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WHY MARS & VENUS COLLIDE

From John Gray, Author Of The Phenomenal 'Men Are From Mars, Women Are From Venus', Comes An Outstanding New Book For Menand Women Seeking Lasting Love In The Face Of Modern Pressures. Writing With Both Humour And Empathy, He Offers Practical Solutions To Common Points Of Conflict And Gives Clear Ways Forward For Greater Intimacy And Trust. With 'Men Are From Mars, Women Are From Venus' John Gray Changed The Lives And Relationships Of Millions People Around The World. He Helped Men And Women Accept Just How Different From Each Other They Really Are And, More Importantly, How To Work With These Differences To Enjoy Closer, Lasting And More Fulfilling Relationships. In Mars And Venus Collide Gray Looks At How The Pressures Of Our Modern Work-Oriented Lifestyles Are Putting Added Stress On Our Relationships And Making It Harder And Harder For Th Em To Work Out Long Term. Men And Women Deal With Stress In Different Ways And Their Different Needs Often Lead To Misunderstandings; Miscommunication And Resentment In Short, Mars And Venus Collide. Bringing Mars And Venus Into The 21St Century, Gray Explores The Different Ways Men And Women Approach Their Problems And Offer A Clear, Easy-To-Understand Programme To Bridge The Gap. For Example, A Man'S Reticence When He Is Under Pressure Is Actually A Natural Way For Him To Rebuild Much Needed Stress-Reducing Testosterone From His Depleted System. Equally, A Woman'S Need For Conversation And Support When She Is Overwhelmed Stems From A Hardwired Need For Cooperative Activities To Rebuild Her Own Stress-Reducing Hormone, Oxytocin. It'S Not That He'S Just Not Into You He Needs To Fulfil A Biological Need. And It'S Not That She Means To Pester You She Is Also Biologically Driven. Written With His Signature Insight And Humour, Gray'S Classically Unconventional Approach Will Empower Men And Women Alike To Adapt To Their New Roles In Our Modern Work-Driven Society Without Compromising The Intimacy And Lasting Love Everybody Craves And Needs. John Gray, Phd, Is The Author Of The International Phenomenon 'Men Are From Mars, Women Are From Venus', Which Has Sold Millions Of Copies Worldwide And Been Translated Into Over 37 Languages. He Is A Psychologist With A Private Practice For Couples And Has Been Leading Seminars For Over 20 Years. He Is Widely Recognized For His Work As A Leading Authority On Communication And Relationships And His Techniques Have Helped To Enrich The Lives Of Millions Of Men And Women. He Lives In Northern California With His Wife Bonnie And Their Three Children.

WHY MARS AND VENUS COLLIDE

IMPROVING RELATIONSHIPS BY UNDERSTANDING HOW MEN AND WOMEN COPE DIFFERENTLY WITH STRESS

Harper Collins The phenomenal #1 bestselling author who revolutionized our understanding of male-female relations returns to the territory he intimately knows to help couples get past stress and find the loving relationship they want Once upon a time, Venusians and Martians functioned in separate worlds. But today they each struggle in the same hectic, career-oriented environment. Exhausted by the time they get home, he's eager to tune out and relax, while she wants to share the events of her day. The result: anger and resentment as Venus and Mars collide. In this positive, practical guide, John Gray explains the different ways men and women are affected by stress, demonstrates how each approach their problems, and offers a clear, easy-to-understand program to bridge the gap and help them achieve a loving, nurturing relationship.

BEYOND MARS AND VENUS

RELATIONSHIP SKILLS FOR TODAY'S COMPLEX WORLD

BenBella Books, Inc. The author of the most well-known and trusted relationship book of all time returns with an updated guide for today's generation. Two decades ago, *Men Are from Mars, Women Are from Venus* revolutionized the way we thought about love and partnership. John Gray's work has helped countless readers improve and even save their relationships. But as society evolves, relationships do, too. It's time to move beyond Mars and Venus, toward a new relationship model for modern couples. Today, men and women are no longer trapped by rigid societal roles. Now more than ever, we have the freedom to be our authentic selves. Women can access their masculine side, and men can embrace their feminine side. This new freedom is a good thing, but it also brings new challenges. Men and women still need the right tools and skills to help build stronger relationships. While previous generations sought "role mate" relationships, based on the more rigid gender roles of the time, today's couples need a new kind of relationship: a "soul mate" relationship. These more emotionally satisfying relationships require a deeper understanding of our partners' individual needs. In *Beyond Mars and Venus*, Gray teaches you how to strengthen your bond and grow in love together, so you and your loved one can meet each other's needs in the best way possible, bringing you lasting happiness and a fulfilling partnership.

