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KEY=ON - KLINE KENNY

WHAT'S ON MY HEAD?

Look Baby! Books Photographs show babies wearing a variety of hats, toys, and other objects on their heads, with matching silly looks on their faces. On board pages.

INSIDE MY HEAD

Bloomsbury Publishing A powerful debut novel focusing on three very different teenagers, whose lives become unavoidably interlinked.

PUPPY IN MY HEAD

A BOOK ABOUT MINDFULNESS

HarperCollins Kids experience anxiety and can feel overwhelmed just like adults do, and this picture book serves as both a story and a step-by-step guide to help calm kids down. Ollie is the puppy living inside of our narrator's head, and when Ollie panics or is too energetic, the narrator feels that way, too! But she learns to handle the situation with her breath and her mindfulness, and by talking it out with an adult. In plain language and with a rare sense of understanding and compassion, Elise Gravel tackles anxiety in children head-on with bold colors and whimsical illustrations. This picture book also features a note from a pediatrician on the importance of mental health. Perfect for bedtime or the classroom, readers will walk away a little more well-equipped to handle the puppies in their own heads.

THERE'S A STORY IN MY HEAD: SIGN LANGUAGE FOR BODY PARTS

ABDO Publishing Company Story Time with Signs & Rhymes presents playful stories for read-aloud fun! This rhythmic tale invites readers to chant along and learn American Sign Language signs for body parts including head, toes, fingers, and heart. Bring a new, dynamic finger-play experience to your story time! Aligned to Common Core Standards and correlated to state standards. Looking Glass Library is an imprint of Magic Wagon, a division of ABDO.

FROG ON MY HEAD

Goblin Fern Press A young girl has trouble going to sleep as a little frog perches on different parts of her body, until the little frog tires itself out and is ready to go to sleep.

SOMEWHERE TO LAY MY HEAD

Hodder & Stoughton We left Robert a long way from home, a sixteen-year-old recruit in the RAF. Now, we follow his escape from the Forces (until National Service a few years later!), his return to Glasgow and life down the pit. Once more, Robert's fantastic memory for people, places and anecdotes, combined with an ear for individual voices and the brilliant ability to evoke a bygone sense of community, will enchant his readers and sometimes appal them with the brutality of conditions he experienced.

WHAT'S GOING ON INSIDE MY HEAD?

STARTING CONVERSATIONS WITH YOUR CHILD ABOUT POSITIVE MENTAL HEALTH

Bloomsbury Publishing We all know that healthy minds are really important but how do we make sure we look after our mental health from a very young age? What's Going On Inside My Head? is a book for children that explores practical ways we can keep our minds in good shape as well as our bodies. By talking about positive self-image, emotional intelligence, relationships and mindfulness, this book will help children develop healthy habits and good coping strategies from the start. Presented in a warm, child-friendly but no-nonsense way it will help establish solid foundations for every child's current and future wellbeing. Perfect for starting conversations with children about their mental and emotional health, What's Going On Inside My Head? is a must for every parent who understands the importance of keeping a healthy mind.

WHAT GOES ON IN MY HEAD?

Penguin What Goes On In My Head? will introduce readers to the most powerful and complicated computer network they will ever encounter - their own brain. It explains what the different parts of the brain do, how they work together and how scientists look at the brain. What Goes On In My Head? also explains how the brain changes at different stages in a person's life, how you learn to do things, what gives us our individual personalities, what memory is, and how illness affects the brain. Learn about why we had moods and emotions, why sleep is important, and much, much more! What Goes On In My Head? is packed with tips and brain teasers that will test memory, perception, reasoning, and reactions. Find out what really does go on in your brain!

THE MONSTERS INSIDE MY HEAD

A BOOK FOR TAMING THOSE MONSTERS AND TAKING CARE OF YOURSELF

"The monsters inside my head" is all about facing yourself. These monsters aren't the ones we grew up being scared of; they are not the ones that we saw in movies or the ones we thought lived under our bed, but yes, the ones who live in our minds. They are the voices we hear that create fear and insecurity inside us. The doubt preventing us from accomplishing our goals and desires and consequently keeps us from pursuing things in life, such as starting that business or inviting that person out. Most of the time, these monsters are what holds us back from what we want. The purpose of this book is to acknowledge these monsters and facing them.

DOES MY HEAD LOOK BIG IN THIS?

