

Get Free Honest Am I

Yeah, reviewing a book **Honest Am I** could amass your close links listings. This is just one of the solutions for you to be successful. As understood, realization does not recommend that you have astonishing points.

Comprehending as without difficulty as pact even more than other will give each success. next-door to, the proclamation as with ease as acuteness of this Honest Am I can be taken as skillfully as picked to act.

KEY=HONEST - SANAI SHANE

To Be Honest Lead with the Power of Truth, Justice and Purpose [Kogan Page Publishers](#) Under what conditions will people tell the truth, behave fairly and act with purpose at work? And when will they lie, cheat and be selfish? Based on 15 years of research, **To Be Honest** explains how four factors (Clear Identity, Accountability, Governance and Cross-Functional Relationships) affect honesty, justice and purpose within a company. When these factors are absent or ineffective, the organizational conditions compel employees to choose dishonesty and self-interest. But when done well, the organization is 16 times more likely to have people tell the truth, behave fairly and serve a greater good. **To Be Honest** shares the stories of leaders who have acted with purpose, honesty and justice even when it was difficult to do so. In-depth interviews with CEOs and senior executives from exemplar companies such as Patagonia, Cabot Creamery, Microsoft and others reveal what it takes to build purpose-driven companies of honesty and justice. Interviews with thought leaders like Jonathan Haidt, Amy Edmondson, Dan Ariely and James Detert offer rich insights on how leaders can become more honest and purposeful. You'll learn how Hubert Joly took Best Buy from a company on the brink of bankruptcy to one that is profitable, thriving and purposeful. Filled with real-life examples, **To Be Honest** offers actionable steps, practical tools and approaches that any leader or manager can use to create a culture of purpose, honesty and justice. **Would I Lie to You? The Amazing Power of Being Honest in a World That Lies** [Citadel Press](#) "An interesting reported memoir about the power of honesty—not surprisingly, a surprisingly honest account." —Gretchen Rubin, bestselling author of *The Happiness Project* "Some books change how you think. Some change how you act. **Would I Lie to You?** does both." —KJ Dell'Antonia, editor New York Times Motherlode blog, and author of *How to Be a Happier Parent* Inspired by her popular New York Times article, "How Honesty Could Make You Happier," award-winning journalist Judi Ketteler takes a deep dive into the hard truths about honesty, from the personal to the political . . . We're incensed by politicians who lie and corporations that cheat, but when it comes to our own honesty choices, we often barely notice. So, what happens when we do notice? Judi Ketteler thought of herself as an honest person. And yet, she knew it wasn't the whole story . . . How often was Judi engaging in the same dishonest behavior she was condemning in others? To answer that question, she started her "Honesty Journal," and set out to confront her perennial fear of speaking the truth in a range of situations—including with friends, her kids, and even inside her complicated marriage. The result is a timely consideration of the joys and pains of truth in a world that seems committed to lying. "Great for generating discussion on the subject of authenticity and thinking through tough questions." —Library Journal "Would I Lie to You? is filled with so many fresh insights and proactive solutions that it could pass for a masterclass on honesty." —Camille Pagán, bestselling author of *I'm Fine and Neither Are You* "Candor, humor, and wry guidance for developing positive, forthright relationships with ourselves and others." —Foreword Magazine **I Am Honest** [Bellwether Media](#) It can be tempting to tell a white lie to avoid getting in trouble. But what would that tell others about the type of person you are? This title for early readers explores the benefits and results of being honest, and how readers can show their character in everyday life! **To Be Honest A Memoir** [Abrams](#) A memoir of "great wit and irony" about growing up in a family fanatically devoted to honesty, and navigating what came next (*Publishers Weekly*, starred review). If you're like most people, you probably lied today. It may have been a small one, some insignificant falsehood meant to protect someone's feelings or guard your true thoughts. Now imagine if your parents ingrained in you a compulsion to never, under any circumstances, withhold the truth or fail to speak your mind. It might be wonderfully freeing. Everyone else might not appreciate it so much. **To Be Honest** is Michael Leviton's extraordinary account of being raised in a family he calls a "little honesty cult." For young Michael, his parents' core philosophy felt liberating. He loved "just being honest." By the time he was twenty-nine years old, Michael had told only three "lies" in his entire life. But this honesty had consequences—in friendships, on dates, and at job interviews. And when honesty slowly poisoned a great romance, Michael decided there had to be something to lying after all. He set himself the task of learning to be as casually dishonest as the rest of us. **If I'm Being Honest** [Penguin Books](#) "This delightfully feminist rom-com has characters that feel like friends and will surely appeal to fans of Sarah Dessen."