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ABNORMAL PSYCHOLOGY

[Wiley](#) This text is an unbound, binder-ready edition. For nearly four decades, Abnormal Psychology has been a trusted resource for instructors and students. Known for its comprehensive coverage of current research, theory and treatment, Abnormal Psychology has long been praised for its multiple paradigm approach and coverage of cutting-edge research and theory which are central to the discipline. The 12th Edition boasts a number of updated references throughout the text, with new clinical cases and figures. New material on culture and ethnicity and how it impacts the study of psychopathology and intervention.

ABNORMAL PSYCHOLOGY, 12TH EDITION DSM-5 UPDATE

[Wiley Global Education](#) For nearly four decades, Abnormal Psychology has been a trusted resource for instructors and students. Known for its comprehensive coverage of current research, theory and treatment, Abnormal Psychology has long been praised for its multiple paradigm approach and coverage of cutting-edge research and theory which are central to the discipline.

ABNORMAL PSYCHOLOGY

[Wiley Global Education](#) **Abnormal Psychology: The Science and Treatment of Psychological Disorders** consists of a balance and blending of research and clinical application, the use of paradigms as an organizing principle, and involving the learner in the kinds of real-world problem solving engaged in by clinicians and scientists. Students learn that psychopathology is best understood by considering multiple perspectives and that these varying perspectives provide the clearest accounting of the causes of these disorders as well as the best possible treatments.

ABNORMAL PSYCHOLOGY, SECOND EDITION (LLF-B/W)

CULTURE AND PSYCHOLOGY

[Cengage Learning](#) **CULTURE AND PSYCHOLOGY**, 6th Edition illustrates how and why culture influences mental processes and behaviors in humans, and is relevant for anyone interacting with people from different cultures. Incorporating current research that highlights the relationship between culture and psychology, the authors' use a cross-cultural framework that gives students the tools necessary for evaluating many psychological processes and principles from a cultural perspective. In addition, the text encourages students to question traditionally held beliefs and theories and their relevance to different cultural groups today, and to apply what they learn to their own lives. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

ABNORMAL PSYCHOLOGY

PERSPECTIVES

The Canadian experts speak: Dozois, **Abnormal Psychology 5e with MySearchLab**, now in full-psychedelic colour! **Abnormal Psychology: Perspectives** exemplifies its subtitle by cohesively presenting the numerous individual perspectives of its expert contributors. It presents the differing psychological perspectives by discussing various relevant paradigms with emphasis on the conceptual approaches and therapeutic interventions that have garnered the most empirical support in research literature. As a ground-up Canadian text, it features indigenous case studies, legal and ethical issues, prevention programs, and ground-breaking research, as well as the history of abnormal psychology in this country. The new edition features a new full-colour interior, coverage of the DSM-5 including a disorder-by-disorder comparison with the DSM-IV, three new Canadian contributors, and a new chapter on Sexual Gender Identity Disorder. The organization, level, and features of each chapter have also been standardized to resulting in a more consistent, unified student experience.

HEALTH PSYCHOLOGY

BIOPSYCHOSOCIAL INTERACTIONS

[Wiley Global Education](#) Ed Sarafino and Timothy Smith draw from the research and theory of multiple disciplines in order to effectively demonstrate how psychology and health impact each other. The newly updated 9th Edition of **Health Psychology: Biopsychsocial Interactions** includes a broader picture of health psychology by presenting cross-cultural data. Furthermore, international examples are also included to further explore the psychologist's perspective of health issues around the world and highlight what works in the field. The psychological research cited in the text supports a variety of behavioral, physiological, cognitive, and social/personality viewpoints. An emphasis on lifespan development in health and illness is integrated throughout the text.

ABNORMAL CHILD AND ADOLESCENT PSYCHOLOGY

PEARSON NEW INTERNATIONAL EDITION COURSESMART ETEXTBOOK

[Psychology Press](#) **Abnormal Child and Adolescent Psychology with DSM-5 Updates**, 8/e presents students with a comprehensive, research-based introduction to understanding child and adolescent psychopathology. The authors provide a logically formatted and easy to understand text that covers the central issues and theoretical and methodological foundations of childhood behavior disorders. Rich with illustrations and examples, this text highlights the newest areas of research and clinical work, stressing supported treatments and the prevention of behavior problems of youth.

ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR

[Cengage Learning](#) **ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR**, 3rd Edition offers the same multidimensional focus, multicultural emphasis, topical coverage, and engaging style as its comprehensive counterpart -- **UNDERSTANDING ABNORMAL BEHAVIOR** -- in a condensed, student-friendly format. Updated to reflect DSM-5 and the newest scientific, psychological, multicultural, and psychiatric research, the text introduces and integrates the Multipath Model of Mental Disorders to explain how biological, psychological, social, and sociocultural factors interact to cause mental disorders. A focus on resilience highlights prevention and recovery from the symptoms of various disorders, and the book also continues its emphasis on the multicultural, sociocultural, and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of particular importance and relevance to college students. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

THE FEMALE BRAIN

[Harmony](#) Since Dr. Brizendine wrote *The Female Brain* ten years ago, the response has been overwhelming. This New York Times bestseller has been translated into more than thirty languages, has sold nearly a million copies between editions, and has most recently inspired a romantic comedy starring Whitney Cummings and Sofia Vergara. And its profound scientific understanding of the nature and experience of the female brain continues to guide women as they pass through life stages, to help men better understand the girls and women in their lives, and to illuminate the delicate emotional machinery of a love relationship. Why are women more verbal than men? Why do women remember details of fights that men can't remember at all? Why do women tend to form deeper bonds with their female friends than men do with their male counterparts? These and other questions have stumped both sexes throughout the ages. Now, pioneering neuropsychiatrist Louann Brizendine, M.D., brings together the latest findings to show how the unique structure of the female brain determines how women think, what they value, how they communicate, and who they love. While doing research as a medical student at Yale and then as a resident and faculty member at Harvard, Louann Brizendine discovered that almost all of the clinical data in existence on neurology, psychology, and neurobiology focused exclusively on males. In response to the overwhelming need for information on the female mind, Brizendine established the first clinic in the country to study and treat women's brain function. In *The Female Brain*, Dr. Brizendine distills all her findings and the latest information from the scientific community in a highly accessible book that educates women about their unique brain/body/behavior. The result: women will come away from this book knowing that they have a lean, mean, communicating machine. Men will develop a serious case of brain envy.

BLUEPRINTS PSYCHIATRY

[Lippincott Williams & Wilkins](#) **Publisher's Note:** Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Concise and focused on high-yield content, this 6th Edition of *Blueprints Psychiatry* makes it easy for busy clerkship students to prep for shelf exams and the USMLE during moments of calm between busy hospital and clinical responsibilities.

HANDBOOK OF COGNITION AND EMOTION

[Guilford Press](#) **Comprehensively** examining the relationship between cognition and emotion, this authoritative handbook brings together leading investigators from multiple psychological subdisciplines. Biological underpinnings of the cognition-emotion interface are reviewed, including the role of neurotransmitters and hormones. Contributors explore how key cognitive processes -- such as attention, learning, and memory -- shape emotional phenomena, and vice versa. Individual differences in areas where cognition and emotion interact -- such as agreeableness and emotional intelligence -- are addressed. The volume also analyzes the roles of cognition and emotion in anxiety, depression, borderline personality disorder, and other psychological disorders.

ABNORMAL PSYCHOLOGY

[SAGE Publications](#) In *Abnormal Psychology*, best-selling author William J. Ray brings together current perspectives concerning the manner in which the human mind, behavior, and experience can be understood. In addition to the traditional psychological literature, this book draws from work in the cognitive and affective neurosciences, epidemiology, ethology, and genetics. Ray focuses on unifying and integrating the biopsychosocial understandings of human behavior within a broader consideration of human culture and language as it applies to abnormal psychology. With coverage of DSM-5, ICD-11, and RDoC, the fully revised Third Edition puts even greater emphasis on the range of human experiences and medical comorbidities and includes additional references to representations of mental health in popular culture to connect readers with familiar examples. This title is accompanied by a complete teaching and learning package. Contact your SAGE representative to request a demo. Digital Option / Courseware SAGE Vantage is an intuitive digital platform that delivers this text's content and course materials in a learning experience that offers auto-graded assignments and interactive multimedia tools, all carefully designed to ignite student engagement and drive critical thinking. Built with you and your students in mind, it offers simple course set-up and enables students to better prepare for class. Assignable Video with Assessment Assignable video (available with SAGE Vantage) is tied to learning objectives and curated exclusively for this text to bring concepts to life. Watch a sample video on PTSD and anxiety. LMS Cartridge (formerly known as SAGE Coursepacks): Import this title's instructor resources into your school's learning management system (LMS) and save time. Don't use an LMS? You can still access all of the same online resources for this title via the password-protected Instructor Resource Site. Learn more. Also of Interest: *Case Studies in Abnormal Psychology* take readers beyond theory into real-life situations drawn from the clinical experience of authors Kenneth N. Levy, Kristen M. Kelly, and William J. Ray. Bundle *Case Studies in Abnormal Psychology* with *Abnormal Psychology, Third Edition* for even more savings.

