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The Warrior's Heart Becoming a Man of Compassion and Courage *Houghton Mifflin Harcourt* **The New York Times**-bestselling author and Navy SEAL “describes his adventurous life in a manner that many teen boys will find inspirational” (VOYA). In this adaptation of his bestselling book, *The Heart and the Fist*, Eric speaks directly to teen readers, interweaving memoir and intimate second-person narratives that ask the reader to put themselves in the shoes of himself and others. Readers will share in Eric’s evolution from average kid to globe-traveling humanitarian to warrior, training and serving with the most elite military outfit in the world: the Navy SEALs. Along the way, they’ll be asked to consider the power of choices, of making the decision each and every day to act with courage and compassion so that they grow to be tomorrow’s heroes. Sure to inspire and motivate. A Kirkus Reviews Best Teen Book of the Year “It’s no small feat to make a difference in somebody’s life. By sharing these stories with young readers, [Greitens] now has a chance to make a difference in a few more.”—*The New York Times Book Review* “[An] engaging and important book.”—*Los Angeles Times* “An uncommon (to say the least) coming of age, retraced with well-deserved pride but not self-aggrandizement, and as thought provoking as it is entertaining.”—Kirkus Reviews (starred review) “Adapted from the adult title *The Heart and the Fist*, this volume has been rearranged, shortened, and streamlined in way sure to appeal to its new audience.”—*School Library Journal* **The Warrior's Heart Becoming a Man of Compassion and Courage** *HMH Books For Young Readers* Shares the author's adventures as a young man that led him to a life of service as both a humanitarian and a Navy SEAL. **The Heart And The Fist** The education of a humanitarian, the making of a Navy SEAL *HarperCollins* **THE HEART AND THE FIST** shares one man’s story of extraordinary leadership and service as both a humanitarian and a warrior. In a life lived at the raw edges of the human experience, Greitens has seen what can be accomplished when compassion and courage come together in meaningful service. As a Rhodes Scholar and Navy SEAL, Greitens worked alongside volunteers who taught art to street children in Bolivia and led US Marines who hunted terrorists in Iraq. He’s learned from nuns who fed the destitute in one of Mother Teresa’s homes for the dying in India, from aid workers who healed orphaned children in Rwanda, and from Navy SEALs who fought in Afghanistan. He excelled at the hardest military training in the world, and today he works with severely wounded and disabled veterans who are rebuilding their lives as community leaders at home. Greitens offers each of us a new way of thinking about living a meaningful life. We learn that to win any war, even those we wage against ourselves; to create and obtain lasting peace; to save a life; and even, simply to live with purpose requires us—every one of us—to be both good and strong. **Strength & Compassion Photographs and Essays** A collection of photographer Eric Greiten's award-winning international humanitarian photography. **Resilience Hard-won Wisdom for Living a Better Life** *Houghton Mifflin Harcourt* **The Navy SEAL, humanitarian and best-selling author of *The Heart and the Fist* draws on ancient wisdom and personal experience to counsel readers on how to promote personal resilience and overcome obstacles through positive action. 100,000 first printing.** **The Warrior's Heart Becoming a Man of Compassion and Courage** *Houghton Mifflin Harcourt* Shares the author's adventures as a young man that led him to a life of service as both a humanitarian and a Navy SEAL. **Leading the Life You Want Skills for Integrating Work and Life** *Harvard Business Press* “Must professional accomplishments come at the expense of having a full life? Not according to Wharton professor and leadership and work-life expert Stewart D. Friedman. In his new book, Friedman identifies critical skills for leading an authentic and balanced life, and illustrates them through the compelling stories of six remarkable high-profile people. He also shows how to develop and apply each skill through a series of exercises anyone can use. Each leader showcased in the book—Bruce Springsteen, Michelle Obama, Sheryl Sandberg, Tom Tierney, Eric Greitens, and Julie Foudy—exemplifies a specific set of skills for achieving greater harmony between work and life. Friedman identifies these discrete skills—for being real, being whole, and being innovative—that reduce conflict. Then, based on in depth interviews and research, he paints a dramatic picture of the creative ways these six very different leaders pursue authenticity and harmony every day. Friedman also includes exercises for practicing each skill,