—*Buzzfeed* Cameron Bright is gorgeous, popular, and—according to her classmates—a total b*tch. But when her crush, Andrew, catches a glimpse of her cruelty up close, it's enough to drive him away for good. To win him over, Cameron resolves to "tame" herself, like Shakespeare's shrew, Katherine. If she can make amends to those she's wronged, Andrew will have to take notice. Cameron's apology tour begins with Brendan, the guy whose social life she single-handedly destroyed. At first, Brendan isn't so quick to forgive, but slowly he warms to her when they connect over a computer game he's developing. To Cameron's amazement, she enjoys hanging out with Brendan, who views her honesty as an asset, and she wonders: maybe you don't have to compromise who you are for the kind of love you deserve. **Hello Me, Where Am I? The Brutally Honest and Raw Emotional Stories of an Addict on the Path of Recovery and Discovery** [Xlibris Corporation](#) He wrote this book for all those who suffer from the same addictions and mental afflictions he and his family endured. Despite all his pain, Kevin never lost his faith. He wanted all of you who endured the same pain that he did to understand what many people struggle with in their daily lives. He urged you to speak up so that our society would be understanding to those in misery and to understand and to find help, in any way you can, for them. Kevin's message to you who are suffering was to seek help for yourself and your loved ones and realize that suicide hurts everyone: wives, children, parents, extended families, and even those whom you never met. He wanted you to also reach out to God every moment of every day. He wanted you to know that you are loved and that there can be help for you. Kevin's desire was that all those who suffer and read this book would be educated about these afflictions and realize they are understood and loved so that they need never be alone again. This book could be a miracle for yourself or someone you love. Kevin was like a son to me. I loved him. I wish I could have helped save him. **Just Be Honest Read Yourself into Happiness and Success... just by being honest.** **Just Be Honest** changes how we look at EVERYTHING. Cindy asks, "Do we keep our word to ourselves?" With raw vulnerability, Cindy helps others see how she rose above a very dark time because of her willingness to be honest. --- "It is so sad when I meet someone who is very successful in business and not so in their personal life. As Cindy shares, it always comes down to the subject of personal honesty." -Trent Sterling, Founder and CEO of Sterling Health Advisors "Inside the pages of this book, you will find refreshing ideas that will enhance everything in such a way that will surprise you because of their simplicity." -Amy Cowley, Former VP of MonaVie "Seriously inspired words. Holy Cow, goosebumps. Such a good read." -Chris Yates, P&D Manager at Fed Ex "If people could adhere to the principles and the path to honesty that Cindy Yates has written in this book, our world would dramatically change from one of chaos and fear, to one of peace, love, and the success of humanity." -Mary Young, Co-Founder and CEO of Young Living **Be Honest and Tell the Truth** [Free Spirit Publishing](#) It's never too soon to learn the difference between what's true and what isn't. Words and pictures help young children discover that being honest in words and actions builds trust and self-confidence. They also learn that telling the truth sometimes takes courage and tact. Includes discussion questions, skits, scenarios, and games that reinforce the ideas being taught. **To Be Honest** [Abrams Press](#) A memoir about one man's strange upbringing in a family fanatically devoted to honesty Raised in what he affectionately calls "our little honesty cult," Michael Leviton was ingrained with his parents' core philosophy: You do not tell any lies; you do not withhold the truth; and you speak your mind always, regardless of how offensive or hurtful your opinions may be. For young Michael, this freedom to be yourself—despite being bullied and ostracized at school—felt liberating. By the time Leviton was 29 years old, he had told three (what most people would consider) lies