WHO GUIDELINES FOR INDOOR AIR QUALITY

DAMPNESS AND MOULD

[WHO Regional Office Europe](#) **Microbial pollution** is a key element of indoor air pollution. It is caused by hundreds of species of bacteria and fungi, in particular filamentous fungi (mould), growing indoors when sufficient moisture is available. This document provides a comprehensive review of the scientific evidence on health problems associated with building moisture and biological agents. The review concludes that the most important effects are increased prevalences of respiratory symptoms, allergies and asthma as well as perturbation of the immunological system. The document also summarizes the available information on the conditions that determine the presence of mould and measures to control their growth indoors. WHO guidelines for protecting public health are formulated on the basis of the review. The most important means for avoiding adverse health effects is the prevention (or minimization) of persistent dampness and microbial growth on interior surfaces and in building structures. [Ed.]

THE WILEY HANDBOOK OF DISRUPTIVE AND IMPULSE-CONTROL DISORDERS

[John Wiley & Sons](#) A definitive reference to the policies and practices for treating disruptive and impulse-control disorders, edited by renowned experts *The Wiley Handbook of Disruptive and Impulse-Control Disorders* offers a comprehensive overview that integrates the most recent and important scholarship and research on disruptive and impulse-control disorders in children and adolescents. Each of the chapters includes a summary of the most relevant research and knowledge on the topic and identifies the implications of the findings along with important next directions for research. Designed to be practical in application, the text explores the applied real-world value of the accumulated research findings, and also includes policy implications and recommendations. The handbook address the nature and definition of the disorders, the risk factors associated with the development and maintenance of this cluster of disorders, the assessment processes, as well as the evidence-based treatment and prevention practices. The volume incorporates information from the ICD-11, a newly revised classification system, along with the recently published DSM-5. This important resource: Contains a definitive survey that integrates the most recent and important research and scholarship on disruptive and impulse-control disorders in children and adolescents Emphasizes the applied real-world value of the accumulated research findings Explores policy implications and recommendations to encourage evidence-based practice Examines the nature and definition, risk factors, assessment, and evidence-based practice; risk factors are subdivided into child, family, peer group, and broader context Considers changes, advances, and controversies associated with new and revised diagnostic categories Written for researchers, clinicians, and professionals in the field, *The Wiley Handbook of Disruptive and Impulse-Control Disorders* offers an up-to-date review of the most authoritative scholarship and research on disruptive and impulse-control disorders in children and adolescents as well as offering recommendations for practice.

IT'S KIND OF A FUNNY STORY

[Disney Electronic Content](#) Like many ambitious New York City teenagers, Craig Gilner sees entry into Manhattan's Executive Pre-Professional High School as the ticket to his future. Determined to succeed at life—which means getting into the right high school to get into the right college to get the right job—Craig studies night and day to ace the entrance exam, and does. That's when things start to get crazy. At his new school, Craig realizes that he isn't brilliant compared to the other kids; he's just average, and maybe not even that. He soon sees his once-perfect future crumbling away.

EMOTION REGULATION AND PSYCHOPATHOLOGY

A TRANSDIAGNOSTIC APPROACH TO ETIOLOGY AND TREATMENT

[Guilford Press](#) Regardless of their specific diagnosis, many people seeking treatment for psychological problems have some form of difficulty in managing emotional experiences. This state-of-the-art volume explores how emotion regulation mechanisms are implicated in the etiology, development, and maintenance of psychopathology. Leading experts present current findings on emotion regulation difficulties that cut across diagnostic boundaries and present psychotherapeutic approaches in which emotion regulation is a primary target of treatment. Building crucial bridges between research and practice, chapters describe cutting-edge assessment and intervention models with broad clinical utility, such as acceptance and commitment therapy, mindfulness-based therapy, and behavioral activation treatment.

WHAT COLOR IS YOUR GOD

A NEW APPROACH TO DEVELOPING A MULTICULTURAL LIFESTYLE

While shopping at a local supermarket, David Ireland was stopped in his tracks when he noticed people of all different races brought together by their common need for food. At that moment, the Holy Spirit placed this question on his mind: "Why can't it be like this in My church?" Moved by God's desire to see His people model a lifestyle of diversity, David experienced a new vision for cross-cultural ministry, as a passion for racial reconciliation in the church was ignited in his heart. Drawing on his fifteen plus years of experience in building a multicultural church, Ireland presents expository biblical teaching on a subject often neglected in the body of Christ -- and outlines a plan that can equip you for a multicultural lifestyle!

