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KEY=CULPEPERS - SHYANN GONZALEZ

CULPEPER'S COLOR HERBAL

Sterling Publishing Company Updated and illustrated in full color, this classic retains the charm and elegance of Culpeper's 17th-century text. "Beautiful, affordable and particularly relevant...identifies both medicinal virtues and modern uses of each plant. In addition to beautiful color illustrations to help with identification of each plant, readers can contrast the ideas of the 16th and 17th centuries [with] those of today."--"Alive."

CULPEPER'S ENGLISH PHYSICIAN

AND COMPLETE HERBAL

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THE COMPLETE HERBAL

TO WHICH IS NOW ADDED, UPWARDS OF ONE HUNDRED ADDITIONAL HERBS, WITH A DISPLAY OF THEIR MEDICINAL AND OCCULT QUALITIES; PHYSICALLY APPLIED TO THE CURE OF ALL DISORDERS INCIDENT TO MANKIND: TO WHICH ARE NOW FIRST ANNEXED, THE ENGLISH PHYSICIAN ENLARGED, AND KEY TO PHYSIC, WITH RULES FOR COMPOUNDING MEDICINE ACCORDING TO THE TRUE SYSTEM OF NATURE ; FORMING A COMPLETE FAMILY DISPENSATORY, AND NATURAL SYSTEM OF PHYSIC ; TO WHICH IS ALSO ADDED UPWARDS OF FIFTY CHOICE RECEIPTS, SELECTED FROM THE AUTHOR'S LAST LAGACY TO HIS WIFE

CULPEPER'S COMPLETE HERBAL

A COMPREHENSIVE DESCRIPTION OF NEARLY ALL HERBS WITH THEIR MEDICINAL PROPERTIES AND DIRECTIONS FOR COMPOUNDING THE MEDICINES EXTRACTED FROM THEM

Cosimo Classics Culpeper's Complete Herbal was originally published in 1652 as The English Physitian, and in 1653 under its more well-known title. It is a practical health guide, describing plants, where and when they grow, and what symptoms they alleviate.

CULPEPER'S COMPLETE HERBAL & ENGLISH PHYSICIAN

Applewood Books Nicholas Culpeper was a seventeenth-century English botanist, herbalist, physician, and astrologer. Published over 350 years ago as a practical health guide, The Complete Herbal (1653), is still the most complete and definitive herbal available today. It contains a rich store of pharmaceutical and herbal knowledge, including herbs and where to find them, herb preparation, plasters, and much more.

CULPEPER'S COMPLETE HERBAL

Sterling The classic book on herbal remedies, newly illustrated, edited and with commentary by US herbalist and author Steven Foster. It combines the charm and information of Culpeper's original seventeenth-century text with up-to-date, modern, practical usage. It includes details about where to find each herb, astrology, and medicinal benefits. -- adapted from publisher's web site.

CULPEPER'S COLOUR HERBAL

Godsfield Press

THE HERBALIST: NICHOLAS CULPEPER AND THE FIGHT FOR MEDICAL FREEDOM

HarperCollins UK From the bestselling author of 'The Queen's Conjuror', comes the story of Nicholas Culpeper - legendary rebel, radical, Puritan, and author of the great 'Herbal'. This is a powerful history of medicine's first freedom

fighter set in London during Britain's age of revolution.

CULPEPER'S COMPLETE HERBAL

TO WHICH IS NOW ADDED, UPWARDS OF ONE HUNDRED ADDITIONAL HERBS, WITH A DISPLAY OF THEIR MEDICINAL AND OCCULT QUALITIES ; PHYSICALLY APPLIED TO THE CURE OF ALL DISORDERS INCIDENT TO MANKIND. TO WHICH IS NOW FIRST ANNEXED HIS ENGLISH PHYSICIAN ENGLARGED, AND KEY TO PHYSIC, WITH RULES FOR COMPOUNDING MEDICINE ACCORDING TO THE TRUE SYSTEM OF NATURE. FORMING A COMPLETE FAMILY DISPENSATORY, AND NATURAL SYSTEM OF PHYSIC TO WHICH IS ADDED UPWARDS OF FIFTY CHOICE RECEIPTS, SELECTED FROM THE AUTHOR'S LAST LEGACY TO HIS WIFE

CULPEPER'S COLOUR HERBAL

A FIELD GUIDE TO MEDICINAL PLANTS AND HERBS OF EASTERN AND CENTRAL NORTH AMERICA

Houghton Mifflin Harcourt A reference to the medicinal plants and herbs of Eastern and Central North American includes specific remedies for asthma, headaches, colds, stomachaches, depression, and many other common ailments.