in his entire life. But his parents' enthusiasm for "just being honest" bordered on extreme. After Michael graduated high school and left home, truth telling—in job interviews, on dates, in social interactions—slowly lost its luster. When the only woman who ever appreciated his honesty brought this radical approach to truth into their relationship, Michael decided it was time to embrace the power of lying. **To Be Honest** is a quirky, tender, and wry story of a man discovering what it means and how it feels to lie in one's daily life. **Why Am I Crying? A Helpful And Honest Look At Depression I Am Honest** [Gareth Stevens Publishing LLLP](#) It is not always easy to be honest, but it is the right way to be. Readers discover all the ways that honesty needs to play a role in their lives. From the classroom to the backyard, they explore situations where telling the truth matters, with the help of spirited photographs. Being trusted is very important, and this book shows readers what it takes to become a trustworthy person. **Radical Honesty How to Transform Your Life by Telling the Truth** [Sparrowhawk Publications](#) This new edition of the source book for the whole Radical Honesty movement includes Brad Blanton's accumulated observations since 1994 of those people whose lives have been transformed by getting out of the self-made jails of their minds, and into the truth they have always known. **Honest to Greatness How Today's Greatest Leaders Use Brutal Honesty to Achieve Massive Success** [BenBella Books](#) In today's hyper-transparent world, consumers have enormous power to decide which brands are worth their time and money—so how do you make sure they choose yours? Unfortunately, most leaders and organizations are stuck following archaic, detrimental business practices. Meanwhile, savvy consumers and employees across every generation are making their stance perfectly clear: They are not interested in supporting organizations that seem inauthentic, soulless, or untrustworthy. In this environment, only the honest will survive. In **Honest to Greatness**, serial Inc. 5000 entrepreneur Peter Kozodoy shows how today's greatest business leaders use honesty—not as a touchy-feely core value, but as a business strategy that produces game-changing, industry-dominating success. Through case studies and interviews with leaders at Bridgewater Associates, Sprint, Quicken Loans, Domino's, The Ritz-Carlton, and more, Kozodoy presents fresh business concepts that anyone in the workplace can implement in order to: • Reach, engage, and retain your best customers • Attract and inspire the best talent in any industry • Create an unbeatable culture of innovation that dominates your competitors • Earn your team's respect and loyalty • Unlock deep personal fulfillment by setting the "right" goals Filled with powerful lessons for current and future leaders, this timely book demonstrates how to use honesty at both the organizational and individual level to achieve true greatness in business and in life. **I Am Honest** "Developed by literacy experts for students in kindergarten through grade three, this book introduces honesty to young readers through leveled text and related photos"-- *I'm Only Being Honest* [Hodder](#) Teenage pregnancy, alcoholism, juvenile delinquency, absentee parents, soaring rates of drug addiction? Britain is failing. Over the last twenty years, traditional family values have declined to the point where young adults without guidance marry too early, have children soon after and end up being swamped by the responsibilities of parenthood. The cycle repeats and the problems worsen, impacting on every level of society. Here, in his first book, Jeremy Kyle argues the need for the firm hand and unconditional love that seems so absent from certain young parents. He questions the morals of those who see having children as something of a career; not least the systems that make it so easy to sacrifice personal ambition in favour of a state-sponsored ride. And he maps out an agenda for change, insisting on the importance of personal responsibility and strong government in ironing out our nation's many creases. With all his trademark candour, Kyle writes about the upheavals in his own life? his struggles with gambling, his brother's drug addiction? alongside the outrageous stories of the people from his often shocking show, to show what can be achieved with a little grit. The result is a hard-hitting look at modern British life that will outrage some, anger others, enliven many, but will no doubt set the debates raging. **To Be Honest** [Swoon Reads](#) A high school senior must live alone with her weight-obsessed mother after her older sister goes off to college in this YA contemporary novel from the author of *The Big F*. **The Honest Enneagram Know Your Type, Own Your Challenges, Embrace Your Growth** [Andrews McMeel Publishing](#) The Enneagram personality system consists of a spectrum of nine personality types. Based on the hit Instagram account, @enneagramandcoffee, this book is an introduction to the Enneagram itself, along with information about each type. With the feeling of your best friend telling you about the Enneagram and beautiful illustrations mixed in with the writing, this book is digestible and engaging for new and seasoned Enneagram fans. **I Am Honest** [Capstone Classroom](#) "Simple text and photographs show various ways children can be honest, including

