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## Acces PDF McWilliams Peter Buts Our Off Get Lets It Do

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### **KEY=GET - ANDREWS JAYLEEN**

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#### **DO IT!**

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#### **LET'S GET OFF OUR BUTS**

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Mary Book / Prelude Press If you want to get something done, this is where to start.

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#### **DO IT! LET'S GET OFF OUR BUTS**

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Presents the full text of the book "Do It! Let's Get Off Our Buts: A Guide to Living Your Dreams" by Peter McWilliams. Includes an image of the book and offers access to sections on success, discovering one's dreams, and making those dreams come true. Links to a list of all McWilliams' books currently in print, as well as information on ordering them from Prelude Press, Inc.

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#### **DO IT!**

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#### **LET'S GET OFF OUR BUTS**

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Offers a complete guide to setting and achieving goals, outlining simple but powerful steps and providing a wealth of motivation.

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#### **DO IT!**

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**LET'S GET OFF OUR BUTS/BY JOHN-ROGER AND PETER MCWILLIAMS ; BOOK AND COVER DESIGN: PAUL LEBUS ; EDITORIAL CONSULTANTS: ZACHERY COOK ... [ET AL.] ; PHOTOGRAPHY: BETTY BENNETT ; DESKTOP PUBLISHING: SARA J. THOMAS**

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#### **LOVE 101**

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#### **TO LOVE ONESELF IS THE BEGINNING OF A LIFELONG ROMANCE**

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Mary Book / Prelude Press If you were arrested for loving yourself, would there be enough evidence to convict you? If not this book is a must. It explores improving the most important relationship in your life- your relationship with yourself.

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#### **THE PORTABLE DO IT!**

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#### **172 ESSENTIAL EXCERPTS PLUS 190 QUOTATIONS FROM THE #1 NEW YORK TIMES BESTSELLER : DO IT! LET'S GET OFF OUR BUTS**

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Mary Book / Prelude Press 172 essential excerpts plus 190 quotations from the #1 New York Times Bestseller Do It! Let's Get Off Our Buts!

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#### **THE PORTABLE DO IT!**

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#### **172 ESSENTIAL EXCERPTS PLUS 190 QUOTATIONS FROM THE #1 NEW YORK TIMES BEST SELLER DO IT! LET'S GET OFF OUR BUTS**

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#### **LIFE 102**

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#### **WHAT TO DO WHEN YOUR GURU SUES YOU**

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Mary Book / Prelude Press The author recounts his association with MSIA, and argues that his guru was a confidence man who programmed his followers to obey him implicitly

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#### **AMERICAN PROPHET**

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#### **THE LIFE AND WORK OF CAREY MCWILLIAMS**

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University of California Press "A fascinating portrait of activism deepened and sustained by Herculean labors of research and investigation."—The Nation Historian Kevin Starr described Carey McWilliams as "the finest nonfiction

writer on California—ever" and "the state's most astute political observer." But as Peter Richardson argues, McWilliams was also one of the nation's most versatile and productive public intellectuals of his time. Richardson's absorbing and elegant biography traces McWilliams's extraordinary life and career. Drawing from a wide range of sources, it explores his childhood on a Colorado cattle ranch, his early literary journalism in Los Angeles, his remarkable legal and political activism, his stint in state government, the explosion of first-rate books between 1939 and 1950, and his editorial leadership at *The Nation*. Along the way, it also documents McWilliams's influence on a wide range of key figures, including Cesar Chavez, Hunter S. Thompson, Mike Davis, screenwriter Robert Towne, playwright Luis Valdez, and historian Patricia Limerick.

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## **THE MASTER'S KEY**

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### **BECOMING THE KEY TO UNLOCKING GOD'S PURPOSE FOR YOUR LIFE**

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WestBow Press **JOY, PRIDE, TRIUMPH, AND TRAGEDY**. All through life we experience a multitude of events that change us and alter the course of our story. Sometimes those events are planned; other times they happen to us with little if any explanation at all. How does God use our experiences to reveal the purpose he has for our lives? In *The Master's Key*, you will be challenged to reflect on the pain and joy of your life and consider how God has used those very experiences to reveal his purpose and plan—both for you and for his people. From Moses to Paul, and from David to Jesus, the biblical accounts of these people demonstrate to us how God uses our experiences to forge each of us into becoming the key to unlocking God's purpose for our lives. As individuals, we are capable of amazing things—and as such, through our trials and our experience, we become keys to open more opportunities. Explore triumphs and tragedies of God's people and how their journeys can mirror our own, as we get closer to becoming keys for God's purpose—or in this case, the Master's Key.