HERBAL SIMPLES APPROVED FOR MODERN USES OF CURE

BE YOUR OWN HERBALIST

ESSENTIAL HERBS FOR HEALTH, BEAUTY, AND COOKING

New World Library This complete guide will get you growing, harvesting, using, and healing with herbs – the world's oldest and most effective natural medicines. Popular health writer Dr. Michelle Schoffro Cook profiles thirty-one common and easy-to-grow (or readily available) herbs, sharing scientific discoveries about their usefulness and offering more than one hundred easy ways to use them in delicious recipes, healing teas, and soothing body treatments. You'll discover ways to delight body and mind as you incorporate Mother Nature's medicines into daily life, where they nurture and protect.

CULPEPER'S COLOUR HERBAL

CULPEPER'S COLOUR HERBAL

CULPEPER'S COMPLETE HERBAL, AND ENGLISH PHYSICIAN

CULPEPER'S BOOK OF BIRTH

A SEVENTEENTH CENTURY GUIDE TO HAVING LUSTY CHILDREN

In 1651, Nicholas Culpeper wrote a *A Directory for Midwives*, now edited under the above title. Written in the very direct & frank language of 17th-century England, much of what Culpeper says is relevant to the world & mother of today. He is, for example, very modern in his attitude to sensible diet & exercise. There are chapters on Love & Marriage; Diet; Exercise & Rest; Conception; Pregnancy; Labor; Birth; Nursing; Milk; Child Care; & Weaning. A very useful & practical book which beautifully evokes the period with delightful full-color drawings & paintings by Sue Warne.

HERB GARDENING IN TEXAS

Taylor Pub With over 35,000 copies sold, this book has become the essential guide for Texans who love to cultivate fresh herbs. This latest edition is a comprehensive, reader-friendly guide to growing more than 90 different herbs.

NATIONAL GEOGRAPHIC DESK REFERENCE TO NATURE'S MEDICINE

National Geographic Books An illustrated compendium of information on plants and their diverse therapeutic properties and benefits brings together folklore, scientific research, and medical theory to describe hundreds of plants, their origins and geographic distribution, cultivation, and medical applications. Reprint. 10,000 first printing.

CULPEPER'S COMPLETE HERBAL

OVER 400 HERBS AND THEIR USES

Arcturus Publishing From Artichoke to Rhubarb- Vine to Hawthorn- The Complete Herbal provides the most comprehensive listings of herbs and their uses in existence. First published over 350 years ago by herbalist and apothecary Nicholas Culpeper, this encyclopaedic guide had an extensive impact on modern holistic medicine. This includes his description of the qualities of foxglove, later used to treat heart conditions. In this illustrated edition, over 400 herbs are described in detail, along with their 'government and virtues', remedies, and cautions. Although much of the medical advice must be taken with a pinch of salt, the engaging tone, enthusiasm, and expertise of the author are irresistible and highly entertaining.

THE ENGLISH PHYSICIAN

University of Alabama Press

CULPEPER'S COMPLETE HERBAL

Godfrey Cave Associates **Nicholas Culpeper** was a seventeenth-century English botanist, herbalist, physician, and astrologer. Published over 350 years ago as a practical health guide, *The Complete Herbal* (1653), is still the most complete and definitive herbal available today. It contains a rich store of pharmaceutical and herbal knowledge, including herbs and where to find them, herb preparation, plasters, and much more.

THE NEW AGE HERBALIST

HOW TO USE HERBS FOR HEALING, NUTRITION, BODY CARE, AND RELAXATION

Simon and Schuster **Identifies** hundreds of herbs, explains their main uses, and tells how to cultivate a herb garden

CULPEPER'S COMPLETE HERBAL: TO WHICH IS NOW ADDED, UPWARDS OF ONE HUNDRED ADDIT

EXACT reproduction of the original book *Culpeper's Complete Herbal: to which is now added, upwards of 100 additional herbs* by Nicholas Culpeper complete with **COLOR PLATES**. This book may have occasional imperfections such as missing or blurred pages, poor pictures, errant marks, etc. that were either part of the original artifact, or were introduced by the scanning process. We believe this work is culturally important, and despite the imperfections, have elected to bring it back into print as part of our continuing commitment to the preservation of printed works worldwide. We appreciate your understanding of the imperfections in the preservation process, and hope you enjoy this valuable book.