THE ONE THING

THE SURPRISINGLY SIMPLE TRUTH BEHIND EXTRAORDINARY RESULTS

[Bard Press](#) • More than 500 appearances on national bestseller lists • #1 Wall Street Journal, New York Times, and USA Today • Won 12 book awards • Translated into 35 languages • Voted Top 100 Business Book of All Time on Goodreads People are using this simple, powerful concept to focus on what matters most in their personal and work lives. Companies are helping their employees be more productive with study groups, training, and coaching. Sales teams are boosting sales. Churches are conducting classes and recommending for their members. By focusing their energy on one thing at a time people are living more rewarding lives by building their careers, strengthening their finances, losing weight and getting in shape, deepening their faith, and nurturing stronger marriages and personal relationships. YOU WANT LESS. You want fewer distractions and less on your plate. The daily barrage of e-mails, texts, tweets, messages, and meetings distract you and stress you out. The simultaneous demands of work and family are taking a toll. And what's the cost? Second-rate work, missed deadlines, smaller paychecks, fewer promotions--and lots of stress. AND YOU WANT MORE. You want more productivity from your work. More income for a better lifestyle. You want more satisfaction from life, and more time for yourself, your family, and your friends. NOW YOU CAN HAVE BOTH — LESS AND MORE. In The ONE Thing, you'll learn to * cut through the clutter * achieve better results in less time * build momentum toward your goal* dial down the stress * overcome that overwhelmed feeling * revive your energy * stay on track * master what matters to you The ONE Thing delivers extraordinary results in every area of your life--work, personal, family, and spiritual. WHAT'S YOUR ONE THING?

FAMILY PSYCHOLOGY

THE ART OF THE SCIENCE

[Oxford University Press](#) This book is the product of a multi-year initiative, sponsored by the Division of Family Psychology (43) of the American Psychological Association, the Family Institute at Northwestern University, Oxford University Press, and Northwestern University, to bring together the leading researchers in family psychology in five major areas of great social and health relevance -- good marriage, depression, divorce and remarriage, partner violence, and families and physical health. The book embodies a series of five systematically and developmentally informed mini-books or manuals, critically examining the existing research in each area and illuminating new directions for future research. The chapters in each area cover a wide range of distinct issues and diverse populations. Through a pre-publication face-to-face two-day conference, the editors invited each of the authors in each specific domain to collaborate and coordinate their chapters, creating a synergy for the development of new knowledge. Additionally, the editors encouraged the authors to step outside of their own specific research program to reflect on the unique challenges and opportunities in their research domain. The resulting book provides the next generation of theorists, researchers, and therapists with an in-depth and fresh look at what has been done and what remains to be done in each area. If you are a social scientist working in these or related areas, the book will sharpen and stimulate your research. If you are a young researcher or are contemplating entering the field of family psychology, the book lays out pathways and strategies for entering and unraveling the mysteries in each area. Lastly, if you are someone who wants to understand the state of art of research in these very relevant domains, this book takes you to the top of mountain with very best guides and provides a vista that compels and illuminates.

ABNORMAL PSYCHOLOGY CASEBOOK

A NEW PERSPECTIVE

[Pearson College Division](#) Devoid of the often mind-numbing technical "psychobabble" and "medicalbabble" so characteristic of other books on the subject, this collection of abnormal psychology cases uses clear, accessible language and explanations, and a unique case conference format. Each case begins with some background information and, similar to Ellery Queen mysteries, readers are challenged through questions at various points to try and decide what is going on based on the amount of information presented. As each case gradually unfolds, readers are drawn deeper into the case and must keep on reading to discover the case's assessment(s), evaluations, diagnoses, treatment plan(s), possible medications, and prognoses. The book features real cases based on a variety of psychopathologies--all involving patients/clients from a wide variety of cultural, ethnic, racial, religious, social, and socioeconomic backgrounds--and all based on the author's own experiences as a practicing social worker and psychologist. Anxiety Disorders I. Anxiety Disorders II. Dissociative and Somatoform Disorders. Mood Disorders. Personality Disorders. Substance Related Disorders. Eating Disorders. Sexual and Gender Identity Disorders. Schizophrenia and Other Psychotic Disorders. Developmental Disorders. Developmental Disorders II. You Be the Diagnostician! Where Do We Go From Here? For anyone interested in abnormal psychology, including health care workers, social workers, educators, etc.