telling the truth, and following the rules." Look on me, London, I am an honest Englishman, ripping up the bowels of mischiefs, lurking in thy sub-urbs and precincts, 1613 *Honest Nutrition A Descent Into The Ocean Of Nutritional Prattle, And Coming Up For Air* [Trafford Publishing](#) Honest Nutrition is an attempt to do what textbooks and hundreds of diet books do not. Nutrition textbooks do not tell you that this science is in its infancy, nor how many "scientific" claims are open to question, based on faulty research or simple hunches. If they include some of the biochemical and physiological context of nutrition, they still omit financial, social and political aspects. After attempting to understand the prejudice against vitamins and supplements among the industrial-medical-political Big Brother (IMP-BB) and the lack of evidence for most alternatives, there is still some useful information. Opposing philosophies are denoted as SUPR (SURgery-PRescription orientation) and UTHR (UNconventional Therapies, Herbal Remedies.) Honest Nutrition uses a large alphabetical section to give easy access to useful information about many diseases and nutritional therapies. Honest Nutrition includes information about hormone resistance diseases, cryptic infections as a cause of "unknown etiology" diseases, and the effect of nutrition on behavior and criminality. Some claims: 1. Obesity always involves hormones, sometimes with positive-feedback loops, which is why "Just eat less and exercise" seldom works. 2. A major factor in arterial disease is viscous blood, resulting in part from a lack of omega-3 fat. Cholesterol lowering does not help. 3. Some heart attacks may be due to hormonal effects, involving the hormone ouabain, and preventable with an extract of the herb strophanthus. 4. Many, or most North Americans suffer serious lack of nutrients: vitamin D, magnesium, and plant nutrients. The author challenges the medical establishment to examine their doctrines and learn how to help people suffering from nutritional diseases. Many technical terms are included. The non-scientific reader is asked to skip over these, to gain a useful knowledge of nutrition. I Am Honest [Capstone](#) "Simple text and photographs show various ways children can be honest, including telling the truth, and following the rules." For the Strength of Youth [The Church of Jesus Christ of Latter-day Saints](#) OUR DEAR YOUNG MEN AND YOUNG WOMEN, we have great confidence in you. You are beloved sons and daughters of God and He is mindful of you. You have come to earth at a time of great opportunities and also of great challenges. The standards in this booklet will help you with the important choices you are making now and will yet make in the future. We promise that as you keep the covenants you have made and these standards, you will be blessed with the companionship of the Holy Ghost, your faith and testimony will grow stronger, and you will enjoy increasing happiness. Where's My Dog? the Search for Honest Leadership. [David B. Watkins](#) What a bizarre title. But it is interesting isn't it? Doesn't it make you ask, "What could this be all about"? Well the truth is it's not about dogs at all; it's about leadership and honesty. Nevertheless dogs are a useful metaphor. You see, dogs are the closest thing we can find when searching for examples of uncompromising honesty. Dishonesty is not part of their DNA. In contrast, the problem for many leaders today is that at some level "most people lie." This may seem like a provocative statement but it's true, even though most of the time we do not even know we are doing it. Some, including many renowned psychologists, would even say that at some level we need to lie to survive. Do we? In a world of business, sports and political Watergates and scandals that has even culminated in Papal resignations against a background of "vatileaks," we seem to suffer from a paradoxical scenario. We find ourselves contrasting the lack of honesty that brought down many of our business and sporting figures as exemplified by the likes of Madoff, Lance Armstrong and Oscar Pistorius (to name a few), with the apparent total honesty of leaders such as the Dalai Lama, Kofi Anan and even Richard Branson or Steve Jobs. We all know that whilst some