Scholastic UK Don't panic - I'm Islamic! Amal is a 16-year-old Melbourne teen with all the usual obsessions about boys, chocolate and Cosmo magazine. She's also a Muslim, struggling to honour the Islamic faith in a society that doesn't understand it. The story of her decision to "shawl up" is funny, surprising and touching by turns.

CAN'T GET YOU OUT OF MY HEAD

Silverwood Books William James is a young psychiatrist specialising in the psychology of stalking. A rather dry academic, but already a world authority on obsessive love - he's certainly not the type to get mixed up with beautiful women...until he's recruited by the Foreign Office to join a unique police protection unit, exclusively focused on besotted admirers who unpredictably flip into assassins. He now finds himself mingling with Philippa Foot, the unusually glamorous Foreign Secretary, and Dread, a notorious rock star. A spate of bizarre and inexplicable threats mean he's now battling with antagonistic police forces as well as obstructive personal bodyguards. Can the offbeat psychiatrist apprehend these deadly stalkers, relentlessly evading sanity, hunting their prey even from behind prison bars, ever-willing to die for their delusion? As Dread prepares for a diva's ultimate global audience - the largest charity concert in history, opened by the beguiling Foreign Secretary - William races against time. Can he prevent a massacre of the famous on a world stage? Peppared with real-life true stories from luminaries, and other victims, this psychological thriller, already endorsed by genuine experts in the field, lifts the lid on the dark side of our infatuation with celebrity and possessive love. ALL PROFITS FROM SALES DONATED TO THE SUZY LAMPLUGH TRUST.

THE MAN WITHIN MY HEAD

Penguin UK

THE MAN WITHIN MY HEAD

Vintage We all carry people inside our heads—actors, leaders, writers, people out of history or fiction, met or unmet, who sometimes seem closer to us than people we know. In The Man Within My Head,

Pico Iyer sets out to unravel the mysterious closeness he has always felt with the English writer Graham Greene; he examines Greene's obsessions, his elusiveness, his penchant for mystery. Iyer follows Greene's trail from his first novel, *The Man Within*, to such later classics as *The Quiet American* and begins to unpack all he has in common with Greene: an English public school education, a lifelong restlessness and refusal to make a home anywhere, a fascination with the complications of faith. The deeper Iyer plunges into their haunted kinship, the more he begins to wonder whether the man within his head is not Greene but his own father, or perhaps some more shadowy aspect of himself. Drawing upon experiences across the globe, from Cuba to Bhutan, and moving, as Greene would, from Sri Lanka in war to intimate moments of introspection; trying to make sense of his own past, commuting between the cloisters of a fifteenth-century boarding school and California in the 1960s, one of our most resourceful explorers of crossing cultures gives us his most personal and revelatory book.

GET OUT OF MY HEAD

INSPIRATION FOR OVERTHINKERS IN AN ANXIOUS WORLD

Running Press Adult *Calm your thoughts, navigate your stress, and understand your anxiety with this compact illustrated guide for overthinkers everywhere. Are you an overthinker? You're not alone! In a world full of deadlines, and technology, and constant stress, anxiety sometimes feels inevitable. But what if you learned to ride the wave of anxiety, instead of getting lost in it? Get Out of My Head is here to help, providing guidance and inspiration for anxious overthinkers of all sorts. This compact, illustrated book offers soothing techniques for understanding anxiety and moving through the traps of overthinking. Aimed at a modern audience looking for support and community, this beautifully illustrated guide offers a joyful, manageable way to deal with anxiety and quiet stressful thoughts through easy exercises, bite-sized takeaways, and calming visuals. Written by Meredith Arthur, founder of the popular mental health platform Beautiful Voyager, and illustrated by Leah Rosenberg, this charming alternative to technical mental health guides walks readers through the process of building awareness around anxiety, identifying triggers, moving through blocks, building healthy boundaries, and developing an arsenal of tools for thriving. With actionable tips throughout, and a special section on dealing with end-of-year anxieties, this striking volume also includes a small, saddle-stitched secondary book -- meant to act like a weighted blanket in book form for help on the go -- in a concealed internal pocket.*