along with actionable ideas curated from research in organizational psychology and related fields, for applying them. This book will inspire and reinforce the changes people want to make to lead more balanced lives and to become better leaders"-- Fearless The Undaunted Courage and Ultimate Sacrifice of Navy SEAL Team Six Operator Adam Brown *WaterBrook Press* Chronicles the life of Navy SEAL Team Six operator Adam Brown, a man whose heroism and devotion still stand as a beacon to his friends and family, even after his death in the Afghan Hindu Kush mountains in 2010. The Guerrilla Factory The Making of Special Forces Officers, the Green Berets *Simon and Schuster* A retired lieutenant colonel presents a behind-the-scenes portrait of the legendary North Carolina camps where Special Forces soldiers are trained, outlining the infamous Q Course where leaders endure brutal tests of strength, stamina and psychology. 75,000 first printing. I Am a SEAL Team Six Warrior Memoirs of an American Soldier *Macmillan* Recounts the story of how the author overcame a tough and abusive childhood to fulfill his dream of joining the exciting and dangerous world of the Navy SEALs by becoming a Special Forces sniper. By the authors of SEAL Team Six. Original. Heroes Wanted Why the World Needs You to Live Your Heart Out *Harvest House Publishers* The World Needs Heroes...Like You! With all the hardships and unmet needs in the world, it's difficult to believe one person can make a difference. Where can you even begin? What do you have to offer? Rodney D. Bullard, Executive Director of the Chick-fil-A Foundation, wants to share with you the surprisingly simple but incredibly powerful ways you can impact others and create a legacy of service. In Heroes Wanted, you'll find inspiring stories to help you demonstrate life-changing compassion to the people around you understand courage and make brave choices every day share your own story authentically to provide hope for the weary God created you with strength, compassion, and a heroic heart beating in your chest. Become the hero He made you to be and start shining light wherever you go. You were made for this. The world needs you. Includes The Way of a Hero Reflection and Action Guide "A well-crafted reminder that we can be heroes if we only dare to serve." Brigadier General Stacey Hawkins, USAF Charlie Mike A True Story of Heroes Who Brought Their Mission Home *Simon and Schuster* Traces how two veterans of the wars in the Middle East organized ways that injured veterans could continue to serve, sharing inspiring stories of disaster relief in Haiti and post-Sandy New York as well as tales of support for newly returned and traumatized vets. Unlikely Warrior A Jewish Soldier in Hitler's Army *Macmillan* "A YA memoir of an 18-year old part-Jewish youth who, despite his heritage, is drafted into Hitler's army and sent to serve on the Russian front"-- Night Fighter An Insider's Story of Special Ops from Korea to SEAL Team 6 *Skyhorse* For readers of American Sniper, the stirring account of a life of service by the "father of the US Navy SEALs" One month after the Bay of Pigs fiasco, when President John F. Kennedy pressed Congress about America's "urgent national needs," he named expanding US special operations forces along with putting a man on the moon. Captain William Hamilton was the officer tasked with creating the finest unconventional warriors ever seen. Merging his own experience commanding Navy Underwater Demolition Teams with expertise from Army Special Forces and the CIA, and working with his subordinate, Roy Boehm, he cast the mold for sea-, air-, and land-dispatched night fighters capable of successfully completing any mission anywhere in the world. Initially, they were used as a counter to the potential devastation of nuclear war, and later for counterterrorism and hostage rescue. His vision led to the formation of the celebrated SEAL Team 6. In this stirring, action-filled book, Hamilton tells his story for the first time. Night Fighter is a trove of true adventure from the history of the late twentieth century, which Hamilton lived, from fighter pilot in the Korean War to operative for the CIA in Vietnam, Africa, Latin America, and Europe, from the Pentagon to Foggy Bottom, and from the Cuban Missile Crisis to the Reagan White House's Star Wars. Like American Sniper, here is the record of a life devoted to patriotic service. Skyhorse Publishing, as well as our Arcade imprint, are proud to publish a broad range of books for readers interested in history--books about World War II, the Third Reich, Hitler and his henchmen, the JFK assassination, conspiracies, the American Civil War, the American Revolution, gladiators, Vikings, ancient Rome, medieval times, the old West, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home. SEAL of Honor Operation Red Wings and the Life of LT. Michael P. Murphy (USN) *Naval Institute Press* Lt. Michael Patrick Murphy, commander of Navy SEAL Team 10, posthumously received the Congressional Medal of Honor for his heroic actions on 28 June 2005 during a fierce battle with Taliban fighters in the remote mountains of eastern Afghanistan. Michael was the first recipient of the nation's highest military honor as a result of U.S. involvement in Afghanistan. He was also the first naval officer to earn the medal since the Vietnam War, and the first SEAL to be honored posthumously. A young man of great character, he is the subject of Naval Special Warfare courses on leadership, and an Arleigh Burke-class guided missile destroyer, naval base, school, post office, ball park, and hospital emergency room have all been named in his honor. In his bestselling book, Marcus Luttrell, the only survivor of Operation Red Wings, called Michael "the best officer I ever knew, an iron-souled warrior of colossal, almost unbelievable courage in the face of the enemy." SEAL of Honor tells the story of Michael's life and how he came to be that man of selfless courage and honor. This biography argues that his heroic action during the deadly firefight with the