TRULY MARS AND VENUS

THE ILLUSTRATED ESSENTIAL MEN ARE FROM MARS, WOMEN ARE FROM VENUS

Harper Collins Truly Mars and Venus celebrates the wisdom of the number one international bestseller *Men Are from Mars, Women Are From Venus*. With passages drawn from John Gray's groundbreaking classic on relationships, this beautiful book is illustrated with humorous cartoons and charming artwork by Barbara State. The perfect gift for a loved one or for yourself, Truly Mars and Venus delivers John Gray's rich and inspiring advice for creating and sustaining healthy and loving relationships.

MARS AND VENUS IN LOVE

INSPIRING AND HEARTFELT STORIES OF RELAT

Harper Collins Straight from the heart—real-life couples share inspiring, edifying stories of Mars and Venus in love. Millions of readers have learned about relationships from John Gray's previous bestsellers, such as *Men Are from Mars, Women Are from Venus*; *Mars and Venus on a Date*; and *Mars and Venus in the Bedroom*. Inspired by this enthusiasm, Gray asked a number of readers to share their own stories of how they've put his principles to work in their relationships. The result is this amazing collection of first-person accounts—along with Gray's own enlightening commentary—that will have you laughing, crying, and nodding in recognition. Gray's contributors answer such questions as: What problems have you had in your relationship, and how have you overcome them? What special things do you and your partner do for each other? How do you best communicate with each other? How do you practice what you've learned? How does your love feel different now from how it felt before? Their answers illustrate more eloquently than any textbook how to use Gray's advice and counsel to create your own fulfilling, healthy, and loving relationships.

PREBIND WHY MARS AND VENUS COLLIDE

MARS AND VENUS IN THE BEDROOM

A GUIDE TO LASTING ROMANCE AND PASSION

Harper Collins The author of the phenomenal # 1 New York Times bestseller *Men Are from Mars, Women Are from Venus*, John Gray has helped millions of men and women achieve lasting love and happiness. Now he turns his wisdom and expertise to one of the most sensitive and essential issues in a relationship: sex. In *Mars and Venus in the Bedroom*, he explains how we can use advanced relationship skills to keep the fires of passion burning and achieve much greater intimacy. Romance can thrive when we accept that men and women have very different, yet complementary, emotional and physical needs. Dr. Gray shows us how we can make small but important adjustments in our attitudes, schedules, and techniques so that both partners are happy in the bedroom -- and in the relationship. From learning advanced skills for greater sex to achieving greater confidence in the bedroom, discovering the joy of quickies to rekindling the passion and keeping romance alive, John Gray has the answers for you.

MARS AND VENUS STARTING OVER

A PRACTICAL GUIDE FOR FINDING LOVE AGAIN AFTER A PAINFUL BREAKUP, DIVORCE, OR THE LOSS OF A LOVED ONE

Harper Collins Is it possible to find love again after a breakup, death, or divorce? The end of a relationship can sometimes feel like the end of the world. Devastation, loneliness, and bitterness are some emotions that exist due to a breakup, divorce, or the loss of a loved one. But with the help of this compassionate guide, Dr. John Gray expresses that you will survive and tells you how to find love again. While the process of healing is similar with both sexes, there are distinct differences between the ways men and women heal their bruised hearts. In Mars and Venus Starting Over, Dr. Gray offers gender-specific advice on how to: Deal with pain Find forgiveness Discover the strength to let go Rebuild confidence Rise to the challenge of finding fulfillment again Filled with gentle guidance, healing practices, and compassionate wisdom, Mars and Venus Starting Over will help men and women explore the meaning of loss, find their way through the healing process, and discover the secret to moving on.