COGNITIVE BEHAVIOR THERAPIES

A GUIDEBOOK FOR PRACTITIONERS

[John Wiley & Sons](#) This comprehensive book showcases different approaches to cognitive behavior therapy (CBT) and focuses on the implementation of these various theories in real-world practice. Following an overview of cognitive therapy, practitioners and scholars

discuss behavior therapy, cognitive therapy, rational emotive behavior therapy, multimodal therapy, acceptance and commitment therapy, dialectical behavior therapy, and mindfulness. Each theory highlighted includes a profile of the theorist(s), an overview of the theory, a discussion of the therapeutic process, an array of targeted interventions, a verbatim case transcript, an analysis of the limitations of the theory, and reflective sidebars to facilitate learning. The final chapter presents a single case study discussed from the perspective of each particular theory. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

INCREASING PSYCHOLOGICAL WELL-BEING IN CLINICAL AND EDUCATIONAL SETTINGS

INTERVENTIONS AND CULTURAL CONTEXTS

Springer This volume deals with strategies aimed at increasing psychological well-being in both clinical and non-clinical settings, with a special focus on the impact of cross-cultural influences on these processes. Consisting of two parts, the book first examines clinical interventions for increasing well-being and positive functioning in adult populations. It looks at cultural differences in the experience of psychological well-being, presents an analysis of the concept of psychological well-being and discusses various interventions, including Well-Being Therapy and Cognitive Behavioral Therapy. Other concepts discussed are post-traumatic growth, wisdom and motivation. The second part of the book deals with psychological interventions in childhood and adolescence and has a strong emphasis on educational settings. It provides an overview of the main evidence-based psychotherapies for affective disorders in youths, and looks at the importance and impact of positive education, resilience, and hope. The book presents models for intervention and discusses several therapies in detail.

GET OUT OF YOUR MIND AND INTO YOUR LIFE

EASYREAD LARGE BOLD EDITION

ReadHowYouWant.com For a scientist committed to empirical evaluation, it is important to show that materials can be helpful outside the context of a therapeutic relationship, so, generally speaking, we know that a book like this is likely to be helpful. Several of the specific components in this book have been tested, sometimes in a form very similar to the way you are contacting this material. For example, several studies evaluated the impact of short passages drawn nearly word for word from ACT materials (very similar to what you've read) that were recorded on audiotape, read aloud by a research assistant, or were presented to the participants to read. Typically, these studies focused on the ability of participants to tolerate distress of various kinds, such as gas-induced panic-like symptoms, extreme cold, extreme heat, or electric shock. A few studies looked at the distress produced by difficult or intrusive cognitions, or clinically relevant anxiety. Some were done with patients, others with normal populations. The specific ACT components that have been examined so far include defusion, acceptance, mind-fulness, and values. The techniques included exercises, metaphors, and rationales, including several that can be found in this book (e.g., word repetition, physicalizing, leaves on a stream, the quicksand metaphor, the Chinese finger trap metaphor, and so forth). Thus, it seems fair to say that it is known that at least some of what you've read can be helpful at least some of the time outside of the context of a therapeutic relationship, when presented in a form similar to the form in which you have contacted this material.

HANDBOOK OF EMOTIONS, FOURTH EDITION

Guilford Publications Recognized as the definitive reference, this handbook brings together leading experts from multiple psychological subdisciplines to examine one of today's most dynamic areas of research. Coverage encompasses the biological and neuroscientific underpinnings of emotions, as well as developmental, social and personality, cognitive, and clinical perspectives. The volume probes how people understand, experience, express, and perceive affective phenomena and explores connections to behavior and health across the lifespan. Concluding chapters present cutting-edge work on a range of specific emotions. Illustrations include 10 color plates. New to This Edition *Chapters on the mechanisms, processes, and influences that contribute to emotions (such as genetics, the brain, neuroendocrine processes, language, the senses of taste and smell). *Chapters on emotion in adolescence and older age, and in neurodegenerative dementias. *Chapters on facial expressions and emotional body language. *Chapters on stress, health, gratitude, love, and empathy. *Many new authors and topics; extensively revised with the latest theoretical and methodological innovations. A Choice Outstanding Academic Title

THE PSYCHOLOGY OF FRIENDSHIP

Oxford University Press In the late 20th and 21st centuries, the meteoric rise of countless social media platforms and mobile applications have illuminated the profound need friendship and connection have in all of our lives; and yet, very few scholarly volumes have focused on this unique and important bond during this new era of relating to one another. Exploring such topics as friendship and social media, friendship with current and past romantic partners, co-workers, mentors, and even pets, editors Mahzad Hojjat and Anne Moyer lead an expert group of global contributors as they each explore how friendship factors within our lives today. What does it mean to be a friend? What roles do friendships play in our own development? How do we befriend those across the race, ethnicity, gender, and orientation spectrums? What happens when a friendship turns sour? What is the effect of friendship - good and bad - on our mental health? Providing a much needed update to the field of interpersonal relations, The Psychology of Friendship serves as a field guide for readers as they shed traditional definitions of friendship in favor of contemporary contexts and connections.