Taliban revealed his true character and attempts to answer why Michael readily sacrificed his life for his comrades. SEAL of Honor is the story of a valiant young man who was recognized by his peers for his compassion and leadership, because he was guided by an extraordinary sense of duty and responsibility. Tracing Michael's journey from a seemingly ordinary life on New York's Long Island to that remote mountainside in Afghanistan, SEAL of Honor portrays how he came to the moment of extraordinary heroism that made him the most celebrated Medal of Honor recipient since WWII. Moreover, the book brings the Afghan war back to the home front, focusing on the tight-knit Murphy family and the devastating effect his death had on them as they watched the story of Operation Red Wings unfold in the news. The book attempts to answer why Michael's service to his country and his comrades was a calling faithfully answered, a duty justly upheld, and a life, while all too short, well lived. The Narcissist Next

Door Understanding the Monster in Your Family, in Your Office, in Your Bed-in Your World *Penguin* A timely and provocative exploration of narcissism, from Donald Trump to Kanye West to Lance Armstrong, that shows us how to recognize and handle the narcissists we encounter every day. Narcissists are everywhere. There are millions of them in the United States alone: politicians, entertainers, businesspeople, your neighbors. Recognizing and understanding them is crucial to your not being overtaken by them, says Jeffrey Kluger in his provocative book about this insidious disorder. The odds are good that you know a narcissist—probably a lot of them. You see them in your office, on TV, maybe even in the mirror. The odds are also good that they are intelligent, confident, and articulate—the center of attention. With intelligence, sight and wit, Kluger explains the startling new research into narcissism and the insights that research is yielding. He explains how narcissism and narcissists affect our lives at work and at home, on the road, and in the halls of government; what to do when we encounter narcissists; and how to neutralize narcissism’s effects before it’s too late. As a writer and editor at Time, Kluger knows how to take science’s cutting-edge research and transform it into perceptive, accessible writing—which he does brilliantly in *The Narcissist Next Door*. Highly readable and deeply engaging, this book helps us understand narcissism and narcissists more fully.

The Mask of Masculinity How Men Can Embrace Vulnerability, Create Strong Relationships and Live Their Fullest Lives *Hay House, Inc* At 30 years old, Lewis Howes was outwardly thriving but unfulfilled inside. He was a successful athlete and businessman, achieving goals beyond his wildest dreams, but he felt empty, angry, frustrated, and always chasing something that was never enough. His whole identity had been built on misguided beliefs about what "masculinity" was. Howes began a personal journey to find inner peace and to uncover the many masks that men - young and old - wear. In *The Mask of Masculinity*, Howes exposes the ultimate emptiness of the Material Mask, the man who chases wealth above all things; the cowering vulnerability that hides behind the Joker and Stoic Masks of men who never show real emotion; and the destructiveness of the Invincible and Aggressive Masks worn by men who take insane risks or can never back down from a fight. He teaches men how to break through the walls that hold them back and shows women how they can better understand the men in their lives. It's not easy, but if you want to love, be loved and live a great life, then it's an odyssey of self-discovery that all modern men must make. This book is a must-read for every man - and for every woman who loves a man.

Self and Soul A Defense of Ideals *Harvard University Press* In a culture of the Self that has become progressively more skeptical and materialistic, we spare little thought for the great ideals—courage, contemplation, and compassion—that once gave life meaning. Here, Mark Edmundson makes an impassioned attempt to defend the value of these ancient ideals and to resurrect Soul in the modern world.

No Barriers A Blind Man's Journey to Kayak the Grand Canyon *Macmillan* No Barriers is about my journey since coming down from Mt. Everest in 2001, and the path to where I am today. It is the story of my own life, the personal and professional struggles in the pursuit of growth, learning, and family, as well as a dream to kayak one of the world’s great rivers as a blind athlete. It is also about the many people I’ve encountered along the way who possess what I call a “No Barriers” mindset, who live a No Barriers life. It highlights these pioneers who give those around them the courage to do great things. People who have risked failure, transcended their personal barriers, and shown others a way forward: scientists and innovators, artists and musicians, climbers and adventurers, activists and soldiers. No Barriers is a way of living, and it exists in all of us, like a deep internal light. But sometimes through trauma, loss, isolation, and disillusionment, people get shoved into a dark place, and that light is almost extinguished. Making hard choices is what feeds that light, and becomes the energy we need to propel us forward. This book is about making the hard choices to fuel that flickering light, so that we can ignite with purpose and become our very best selves.