MARS AND VENUS TOGETHER FOREVER

A PRACTICAL GUIDE TO CREATING LASTING INTIMACY

Harper Torch Is it really possible to be in love forever? New York Times bestselling author John Gray will show you how in Mars and Venus Together Forever. This resource guide contains relationship skills that will help you and your mate sustain a lasting relationship that only grows richer with time. Mars and Venus Together Forever educates the different sexes on: What your mother couldn't tell you and your father didn't know What women need most and men really want How men and women think and feel differently The language barrier -- men speak "male" and women speak "female" The seven secrets of lasting passion And much more Filled with lively anecdotes, revealing exercises, and profound common sense, Mars and Venus Together Forever will help men and women explore new frontiers in their relationships, communicate effectively with each other, and discover the secret of "happily ever after."

MARS AND VENUS IN THE WORKPLACE

A PRACTICAL GUIDE FOR IMPROVING COMMUNICATION AND GETTING RESULTS AT WORK

THE MARS AND VENUS DIET AND EXERCISE SOLUTION

CREATE THE BRAIN CHEMISTRY OF HEALTH, HAPPINESS, AND LASTING ROMANCE

Macmillan Describes how men and women have different body chemistries, and suggests ways to achieve greater health by using diet and exercise to gain the greatest advantage from the body's natural hormones.

MARS AND VENUS ON A DATE

A GUIDE FOR NAVIGATING THE 5 STAGES OF DATING TO CREATE A LOVING AND LASTING RELATIONSHIP

Harper Collins Will I Ever Find My Soul Mate? Whether you are recently separated, divorced, or you have been in the singles scene for longer than you want, this insightful guide will help you navigate the dating maze and find that special person you've been waiting for. By discussing the differences between men and women, Mars and Venus on a Date provides singles with: A thorough understanding of the five stages of dating -- attraction, uncertainty, exclusivity, intimacy, and engagement How to know what kind of person is right for you Answers to burning questions such as why don't men call, or why do some women stay single? The best places to meet your soul mate And advice on creating a loving and mutually fulfilling relationship Filled with practical guidelines, inventive techniques, and witty insight, Mars and Venus on a Date will help single men and women explore the world of dating, understand how to make good choices, and discover the secret to finding a soul mate.

MEN ARE FROM MARS, WOMEN ARE FROM VENUS

BOOK OF DAYS

Vintage/Ebury (a Division of Random **There's no doubt about it; the relationship between men and women is extremely complex. This title includes comforting and helpful advise on: giving and receiving emotional support; discovering and awakening your hidden qualities; keeping passion alive; reacting to, and coping with, stress; and, maintaining your zest for life.**

WHY MARS AND VENUS COLLIDE: IMPROVE YOUR RELATIONSHIPS BY UNDERSTANDING HOW MEN AND WOMEN COPE DIFFERENTLY WITH STRESS

HarperCollins UK **From John Gray, author of the phenomenal multi-million copy bestseller Men Are From Mars, Women Are From Venus, comes the definitive book for men and women seeking lasting love in the face of modern pressures.**

MARS AND VENUS STARTING OVER

A PRACTICAL GUIDE FOR FINDING LOVE AGAIN AFTER A PAINFUL BREAKUP, DIVORCE, OR THE LOSS OF A LOVED ONE.

Random House **Everybody wants a love that will last forever. . . but for many reasons relationships end. Each year millions of people are widowed, break up with their long-term partner or get divorced. The healing period after such a loss can be difficult, but getting over the grief, anger and pain can be much easier with expert help. In this book, relationship expert and dynamo John Gray offers comfort and empowering advice on how to overcome loss and gain the confidence to meet new people and engage in new relationships. There is hope. For the millions of newly single people in the UK, Mars and Venus Single Again is like a lifeguard at the dating pool.**

MEN ARE FROM MARS, WOMEN ARE FROM VENUS

PRACTICAL GUIDE FOR IMPROVING COMMUNICATION AND GETTING WHAT YOU WANT IN YOUR RELATIONSHIPS

Harper Collins **Popular marriage counselor and seminar leader John Gray provides a unique, practical and proven way for men and women to communicate and relate better by acknowledging the differences between them. Once upon a time Martians and Venusians met, fell in love, and had happy relationships together because they respected and accepted their differences. Then they came to earth and amnesia set in: they forgot they were from different planets. Using this metaphor to illustrate the commonly occurring conflicts between men and women, Gray explains how these differences can come between the sexes and prohibit mutually fulfilling loving relationships. Based on years of successful counseling of couples, he gives advice on how to counteract these differences in communication styles, emotional needs and modes of behavior to promote a greater understanding between individual partners. Gray shows how men and women react differently in conversation and how their relationships are affected by male intimacy cycles ("get close", "back off"), and female self-esteem fluctuations ("I'm okay", "I'm not okay"). He encourages readers to accept the other gender's particular way of expressing love, and helps men and women learn how to fulfill each other's emotional needs. With practical suggestions on how to reduce conflict, crucial information on how to interpret a partner's behavior and methods for preventing emotional "trash from the past" from invading new relationships, Men Are from Mars, Women Are from Venus is a valuable tool for couples who want to develop deeper and more satisfying relationships with their partners.**