SUPERVISION: CONCEPTS AND PRACTICES OF MANAGEMENT

Cengage Learning Differentiate yourself in a competitive marketplace with SUPERVISION: CONCEPTS AND PRACTICES OF MANAGEMENT, 13E. A blend of traditional management concepts and emerging insights, the text draws from the authors' firsthand business experience to deliver the leadership skills hiring managers want but rarely find in new recruits. This comprehensive single source for supervisory management expertise addresses the most critical challenges in business today, including globalization, economic turbulence, transitional and temporary workers, virtual employees, technology, outsourcing, and downsizing. Hands-on and practical, the text complements chapter readings with skill-building techniques and captivating video cases from well-known organizations, letting you experience supervisory roles yourself. Special attention to diversity and ethics also helps you develop a better sense of life beyond the classroom and enhances the text's extensive coverage of communication, decision making, conflict resolution, and other essential supervisory skills. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

POSITIVE PSYCHIATRY, PSYCHOTHERAPY AND PSYCHOLOGY

CLINICAL APPLICATIONS

Springer Nature For hundreds of years, psychology has looked into the dysfunctions and symptoms of the mind. It's only over the last few decades that the field has started to pay attention to what constitutes a functional and content life. Instead of using disease to understand health, positive psychology studies the components of a good life and helps people not only avoid mental health problems but develop happiness. The work done in positive psychology is now at a point where applications are being developed in positive psychotherapy and extended to those with psychiatric diagnoses in positive psychiatry. While these fields are a recent development they hold the promise of helping all of us live a fulfilled life. Medicine in general, and psychiatry in particular, suffers from a worldview that is symptom- and deficit-oriented. By adopting a positive approach, psychology, psychotherapy, and psychiatry add a more holistic, integrative, resource oriented, and preventive perspective. There is great urgency in developing resources and potentials in our patients, not only freeing them from their disorders. Psychiatrists and psychotherapists alike are incorporating these positive tools into their practices with positive clinical outcomes. Standing on the shoulders of pioneers like Nossrat Peseschkian, in positive psychotherapy, and Dilip Jeste, in positive psychiatry, this textbook is the first to bring together these innovations in one volume that will serve as an excellent resource for medical professionals looking to reap the benefits gained by the studies in these areas. Currently, the majority of texts that are available are targeting psychologists and researchers, whereas this book seeks to use positive psychology as the foundation on which the clinical applications are built. As such, this book will be of interest to psychiatrists, psychologists, social workers, and other mental health professionals. It may be used in educating a new generation of mental health professionals in these tenets that are expanding the reach of psychology, the practice of psychotherapy, and the scope of psychiatry.

INVESTIGATING PRISTINE INNER EXPERIENCE

MOMENTS OF TRUTH

[Cambridge University Press](#) You live your entire waking life immersed in your inner experiences (thoughts, feelings, sensations and so on) - private phenomena created by you, just for you, your own way. Despite their intimacy and ubiquity, you probably do not know the characteristics of your own inner phenomena; neither does psychology or consciousness science. Investigating Pristine Inner Experience explores how to apprehend inner experience in high fidelity. This book will transform your view of your own inner experience, awaken you to experiential differences between people and thereby reframe your thinking about psychology and consciousness science, which banned the study of inner experience for most of a century and yet continued to recognize its fundamental importance. The author, a pioneer in using beepers to explore inner experience, draws on his 35 years of studies to provide fascinating and provocative views of everyday inner experience and experience in bulimia, adolescence, the elderly, schizophrenia, Tourette's syndrome, virtuosity and more.