leaders command respect, others do not. Some leaders have willing followers, whilst others are followed through coercion. Some may lose their followers, whilst others should never have any. And some allow their egos to block trust, whilst others are dealers in trust. This book is therefore a journey into one of the hottest topics for leaders today - honest leadership. But this is not just another leadership book, or simply a nice story. It is about honest leaders changing the world. Now that's a big claim. But its deserved, because this book sniffs and scratches around the undergrowth searching for the real meaning of honesty and leadership and finishes up helping you uncover your own truth. And with the aid of a remarkably simple idea - the Eight Axioms of Honest Leadership - this book will provide you with the tools and skills to enable you to identify, train and maybe even tame your own leadership approach and help you to become a "top dog." An Honest Salvation [Dog Ear Publishing](#) Doubt is a still small voice, best heard in desperate hours when we are alone. You and I know these hours: the ones when you come to your place of prayer in troubled times and are helpless to speak. The need or pain that drives you to pray becomes more than you can speak, but you reach toward God, doing your best to find the words for your sorrow. You stay, struggling until your emotions are spent. There is no miracle and God does not answer; but your pain is less and you have a good cry. You tell yourself it is time to wait on God and you watch to see what God will do, as you turn back to your life among men. Days become weeks and a solution forms. You do not see the place of your prayer in the outcome. The things you asked for do not fit the result, so you trust that God knows best and ignore the voice of doubt that is trying to save you. 'Town' and 'Honest' [Bloomsbury Publishing](#) "So here I am, homeless at home and half-gratified to feel that I can be happy anywhere" John Clare Inspired by the four-day journey made on foot by the legendary mad poet, John Clare, Town creates a new story set in contemporary Northampton. On John's return to Northampton from the bright lights of London, he finds his hometown is exactly the same as when he left it - from the rooms at his parent's house, to the Saturday nights on Abington Street. In fact, the only thing that seems to have changed... is John. Slipping back into his old habits, old jobs and old relationships, an out of work and disillusioned John considers why he swapped the anonymity of corporate city life for the comforts of home and embarked upon a sixty mile walk North. Northampton writer DC Moore's Town poignantly explores enduring themes of identity, isolation and belonging, rooting them in modern life. With heartbreaking honesty and humour, the play probes the feelings that we all have about our hometown, and follows one man on his road to get back to where he started. This edition also includes the darkly comic monologue Honest, where one man's addiction for telling the truth leads to a night that spirals out of control. Taking you on a journey across London towards a late-night epiphany, the piece explores the lies we tell ourselves and each other, and the fall-out when the truth is revealed. Honest to God? Becoming an Authentic Christian [Zondervan](#) This analysis of the inconsistencies in the lifestyle of today's Christians is accompanied by specific examples and discussion of how Christians can restore authentic Christianity in their personal lives and thus nurture a troubled world. Can I Be Honest With You? An Edgy and Empowering Romantic Comedy Dating Memoir What sex and relationship life would you choose if you could have anything you wanted? When Amy Palatnick became single in her mid-40's, she hoped to find it all: flirtation, sexual healing, deeper orgasms, and true love-or loves. Most of all, she wanted to overcome her lifelong habit of people-pleasing. Amy set out to: ? Become more honest and direct? Change her relationship style? Feel more connected to her sexuality? Eventually, find love With an immense love for humanity (and for kissing), and bucket loads of sass and frankness, Amy shares her intimate journey of 82 dates over a five-year period. You'll find yourself blushing at Amy's escapades and resonating with her sincere quest for connection. Filled with juicy tales of airport encounters, sexy professors, a bona fide love potion, and even "cuddlingus," this book is an exuberant and poignant ride on the dating rollercoaster. Can I Be Honest With You? is an unbridled celebration of sexuality, love, and empowerment that will leave you feeling inspired to thrive in your own relationship to life and love. Taking an Honest and Spiritual Inventory Participant's Guide 2 A Recovery Program Based on Eight Principles from the Beatitudes [Harper