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# Read Online Family Norwegian A From Recipes Kitchen Gudrun

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## KEY=RECIPES - KEAGAN JAIDYN

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### GU DRUN'S KITCHEN

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### RECIPES FROM A NORWEGIAN FAMILY

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Wisconsin Historical Society The youngest of a large Norwegian immigrant family, Gudrun Thue Sandvold was known for her beaming blue eyes and a reserve that gave way to laughter whenever she got together with her sisters. She took immeasurable pride in her children and grandchildren, kept an exquisite home, and turned the most mundane occasion into a party. And to all who knew her, Gudrun's cooking was the stuff of legend. Part cookbook, part immigrant story, and part family memoir, Gudrun's Kitchen features hundreds of Gudrun Sandvold's recipes for comfort food from a time when families and friends gathered at the table and connected with one another every single day. But this book is much more than a guide to Norwegian culinary traditions; it is an important contribution to immigrant history and a vital documentation of our nation's multicultural heritage.

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### ETHNIC AMERICAN FOOD TODAY

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### A CULTURAL ENCYCLOPEDIA

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Rowman & Littlefield Ethnic American Food Today is the first encyclopedia to illuminate the variety and complexity of ethnic food cultures in this country and to address their place within the larger American culture.

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### WISCONSIN MAGAZINE OF HISTORY

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### OLD FARM COUNTRY COOKBOOK

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### RECIPES, MENUS, AND MEMORIES

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Wisconsin Historical Society When Jerry Apps was growing up on a Wisconsin farm in the 1930s and 1940s, times were tough. Yet most folks living on farms had plenty to eat. Preparing food from scratch was just the way things were done, and people knew what was in their food and where it came from. Delicious meals were at the center of every family and social affair, whether it be a threshing-day dinner with all the neighbors, the end-of-school-year picnic, or just a hearty supper after chores were done. As Jerry writes, "For me food will always be associated with times of good eating, storytelling, laughter, and good-hearted fun." Inspired by the dishes made by his mother, Eleanor, and featuring recipes found in her well-worn recipe box, Jerry and his daughter, Susan, take us on a culinary tour of life on the farm during the Depression and World War II. Seasoned with personal stories, menus, and family photos, Old Farm Country Cookbook recalls a time when electricity had not yet found its way to the farm, when making sauerkraut was a family endeavor, and when homemade ice cream tasted better than anything you could buy at the store.

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## THE FOLLINGLO DOG BOOK

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### A NORWEGIAN PIONEER STORY FROM IOWA

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University of Iowa Press

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### SPRING NIGHT

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London : Owen First published in Norway in 1954, this lyrical novel is about an abrupt change from childish dreams and safety to grown-up responsibilities and happiness. On the surface it deals with what happens to two youngsters left for a night alone on their parents' farm, but like "The Ice Palace" and other great novels by Vesaas, the themes are far deeper: How difficult the road is from "I" to "you" or "we," even when love is involved.

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### STRATEGIES OF PASSION

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### LOVE AND MARRIAGE IN MEDIEVAL ICELAND AND NORWAY

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Brepols Pub This book is concerned with the social and gendered meanings of love in medieval Norway and Iceland. In the Viking Age, to love would most often imply a submissive social position, while being loved by a woman could elevate a man above the status of her family. Women were supposed to love upwards in the social hierarchy, but could also use their desire to negotiate the social position of men. A close reading of the skaldic poetry shows the dilemma men faced when longing for women's love and approval. These ideas of love relations shaped Norse interpretations of courtly love and marriage formation by consent in the twelfth and thirteenth centuries. However, new ideas of sexuality, gender and aristocratic culture changed several aspects of love and marital affection in the later middle ages. Men became the loving subject, but in a way that did not challenge the social order. For women, ideal love was attached to humility and submission to parents and husband. But even though the new ideology of love and marriage to some extent neutralized the tensions between consent and parental control, the sources show that both men and women could use the new conceptions of love to serve their own marital and social strategies.