SO OVER MY HEAD

Thomas Nelson *Newly single, stalked by a killer, and in desperate need of some chic clown shoes--Bella is one skinny mocha frapp away from total meltdown. When the Fritz Family Carnival makes its annual appearance in Truman, Bella's keen reporter instincts tell her the bright lights hide more than they reveal. Her suspicions are confirmed when one of the stars is murdered. Though the police make an immediate arrest, Bella doubts this case is quite that simple. She needs her crime-solving boyfriend, Luke, more than ever. Problem is, his ex-girlfriend has moved back to town, giving Bella some murderous thoughts of her own. Then again, there's no time for a relationship crisis when Bella's doing her best to derail her father's wedding and stay one step ahead of a killer. Is God sending her a message in all of this madness? With a murderer on the loose and her boyfriend's ex on the prowl, this undercover clown has never had more to juggle--or more to risk.*

OUT OF MY HEAD

ON THE TRAIL OF CONSCIOUSNESS

New York Review of Books *Adventures in cutting-edge ideas about consciousness, from bestselling non-fiction writer Tim Parks. Hardly a day goes by without some discussion about whether computers can be conscious, whether our universe is some kind of simulation, whether mind is a unique quality of human beings or spread out across the universe like butter on bread. Most philosophers believe that our experience is locked inside our skulls, an unreliable representation of a quite different reality outside. Colour, smell and sound, they tell us, occur only in our heads. Yet when neuroscientists look inside our brains to see what's going on, they find only billions of neurons exchanging electrical impulses and releasing chemical substances. Five years ago, in a chance conversation, Tim Parks came across a radical new theory of consciousness that undercut this interpretation. This set him off on a quest to discover more about this fascinating topic and also led him to observe his own experience with immense attention. Out of My Head tells the gripping, highly personal, often surprisingly funny, story of Tim Parks' quest to discover more about this fascinating topic. It frames complex metaphysical considerations and technical laboratory experiments in terms we can all understand. Above all, it invites us to see space, time, colour and smell, sounds and sensations in an entirely new way. The world will feel more real after reading it.*

THE PRINCESS IN MY HEAD

Savant Books & Publications (pub-0630497708912900) *In a two-part work (novel and screenplay), medieval Princess Aqualine the Wise and modern-day Princess Allison the Benevolent defy logic but not magic to communicate through their dreams. Aqualine inks proclamations and Allison holds webcasts, inspiring their loyal subjects and solving problems through ideas and influence gained from each*

other's world. Together they will face their problems, and find a solution over time and space.

GOD BE IN MY HEAD

THE SARUM PRAYER

Church Publishing, Inc. • Uses an ancient prayer in contemporary, accessible ways • May be used as Lenten or Advent guide The Sarum Prayer is a remarkably accessible ancient prayer with contemporary appeal—memorable, physical, genderless, and mystical. It is suited for use throughout the day, invoking a God who inhabits all things, including our senses. Like the Serenity Prayer, it appeals to those relying on God to get through their day. This book offers a step-by-step introduction to the prayer that fosters improved conscious contact with God. With forty short meditations, it draws the reader into the different aspects of the prayer each day and can serve as an easy access Lenten guide. These short essays are designed to mediate an enhanced experience through daily use. Though field-tested as a Lenten prayer guide, it is a devotional suitable for any time of year, making connection with God possible even to those not steeped in a religious tradition.

SOMEONE'S IN MY HEAD

Partridge Singapore After a close brush with death, Jarod ends up in a hospital, traumatized but alive. He thinks he is lucky to get off with minor injuries, but he soon realizes that something is wrong when he starts behaving abnormally. Eventually, Jarod finds out the truth behind his erratic behavior that there is someone in his head. From that point on, he is launched into a series of fast-paced and heart-pounding adventures as he tries to find out the person's identity. But, as he digs deeper, Jarod uncovers more and more shocking truths that has been buried for decades, and secrets that people would kill to protect. Someone's In My Head is a thrilling and suspenseful science-fiction novel that will grip you with its exciting plot and charm you with its humorous dialogues. Narrated in first-person by the witty Jarod Wickernham, it brings to you the future of human technology and the ominous repercussions of mind control. This first installment of The Wickernham Trilogy is surely an enthralling read, and it is definitely worth every single penny stated on its price tag."