Worth Dying For A Navy Seal's Call to a Nation *Simon and Schuster* In a fast-paced and action-packed narrative, Navy SEAL commander Rorke Denver tackles the questions that have emerged about America’s past decade at war—from what makes a hero to why we fight and what it does to us. Heroes are not always the guys who jump on grenades. Sometimes, they are the snipers who decide to hold their fire, the wounded operators who find fresh ways to contribute, or the wives who keep the families together back home. Even a SEAL commander—especially a SEAL commander—knows that. But what’s a hero, really? What do we have a right to expect from our heroes? How should we hold them accountable? Amid all the loose talk of heroes, these questions are seldom asked. As a SEAL commander, Rorke Denver is uniquely qualified to answer questions about what makes a hero or a leader, why men kill, how best to serve your country, how battlefield experiences can elevate us, and most important, why we fight and what it does for and to us. And in *Worth Dying For*, Denver shares his personal experiences from the forefront of war today. Denver applies some of his SEAL sense to nine big-picture, news-driven questions of war and peace, in a way that appeals to all sides of the public conversation. By broadening the issues, sharing his insights, and achieving what civilian political leaders have been utterly unable to, Denver eloquently shares answers to America’s most burning questions about war, heroism, and what it all means for America’s future.

Freedom After the Sharks *Matador* Each of us is, to some extent or other, a reflection of the experiences of our lives. However, whether and how we succeed is determined at least in part by how we cope with those experiences and what we learn from them. This is the story of a man who, despite a difficult family life and professional setbacks, developed the determination, drive and skills to create a successful business and happy life. Geoff’s skills and self-motivation gave him the drive, determination and tenacity to continue a journey through hardship to reach self-fulfillment and, ultimately, success. His book describes the life journey of a young man’s heart and his desire to turn his dreams and vision into a business success. *Freedom After The Sharks* shows how, even in a declining economy, a business can survive and even succeed. It covers some real-life experiences and offers some suggestions for dealing with problems and issues. It provides a guide to finding your way in the business world. The book is suitable for entrepreneurs who might not be sure of the path to take or who want to benefit from other people’s mistakes and failures. Other audiences include middle management or junior executives who are looking for a

fascinating life story of courage, drive and inspiration, as well as graduates and college students, who will find information that will help prepare them for their careers. **Will Sparrow's Road** *Houghton Mifflin Harcourt* In 1599 England, twelve-year-old lying, thieving Will Sparrow runs away, meets many colorful characters on the road, and then reluctantly joins a traveling "oddities" exhibit, where he learns to see beyond appearances. **Wait, What? And Life's Other Essential Questions** *HarperCollins* New York Times Bestseller "What, What? is a welcome—and joyful—reminder that true wisdom comes from asking the right questions. Should you read this book? Absolutely." —Clayton Christensen, bestselling author of *How Will You Measure Your Life?* Based on the wildly popular commencement address, the art of asking (and answering) good questions by the Dean of Harvard University's Graduate School of Education. Whether we're in the boardroom or the classroom, we spend far too much time and energy looking for the right answer. But the truth is that questions are just as important as answers, often more so. If you ask the wrong question, for instance, you're guaranteed to get the wrong answer. A good question, on the other hand, inspires a good answer and, in the process, invites deeper understanding and more meaningful connections between people. Asking a good question requires us to move beyond what we think we know about an issue or a person to explore the difficult and the unknown, the awkward, and even the unpleasant. In *Wait, What?*, Jim Ryan, dean of Harvard University's Graduate School of Education, celebrates the art of asking—and answering—good questions. Five questions in particular: Wait, what?; I wonder...? Couldn't we at least...?; How can I help?; and What truly matters? Using examples from politics, history, popular culture, and social movements, as well as his own personal life, Ryan demonstrates how these essential inquiries generate understanding, spark curiosity, initiate progress, fortify relationships, and draw our attention to the important things in life—from the Supreme Court to Fenway Park. By regularly asking these five essential questions, Ryan promises, we will be better able to answer life's most important question: "And did you get what you wanted out of life, even so?" At once hilarious and illuminating, poignant and surprising, *Wait, What?