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### THE EVERYTHING NORDIC COOKBOOK

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#### INCLUDES: SPRING NETTLE SOUP, NORWEGIAN FLATBREAD, SWEDISH PANCAKES, POACHED SALMON WITH GREEN SAUCE, CLOUDBERRY MOUSSE...AND HUNDREDS MORE!

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Simon and Schuster The new Nordic cuisine--simple, healthy, and fresh Do you want to cook rich and flavorful Scandinavian fare, such as Lobster Salad with Nobis Dressing or Danish Coconut Dream Cake, but don't know where to start? With this collection of recipes, you can craft unique dishes inspired by the natural world anytime. From simple breakfasts to elaborate smorgasbords, this comprehensive cookbook introduces you to the delightful tastes and healthful benefits of the Nordic lifestyle with more than 300 easy-to-make recipes, including: Gingersnap Meatballs Savory Pear Soup Norwegian Eggs Benedict Spring Chicken Salad with New Asparagus and Pickled Rhubarb Smoked Trout with Summer Vegetables Swedish Apple Cake Whether you're looking to simplify your diet, want to try home preserving, or can't get enough of Scandinavian products like smoked salmon and lingonberry jam, The Everything Nordic Cookbook has all the tips and recipes you need to reap the rewards of the Nordic lifestyle!

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### SPARROW IN THE WIND

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Winner: 2016 Florida Book Awards, Silver, General Fiction Funny how memories work, the things you remember, the things forgotten, the things that change you. Back in the summer of 1962, ten year-old Cassandra Parsons has her life all figured out. She lives with her father and mother in the upstairs flat of a well-appointed two family house in a pleasant neighborhood of Racine, Wisconsin. Her maternal aunt and grandfather live right downstairs and her best friend Kitty has always lived two doors down. Cassandra's well-ordered world comes undone when her father decides to move his nuclear family to the backwoods of Northern Wisconsin, to renovate and manage his father's hunting lodge. Isolated and friendless, she is suddenly left to her own devices as her parents plunge themselves into their new business endeavor. Loneliness and self-pity gradually give way to growth as Cassandra learns to appreciate the beauty of nature and the peace of quietude. Soon she meets a half-Ojibwa girl named Sparrow. The girls become fast friends and have a final fling with childhood, spending their last carefree days fishing in the river and roaming the woods, pretending to be ancient Ojibwa. But their sweet Indian summer comes to an abrupt end as tragedy strikes both girls' families. Cassandra and Sparrow's friendship is tested as they try to forge a mature, enduring relationship that hopefully will see them

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through even these darkest of times.

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## **KEEPING CHRISTMAS**

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## **YULETIDE TRADITIONS IN NORWAY AND THE NEW LAND**

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Borealis Book This book brings home the stories and origins of the treasured customs which Norwegians use to celebrate the Christmas season. Norwegian immigrants carried with them centuries-old folk tradition, which they held especially dear at Christmas time, remembering family members left behind. But the US, the immigrants and their descendants met the newly evolving traditions of the commercial American Christmas, a powerful homogenising force in a nation of immigrants. Stokker describes and traces the development of folkways on both side of the ocean, from their origins to their practice today. With fascinating details, with scores of accounts of ancient and modern Christmases, with recipes and photographs, this book reminds Norwegians and Norwegian Americans of their connections to each other and explains how their celebrations differ on this joyous family holiday.

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## **THE AMERICAN SWEDISH MONTHLY**

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## **NORDIC NUTRITION RECOMMENDATIONS 2012**