MEN ARE FROM MARS, WOMEN ARE FROM VENUS

THE DEFINITIVE GUIDE TO RELATIONSHIPS

HarperCollins UK **The best-selling relationship book of all time- over seven million copies sold world wide to date- in a freshly designed new format. Learn how to create understanding and communication between the sexes from this classic and authoritative guide.**

75 WAYS TO SAY I LOVE YOU

STAYING FOCUSED IN A HYPER WORLD

BOOK 1; NATURAL SOLUTIONS FOR ADHD, MEMORY AND BRAIN PERFORMANCE

Marsvenus Without focus, communication breaks down in all relationships and frustration increases. In the midst of our accelerated progress, our modern society has lost our way. We have a greater consciousness of new possibilities but we feel less connected in our relationships due to our loss of focus. Gray offers practical strategies for increasing focus, clarity, memory, motivation and sustaining positive moods. He explains what causes ADHD, and perhaps even dementia, Alzheimer's disease and Parkinson's disease.

MEN ARE FROM MARS, WOMEN ARE FROM VENUS

A PRACTICAL GUIDE FOR IMPROVING COMMUNICATION AND GETTING WHAT YOU WANT IN YOUR RELATIONSHIPS

First Published In 1993, This Book Has Become An International Publishing Phenomenon And Is One Of The Most Famous Non-Fiction Publications Of All Time. A Lively And Accessible Guide To Successful Communication Between The Sexes That Has Already Helped Many Millions Of Readers From Across The Globe Understand Why Members Of The Opposite Sex Behave The Way They Do, This New Edition Contains All The Text Of The Original, Including: " What Makes Members Of The Opposite Sex Tick" How To Understand Their Verbal And Non-Verbal Language" How To Motivate The Opposite Sex And Get What You Want" How To Avoid Arguments And Promote Fruitful Communication" How To Score Points With The Opposite Sex And Impress Your Partner" The Real Emotional Needs Of The Opposite Sex And The Behaviours Associated With These Needs" How To Keep Love Alive And Stay Together Long Term This Authoritative Guide Will Help You Reach A Point Of Harmony And Understanding Where Both Sexes Can Live, Work And Love Together.

THE 10 BEST QUESTIONS FOR LIVING WITH FIBROMYALGIA

THE SCRIPT YOU NEED TO TAKE CONTROL OF YOUR HEALTH

Simon and Schuster An indispensable resource that empowers fibromyalgia patients to take charge of a debilitating disease and get the health care they deserve. Fibromyalgia—a painful, exhausting, and often misdiagnosed disease—affects up to 12 million Americans (90 percent of them women). And because many health care professionals are still learning how to diagnosis and treat its confusing symptoms, patients living with the disorder must become proactive and informed consumers for their own health. The expert advice found within *The 10 Best Questions™* for Living with Fibromyalgia gives readers the answers they need to get the best care possible and enjoy a more normal life. This essential book provides the Best Questions that patients should ask their doctors, partners, children, and friends, accompanied by the “best answers” drawn from cutting edge research and extensive interviews with the top experts in the field. There are chapters on what to ask about your diagnosis, test results, second opinions, for ongoing disease management, to lose weight, get more sleep, and to make other healthy lifestyle changes. This practical and holistic book also offers Best Questions and advice for fibromyalgia patients for their relationships with partners, children, friends to ensure emotional, financial, and spiritual health. Each chapter concludes with *The Magic Question™*, the one crucial question most people never think to ask until it's too late.

WHAT YOUR MOTHER COULDN'T TELL YOU AND YOUR FATHER DIDN'T KNOW

A PRACTICAL GUIDE TO IMPROVING COMMUNICATION BETWEEN THE SEXES

Vintage/Ebury (a Division of Random A practical guide to achieving and maintaining personal fulfilment within a thriving and exciting long-term relationship, without having to chose between self-sacrifice or divorce.