I JUST NEED YOU

J. Nathan Kresley Studying abroad was my chance to gain independence away from my privileged life in California. But, when there's a kidnapping attempt on my life, I'm forced to return home to finish college. I just never expected to get stuck with a pompous, know-it-all bodyguard who watches my every move with nothing but disdain. One whose good looks don't soften the cold, impenetrable wall he wears like armor. Tristan I pride myself on being a professional and taking my job as a bodyguard seriously. But, nothing could prepare me for the high maintenance, rich girl I'm hired to protect. She's got a smart mouth, is hell-bent on pushing my buttons, and doesn't take the threats against her seriously. And despite the nightmares that plague her dreams, or the fact that I'm the only one who knows about them, I'm not there to befriend her. I'm there to protect her...no matter how much she intrigues me. Jabs will be exchanged, glares will become the norm, jealousy will rear its ugly head, and sparks...well those damn things will inevitably fly. But will it all come with a dangerous price?

100\$ REWARD ON MY HEAD - POWERFUL & UNFLINCHING MEMOIRS OF FORMER SLAVES: 28 NARRATIVES IN ONE VOLUME

WITH HUNDREDS OF DOCUMENTED TESTIMONIES & TRUE LIFE STORIES: MEMOIRS OF FREDERICK DOUGLASS, UNDERGROUND RAILROAD, 12 YEARS A SLAVE, INCIDENTS IN LIFE OF A SLAVE GIRL, NARRATIVE OF SOJOURNER TRUTH...

e-artnow This edition brings to you the finest collection of personal memoirs from the true champions of liberty. With their powerful narratives, they have changed people's convictions about slavery and shook the very foundation of this social evil: Narrative of the Life of Frederick Douglass 12 Years a Slave by Solomon Northup The Underground Railroad The Willie Lynch Letter: The Making of Slave! Confessions of Nat Turner Narrative of Sojourner Truth Incidents in the Life of a Slave Girl, by Harriet Jacobs Harriet: The Moses of Her People History of Mary Prince Running a Thousand Miles for Freedom, by William and Ellen Craft Thirty Years a Slave: From Bondage to Freedom, by Louis Hughes Narrative of the Life of J. D. Green, a Runaway Slave Up From Slavery by Booker T. Washington Narrative of Olaudah Equiano Behind The Scenes - 30 Years a Slave & 4 Years in the White House, by Elizabeth Keckley Father Henson's Story of His Own Life Fifty Years in Chains, by Charles Ball Twenty-Two Years a Slave and Forty Years a Freeman, by Austin Steward Narrative of the Life of Henry Bibb Narrative of William W. Brown, a Fugitive Slave Story of Mattie J. Jackson A Slave Girl's Story, by Kate Drumgoold From the Darkness Cometh the Light, by Lucy A. Delaney Narrative of the Life of Moses Grandy Narrative of Joanna; An Emancipated Slave, of Surinam Narrative of the Life of Henry Box Brown, Who Escaped in a 3x2 Feet Box Memoir and Poems of Phillis Wheatley Buried Alive For a Quarter of a Century - Life of William Walker Pictures of Slavery in Church and State Dying Speech of Stephen Smith Who Was Executed for Burglary Life of Joseph Mountain Charge of Aiding and Abetting in the Rescue of a Fugitive Slave Lynch Law in All Its Phases Duty of Disobedience to the Fugitive Slave Act Captain

Canot Pearl Incident: Personal Memoir of Daniel Drayton History of Abolition of African Slave-Trade History of American Abolitionism

THE WORLD FELL ON MY HEAD

Mira Digital Publishing A middle school girl finds out a shocking secret about her deceased mother

IT SOUNDED BETTER IN MY HEAD

Flatiron Books William C. Morris Debut Award Finalist! From debut author Nina Kenwood comes a tender and funny love letter to coming of age, and first love and its confusions, perfect for fans of Booksmart and To All the Boys I've Loved Before. When her parents announce their impending divorce, Natalie can't understand why no one is fighting, or at least mildly upset. Then Zach and Lucy, her two best friends, hook up, leaving her feeling slightly miffed and decidedly awkward. She'd always imagined she would end up with Zach one day—in the version of her life that played out like a TV show, with just the right amount of banter, pining, and meaningful looks. Now everything has changed, and nothing is quite making sense. And then, an unexpected romance with Zach's older brother comes along and shakes things up even further...