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## **INTEGRATING NUTRITION AND PHYSICAL ACTIVITY**

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Nordic Council of Ministers The Nordic countries have collaborated in setting guidelines for dietary composition and recommended intakes of nutrients for several decades through the joint publication of the Nordic Nutrition Recommendations (NNR). This 5th edition, the NNR 2012, gives Dietary Reference Values (DRVs) for nutrients, and compared with earlier editions more emphasis has been put on evaluating the scientific evidence for the role of food and food patterns contributing to the prevention of the major diet-related chronic diseases. Recommendations on physical activity are included and interaction with physical activity has been taken into account for the individual nutrient recommendations wherever appropriate. A chapter on sustainable food consumption has been added. A Nordic perspective has been accounted for in setting the reference values. The NNR 2012 has used an evidence-based and transparent approach in assessing associations between nutrients and foods and certain health outcomes. Systematic reviews form the basis for the recommendations of several nutrients and topics, while a less stringent update has been done for others. The systematic reviews and individual chapters have been peer reviewed and the systematic reviews are published in the Food & Nutrition Research journal. The draft chapters were subject to an open public consultation. Recommendations have been changed only when sufficient scientific evidence has evolved since the 4th edition. The primary aim of the NNR 2012 is to present the scientific background of the recommendations and their application. A secondary aim is for the NNR 2012 to function as a basis for the national recommendations that are adopted by the individual

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## **MORE THAN A LABOUR OF LOVE**

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## **THREE GENERATIONS OF WOMEN'S WORK IN THE HOME**

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Canadian Scholars' Press Originally published in 1980, this new edition of More Than a Labour of Love is the first of our Women's Press Classics series, which celebrates our most enduring titles. Based on participant observation and in-depth interviews, this book describes the work women do in their homes, caring for children and partners, and maintaining the house. It shows how their lives are shaped by domestic responsibilities and challenges the ways in which their work is neither recognized nor valued. Arguing that the work they do is socially necessary and central to the economy, it calls for a transformation of current social and economic relations.

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## **COLLAPSE**

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## **HOW SOCIETIES CHOOSE TO FAIL OR SURVIVE**

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Penguin UK From the author of Guns, Germs and Steel, Jared Diamond's Collapse: How Societies Choose to Fail or Survive is a visionary study of the mysterious downfall of past civilizations. Now in a revised edition with a new afterword, Jared Diamond's Collapse uncovers the secret behind why some societies flourish, while others founder - and what this means for our future. What happened to the people who made the forlorn long-abandoned statues of Easter Island? What happened to the architects of the crumbling Maya pyramids? Will we go the same way, our skyscrapers one day standing derelict and overgrown like the temples at Angkor Wat? Bringing together new evidence from a startling range of sources and piecing together the myriad influences, from climate to culture, that make

societies self-destruct, Jared Diamond's Collapse also shows how - unlike our ancestors - we can benefit from our knowledge of the past and learn to be survivors. 'A grand sweep from a master storyteller of the human race' - Daily Mail 'Riveting, superb, terrifying' - Observer 'Gripping ... the book fulfils its huge ambition, and Diamond is the only man who could have written it' - Economist 'This book shines like all Diamond's work' - Sunday Times

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## **THE YEAR OF LIVING DANISHLY**

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### **UNCOVERING THE SECRETS OF THE WORLD'S HAPPIEST COUNTRY**

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Icon Books Ltd \* NOW WITH A NEW CHAPTER \* 'A hugely enjoyable romp through the pleasures and pitfalls of setting up home in a foreign land.'- Guardian Given the opportunity of a new life in rural Jutland, Helen Russell discovered a startling statistic: Denmark, land of long dark winters, cured herring, Lego and pastries, was the happiest place on earth. Keen to know their secrets, Helen gave herself a year to uncover the formula for Danish happiness. From childcare, education, food and interior design to SAD and taxes, The Year of Living Danishly records a funny, poignant journey, showing us what the Danes get right, what they get wrong, and how we might all live a little more Danishly ourselves. In this new edition, six years on Helen reveals how her life and family have changed, and explores how Denmark, too - or her understanding of it - has shifted. It's a messy and flawed place, she concludes - but can still be a model for a better way of living.