COGNITION AND EMOTION

[Oxford University Press, USA](#) Recent years have witnessed a revival of research in the interplay between cognition and emotion. The reasons for this renaissance are many and varied. In the first place, emotion theorists have come to recognize the pivotal role of cognitive factors in virtually all aspects of the emotion process, and to rely on basic cognitive factors and insight in creating new models of affective space. Also, the successful application of cognitive therapies to affective disorders has prompted clinical psychologists to work towards a clearer understanding of the connections between cognitive processes and emotional problems. And whereas the cognitive revolutionaries of the 1960s regarded emotions with suspicion, viewing them as nagging sources of "hot" noise in an otherwise cool, rational, and computer-like system of information processing, cognitive researchers of the 1990s regard emotions with respect, owing to their potent and predictable effects on tasks as diverse as object perception, episodic recall, and risk assessment. These intersecting lines of interest have made cognition and emotion one of the most active and rapidly developing areas within psychological science. Written in debate format, this book covers developing fields such as social cognition, as well as classic areas such as memory, learning, perception and categorization. The links between emotion and memory, learning, perception, categorization, social judgements, and behavior are addressed. Contributors come from the U.S., Canada, Australia, and France.

THE WILEY BLACKWELL HANDBOOK OF THE PSYCHOLOGY OF TEAM WORKING AND COLLABORATIVE PROCESSES

[John Wiley & Sons](#) A state-of-the-art psychological perspective on team working and collaborative organizational processes This handbook makes a unique contribution to organizational psychology and HRM by providing comprehensive international coverage of the contemporary field of team working and collaborative organizational processes. It provides critical reviews of key topics related to teams including design, diversity, leadership, trust processes and performance measurement, drawing on the work of leading thinkers including Linda Argote, Neal Ashkanasy, Robert Kraut, Floor Rink and Daan van Knippenberg.

THE PALGRAVE HANDBOOK OF MALE PSYCHOLOGY AND MENTAL HEALTH

[Springer](#) This Handbook represents the first concerted effort to understand male mental health in a way that facilitates a positive step forward in both theory and treatment. An alarming number of men experience serious mental health issues, as demonstrated by high rates of suicide and violent offending. Despite these problems, the study of male psychology has either been overlooked, or viewed as a problem of defective masculinity. This handbook brings together experts from across the world to discuss men's mental health, from prenatal development, through childhood, adolescence, and fatherhood. Men and masculinity are explored from multiple perspectives including evolutionary, cross-cultural, cognitive, biological, developmental, and existential viewpoints, with a focus on practical suggestions and demonstrations of successful clinical work with men. Throughout, chapters question existing models of understanding and treating men's mental health and explore new approaches, theories and interventions. This definitive handbook encapsulates a new wave of positive theory and practice in the field of male psychology and will be of great value to professionals, academics, and those working with males through the lifespan in any sector related to male mental health and wellbeing.

PSYCHOLOGICAL TREATMENT OF BIPOLAR DISORDER

[Guilford Press](#) From leading scientist-practitioners, this volume presents a range of effective psychosocial approaches for enhancing medication adherence and improving long-term outcomes in adults and children with bipolar illness. Authors review the conceptual and empirical bases of their respective modalities--including cognitive, family-focused, group, and interpersonal and social rhythm therapies--and provide clear descriptions of therapeutic procedures. Separate chapters address assessment and diagnosis, analyze available outcome data, and provide guidance on managing suicidality. Offering a framework for clinical understanding, and yet packed with readily applicable insights and tools, this is a state-of-the-science resource for students and practitioners.

ANXIETY 101

[Springer Publishing Company](#) "This is the book I've been waiting for. The field has needed a clear and thorough review of anxiety, and now it exists." Joseph LeDoux, PhD, author, *The Emotional Brain and Synaptic Self* Center for Neural Science, New York University "Anxiety 101, written by two prominent figures in the field of anxiety research, provides a thorough introduction to the concept of anxiety, placing it in the broad matrix of human concerns. The authors address evolutionary origins of anxiety, functions that anxiety and fear play in maintaining life, and ways in which these emotions can get out of control. An excellent introduction to students who want to understand the many ways in which scientists have approached the topic of anxiety." Charles S. Carver, PhD, Distinguished Professor of Psychology, Department of Psychology, University of Miami "What are the origins of anxiety?" How do we best assess anxiety? "How does anxiety affect cognitive outcomes?" Does intervention help? This book provides students with a clear understanding of anxiety research and practice. It reflects the substantial progress recently made in research in the areas of differentiation, new theoretical approaches, advances in locating the neurobiological underpinnings of anxiety and anxiety disorders, assessment, and treatment techniques. It covers many of the major contexts that produce anxiety in modern society, including tests, sports performance, social interaction, and more. The authors have culled vast amounts of up-to-date information on anxiety, including theory, research, assessment, individual differences, and interventions. Anxiety 101 draws upon contributions from the fields of personality and social psychology, stress, coping and emotions, psychobiology, and neuroscience in order to provide the most comprehensive information available. Key Features: "Provides a historical and theoretical approach to the study of anxiety" Presents a unified conceptual and research framework based on current transactional and cognitive-motivational views of stress and anxiety" Includes a state-of-the-art review of current theories, research findings, assessment, and treatment The Psych 101 Series Short, reader-friendly introductions to cutting-edge topics in psychology. With key concepts, controversial topics, and fascinating accounts of up-to-the-minute research, The Psych 101 Series is a valuable resource for all students of psychology and anyone interested in the field.