OFF WITH MY HEAD

THE DEFINITIVE BASIC B*TCH HANDBOOK TO SURVIVING ROCK BOTTOM

Simon and Schuster The New York Times bestselling author of Next Level Basic and fan-favorite alumna of Bravo's Vanderpump Rules returns with the definitive Basic Bitch handbook for surviving your rock-bottom moments. The year 2020 was going to be the best year of Stassi's life. Besides getting engaged and feeling like she was on top of the world career-wise, she bought her first house and was planning her dream Italian wedding. The future showed so much freaking promise—until it all went to hell. Stassi may not be perfect—she may have made some (major) mistakes—but she does feel like she has some insight (and plenty of hilarious tales) about getting knocked up, called out, and learning from what went wrong. Through stories, confessions, illustrations, and plenty of self-reflection and self-deprecation, this new book goes behind the scenes and addresses the experience of getting cancelled, getting that positive pregnancy test, and saying “I do” in the backyard instead of in Italy. Stassi won't hold back about her transformation from proud basic bitch to... proud basic bitch who has a deeper appreciation for what's really important in life: love, relationships, mutual respect, and, okay fine, an Aperol spritz and some showtunes when you need them most. Stassi hopes her story will help others see the light at the end of the tunnel in their own lives and make them laugh along the way. She writes about the importance of having a good cry (at work, in the shower, in your closet), ways to navigate social media responsibly (sometimes that means logging the eff off when crowds are chanting, “OFF WITH HER HEAD”), how to practice self-care when wine is not an option, and how not to become a Bridezilla—plus she'll offer tips on marrying your f*ckboy, embracing pregnancy sweats (both cashmere sweats and night sweats), and styling baby OOTDs. So roll up your bedazzled sleeves...or the sleeves of the tattered robe you've been wearing nonstop because you're at rock bottom; grab a cocktail; and let your favorite (more evolved) basic bitch take you on a wild ride inside the bumpiest year of her life.

JUST ABOVE MY HEAD

A NOVEL

Delta James Baldwin's final novel is “the work of a born storyteller at the height of his powers” (The New York Times Book Review). “Not everything is lost. Responsibility cannot be lost, it can only be abdicated. If one refuses abdication, one begins again.” The stark grief of a brother mourning a brother opens this stunning, unforgettable novel. Here, in a monumental saga of love and rage, James Baldwin goes back to Harlem, to the church of his groundbreaking novel Go Tell It on the Mountain, to the forbidden passion of Giovanni's Room, and to the political fire that enflames his nonfiction work. Here, too, the story of gospel singer Arthur Hall and his family becomes both a journey into another country of the soul and senses—and a living contemporary history of black struggle in this land.

MY BODY BELONGS TO ME FROM MY HEAD TO MY TOES

Simon and Schuster Now adults can explain to children the difference between appropriate and inappropriate touching in a way that kids can understand. As a child, there are constantly people trying to pick you up, hug you, or tickle you. Sometimes, though, children fall victims to people who try to touch them inappropriately. But how do you tell someone, most likely an adult, that you don't want to be touched? Or, if it has already happened, how do you tell an adult you trust about what happened? You're only a child, and they're the adults. Why would they believe you? My Body Belongs to Me from My Head to My Toes is an educational tool to help instill confidence in children when it comes to their bodies. The narrative of the story is led by a girl named Clara, who encourages kids to say “no” if they are

uncomfortable with physical contact. The narrator gives readers tips about what they can say or do to avoid unwanted physical contact, or how to tell the right people in the event it has already occurred. My Body Belongs to Me from My Head to My Toes is an invaluable resource that gives children a voice in uncomfortable situations. "Written with a clear, specific text, and illustrated with full-page, colorful paintings, it gives children the "good touch, bad touch" message in a safe and comforting manner. The beginning contains a message for adults from the International Center for Assault Prevention, recommending the book as a teaching tool for self-awareness and empowerment. Resources for adults are listed at the end of the book. An effective instrument for general nonfiction or picture-book shelves." —School Library Journal

THE CONVERSATIONS IN MY HEAD

Independently Published Inspiring, captivating and overall life changing....."I will rise with love, I will rise full of laughter and joy, Using my ears to listen, using my words to speak Words that will help me rise up I will" - Steph BHealth, Wellness, and Spirituality. After the roller coaster of emotions subsides, you will be prone to self-check and walk in complete truth. This book was written for those from all walks of life. No matter your race, age, ethnicity, or sexuality this book will help you to understand that your thoughts are crucial. The inner conversations and ideas that you have are a major part of who you are and should be expressed to maintain a level of awareness of self and good mental health.