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## **HANDBOOK OF EASY LANGUAGES IN EUROPE**

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Frank & Timme GmbH The Handbook of Easy Languages in Europe describes what Easy Language is and how it is used in European countries. It demonstrates the great diversity of actors, instruments and outcomes related to Easy Language throughout Europe. All people, despite their limitations, have an equal right to information, inclusion, and social participation. This results in requirements for understandable language. The notion of Easy Language refers to modified forms of standard languages that aim to facilitate reading and language comprehension. This handbook describes the historical background, the principles and the practices of Easy Language in 21 European countries. Its topics include terminological definitions, legal status, stakeholders, target groups, guidelines, practical outcomes, education, research, and a reflection on future perspectives related to Easy Language in each country. Written in an academic yet interesting and understandable style, this Handbook of Easy Languages in Europe aims to find a wide audience.

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## **THE FLAVOR OF WISCONSIN**

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### **AN INFORMAL HISTORY OF FOOD AND EATING IN THE BADGER STATE**

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Wisconsin Historical Society The Wisconsin Historical Society published Harva Hachten's The Flavor of Wisconsin in 1981. It immediately became an invaluable resource on Wisconsin foods and foodways. This updated and expanded edition explores the multitude of changes in the food culture since the 1980s. It will find new audiences while continuing to delight the book's many fans. And it will stand as a legacy to author Harva Hachten, who was at work on the revised edition at the time of her death in April 2006. While in many ways the first edition of The Flavor of Wisconsin has stood the test of time very well, food-related culture and business have changed immensely in the twenty-five years since its publication. Well-known regional food expert and author Terese Allen examines aspects of food, cooking, and eating that have changed or emerged since the first edition, including the explosion of farmers' markets; organic farming and sustainability; the "slow food" movement; artisanal breads, dairy, herb growers, and the like; and how relatively recent immigrants have contributed to Wisconsin's remarkably rich food scene.

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## **DIVE DEEPER**

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### **JOURNEYS WITH MOBY-DICK**

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Oxford University Press Moby-Dick looms large - gargantuan in size, themes, symbols, and influence. Its deep dives, comedic interludes, adventurous journey, and surface effects demand a new approach. Instead of a traditional academic analysis, Dive Deeper grapples in novel fashion with this classic work. For each of the original's 135 chapters (along with Etymology, Extracts, and Epilogue), Dive Deeper has a corresponding brief chapter relating to themes and issues in the original. This permits Dive Deeper to follow the flow of the original and to bring forth new appreciation for the novel, its characters, and its readers. At once creative and informative, Dive Deeper captures the up and down history of the novel, from its original reception to its resurrection in the 1890s, to its becoming the central work in the canon of American literature in the 1930s. Great books such as Moby-Dick live outside the confines of libraries. They occupy a central place in popular culture. Thus, Dive Deeper tracks the novel as it appears in various motion pictures (more than five major ones to date), comic routines and jokes, paintings, novels, songs (from rock to classical to rap), and in other cultural forms. In the process, Dive Deeper charts how, and why, this novel about a whale and its pursuer has captivated generations of American readers. And why it continues to do so today. Dive Deeper, then, is a creative and original

way of approaching a great novel. Readers will gain information and a deeper understanding of an American classic and its place in popular culture.

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## **THE PUBLISHERS' TRADE LIST ANNUAL**

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## **APPROACHES TO THE MEDIEVAL SELF**

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## **REPRESENTATIONS AND CONCEPTUALIZATIONS OF THE SELF IN THE TEXTUAL AND MATERIAL CULTURE OF WESTERN SCANDINAVIA, C. 800-1500**

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Walter de Gruyter GmbH & Co KG The main aim of this book is to discuss various modes of studying and defining the medieval self, based on a wide span of sources from medieval Western Scandinavia, c. 800-1500, such as archeological evidence, architecture and art, documents, literature, and runic inscriptions. The book engages with major theoretical discussions within the humanities and social sciences, such as cultural theory, practice theory, and cognitive theory. The authors investigate how the various approaches to the self influence our own scholarly mindsets and horizons, and how they condition what aspects of the medieval self are 'visible' to us. Utilizing this insight, we aim to propose a more syncretic approach towards the medieval self, not in order to substitute excellent models already in existence, but in order to foreground the flexibility and the complementarity of the current theories, when these are seen in relationship to each other. The self and how it relates to its surrounding world and history is a main concern of humanities and social sciences. Focusing on the theoretical and methodological flexibility when approaching the medieval self has the potential to raise our awareness of our own position and agency in various social spaces today.