Christian Resources](#) The Celebrate Recovery Participant's Guides are essential tools for the personal recovery journey. In the five lessons in Guide 2: Taking an Honest and Spiritual Inventory, you will experience an in-depth look at the 4th principle in the recovery process: 4 Openly examine and confess my faults to God, to myself, and to someone I trust. "Happy are the pure in heart" (Matthew 5:8). By working through the lessons and exercises found in each of the four Participant's Guides you will begin to experience the true peace and serenity you have been seeking, restore and develop stronger relationships with others and with God, and find freedom from life's hurts, hang-ups, and habits. All the scriptures have been updated to the new NIV 2011 version. The Honest Lawyer [Wildside Press LLC](#) The Subtle Spectrum: An Honest Account of Autistic Discovery, Relationships and Identity [Routledge](#) Am I autistic, or is autism something I suffer from? Should I come out, to my friends, to my family, to the people I work with? Should I drop the mask? How can I explain my experience to a neurotypical world? The Subtle Spectrum offers an exploration into the postdiagnostic landscape of autism and the transformative journey of one woman, from her awareness of difference, through acceptance, to an embracing of autistic identity and beyond as she questions the cultural identity of autism. Joanna's narrative is enriched with insights from a range of diverse contributors, creating a reflective opportunity for people to gain a better understanding of the experience of being autistic. With a focus on relationships built across a neurodiverse divide, the book considers topics as broad as mental health, work opportunities and abuse, weaving theory and research with lived experience to give true insight into the life of an autistic person, both pre- and post-diagnosis. Written with a raw and engaging honesty, this is a crucial read for anybody who identifies as autistic as an adult or teenager, or anyone looking to support somebody exploring diagnosis. It will also provide an invaluable insight for social workers, educators and relationships counsellors working with autistic people. Are You Happy We all strive to be happy. We tell ourselves that we are happy, but are we really? There is no true happiness without honesty. Am I happy? Am I doing what makes those around me happy or am I doing what makes me fulfilled? Am I living in such a way that is making those around me happy or am I living for myself? It's time to be honest. It's time for change. It's time to ask the hard questions. In this book I have given you the tools to ask yourself if you are truly happy in life and if not, how you can be happier. It started off as taking what I teach and trying to simplify it but it grew into something much bigger. It grew into part advice, part workbook and part my personal journey that I get to share with you. An Honest Man [Xlibris Corporation](#) Paddy is a single mom in Alaska, struggling to make ends meet, who robs a recently deceased rich man's house. She tries to sell her goods to Jason, a former academic, now interested in nothing more than his next drink. What she stole may be very old, very valuable, and very rare: a mysterious manuscript that somehow traveled from 13th century Al-Andalusia to 21st century Anchorage. They find a rich buyer for the manuscript but first they need to contend with blackmail, addiction, and just translating the 800 year old book. Paddy and Jason have to navigate unemployment, kidnapping, and an eccentric sadist with a penchant for conspiracy theory and medieval Arabic philosophy. Paddy and Jason find themselves at the center of a bloody contest started decades ago by the dead man, the buyer, and the conspiracy theorist. The Honest Man at Court [Camden House](#) No description available. To Be Perfectly Honest Gracie Dart [Bonnier Zaffre Ltd.](#) 'Hilarious' Holly Bourne 'Gracie Dart is the screamingly funny YA heroine I've been waiting for' Harriet Reuter Hapgood The second book in a brilliantly funny YA series featuring the trials and embarrassing tribulations of teenager Gracie Dart. Uncovering a family secret, Gracie decides she's had enough of lies and pledges to be completely honest to everybody she meets. For fifty days, nothing but 100% brutal honesty at all times. But total honesty doesn't always go down well when you've got a family dinner to go to, a job interview to get through and a new girlfriend to impress. And when Gracie finally goes too far, she realises she's going to have to think creatively if she's going to put things right. Taking an Honest and Spiritual Inventory [Zondervan](#) Participant's guide 2 (of 4) covers lessons 7-11 from the Celebrate Recovery program on eight principles from the Beatitudes. A Purpose-Driven recovery resource. To Be Perfectly Honest