MY HANDS ON MY HEAD

Creative Teaching Press Learn the Spanish words for parts of the body with the text to the song.

IN MY HEAD

Crystallite Publishing Mila Brooks is your seemingly average 16-year-old aside from the fact that she doesn't have any friends. Her father's position as chief technology manager at the biggest tech firm in the world, Mahone Inc., has alienated her from her peers. As a beta tester for the latest implant, a computer chip that connects you to The Internet of Things, Mila is sure everyone hates her because of her upgrade. When Mila hears Parker's voice in her head, everything changes. This is a standalone short story of 17,000 words.

INSIDE MY HEAD

A&C Black The cleverly constructed narrative consists of three points of view: of Gary, constantly victimised by the school bully in a nasty, name-calling and vindictive way; the bully's friend, David and a new girl to the school, Zoë. All viewpoints are revealing. Gary reveals the painful and often unsuccessful attempts by a young man to control his anger under great provocation - and his inability to communicate. David is someone who is uncomfortable with the bullying but doesn't dare to do anything about it - until the end. Zoë is a young woman who can see Gary through different eyes and is independent, freethinking and brave. Also featured are rampaging tractors, shotguns and cheese puffs.

MY HEAD HELD UP HIGH

Xlibris Corporation This book is a dedication to the loving memory of my mother, Doris, a woman who never stepped into a classroom for knowledge and education but was blessed with knowledge and intellect to soar high above her own circumstances and care for her nine beautiful children, her extended family, and her community. This is an everlasting dedication to the eternal memory of this beautiful woman, my mother, who exuded love through every pore of her skin and taught us to love each other unconditionally.

OVER MY HEAD

Lulu.com

OVER MY HEAD

JOURNEYS IN LEAKY BOATS FROM THE STRAIT OF MAGELLAN TO CAPE HORN AND BEYOND

iUniverse a pioneering female geologist explores the topography of South America and the shifting landscape of women in the sciencesA satisfying journey through 1970s sexual politics and the lands of the southernmost part of the Earth. Kirkus Reviews Somewhere near the bottom edge of the earth, a young woman attempts to balance on a slippery rock ledge. With her back pressed against an overhanging cliff face, her arms too weak to climb, and the tide rising at an alarming rate, there is nowhere to go. So how did she come to be alone on a sinking knife edge in Tierra del Fuego, halfway

between the Beagle Channel and Cape Horn, seven thousand miles from New York? In her fascinating travel memoir, Margaret Winslow offers a compelling glimpse into her misadventures as an inexperienced geologist as she begins pioneering field research in southern South America. Beginning in the mid-1970s, Winslow details her unforgettable experiences that include clinging to a ledge alone as the tide rises over her boot tops, facing near-death experiences with killer whales, and encountering an antediluvian creature with a cavernous mouth and yellow teeth while tracing her evolution from an ill-prepared beginner to a competent leader. *Over My Head* captures one woman's historic journeys into uncharted fjords and trackless forests as she attempts to navigate through the almost exclusively male world of field geology and discovers she must learn to rely on her own inner compass in order to survive.

THE LIFTER OF MY HEAD

HOW GOD SUSTAINED ME DURING POSTPARTUM DEPRESSION

Tate Publishing "*The Lifter of My Head*" offers medical guidance and spiritual insight to women who may be plagued with this disorder. Sue explains in her memoir, the phases of illness, recovery, and the scriptures that sustained her throughout her healing.

TROUBLE IN MY HEAD

A YOUNG GIRL'S FIGHT WITH DEPRESSION

Random House Mathilde Monaque developed severe depression when she was just 14. The eldest in a family of six and an exceptionally bright and gifted little girl, the discovery shook her family to the core. *Trouble in My Head* is Mathilde's tender and illuminating account of her struggle to surface from a disease that could have taken her life. With remarkable sensitivity and lucidity she describes her experience of depression, her days in the teenage hospital and her battle to conquer the disease. Mathilde's perspective as a sufferer of teenage depression is unique. Unlike adult depression which involves feelings of guilt, Mathilde describes teenage depression as a breaking down of certainties, the fear of being oneself, the fear of not loving and of not being loved. Adults and teenagers alike will find inspiration and insight in her touching and remarkable account.