DATING FROM THE INSIDE OUT

HOW TO USE THE LAW OF ATTRACTION IN MATTERS OF THE HEART

Simon and Schuster Dr. Sherman's methods have worked for her clients and even herself. Now with her help, find the perfect match for you! Each of us deserves to love and be loved in return. How can you find real, deep, and lasting love in a world that appears so superficial? Rather than looking at the world of dating like an obstacle course to be conquered, Dr. Paulette Kouffman Sherman shows that it can become an enlightening journey toward love that begins from within. By examining past experiences, understanding family dynamics, and exploring the place of spiritual connection in the dating world, Dr. Sherman illuminates the path to self-awareness -- the path that leads to the kind of real love you have been searching for. Finding your dating style and the set of beliefs you hold about your self-worth liberates you from just spinning your wheels and repeating mistakes. Dr. Sherman shows how we can become the partner we wish to attract, and asserts that anyone can learn how to truly let go of their past, embrace the present, and use the Law of Attraction to draw in a partner who is perfect for who you are -- without pretending to be someone you're not.

ATMOSPHERIC EVOLUTION ON INHABITED AND LIFELESS WORLDS

Cambridge University Press A comprehensive and authoritative text on the formation and evolution of planetary atmospheres, for graduate-level students and researchers.

CHILDREN ARE FROM HEAVEN

POSITIVE PARENTING SKILLS FOR RAISING COOPERATIVE, CONFIDENT, AND COMPASSIONATE CHILDREN

Harper Collins A new book about parenting from the prolific author of *Men Are From Mars, Women Are From Venus* John Gray's *Men Are From Mars, Women Are From Venus* is a history-making bestseller with more than 7 million copies in print in hardcover. This new book on parenting will round out the relationship mega-brand that John has created. Focusing on children ages 1-9, John explains that this is the period of dependence in a child's life when character and sense of self are shaped. Parents everywhere are sure to breathe a sigh of relief that they now have a John Gray book they can turn to help children reach their fullest potential.

CONSCIOUS MEN

MOVING INTO WHAT WORKS. LEAVING BEHIND WHAT NO LONGER WORKS

Conscious Men guides a man to look within and discover his purpose and mission; to be in touch with his feelings but not ruled by his feelings; to live a life that is in pursuit of his path, while honoring the commitments he made during that pursuit. This book is a practical roadmap to support every man to discover and live his unique calling. *Conscious Men* explores 12 qualities of the New Masculinity. Each chapter offers a vivid portrait of each quality, with insights about how it is influenced by biochemistry. It presents a road map for the challenges men face today in living their fullest potential, as well as dozens of suggested practices for how to develop each quality. The book also has a "To Women" section for each chapter: offering women insight about how to recognize a good and trustworthy man, as well as how to support a man to bring the best out of himself.

MARS AND VENUS TOGETHER FOREVER

RELATIONSHIP SKILLS FOR LASTING LOVE IN COMMITTED RELATIONSHIPS

Harper Collins Is it really possible to be in love forever? New York Times bestselling author John Gray will show you how in *Mars and Venus Together Forever*. This resource guide contains relationship skills that will help you and your mate sustain a lasting relationship that only grows richer with time. *Mars and Venus Together Forever* educates the different sexes on: What your mother couldn't tell you and your father didn't know What women need most and men really want How men and women think and feel differently The language barrier -- men speak "male" and women speak "female" The seven secrets of lasting passion And much more Filled with lively anecdotes, revealing exercises, and profound common sense, *Mars and Venus Together Forever* will help men and women explore new frontiers in their relationships, communicate effectively with each other, and discover the secret of "happily ever after."

WHY MARS AND VENUS COLLIDE

MARS AND VENUS IN LOVE

INSPIRING AND HEARTFELT STORIES OF RELATIONSHIPS THAT WORK

Random House John Gray has become a publishing phenomenon. His first book, **MEN ARE FROM MARS, WOMEN ARE FROM VENUS** is still a No 1 New York Times bestseller after 3 years, and is in the UK Top 100 too. He is renowned as THE international relationships guru. John Gray has brought a powerful message to millions of people across the world. He explains how better communication and the recognition of men and women's different emotional needs leads to greater intimacy. In **MARS AND VENUS IN LOVE**, all those who embraced his ideas will see them in action in first-person stories told by people who, using his advice and counsel, have created fulfilling, healthy and loving relationships. After the incredible response to his work, Dr Gray thought the success of some couples might inspire others like them. Readers will find hope, encouragement and humour in this collection of experiences, which everyone who has ever had difficulty communicating with the opposite sex will find something to identify with.