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## **NORWEGIAN RECIPES**

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## **OLD-TIME FAVORITES**

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## **AEROMOBILITIES**

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Routledge *Aeromobilities* is a collection of essays that tackle in many different ways the growing importance of aviation and air travel in our hypermobile, globalized world. Providing a multidisciplinary focus on issues ranging from global airports to the production of airspace, from airline work to helicopters, and from movement in airports to software systems, *Aeromobilities* seeks to enhance our understanding of space, time and mobility in the age of mass air travel. From Sao Paulo to Sydney, *Aeromobilities* draws on local experiences of airspaces to generate theory and research that are global in scope. It is the first book of its kind, bringing together a wide range of theoretical and methodological approaches to aviation and air travel in the social sciences and humanities, while emphasizing the central role of aeromobilities in contemporary social relations. In a world where virtually every aspect of social life is touched upon, in one way or another, by the complex global network of airline flows, with its large passenger aircraft and iconic international airports, *Aeromobilities* provides innovative analyses of some of the most fundamental and influential mobility networks of our time.

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## **AUTHENTIC NORWEGIAN COOKING**

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## **TRADITIONAL SCANDINAVIAN COOKING MADE EASY**

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Simon and Schuster Norway is a culturally rich country, covered in snow the majority of the year, filled with mountainous terrain, and populated by sincere people. With this book, you too can enjoy all of Norway's finest traditional foods. With more than 300 recipes gathered from throughout Norway, this *Authentic Norwegian Cooking* is easy to use, includes recipes for every occasion, provides the history of the dishes, and includes a complete index and recipe titles in English and Norwegian. Included among full-color photographs are the recipes for delectable dishes, such as: • Pickled mackerel • Marinated salmon • Stuffed cabbage leaves • Lamb roll • Bergen pretzels • Spinach pie • Rhubarb soup • Thick rice pancakes • Sweet cardamom bread • Marzipan cake • And more! Astrid Karlsen Scott a native of Norway, is internationally known for her books on Norwegian culture. Her award-winning video, *Christmas in Norway*, has been shown on television in the United States and in Europe. She is also president of Nordic Adventure, a company dedicated to the promotion of Norwegian culture. She and her husband, Melvin McCabe Scott, Jr., live in Olympia, Washington. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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## **A HISTORY OF COLLECTIVE LIVING**

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### **MODELS OF SHARED LIVING**

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Birkhäuser The book tells the story of communal living from about 1850 until today. Three motives of sharing - the economic, political and social intention - divide the residential objects, which are investigated in a historical analysis and allocated to nine development phases. The author investigates and compares different forms of housing and the way they developed from their origins until today; she illustrates how everyday shared living and the degrees of privacy in housing are practiced in Europe. Owing to its comprehensive documentation, the analysis of typologies, layout plans, and user and expert interviews, the book can also be considered to be a lexicon or handbook on communal living. A detailed overview that is unique in this form.

### **SCANDINAVIAN COOKING**

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U of Minnesota Press Ojakangas brings to life the cuisines and customs of Norway, Sweden, Finland, and Denmark in this cookbook of authentic Scandinavian cooking.

### **WOMEN IN OLD NORSE SOCIETY**

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Conveying the experiences not only of aristocrats but also of ordinary farmers, the author draws from her extensive knowledge of the oldest and fullest record of the Germanic tribes.