One Man's Year of Almost Living Truthfully Could Change Your Life. No Lie. [Multnomah](#) Would I Lie to You? Not This Year. Veteran author and speaker Phil Callaway is no stranger to daunting challenges. He has been laughed at—repeatedly—by large crowds of people from Halifax to Hong Kong. He fathered three children in three years, spent much of last year on airplanes built by the lowest bidder, and flipped an out-of-control ATV, which doesn't mean he sold it for a profit. So who better than Phil Callaway to boldly accept a challenge that would make the average person run and hide? Phil promised to tell the truth for an entire year, and he wasn't joking. Twelve months later, his journal was crammed with successes, near-successes, and outright failures. During his year-long experiment with veracity, he made a disastrous financial investment, fielded hundreds of intrusive questions from friends and strangers, attended a thirty-year class reunion, and waded into possibly the most revealing—and hilarious—situations he has ever documented. Find out what happens when a follower of Jesus does his level best to always tell the truth. There is no doubt you'll be entertained. But don't be surprised if you are left with a question: how might your life be changed if you sold out to the truth—with no exceptions? To Be Perfectly Honest One Man's Year of Almost Living Truthfully Could Change Your Life, No Lie [Multnomah Pub](#) Veteran author and speaker Callaway is no stranger to daunting challenges, and when he promised to tell the truth for an entire year, he wasn't joking. Twelve months later, his journal was crammed with successes, near-successes, and outright failures. Find out what happens when a follower of Jesus does his best to always tell the truth. Brutally Honest Fast Food Reviews: The Best and Worst of Burger King, McDonald's, Taco Bell, and Other Drive-Thru Mainstays [Hyperink Inc](#) Congratulations! If you're a connoisseur of fast food, consider this to be your fast food yearbook, allowing you to look back at many of the salty, fatty, and/or sugary menu items you may have passed through your digestive system, but in a non-artery clogging and non-blood pressure raising way...unless you're eating fast food while reading this. There are dozens of reviews in this book, mostly from fast food behemoths, like McDonald's, Subway, and Taco Bell, but there are also reviews from

medium-sized fast food chains, like Jack in the Box and Dunkin' Donuts, and from smaller chains, like Carl's Jr. and Whataburger. Most of the products reviewed can still be found on fast food menu boards, or in the McDonald's McRib's case it comes back every so often for a limited time, but some are buried in the discontinued fast food graveyard, never to be consumed again. These fast food reviews were originally posted on our blog, The Impulsive Buy (theimpulsivebuy.com), which is one of the internet's premier websites for junk and fast food reviews. Actually, we're not 100 percent sure the last part of the previous sentence is true, but our cumulative blood pressure and cholesterol levels make us feel like we are. An Honest Love [Thomas Nelson](#) Anna must find the courage to tell Lukas the truth. Will he find the courage to forgive her? Anna was once betrayed by someone she loved deeply. In an attempt to never be hurt again, she and her mother relocated to Middlefield, Ohio. It was the ideal place for Anna's broken heart to mend. In Middlefield, Anna withdrew from risk, placing all her attention on managing the new gift shop she and her mom bought. When Lukas introduces himself, Anna can't resist her attraction to him. Though she finds herself falling in love, she's hiding a piece of her past in fear that their future will be destroyed if she tells him the truth. But love can't be built on lies and the past comes rushing back to Anna in an irreversible way. Now Lukas must decide how he will react to Anna's betrayal. As they cling to their belief in an honest love, they realize it's a path they must walk together even as it leads to unexpected places. Honest Lies and Shaded Truth [Xlibris Corporation](#) Honesty is my moral compass, which is grounded and rooted upon a solid and stable foundation. My sense of integrity, self-worth, and self-confidence is not dependent on the outside world, but it is an internal feeling. This feeling cannot be emulated. You have to build one for yourself. Learn to focus on more than the outer appearance of things, and use a soft focus on the senses you have been divinely blessed with. Believe me, there is always much more to a story than meets the eye and ear. Listen to your breathing and heartbeat, and then you will become aware of the rhythms around you. Mix all of the ingredients with a hungry thirst for knowledge and a curious mind, and it will help you build your moral compass of honesty.