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### **I LOVE THEREFORE I AM**

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Mary Book / Prelude Press

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## **THE PERSONAL COMPUTER BOOK**

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Mary Book / Prelude Press Maxims reveal how and why to learn about life, cope with problems, and achieve success and joy

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### **OPTIMIZE YOUR LIFE!**

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### **INTERACTIVE WORKSHEETS CD EDITION**

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Trionics International Inc. Self-development system that synergistically merges organizational and personal strategic planning. Readers develop Values, Mission, and Vision Statements; define Goals; divide Goals into Projects; and create Focused Tasks using a 10-question One-page. Through 40+ worksheets, readers organize, plan, and implement Goals for their lives and organizations. CD includes e-book, plus Interactive Worksheets allowing editing, saving, printing, and passwording personal planning.

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## **YOU CAN'T AFFORD THE LUXURY OF A NEGATIVE THOUGHT**

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### **A GUIDE TO POSITIVE THINKING**

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HarperCollins UK This title is about the power of positive thought - and about how negative thinking can wreck lives. Negative thinking is seen as a debilitating illness that will slowly kill your spirit - and for some people lead to actual physical disease. Happily though, this is not a doom-filled book at all! The authors show how to: eliminate the negative - spend less time thinking down and negative thoughts; accentuate the positive - spend more time focussing on the positive things in your life; and latch on to the affirmative - enjoy each moment!

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### **A GENEROUS PRESENCE**

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### **SPIRITUAL LEADERSHIP AND THE ART OF COACHING**

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Rowman & Littlefield *A Generous Presence* is a collection of story-driven essays about the philosophy, tools, and work of coaching that is designed to support all spiritual leaders in deepening and enriching their personal and professional relationships. By practicing the coaching tools Rochelle Melander offers, spiritual leaders will be better equipped to guide those they work with toward accepting the past, creating a life vision, and setting goals for the future. Additionally, the tools provided in this book will help leaders understand themselves and enable them to strengthen their definitions for healthy living, raise their awareness about their own life and relationship skills, and improve their skills in relating to individuals and groups.

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### **WEALTH 101**

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### **WEALTH IS MUCH MORE THAN MONEY**

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Prelude Press Shows readers how to appreciate the things they have and to use this as a springboard to success and wealth

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## **GOLF'S MENTAL HAZARDS**

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### **OVERCOME THEM AND PUT AN END TO THE SELF-DESTRUCTIVE ROUND**

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Simon and Schuster Identifies six major golf personality types--fearful, frustrated, manic-depressive, self-conscious, control freak, and lazy--assesses the link between personality and performance, and advises how to overcome these obstacles. Original. 15,000 first printing.

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## **STOP WORKPLACE DRAMA**

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### **TRAIN YOUR TEAM TO HAVE NO COMPLAINTS, NO EXCUSES, AND NO REGRETS**

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John Wiley & Sons Overcome the interpersonal challenges holding your business back Is your workplace riddled with gossip, power struggles, and confusion? Do you seek clarity in your management and cohesiveness in your team? Do you have a personal obstacle affecting your professional success? If so, there is good news--help is on the way. Stop Workplace Drama offers down-to-earth, practical methods to help business owners, entrepreneurs, and private practice professionals maximize success, increase productivity, and improve teamwork and personal performance. Identify "drama" barriers and help your employees break free to experience higher personal effectiveness and increased productivity Each of the eight points is full of universal and practical principles any business leader, sales director or entrepreneur can put to use immediately Author Marlene Chism has shared her signature process with organizations such as McDonalds and NASA When you're in the thick of business competition, you and your team need to function freely without internal conflicts, confusions, or rivalries. Stop Workplace Drama ensures that your employees will be able to give their best to create a healthy, profitable workplace.

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## **HOW TO HEAL DEPRESSION**

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Mary Book / Prelude Press Clears up misconceptions about mental depression, and describes symptoms and treatments.