* is an inspiring book of wisdom that will forever change the way you think about questions. **The Trident: The Forging and Reforging of a Navy SEAL Leader** *Harper Collins* Navy SEAL and author of *Overcome* Jason Redman's highly-charged account of his combat missions in Iraq and his miraculous recovery from wounds that might have killed him—if it were not for his grit and the devotion of his wife and family. Decorated Navy SEAL Lieutenant Jason Redman served his country in Columbia, Peru, Afghanistan and Iraq, where he commanded mobility and assault forces. In western Iraq alone, he conducted over forty capture-kill missions with his men, successfully locating more than 120 Al Qaida insurgents. In September 2007, while leading a mission against a key senior Al Qaida commander, his team was ambushed and he was critically wounded by machine-gun fire at point blank range. During the intense recovery that followed—a years-long process that included 37 surgeries—Redman gained national media attention when he posted a sign on his door at Bethesda Naval Medical Center, warning all who entered not to "feel sorry for my wounds." Redman's sign became both a statement and a symbol for wounded warriors everywhere. *The Trident* is an unforgettable story of one man's determination to overcome adversity. Redman recounts his story, from his grueling SEAL training to how he found the balance between arrogance and humility all while fighting America's enemies on far flung battlefields. He speaks candidly of the grit that helped him carry on despite grievous wounds, and of the extraordinary love and devotion of his wife, Erica, and family, without whom he would not have survived. Vivid and powerful, emotionally resonant and illuminating, filled with sixteen pages of photos, *The Trident* traces the evolution of a modern warrior, husband, and father—a man who has come to embody the never-say-die spirit that defines America's elite fighting force. **The Making of a Navy SEAL: My Story of Surviving the Toughest Challenge and Training the Best** *St. Martin's Press* BEFORE HE COULD FORGE A BAND OF ELITE WARRIORS... HE HAD TO BECOME ONE HIMSELF. Brandon Webb's experiences in the world's most elite sniper corps are the stuff of legend. From his grueling years of training in Naval Special Operations to his combat tours in the Persian Gulf and Afghanistan, *The Making of a Navy SEAL* provides a rare and riveting look at the inner workings of the U.S. military through the eyes of a covert operations specialist. Yet it is Webb's distinguished second career as a lead instructor for the shadowy "sniper cell" and Course Manager of the Navy SEAL Sniper Program that trained some of America's finest and deadliest warriors—including Marcus Luttrell and Chris Kyle—that makes his story so compelling. Luttrell credits Webb's training with his own survival during the ill-fated 2005 Operation Redwing in Afghanistan. Kyle went on to become the U.S. military's top marksman, with more than 150 confirmed kills. From a candid chronicle of his student days, going through the sniper course himself, to his hair-raising close calls with Taliban and al Qaeda forces in the northern Afghanistan wilderness, to his vivid account of designing new sniper standards and training some of the most accomplished snipers of the twenty-first century, Webb provides a rare look at the making of the Special Operations warriors who are at the forefront of today's military. Explosive, revealing, and intelligent, *The Making of a Navy SEAL* provides a uniquely personal glimpse into one of the most challenging and secretive military training courses in the world. **Just Mercy (Movie Tie-In Edition, Adapted for Young Adults)** A True Story of the Fight for Justice *Ember* The young adult adaptation of the acclaimed, #1 New York Times bestseller *Just Mercy*--soon to be a major motion picture starring Michael B. Jordan, Jaime Foxx, and Brie Larson and now the subject of an HBO documentary feature! In this very personal work--adapted from the original #1 bestseller, which the New York Times calls "as compelling as *To Kill a Mockingbird*, and in some ways more so"--acclaimed lawyer and social justice advocate Bryan Stevenson offers a glimpse into the lives of the wrongfully imprisoned and his efforts to fight for their freedom. Stevenson's story is one of working to protect basic human rights for the most vulnerable people in American society--the poor, the wrongly convicted, and those whose lives have been marked by discrimination and marginalization. Through this adaptation, young people of today will find themselves called to action and compassion in the pursuit of justice. Proceeds of this book will go to charity to help in Stevenson's important work to benefit the voiceless and the vulnerable as they attempt to navigate the broken