A MERRY CHRISTMAS HERBAL

William Morrow & Company **Recipes** and instructions for making natural decorations are interspersed among descriptions of advent and Christmas festivities

EVE'S HERBS

A HISTORY OF CONTRACEPTION AND ABORTION IN THE WEST

Harvard University Press **In** *Contraception and Abortion from the Ancient World to the Renaissance*, John Riddle showed, through extraordinary scholarly sleuthing, that women from ancient Egyptian times to the fifteenth century had relied on an extensive pharmacopoeia of herbal abortifacients and contraceptives to regulate fertility. In *Eve's Herbs*, Riddle explores a new question: If women once had access to effective means of birth control, why was this knowledge lost to them in modern times? Beginning with the testimony of a young woman brought before the Inquisition in France in 1320, Riddle asks what women knew about regulating fertility with herbs and shows how the new intellectual, religious, and legal climate of the early modern period tended to cast suspicion on women who employed "secret knowledge" to terminate or prevent pregnancy. Knowledge of the menstrual-regulating qualities of rue, pennyroyal, and other herbs was widespread through succeeding centuries among herbalists, apothecaries, doctors, and laywomen themselves, even as theologians and legal scholars began advancing the idea that the fetus was fully human from the moment of conception. Drawing on previously unavailable material, Riddle reaches a startling conclusion: while it did not persist in a form that was available to most women, ancient knowledge about herbs was not lost in modern times but survived in coded form. Persecuted as "witchcraft" in centuries past and prosecuted as a crime in our own time, the control of fertility by "Eve's herbs" has been practiced by Western women since ancient times.

THE HANDMADE APOTHECARY

HEALING HERBAL RECIPES

Kyle Books **Herbs** are quite literally everywhere; it is only our ability to recognise their value that has been lost. Vicky and Kim explore the traditional uses of herbs combined with a modern and scientific understanding of a truly holistic approach so that you can use herbs to treat ailments and improve your general wellbeing. The book contains fascinating information about herbs and with suggestions of what each herb can be used for. Did you know that daisies infused in oil can be used to reduce bruises? That roses can help grieving and anxiety? Or that elderflower cordial can bring down a temperature? There is also an introduction to each of the body's systems (nervous, respiratory etc.) and which herbs are best for treatments. And of course, the book is peppered with vinegars, balms, oils, tinctures, creams, lotions and syrups to create your own little herbal health kit. Vicky and Kim also encourage people to reconnect with their local environment in addition to growing herbs in their gardens or windowsills. An all-encompassing guide for the beginner, *The Handmade Apothecary* is filled with guidance, useful tips and tried-and-tested recipes that will inspire people to make their own remedies.

LLEWELLYN'S BOOK OF NATURAL REMEDIES

OVER 400 AYURVEDIC, HERBAL, ESSENTIAL OIL, AND HOME REMEDIES FOR EVERYDAY AILMENTS

Llewellyn Worldwide **Discover** Hundreds of Holistic Remedies and Wellness Tips *Llewellyn's Book of Natural Remedies*

shares a powerful integrative approach to healing and living a more natural life. Author Vannoy Gentles Fite shares effective remedies for more than a hundred ailments, exploring contemporary and traditional techniques using common, everyday ingredients. Integrative medicine combines natural, holistic approaches with mainstream medicine. In this book, each ailment includes treatments using essential oils, herbs, Ayurveda, and home remedies. The recipes are easy to locate based on your specific needs, and they include materials you can typically find in your home. From balms and baths to tinctures and wraps, these outstanding remedies will support your healing process as you live your best possible life.

BODY INTO BALANCE

AN HERBAL GUIDE TO HOLISTIC SELF-CARE

Storey Publishing, LLC Silver Nautilus Book Award Winner for Health & Healing An antacid or an aspirin may soothe your pain, but it doesn't cure the cause of your symptoms. Headaches, indigestion, fatigue, allergies, anxiety, eczema, high blood pressure, and other conditions are clues to a deeper imbalance in your body, and learning to read those clues is a key step in maintaining optimal health. Herbalist Maria Noël Groves shows you how to read your body's signals and support your own wellness with herbal remedies and other natural treatments. You'll learn how each of your major body systems – respiratory, digestive, immune, nervous, memory, reproductive, circulatory, and more – optimally functions, and you'll discover how to use natural remedies to nourish and repair problem areas, restore lost vitality, support your body as a whole, and prevent future problems. Groves includes in-depth instructions, with step-by-step photographs, for making your own herbal remedies, as well as expert guidance on buying and effectively using commercial preparations.