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## **LET THERE BE LIGHT**

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### **SAVING OURSELVES AND OUR PLANET THROUGH A GLOBAL SOCIAL COMPACT**

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Outskirts Press The potentially catastrophic problems we face in the world today are the result of a massive spiritual failure. Too many of us appear to have forgotten the real purpose we were born for in the first place, which at its most basic level is to love and nurture ourselves and the earth. But we're not really loving and nurturing when we cause the environment to decline and the climate to become inhospitable, when we keep wasting money and resources by amassing petrifying weapons to fight horrific wars, when we fail to take care of the weak, and when we demonize each other with so much vitriol that nothing effective seems to get done. We are out of control as a species. Let There Be Light: Saving Ourselves and Our Planet Through a Global Social Compact proposes that we "tame the savageness of man" by using the internet to adopt a universal Social Compact—a grass-roots spiritual and political movement that would operate as a Light Network to connect like-minded people around the world in an urgent crusade to reverse the course their governments and societies have put them on. Our Social Compact will funnel the core goodness we all have within us into a metaphorical ball of Light that beams out the conscience of mankind. A conscience that says NO MORE to our current failure to get along and cooperate. A conscience that will overwhelm our governments and societies with the message that NOW IS THE TIME for us to truly achieve the universal desire of mankind, which is first of all to survive, and then to come together to love and respect all life on earth. The Light Network website [www.lightnetwork.me](http://www.lightnetwork.me) is now under construction. Although the Light Network will not be a formal legal entity, its work will nonetheless be continuously felt throughout the world. It will be a relentless force that tracks the issues that threaten our world and then shines its spiritual message onto the efforts that will be essential if we are to take back control of our destiny.

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## **A SCREAM OF CONSCIOUSNESS**

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Lulu.com From the author of Refuse to be Afraid: The moment you realize or remember that you are sentient, that is, that you are alive and aware of being alive - is exhilarating. There's more to life! You can't change yesterday and tomorrow doesn't exist. All you have is now, this moment. What do you need to do right now, right here? The conscious person considers the needs of the moment, and acts - and then moves on to the next moment ... Are you ready to make a difference? This book is about becoming alive, getting in touch with God and the universe, and embracing the here and now - here, and now.

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## **THE TAO OF MUSIC**

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### **SOUND PSYCHOLOGY - USING MUSIC TO CHANGE YOUR LIFE**

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Weiser Books Just about everyone likes to listen to music to put them "in the mood," and these techniques get you "out" of a mood! The "Tao" part is about accepting what you're feeling, and dealing with it, by using Dr. Ortiz's methods. Includes musical menus that you can use to create your own program for dealing with issues, koans for meditation, and various other fun exercises to make music a part of your holistic health program. Appendix, bibliography, index.

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## HOW TO SURVIVE THE LOSS OF A LOVE

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## IGNITING THE SPARK

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## LIBRARY PROGRAMS THAT INSPIRE HIGH SCHOOL PATRONS

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Libraries Unlimited Offers detailed information on how to plan, execute, and assess school library programs, discusses the benefits of such programs, and shares winning program ideas developed and carried out by high school media specialists across the U.S.

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## YOUR PERFECT JOB

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## A GUIDE TO DISCOVERING YOUR GIFTS, FOLLOWING YOUR PASSIONS, AND LOVING YOUR WORK FOR THE REST OF YOUR LIFE

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Shaw Books "So What Are You Going to Do Now?" This question often leaves young adults feeling fearful and confused as they look towards life careers. Author Bob Bittner says finding work you love is not as intimidating as it seems. Your Perfect Job helps readers identify their passions, skills, and inclinations in terms of God's calling on their lives. Readers will better understand why it's important to do what they love, how to get started on a career path that is meaningful, how to make mid-course changes, and how to start a new job on the right foot. Drawing on interviews with dozens of young working professionals, Your Perfect Job introduces readers to a wide array of career opportunities and shows how real people went from less than perfect jobs into careers that perfectly matched their personality and passions. Designed for young adults, this book is a perfect selection for high school and college grads, or someone getting ready to make a career change.

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## THE RETIREMENT ACTIVITIES GUIDE

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## 165 IDEAS FOR FINDING FULFILLMENT AND MEANING : THINGS TO DO WHEN GOLF AND GRANDKIDS AREN'T ENOUGH

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3rd Age Pr A retired corporated executive provides a guidebook to a wide range of ideas and activities for retirees and those thinking about their next "career."