U.S. justice system. A KIRKUS REVIEWS BEST BOOK OF THE YEAR A BOOKLIST EDITORS' CHOICE FEATURED ON CBS THIS MORNING A NEW YORK PUBLIC LIBRARY BEST BOOK OF THE YEAR PRAISE FOR JUST MERCY: A TRUE STORY OF THE FIGHT FOR JUSTICE: "It's really exciting that young people are getting a version tailored for them." --Salon "A deeply moving collage of true stories. . . . This is required reading." --Kirkus Reviews, starred review "Compassionate and compelling, Stevenson's narrative is also unforgettable." --Booklist, starred review PRAISE FOR JUST MERCY: A STORY OF JUSTICE AND REDEMPTION: "Gripping. . . . What hangs in the balance is nothing less than the soul of a great nation." -- DESMOND TUTU, Nobel Peace Prize Laureate "Important and compelling." --Pulitzer Prize-winning author TRACY KIDDER "Inspiring and powerful." --#1 New York Times bestselling author JOHN GRISHAM Popular A Memoir : how a Geek in Pearls Discovered the Secret to Confidence Stuck near the bottom of the social ladder at pretty much the lowest level of people at school who aren't paid to be here, Maya Van Wagenen decided to begin a unique social experiment: spend the school year following a 1950s popularity guide, written by former teen model Betty Cornell. Can curlers, girdles, Vaseline, and a strand of pearls help Maya on her quest to be popular? *How I Stayed Alive When My Brain Was Trying to Kill Me One Person's Guide to Suicide Prevention Harper Collins* "Sue Blauner's you-are-there account . . . offers insight and understanding to anyone who has been touched by suicide."—Joan Anderson, author of *A Year by the Sea* An epidemic of international proportions, suicide has touched the lives of nearly half of all Americans, yet is rarely talked about openly. In this timely and important book, Susan Blauner breaks the silence to offer guidance and hope for those contemplating ending their lives—and for the loved ones who want to help them. A survivor of multiple suicide attempts, Blauner eloquently describes the feelings and fantasies surrounding suicide. In a direct, nonjudgmental, and loving voice, she offers affirmations and suggestions for those experiencing life-ending thoughts, and for their friends and family. Here is an essential resource destined to be the classic guide on the subject. *Shark Girl Candlewick Press* A teenager struggles through physical loss to the start of acceptance in an absorbing, artful novel at once honest and insightful, wrenching and redemptive. (Age 12 and up) On a sunny day in June, at the beach with her mom and brother, fifteen-year-old Jane Arrowood went for a swim. And then everything -- absolutely everything -- changed. Now she's counting down the days until she returns to school with her fake arm, where she knows kids will whisper, "That's her -- that's Shark Girl," as she passes. In the meantime there are only questions: Why did this happen? Why her? What about her art? What about her life? In this striking first novel, Kelly Bingham uses poems, letters, telephone conversations, and newspaper clippings to look unflinchingly at what it's like to lose part of yourself - and to summon the courage it takes to find yourself again. *You Are Worth It Building a Life Worth Fighting For HarperCollins* The youngest living Medal of Honor recipient delivers an unforgettable memoir that "will inspire every reader" (Jim Mattis) NATIONAL BESTSELLER | A Marine Commandant's Reading List selection On November 21, 2010, U.S. Marine Lance Corporal Kyle Carpenter was posted atop a building in violent Helmand Province, Afghanistan, when an enemy grenade skittered toward Kyle and fellow Marine Nick Eufrazio. Without hesitation, Kyle chose a path of selfless heroism that few can imagine. He jumped on the grenade, saving Nick but sacrificing his own body. Kyle Carpenter's heart flatlined three times while being evacuated off the battlefield in Afghanistan. Yet his spirit was unbroken. Severely wounded from head to toe, Kyle lost his right eye as well as most of his jaw. It would take dozens of surgeries and almost three years in and out of the hospital to reconstruct his body. From there, he began the process of rebuilding his life. What he has accomplished in the last nine years is extraordinary: he's come back a stronger, better, wiser person. In 2014, Kyle was awarded the nation's highest military decoration, the Medal of Honor, for his "singular act of courage" on that rooftop in Afghanistan, an action which had been reviewed exhaustively by the military. Kyle became the youngest living recipient of the award—and only the second living Marine so honored since Vietnam. Kyle's remarkable memoir reveals a central truth that will inspire every reader: Life is worth everything we've got. It is the story of how one man became a so-called hero who willingly laid down his life for his brother-in-arms—and equally, it is a story of rebirth, of how Kyle battled back from the gravest challenge to forge a life of joyful purpose. *You Are Worth It* is a memoir about the war in Afghanistan and Kyle's heroics, and it is also a manual for living. Organized around the credos that have guided Kyle's life (from "Don't Hide Your Scars" to "Call Your Mom"), the book encourages us to become our best selves in the time we've been given on earth. Above all, it's about finding purpose, regardless of the hurdles that may block our way. Moving and unforgettable, *You Are Worth It* is an astonishing memoir from one of our most extraordinary young leaders. *Kian and Jc: Don't Try This at Home! HarperCollins* From personalities and entertainers Kian Lawley and Jc Caylen comes a completely wild and entirely true account of their rise to internet fame: Kian and Jc: Don't Try This at Home! More than 7 million YouTube subscribers, 5 million Twitter followers, and 5 million Instagram followers cannot wait for this sometimes hilarious, sometimes awkward, and always crazy collection of stories, interviews, and exclusive photos. Fans of their YouTube channel, KianAndJc, can expect an intimate look at the comedians' wild ride to fame and insight into their future plans, along with big laughs. This candid record of Kian and Jc's success documents a whirlwind experience full of highs, lows, and, of course, awesome pranks. *Kian and Jc: Don't Try This at Home!