lower extremities, and head, neck, and trunk; functional muscle tests; tests for mental status, cranial nerves, and superficial reflexes; and use of observational gait analysis as a screening tool. Photographs of testing procedures, line drawings of various innervations, and video clips showing manual muscle testing procedures augment your understanding of this important skill area. Photographs and illustrations demonstrate various techniques to help you better understand positioning, stabilization, and common substitutions. Chapters follow a logical progression from muscle testing to sensory testing to gait assessment, making the learning process clear. Chapters on dynamometry, sensory examination, neurologic examination, and gait provide you with additional need-to-know information on these key topics. NEW! Techniques of Functional Muscle Testing chapter includes completely revised content to give you a strong foundation of testing techniques. UPDATED! Expanded clinical notes and case vignettes challenge you to apply your knowledge to real-world situations and think creatively about clinical problems. UPDATED! Consistent chapter layout by joint and muscle system allows you to easily locate important information. UPDATED! References throughout the book enable you to quickly find the most up-to-date sources on specific topics. UNIQUE! 185 Video clips on the companion Evolve website reinforce your understanding of key techniques, such as muscle tests, handheld dynamometry, pediatric handheld dynamometry, sensory and neurologic testing, proper patient and clinician positioning, and force application.

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**HANDBOOK OF TEACHING FOR PHYSICAL THERAPISTS - E-BOOK**

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Elsevier Health Sciences Whether you are practicing in an in-patient or an out-patient facility, academic institution, or clinical residency program, this well-respected handbook gives you the background and guidance you need to effectively educate individuals across the continuum of physical therapy practice. Practical, real-life examples show you how to: incorporate health literacy and needs of the learner; assess and adapt to the various learning styles of patients; use simulations in education; facilitate the development of clinical reasoning skills; and assess learning outcomes and the effectiveness of your teaching. Plus, four all-new chapters and major revisions of all content throughout the book keep you on top of the latest research and best practices. Coverage of the theory and application of educational principles across the continuum of PT practice provides the information you need to improve your skills in the educational process both in academic and clinical settings. Two section format divides content into two parts: designing academic and clinical education programs and teaching students in academic and clinical settings; and teaching patients and families in clinical and community settings. Variety of teaching and teaching assessment methods expands your teaching, learning, and assessment repertoires. Case stories at the beginning of each chapter allow you to see the relevance of the information in the chapter. Threshold concepts highlight key ideas that are important to know. Annotated bibliography at end of each chapter provides resources for further study. NEW! Chapter on Authentic Assessment: Simulation-Based Education reflects the new ways to facilitate student learning through the use of human simulation models. NEW! Chapter on Strategies for Planning and Implementing Interprofessional Education covers the fundamental concepts of team-based care and interprofessional learning. NEW! Chapter on What Makes a Good Clinical Teacher? translates current research on clinical teaching into clinical education and practice. NEW! Chapter on Facilitating the Teaching and Learning of Clinical Reasoning helps you apply current research on clinical reasoning in rehabilitation to clinical education and teaching. NEW! Two combined chapters on Patient Education and Health Literacy (previously chapters 8 and 12) and Applied Behavioral Theory and Adherence: Models for Practice (previously chapters 9 and 10) provide focused presentations on current thinking and practical strategies for addressing health literacy issues in the clinical environment. NEW! Expanded chapter on Post-Professional Clinical Residency and Fellowship Education offers more information on models and trends in residency education and mentoring.

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**CLAYTON'S BASIC PHARMACOLOGY FOR NURSES - E-BOOK**

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Elsevier Health Sciences Master the basic principles of pharmacology and safe medication administration with Clayton's Basic Pharmacology for Nurses, 18th Edition. Known for its impeccably accurate and up-to-date drug content, this best-selling text consistently underscores medication safety as it guides you in applying pharmacology information to the nursing process. Introductory units acquaint you with the basic principles of pharmacology and medication administration, while subsequent body-system units prepare you to apply the nursing process to every major disorder. Clear guidelines cover safe drug handling, the types of drugs used for disorders or to affect body systems, injection and enteral administration, and patient education. From a respected author team, this full-color text also provides an excellent review for the pharmacology questions on the NCLEX® examination. Medication safety is underscored through Medication Safety Alerts and Clinical Pitfall boxes, as well as Do-Not-Confuse and High Alert icons. Unit on medication administration clearly and visually outlines assessment, techniques, procedures, and documentation for safe administration of percutaneous, enteral, and parenteral drugs. Application of the nursing process offers an overview of general principles of nursing care for each disorder as well as specific nursing considerations for the drug treatment. Lifespan Considerations boxes for children and for older adults draw attention to information that would be especially important when giving a specific drug to patients of those age groups. Drug tables clearly outline generic and brand names, availability, and dosage ranges for key medications for each disorder. Clinical Goldmine boxes focus on best practices in the clinical setting. Get Ready for the NCLEX® Examination! section at the end of each chapter covers key points from the chapter as well as review questions to help prepare for course assessments and the NCLEX Examination. Video clips on medication administration procedures provide a visual reference for safe medication administration. Key terms with phonetic pronunciations and text page references are listed at the beginning of each chapter. NEW! Chapter on Neurodegenerative Disorders covers drugs for dementia and Alzheimer's Disease. NEW! Updated guidelines on diabetes, heart failure, asthma, COPD, and cancer ensure readers are versed in the latest treatment protocols. NEW! Accurate and up-to-date coverage includes the most recent FDA approvals, withdrawals, therapeutic uses, and content on cultural considerations related to each drug class.