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## IN SALVE OF MARRIAGE

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## BALANCING PATRIARCHAL, FEMINIST, AND INDIVIDUALISTIC VALUES AGAINST MARRIAGE

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Xlibris Corporation Within the past fifty years of social transformations, the institution of marriage has witnessed a portentous shrinkage in size and importance. The rates of divorce, even as they seem to be leveling off today compared with few decades ago, are still a source of much confusion. Challenges in interpersonal relations between men and women with an aim of forming a family have become even more complicated, rendering marriages extraneous. For the young adults, however, the so-called millennials, who continue to be flustered by the welter of demographic changes and sociological experiences, marked with a growing power of women in socioeconomic status, and constantly in search of explanations, a marriage (as a rite of passage) is still relevant. But if we're to salvage the institution of marriage from extinction and that of family defined by father, mother, and children, says Mokes Gama, we must critically analyze our own attitudes on patriarchal, feminism, education, and individualistic values that we embrace and adjust accordingly.

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## THE AGENT IN THE MARGIN

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## NAYANTARA SAHGAL'S GANDHIAN FICTION

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Wilfrid Laurier Univ. Press The Agent in the Margin: Nayantara Sahgal's Gandhian Fiction is a comprehensive study of the literary works of Nayantara Sahgal, daughter of Vijaya Lakshmi Pandit—the first woman president of the United Nations General Assembly—and niece of Jawaharlal Nehru, India's first prime minister. Clara A.B. Joseph introduces Mahatma Gandhi's political and philosophical to literary analysis and utilizes non-structuralist aspects of Louis Althusser's theories of ideology to trace how characters marginalized by gender, class, race, and language in Sahgal's work assume agency, challenging poststructuralist theories of cultural and ideological determinism. She considers how gender complicates autobiography and how the roles of daughter, virgin, wife, widow, and alien serve (often ironically) to highlight human dignity.

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## THE RENAISSANCE SOUL

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## HOW TO MAKE YOUR PASSIONS YOUR LIFE—A CREATIVE AND PRACTICAL GUIDE

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The Experiment The guide to leading a creative, passionate, and multifaceted life—big enough to embrace all your dreams Are you unwilling to settle on doing just one thing "for the rest of your life"? Do you jump at the chance to learn something new—or, after achieving success in one field, find yourself yearning for new challenges and looking around for something different to do? If so, you may be a Renaissance Soul. The Renaissance Soul is the first book devoted to this personality type, and in this updated edition—in paperback for the first time— author Margaret

Lobenstine offers a life-planning strategy perfectly in tune with those who fear becoming “a jack-of-all-trades and master of none.” Discover how to design a vibrant, fulfilling life and how to: • Manage your time the Renaissance Soul way • Thrive on many interests without feeling scattered or overwhelmed • Pursue your passions even if they “don’t pay” • Carry your dreams forward no matter what your day job is. Stocked with creative, doable exercises, relevant resources, and interviews with successful Renaissance Souls, this is “one self-help book that is exactly as advertised, well thought out and offering sage advice” (Boston Globe).

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### **OTHER PEOPLE'S WORDS**

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Lulu.com

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### **SPEAKING WITH THE STARS**

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Xlibris Corporation David Saint Hubbands (“This is Spinal Tap”) says it is a fine line between stupid and clever. This book is here to help you not cross that line but bridge the wider gap between yawn and smile or knowing nod. Presentations are written for the ear and so should the words we borrow from some of the best, brightest, funniest, and yes even most ordinary. Stars all! There are over 950 quotes you can and will choose to use. You will come back for ‘free refills’. These sound so good and so will you!

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### **THE LIFE 101 QUOTE BOOK**

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Prelude Press This book contains all the quotes from the Life 101 books. They're funny, touching, witty, perceptive, caustic, kind, sad, and mad -- the full range of human experience.

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### **THE POPE'S CHILDREN**

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### **THE IRISH ECONOMIC TRIUMPH AND THE RISE OF IRELAND'S NEW ELITE**

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John Wiley & Sons Named for the ironic coincidence of the Irish baby boom of the 1970s, which peaked nine months to the day after Pope John Paul II's historic visit to Dublin, The Pope's Children is both a celebration and biting funny portrait of the first generation of the Celtic Tiger—the beneficiaries of the economic miracle that propelled Ireland from centuries of deprivation into a nation that now enjoys one of the highest living standards in the world.