* combines the raucous tone that made the duo YouTube sensations with the sincerity and honesty Kian and Jc fans have been waiting for. *The Heart of a Warrior: Before You Can Become the Warrior You Must Become the Beloved Son Seventeen Ultimate Guide to Style How to Find Your Perfect Look Running Press Adult* No brand is more trusted among teens and young women than Seventeen. The monthly magazine's more than 13 million devoted readers know it is the place to learn about what matters most to a girl -- and fashion is at the top of the list! Packed with amazing clothes and indispensable style advice, *Seventeen's Ultimate Guide to Style* is the book readers will turn to again and again for fashion inspiration. *Seventeen's Ultimate Guide to Style* is all about teaching young women to cultivate their own unique style. The book draws advice from the magazine's editors, real-girl style experts, Hollywood stylists, and celebrity fashion icons. Its chapters explore seven timeless fashion

vibes: Classic, Edgy, Girly, Glam, Sporty, Artsy, and Boho. Each section breaks down all a girl needs to know about mastering the look and giving it her personal twist. Throughout its beautifully illustrated pages, the book also provides young women with endless ideas to maximize their wardrobe, stretch their dollar, and make everyday basics work in hundreds of ways. **Seventeen's Ultimate Guide to Style** is an indispensable resource for young fashionistas everywhere. **Rethinking Narcissism The Bad---and Surprising Good---About Feeling Special** *HarperCollins* Harvard Medical School psychologist and Huffington Post blogger Craig Malkin addresses the "narcissism epidemic," by illuminating the spectrum of narcissism, identifying ways to control the trait, and explaining how too little of it may be a bad thing. "What is narcissism?" is one of the fastest rising searches on Google, and articles on the topic routinely go viral. Yet, the word "narcissist" seems to mean something different every time it's uttered. People hurl the word as insult at anyone who offends them. It's become so ubiquitous, in fact, that it's lost any clear meaning. The only certainty these days is that it's bad to be a narcissist—really bad—inspiring the same kind of roiling queasiness we feel when we hear the words sexist or racist. That's especially troubling news for millennials, the people born after 1980, who've been branded the "most narcissistic generation ever." In **Rethinking Narcissism** readers will learn that there's far more to narcissism than its reductive invective would imply. The truth is that we all fall on a spectrum somewhere between utter selflessness on the one side, and arrogance and grandiosity on the other. A healthy middle exhibits a strong sense of self. On the far end lies sociopathy. Malkin deconstructs healthy from unhealthy narcissism and offers clear, step-by-step guidance on how to promote healthy narcissism in our partners, our children, and ourselves. **Popular Vintage Wisdom for a Modern Geek** *Penguin* New York Times Bestseller A breakout teen author explores the true meaning of popularity and how to survive middle school in this hysterically funny, touchingly honest contemporary memoir. "I was inspired by [Maya's] journey and made a point of saving a copy of 'Popular' for my sister, who starts middle school this fall. Maybe if I had read it when I was her age, it could have saved me from a world of hurt, or at least put that world in perspective." —Maude Apatow, *New York Times Book Review* Can curlers, girdles, Vaseline, and a strand of pearls help a shy girl become popular? Maya Van Wagenen is about to find out. Stuck near the bottom of the social ladder at "pretty much the lowest level of people at school who aren't paid to be here," Maya has never been popular. But before starting eighth grade, she decides to begin a unique social experiment: spend the school year following a 1950s popularity guide, written by former teen model Betty Cornell. The real-life results are hilarious, painful, and filled with unexpected surprises. Told with humor and grace, Maya's journey offers readers of all ages a thoroughly contemporary example of kindness and self-confidence, along with a better understanding of what it means to be popular. **101 Essays** *Independently Published* In her second compilation of published writing, Brianna Wiest explores pursuing purpose over passion, embracing negative thinking, seeing the wisdom in daily routine, and becoming aware of the cognitive biases that are creating the way you see your life. This book contains never before seen pieces as well as some of Brianna's most popular essays, all of which just might leave you thinking: this idea changed my life. **In Defense of Sanity The Best Essays of G.K. Chesterton** *Ignatius Press* G.K. Chesterton was a master essayist. But reading his essays is not just an exercise in studying a literary form at its finest, it is an encounter with timeless truths that jump off the page as fresh and powerful as the day they were written. The