MARS AND VENUS IN THE BEDROOM

A GUIDE TO LASTING ROMANCE AND PASSION

HarperPerennial Shares insights into the mysteries of human sexuality, examining, gender differences in sexual desire, the need for communication, and the art of sexual satisfaction.

MARS AND VENUS ON A DATE

A GUIDE TO ROMANCE

Random House From first look and first date to first fight, breaking up and making up, the world of dating can be a minefield for the unprepared. International relationship guru, John Gray turns his expertise to the language and behaviour of dating couples. Asking que

INTEGRAL RELATIONSHIPS: A MANUAL FOR MEN

singles2couples publishing

VENUS ON FIRE, MARS ON ICE

HORMONAL BALANCE-THE KEY TO LIFE, LOVE AND ENERGY

Mind Pub Looks at the ways hormones play a part in the differences between men and women and how retaining a hormonal balance will lead to improved relationships and less stress.

THE BOY CRISIS

WHY OUR BOYS ARE STRUGGLING AND WHAT WE CAN DO ABOUT IT

BenBella Books What is the boy crisis? It's a crisis of education. Worldwide, boys are 50 percent less likely than girls to meet basic proficiency in reading, math, and science. It's a crisis of mental health. ADHD is on the rise. And as boys become young men, their suicide rates go from equal to girls to six times that of young women. It's a crisis of fathering. Boys are growing up with less-involved fathers and are more likely to drop out of school, drink, do drugs, become delinquent, and end up in prison. It's a crisis of purpose. Boys' old sense of purpose—being a warrior, a leader, or a sole breadwinner—are fading. Many bright boys are experiencing a "purpose void," feeling alienated, withdrawn, and addicted to immediate gratification. So, what is The Boy Crisis? A comprehensive blueprint for what parents, teachers, and policymakers can do to help our sons become happier, healthier men, and fathers and leaders worthy of our respect.

PRACTICAL MIRACLES FOR MARS AND VENUS

HOW TO CHANGE YOUR LIFE FOR LASTING LOVE, INCREASED SUCCESS AND VIBRANT HEALTH

GREAT MYTHS OF THE BRAIN

John Wiley & Sons **Great Myths of the Brain** introduces readers to the field of neuroscience by examining popular myths about the human brain. Explores commonly-held myths of the brain through the lens of scientific research, backing up claims with studies and other evidence from the literature. Looks at enduring myths such as "Do we only use 10% of our brain?", "Pregnant women lose their mind", "Right-brained people are more creative" and many more. Delves into myths relating to specific brain disorders, including epilepsy, autism, dementia, and others. Written engagingly and accessibly for students and lay readers alike, providing a unique introduction to the study of the brain. Teaches readers how to spot neuro hype and neuro-nonsense claims in the media.

MEN ARE FROM MARS, WOMEN ARE FROM VENUS

Bestselling author, popular marriage counselor, and seminar leader John Gray provides a unique and practical guide to help men and women communicate better by acknowledging the differences between them. Abridged. 2 CDs.

TREE OF WIFE

HOW GOD PUT OUR MILLION PIECES BACK TOGETHER

WestBow Press **Anna** has two anniversaries. She is celebrating her 34th with the husband of her youth as well as their 24th reconciled one. Her marriage looks like a donut: there is a two-year-hole in the middle when they were separated. But that is where Jesus now smiles through them and gives hope to other couples who desire to not only survive but thrive in their marriages.

MARS AND VENUS

365 WAYS TO KEEP PASSION ALIVE

A little book, featuring tips on 365 different ways to keep passion alive.

CHILDREN ARE FROM HEAVEN

POSITIVE PARENTING SKILLS FOR RAISING COOPERATIVE, CONFIDENT, AND COMPASSIONATE CHILDREN

Guide to child-raising, first published in the USA. Provides advice and information on bringing up children to be cooperative, confident and compassionate. Discusses topics such as improving communication, raising self-esteem, increasing motivation, accepting differences, making mistakes, expressing negative emotions and maintaining control. The author's other publications include 'Men are from Mars, Women are from Venus'.