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### **I MARRY YOU BECAUSE**

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Beverly Clark Collection A collection of verses on love and marriage that begin with the phrase "I marry you because"

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### **EFFECTIVE LEADERSHIP IN NIGERIA**

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### **PRACTICAL WAYS TO BUILD EFFECTIVE, INSPIRING, TRANSFORMATIONAL AND VISIONARY LEADERSHIP AND GOVERNANCE IN NIGERIA**

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AuthorHouse Effective Leadership In Nigeria: Practical Ways To Build an Effective, Inspiring, Transformational and Visionary Leadership and Governance in Nigeria is mostly based on the current apathetic and virtual lack of effective and visionary leadership situation in contemporary Nigeria and distills the golden gems: - principles, processes, procedures and practical applications inherent in effective, inspiring, visionary and enthusiastic leadership. It attempts at instituting, building and encouraging good, effective, and visionary leadership in the nation and that is currently, virtually lacking. From the outset, the author makes it clear that this writing is not designed to model or fit any known leadership paradigm, theory or management style. Rather, based on relevant research on leadership as it impacts the Nigerian situation, the book attempts to explore what it takes for there to be an effective and good leadership to successfully lead and change Nigeria for the better. The book is written and organized in a way that reflects and captures the contemporary experiences, frustrations, psychological emotions, aspirations and hopes of every Nigerian and perhaps of promising politicians and future leaders who are honestly touched by the virtual vacuum of real and effective leadership in the country, their concerns, questions, dreams, and the expectations that have virtually gone unmet in the past more than half a century. Properly elucidating what leadership means, and differentiating it from rulership this book couldn't have come at a better time to assist Nigeria's leadership-struggles! A masterpiece, Dr. Nkwocha has taken the current apathetic leadership lull and almost leadership void in the nation and set the leadership principles and processes on the cutting edge. The book is a definitive guide to anyone aspiring to the leadership of Nigeria and is therefore in search of meaningful leadership, its principles, processes and pragmatic applications. The book is a must read!

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### **THE MODERN SAVAGE**

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### **OUR UNTHINKING DECISION TO EAT ANIMALS**

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Macmillan Just Food author James McWilliams's exploration of the "compassionate carnivore" movement and the paradox of humanity's relationship with animals. In the last four decades, food reformers have revealed the ecological and ethical problems of eating animals raised in industrial settings, turning what was once the boutique concern of radical eco-freaks into a mainstream movement. Although animal products are often labeled "cage free," "free range," and "humanely raised," can we trust these goods to be safe, sound, or ethical? In The Modern Savage, renowned writer, historian, and animal advocate James McWilliams pushes back against the questionable moral standards of a

largely omnivorous world and explores the "alternative to the alternative"-not eating domesticated animals at all. In poignant, powerful, and persuasive prose, McWilliams reveals the scope of the cruelty that takes place even on the smallest and-supposedly-most humane animal farms. In a world increasingly aware of animals' intelligence and the range of their emotions, McWilliams advocates for the only truly moral, sustainable choice-a diet without meat, dairy, or other animal products. *The Modern Savage* is a riveting expose of an industry that has typically hidden behind a veil of morality, and a compelling account of how to live a more economical, environmental, and ethical life.

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#### **THE NEW YORK TIMES BOOK REVIEW**

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Presents extended reviews of noteworthy books, short reviews, essays and articles on topics and trends in publishing, literature, culture and the arts. Includes lists of best sellers (hardcover and paperback).

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#### **NOMINATION OF DAVID W. ANDERSON**

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**HEARING BEFORE THE COMMITTEE ON INDIAN AFFAIRS, UNITED STATES SENATE, ONE HUNDRED EIGHTH CONGRESS, FIRST SESSION, ON CONFIRMATION HEARING OF THE NOMINATION OF DAVID W. ANDERSON TO BE ASSISTANT SECRETARY FOR INDIAN AFFAIRS, OCTOBER 22, 2003, WASHINGTON, DC.**

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#### **IN CONFLICT NO LONGER**

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#### **SELF AND SOCIETY IN CONTEMPORARY AMERICA**

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Rowman & Littlefield Drawing on social-criticism, self-help manuals, and the social scientific analysis of American character, *In Conflict No Longer* examines American thinking about individualism, conformity, and community from 1920 through 1995. Taviss-Thomson's analysis reveals a basic shift in American culture: from a belief that the individual is necessarily in conflict with society and that the self chafes against the constraints imposed by society, to a belief that the self is expressed in the groups, relationships, and subcultures that help shape it. Taviss-Thomson contends that this new model of a relational or 'embedded' self arose due to a weakening of traditional identities based on occupation, social class, gender and age which left individuals freer to construct their own identities. In an age where Americans increasingly abandon the traditional mythology of an individual struggling against social constraints, *In Conflict No Longer* forecasts a picture of American culture for the next millennium.

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#### **WHY WE READ WHAT WE READ**

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Sourcebooks, Inc. The authors examine the best-selling books of the past 16 years, exploring common thematic threads that resonate with American readers.