SONGS IN MY HEAD

A CANCER SPIRITUAL

Wipf and Stock Publishers Startled by the unexpected diagnosis of a rare and often-terminal cancer, JoAnn A. Post chronicles the course of her treatment in *Songs in My Head*, a journal written both for her own sake, and for friends, family, and colleagues. Each of her twelve chemotherapy treatments is presented as a verse of the songs that hummed in her heart during and at the close of treatment. Inspiration and encouragement come through simple events like the return of a lost dog ("Chasing Maggie") and complicated events like allergic reactions to chemotherapy ("A False Summit"). The journal closes with an ancient Jewish ritual of thanksgiving, the Birkat HaGomel, which places the author's suffering in the context of the suffering and healing of God's people through the centuries. While writing from the perspective of faith, the author neither offers easy solutions, nor glosses over the difficult questions posed by illness and disability. During a difficult time she writes with hope, humor, and honesty. This journal is written for those living with cancer, and for those who love and care for them.

THREE DAYS CORONAVIRUS IN MY HEAD

A LITTLE STORY ABOUT THE MEANING OF THE CORONA CRISIS

BoD - Books on Demand Smoking a cigarette on the small step in front of the house suddenly brings about strange changes. The chirping of the birds, the buzzing and whirring of the insects disappears from my perception. Feelings and thoughts make their way into my head and lead to a real firework display. The Corona virus has crept into my head and settled in there. The statement: "The Corona virus is changing the world!" struggles with the question: "Is the virus changing me, too?" Three days, one anthill and one smoking cessation later, it is clear to me, that the virus can mutate into the coronavirUS and thus change the world positively. While this virUS conquers my heart, a rainbow, a supposedly empty card and my cat teach me, why the virus cannot change me.

THE VOICE IN MY HEAD

Harlequin She can feel sorry for herself. Or she can listen...to the voice in her head. For Indigo Phillips, life has always been about basking in the shadow of her identical twin, Violet—the perfectly dressed,

gentle, popular sister. The only problem the girls had in their lives was the occasional chaos that came with being part of the Phillips family brood. But when Violet becomes terminally ill and plans to die on her own terms via medically assisted death, Indigo spirals into desperation in her efforts to cope. That's when she begins to hear a mysterious voice—a voice claiming to be God. The Voice insists that if she takes Violet to a remote rock formation in the Arizona desert, her sister will live. Incredibly, Violet agrees to go—if their dysfunctional family tags along for the ride. With all nine members stuffed into a wonky old paratransit bus, including their controlling older sister and distant mother, Indigo must find a way to face insecurities she's spent a lifetime masking and step up to lead the trip. As she deals with outrageous mishaps, strange lodgings and even stranger folks along the way, Indigo will figure out how to come to terms with her sister, her family...and the voice in her head.

OFF THE TOP OF MY HEAD

iUniverse "From award-winning Boise author, Adelaide McLeod, comes a rollicking look at life in the west, past and present. Told with Scottish verve and humor, these enchanting essays offer a glimpse into a life fully lived. McLeod's elegant writing offers the clear voice of a masterful storyteller with a questioning mind and a sympathetic heart." -Dennis Held, Editor and author of *Betting on the Night*"In vignette-like style, Adelaide McLeod has taken events and locations from her childhood through adulthood—from her back alley to the mountains of Peru—and extrapolated them into real insights for both her and the reader. Her ability to make a helix of the arcane around the mundane through her awareness of generational differences between value systems is most impressive." -Dr. Wallace K. Pond, Psychologist, and Professor at Boise State University

I SEE MOVIES IN MY HEAD

Trafford Publishing Author Phillip Reisner has been seeing movies and writing poetry in his head his entire life, from his childhood years on a midwestern farm to his first venture out in the world as an adult. He learned efficiency of thought, action, and description from his father, who was a man of few words. His poetry collection, *I See Movies in My Head* takes place over a period of twenty years, beginning before Phillip gained self-awareness and coming up to a point of true-life realization. Phillip remembers his life experiences through movies in his head and poetically describes his personal history of growing up. His innocence is pure early in his life, but living gradually chips away with personal awareness and worldliness. Concise and to the point, the free-verse poems of *I See Movies in My Head* seek to remind us that simplicity teaches while complexity awaits understanding. I wish I could go back in time with more than organic films in my head, and feel sweet, special and innocent again. I wish I could be six years old again, and ignorantly unique without worldly knowledge to clutter my heart, mind, and soul.