GINSENG AND OTHER MEDICINAL PLANTS

A BOOK OF VALUABLE INFORMATION FOR GROWERS AS WELL AS COLLECTORS OF MEDICINAL ROOTS, BARKS, LEAVES, ETC

CULPEPPER'S COLOR HERBAL

Storey Books

A HANDBOOK OF NATIVE AMERICAN HERBS

THE POCKET GUIDE TO 125 MEDICINAL PLANTS AND THEIR USES

Shambhala Publications The author of the bible on herbalism returns with a portable guide for the professional and amateur herbalist alike Based on the now-classic reference text *Indian Herbalogy of North America*, this illustrated pocket guide is the perfect companion for those eager to expand their knowledge of herbal healing. Through detailed descriptions and illustrations, Alma R. Hutchens walks readers through: · 125 of the most useful medicinal herbs found in North America, and their uses · How to create herbal remedies for common ailments · The herbal traditions of North America and other lands Entries include staples of folk medicine such as echinacea and slippery elm as well as common kitchen herbs—from parsley to thyme to pepper—whose tonic and healing properties are less widely known.

CULPEPER'S COMPLETE HERBAL. WITH NEARLY FOUR HUNDRED MEDICINES, MADE FROM ENGLISH HERBS, PHYSICALLY APPLIED TO THE CURE OF ALL DISORDERS INCIDENT TO MAN ..

CULPEPER'S COMPLETE HERBAL

WITH NEARLY FOUR HUNDRED MEDICINES, MADE FROM ENGLISH HERBS, PHYSICALLY APPLIED TO THE CURE OF ALL DISORDERS INCIDENT TO MAN, WITH RULES FOR COMPOUNDING THEM, ALSO, DIRECTIONS FOR MAKING SYRUPS, OINTMENTS, &C., &C., &C

PUT GOD FIRST

First Fruits Press Put God First by Rev. Burke Culpepper, D.D., is a collection of evangelistic sermons.

CULPEPER'S COMPLETE HERBAL ... TO WHICH IS ADDED, HIS ENGLISH PHYSICIAN ENLARGED, ETC

CULPEPER'S MEDICINE

A PRACTICE OF WESTERN HOLISTIC MEDICINE NEW EDITION

Singing Dragon Drawing on the writings of Nicholas Culpeper, the 17th-century herbalist, apothecary and astrologer, this updated, accessible introduction celebrates the holistic medical traditions of the West, and places Culpeper in his appropriate context as one of the forebears of modern holistic medicine and a prophet of the NHS. An extensive new introduction to the work comments on the latest research and developments in the area. The book traces the development of the Western holistic medical tradition from its origins in the natural philosophy of Ancient Greece to the work of Culpeper himself. It describes and explains the relationship between the four elements, the four humours and the four constitutional types: sanguine, choleric, melancholic and phlegmatic, as well as explaining the functional

relationships of organs and body systems. The book explores the interconnectedness of psyche (mind) and soma (body) and includes a section on herbal medicine and therapeutics with a study of 20 common herbs, dietary suggestions and uses for culinary herbs. It also provides accessible information on astrology and the importance of the horoscope for holistic patient assessment. The book looks at the holistic approach to the preservation of health and prevention of disease, with explanations of the various disease states, their humoral medical diagnosis and treatment. An authoritative insight into the expanding world of holistic medicine, this book is an indispensable resource for medical herbalists, students of herbal medicine and all those interested in Western holistic medicine and its origins.

ROSEMARY GLADSTAR'S HERBAL RECIPES FOR VIBRANT HEALTH

175 TEAS, TONICS, OILS, SALVES, TINCTURES, AND OTHER NATURAL REMEDIES FOR THE ENTIRE FAMILY

Storey Publishing, LLC Promote vibrant health and radiant beauty, soothe everyday ailments, and ease persistent stress with these simple, natural cures for everything from dry skin and infant colic to cold symptoms and insomnia. Renowned herbalist Rosemary Gladstar provides 175 proven therapies and herbal remedies that are easy to prepare and safe enough for children. Offering a potent and effective alternative to commercial pharmaceuticals, Gladstar will inspire you to nurture yourself and those you love with nature's healing herbs.

THE COMPLETE HERBAL TUTOR

THE DEFINITIVE GUIDE TO THE PRINCIPLES AND PRACTICES OF HERBAL MEDICINE (SECOND EDITION)

Aeon Books Herbal medicines have been used for many centuries to treat illnesses and restore health, and today herbalism still remains the most widely-practiced form of medicine around the world. Written by a leading medical herbalist, *The Complete Herbal Tutor* provides in-depth knowledge of the practice and theory of herbal medicine, including everything you need to know about its history, how it works, how to grow, gather and prepare herbs, and how to use them to create an herbal prescription. The rigorously researched and illustrated materia medica contains over 150 herbs, with clear explanations of their properties, active ingredients, and the latest scientific developments on their uses. There is also a clear explanation of how herbs can be used to treat each of the body's systems, with advice on using remedies for healing a range of specific conditions.