only problem with Chesterton's essays is that there are too many of them. Over five thousand! For most GKC readers it is not even possible to know where to start or how to begin to approach them. So three of the world's leading authorities on Chesterton - Dale Ahlquist, Joseph Pearce, Aidan Mackey - have joined together to select the "best" Chesterton essays, a collection that will be appreciated by both the newcomer and the seasoned student of this great 20th century man of letters. The variety of topics are astounding: barbarians, architects, mystics, ghosts, fireworks, rain, juries, gargoyles and much more. Plus a look at Shakespeare, Dickens, Jane Austen, George MacDonald, T.S. Eliot, and the Bible. All in that inimitable, formidable but always quotable style of GKC. Even more astounding than the variety is the continuity of Chesterton's thought that ties everything together. A veritable feast for the mind and heart. While some of the essays in this volume may be familiar, many of them are collected here for the first time, making their first appearance in over a century. **Fierce How Competing for Myself Changed Everything** *Little, Brown Books for Young Readers* Discover Aly Raisman's inspiring story of dedication, perseverance, and learning to think positive even in the toughest times on her path to gold medal success in two Olympic Games--and beyond. Aly Raisman first stepped onto a gymnastics mat as a toddler in a "mommy & me" gymnastics class. No one could have predicted then that sixteen years later, she'd be standing on an Olympic podium, having achieved her dreams. Aly's road to success was full of hard work, perseverance, and victories, but not without its hardships. Aly faced many obstacles, from naysayers who said she'd never make it in gymnastics to classmates who shamed her for her athletic body to a devastating betrayal of trust. Through it all, Aly surrounded herself with supportive family, friends, and teammates and found the inner strength to remain positive and believe in herself. Now, in her own words, Aly shows what it takes to be a champion on and off the floor, and takes readers on a behind-the-scenes journey before, during, and after her remarkable achievements in two Olympic Games--through her highest highs, lowest lows, and all the moments in between. Honest and heartfelt, frank and funny, Aly's story is enhanced with never-before-published photos, excerpts from the personal journals she's kept since childhood that chronicle memorable moments with her teammates, and hard-won advice for readers striving to rise above challenges, learn to love themselves, and make their own dreams come true. **The Obstacle Is the Way The Timeless Art of Turning Trials into Triumph** *Penguin* #1 Wall Street Journal Bestseller The Obstacle is the Way has become a cult classic, beloved by men and women around the world who apply its wisdom to become more successful at whatever they do. Its many fans include a former governor and movie star (Arnold Schwarzenegger), a hip hop icon (LL Cool J), an Irish tennis pro (James McGee), an NBC sportscaster (Michele Tafoya), and the coaches and players of winning teams like the New England Patriots, Seattle Seahawks, Chicago Cubs, and University of Texas men's

basketball team. The book draws its inspiration from stoicism, the ancient Greek philosophy of enduring pain or adversity with perseverance and resilience. Stoics focus on the things they can control, let go of everything else, and turn every new obstacle into an opportunity to get better, stronger, tougher. As Marcus Aurelius put it nearly 2000 years ago: "The impediment to action advances action. What stands in the way becomes the way." Ryan Holiday shows us how some of the most successful people in history—from John D. Rockefeller to Amelia Earhart to Ulysses S. Grant to Steve Jobs—have applied stoicism to overcome difficult or even impossible situations. Their embrace of these principles ultimately mattered more than their natural intelligence, talents, or luck. If you're feeling frustrated, demoralized, or stuck in a rut, this book can help you turn your problems into your biggest advantages. And along the way it will inspire you with dozens of true stories of the greats from every age and era. Hell Week and Beyond The Making of a Navy SEAL *Center Street* Follow America's elite warriors through the military's most grueling training and learn how they survive real special operations. Of the 18 months required to become a Navy SEAL, one week will cause over half of the trainees to quit ("ring the bell"). Only the toughest make it through. In Hell Week and Beyond, Scott McEwen takes the readers to the sands of Coronado Beach in San Diego, where Navy SEALs are put through the most grueling training known to mankind. Grit, commitment, heart, and soul are needed to become a SEAL, because these are the elite forces who go into the toughest battles for America. Many of the most well-known SEAL warriors have been interviewed for this book, providing the stories of what got them through and the humor of those that made it. (Those that make it almost always have one thing in common: humor. Find out why!) Part Top Gun, part Bull Durham, this book delivers that goods for those in the know, as well as general readers who admire the elite forces for all they do.