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**PROMOTING ACTIVE LIFESTYLES IN SCHOOLS**

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Human Kinetics Promoting Active Lifestyles in Schools helps you promote healthy, active lifestyles in schools—in physical education classes and throughout the day. The text includes diverse activities that are developmentally appropriate, inclusive and progressive; monitoring tools; and a web resource to aid learning and implementation. The authors also suggest ways to work with parents and caregivers to promote active lifestyles.

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**ADULT-GERONTOLOGY PRIMARY CARE NURSE PRACTITIONER CERTIFICATION REVIEW**

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Elsevier Health Sciences Get the expert study tools you need to prepare for Adult-Gerontology Primary Care Nurse Practitioner certification! New from best-selling author JoAnn Zerwekh, Adult-Gerontology Primary Care Nurse Practitioner Certification Review has been carefully written and organized to mirror the AANP and ANCC test blueprints. The first edition of this robust study tool includes more than 1,400 multiple-choice questions that reflect the latest evidence-based clinical practice and national treatment guidelines and protocols. At the end of every chapter you'll find an Answers and Rationales section for instant remediation. Additionally, you can study anytime and anywhere with a mobile-optimized website that generates exams with questions taken from the book, plus new illustration-based and ordered-response questions. NEW! Expert exam prep matching the latest AANP and ANCC exam blueprints and item formats, including multiple-choice questions in print and ordered-response and image-based questions online. NEW! More than 1,400 practice questions with answers and detailed rationales for correct answers NEW! Questions mirroring the Primary Care AGPCNP certification exams cover the latest information on assessment, diagnosis, patient education, planning and intervention, evaluation of response to health care, health promotion strategies, scope of practice, and ethics. NEW! Up-to-date clinical content reflects the very latest evidence-based clinical practice and national treatment guidelines and protocols. NEW! Randomly generated practice exams online deliver an unlimited number of practice exams with automated grading and feedback. NEW! Chapter on Test-Taking Strategies guides you through techniques to increase clinical reasoning skills, improve testing skills, learn strategies for decreasing anxiety, and employ tips to improve study habits. NEW! QSEN-focused questions highlight the graduate-level safety competency of the Quality & Safety Education for Nurses (QSEN) initiative. NEW! Clinical chapters are divided into three areas to make it easy to locate specific information within each body system. Elsevier Health Sciences

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**ADULT HEALTH NURSING - E-BOOK**

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Elsevier Health Sciences Covering basic anatomy & physiology and medical-surgical nursing for the LPN/LVN, Adult Health Nursing, 7th Edition provides just the right amount of information you need — with a level of detail that is neither overwhelming nor too superficial. Guidelines for patient care are presented within the framework of the five-step nursing process; Nursing Care Plans are described within a case-study format to help you develop skills in clinical decision-making. Written by Kim Cooper and Kelly Gosnell, this text includes review questions to help you prepare for the NCLEX-PN® examination! Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial. Chapters begin with an overview of anatomy and physiology, providing a clear, basic understanding of A&P that LPN/LVNs need to know. The consistent, logical framework of the nursing process connects specific disorders to patient care. Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings, with considerations for special populations. Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions. Skills in a step-by-step format with full-color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice. Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs. Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills. An emphasis on communication features real-life examples of nurse-patient dialogue and illustrates practical guidelines for effective communication. Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members. Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse. Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting. Health Promotion boxes provide key information on staying healthy and preventing disease, with tips on wellness from Healthy People 2010.

Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care. Complementary and Alternative Therapy boxes includes disorder-specific therapies, precautions, and possible side effects of non-traditional treatments. UPDATED illustrations include photographs of common nursing skills. NEW! Icons in page margins indicate videos, audios, and animations on the Evolve companion website that may be accessed for enhanced learning. UPDATED writing style provides an easy-to-read, professional tone.

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**BRADDOM'S PHYSICAL MEDICINE AND REHABILITATION**

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Elsevier Health Sciences Preceded by: Physical medicine and rehabilitation / [edited by] Randall L. Braddom. 4th ed. c2011.

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**PREPARING FOR THE OCCUPATIONAL THERAPY NATIONAL BOARD EXAM: 45 DAYS AND COUNTING**

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Jones & Bartlett Publishers Preparing for the Occupational Therapy National Board Exam: 45 Days and Counting, Second Edition is a comprehensive overview for occupational therapist students preparing to take the National Board for Certification in Occupational Therapy (NBCOT) OTR exam. It utilizes a well-received health and wellness focus and includes tips and self-assessment forms to develop effective study habits. Unlike other OTR examination review guides, this text chooses to provide a more structured and holistic approach, including a detailed calendar and plan of study for the 45 days leading up to the exam.

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**PREPARING FOR THE OCCUPATIONAL THERAPY ASSISTANT NATIONAL BOARD EXAM: 45 DAYS AND COUNTING**

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Jones & Bartlett Learning Preparing for the Occupational Therapy Assistant Board Exam: 45 Days and Counting provides a comprehensive overview for occupational therapy assistant students preparing to take the Certified Occupational Therapy Assistant (COTA) exam. Each new print copy includes Navigate 2 Preferred Access that unlocks a complete eBook, Study Center, Homework and Assessment Center, Navigate 2 TestPrep with over 500 practice questions.

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**ASPC MANUAL OF PREVENTIVE CARDIOLOGY**

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Demos Medical Publishing This is a highly practical resource focusing on the application of current guidelines and practice standards in the clinical management of cardiovascular risk factors. It reflects the most current information and clinical practices, including the growing number of biomarkers and genetic variants that have greatly changed the understanding of the pathophysiology of cardiovascular risk. The primer presents concise descriptions of each major cardiovascular risk factor, key methodologies in cardiovascular risk assessment, special issues in risk assessment of specific patient populations, and practical, to-the-point discussions of current best practices in clinical management.