WELLNESS COUNSELING

[Pearson Higher Ed](#) This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Developed by a professor who has been teaching a popular and innovative wellness counseling course for over a decade, this new text is organized into a format specifically designed to meet the needs of both counselor education graduate students and their teachers — making both teaching and learning the material easier and more intuitive. Giving a general but comprehensive overview of the subject of wellness, Wellness Counseling offers students a compelling balance of the science and research in the field, the theories that have emerged from this research, and the practical applications that we can take away from practicing these theories. Holistic, scientific, and ultimately concerned with the humanity of counseling, this text strives to be inclusive — especially of the psychological and social aspects of wellness that have gained more attention in recent years. The book is organized in three main sections. While Section One is concerned with the background of wellness as a healthcare paradigm in the United States and major theories of wellness, and historical context for wellness, Section Two contains specific information on the social, physical, emotional, and cognitive domains of wellness. The last main section of the book synthesizes the first two sections of the book to extract practical applications of wellness in behavioral healthcare intervention counseling.

WHISPERING IN THE WIND

[John Grinder & Carmen Bostic](#)

FIRST PERSON ACCOUNTS OF MENTAL ILLNESS AND RECOVERY

John Wiley & Sons In *First Person Accounts of Mental Illness*, case studies of individuals experiencing schizophrenia, mood disorders, anxiety disorders, personality disorders, substance use disorders, and other mental ailments will be provided for students studying the classification and treatment of psychopathology. All of the cases are written from the perspective of the mentally ill individual, providing readers with a unique perspective of the experience of living with a mental disorder. "In their book *First Person Accounts of Mental Illness and Recovery*, LeCroy and Holschuh offer the student, researcher, or layperson the intimate voice of mental illness from the inside. *First Person Accounts of Mental Illness and Recovery* is a wonderful book, and it is an ideal, even indispensable, companion to traditional mental health texts. I am grateful that they have given the majority of this book to the voices that are too often unheard." —John S. Brekke, PhD, Frances G. Larson Professor of Social Work Research, School of Social Work, University of Southern California; Fellow, American Academy of Social Work and Social Welfare "This is absolutely a must-read for anyone who has been touched by someone with a mental illness, whether it be personal or professional. It is imperative that this book be required reading in any course dealing with psychopathology and the DSM, whether it be in psychology, psychiatry, social work, nursing, or counseling." —Phyllis Solomon, PhD, Professor in the School of Social Policy & Practice and Professor of Social Work in Psychiatry at the University of Pennsylvania A unique volume of first person narratives written from the perspective of individuals with a mental illness Drawing from a broad range of sources, including narratives written expressly for this book, self-published accounts, and excerpts from previously published memoirs, this distinctive set of personal stories covers and illustrates a wide spectrum of mental disorder categories, including: Schizophrenia and other psychotic disorders Mood disorders Anxiety disorders Personality disorders Substance-related disorders Eating disorders Impulse control disorders Cognitive disorders Somatoform disorders Dissociative disorders Gender identity disorders Sleep disorders Disorders usually first diagnosed in infancy, childhood, or adolescence Reflecting a recovery orientation and strengths-based approach, the authentic and relevant stories in *First Person Accounts of Mental Illness and Recovery* promote a greater appreciation for the individual's role in treatment and an expansion of hope and recovery.

ORGANIZATIONAL PSYCHOLOGY

A SCIENTIST-PRACTITIONER APPROACH

John Wiley & Sons

CLINICAL PSYCHOLOGY

21ST CENTURY PSYCHOLOGY: A REFERENCE HANDBOOK

SAGE Via 100 entries, *21st Century Psychology: A Reference Handbook* highlights the most important topics, issues, questions, and debates any student obtaining a degree in the field of psychology ought to have mastered for effectiveness in the 21st century. This two-volume reference resource, available both in print and online, provides an authoritative source to serve students' research needs with more detailed information than encyclopedia entries but without the jargon, detail, or density found in a typical journal article or a research handbook chapter. Students will find chapters contained within these volumes useful as aids toward starting research for papers, presentations, or a senior thesis, assisting in deciding on areas for elective coursework or directions for graduate studies, or orienting themselves toward potential career directions in psychology.