### **GLOBALIZATION OF FOOD SYSTEMS IN DEVELOPING COUNTRIES**

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#### **IMPACT ON FOOD SECURITY AND NUTRITION**

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Food & Agriculture Org. Includes papers and case studies presented at a FAO workshop held in Rome, Italy from 8 to 10 October 2003

### **THE VEGETARIAN SILVER SPOON**

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#### **CLASSIC AND CONTEMPORARY ITALIAN RECIPES**

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Phaidon Press More than 200 delicious classic and contemporary Italian vegetarian recipes from the acclaimed Silver Spoon kitchen The latest title to join Phaidon's Silver Spoon library features more than 200 recipes for Italian vegetarian dishes, with a particular emphasis on healthy meat-free options for appetizers, main dishes, salads, sides, and desserts. Recipes range from classic dishes that are traditionally vegetarian to contemporary dishes that introduce ingredients borrowed from outside Italy's culinary culture. The book is easy to navigate, thanks to its recipe icons, while gorgeous specially commissioned photographs bring its delicious dishes to life.

### **HANDBOOK OF BEHAVIOR, FOOD AND NUTRITION**

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Springer Science & Business Media This book disseminates current information pertaining to the modulatory effects of foods and other food substances on behavior and neurological pathways and, importantly, vice versa. This ranges from the neuroendocrine control of eating to the effects of life-threatening disease on eating behavior. The importance of this contribution to the scientific literature lies in the fact that food and eating are an essential component of cultural heritage but the effects of perturbations in the food/cognitive axis can be profound. The complex interrelationship between neuropsychological processing, diet, and behavioral outcome is explored within the context of the most contemporary psychobiological research in the area. This comprehensive psychobiology- and pathology-themed text examines the broad spectrum of diet, behavioral, and neuropsychological interactions from normative function to occurrences of severe and enduring psychopathological processes.

### **NEW LAND, NEW LIVES**

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#### **SCANDINAVIAN IMMIGRANTS TO THE PACIFIC NORTHWEST**

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University of Washington Press New Land, New Lives captures the voices of Scandinavian men and women who crossed the Atlantic during the early decades of the 20th century and settled in the Pacific Northwest. Based on oral history interviews with 45 Danes, Finns, Icelanders, Norwegians, and Swedes more than half of them women the book is illustrated with family photographs and also includes background information on Scandinavian culture and immigration.

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## **RUSSIAN COOKBOOK**

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### **TRADITIONAL RUSSIAN RECIPES MADE EASY**

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A cookbook on traditional Russian cuisine that outlines recipes not to be read as a pastime but to be followed in the kitchen with ease and without confusion - that is exactly what this cookbook is all about. You may have had doubts or an initial level interest in the food culture of Russia; perhaps you never got around to digging a little deeper into the recipes and ingredients that are most widely used in Russian cooking. Well, fret not! This cookbook is here as your knight in shining armor. Apart from shedding light on the foods that have been indulged in throughout the ages and history of this land, this book also helps you understand how everything that looks daunting to try out - is actually not. In this book, you will get access to authentic recipes for: The world famous beef stroganoff Authentic Russian soups like Borscht Interesting desserts options like Chak Chak And some wide variety of authentic Russian breakfast, salads and soup recipes. Every single Russian recipe you have ever heard of but found the very concept of to be intimidating is, in fact, something you could just waltz into your kitchen and whip it up with ease, glee, and a tempting aroma wafting through your home. So what are you waiting for? Click on the buy now button right now and buy your copy today!

### **A COMMENTARY, CRITICAL AND EXPLANATORY ON THE NORWEGIAN TEXT OF HENRIK IBSEN'S PEER GYNT ITS LANGUAGE, LITERARY ASSOCIATIONS AND FOLKLORE**

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Springer This critical study of the existing Peer Gynt texts, with the exception of §§ 140, 141 and a few notes added here and there in the text, was written in the spring of 1914 and even com posed down to § 104. It was to have been published in the Recueil de la Faculte de Philo sophie et Lettres de l'Universite de Gand in the September of that year, contemporaneous

### **LE DEUXIÈME SEXE**

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Vintage The classic manifesto of the liberated woman, this book explores every facet of a woman's life.

### **THE GLOBAL SMARTPHONE**

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#### **BEYOND A YOUTH TECHNOLOGY**

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UCL Press The smartphone is often literally right in front of our nose, so you would think we would know what it is. But do we? To find out, 11 anthropologists each spent 16 months living in communities in Africa, Asia, Europe and South America, focusing on the take up of smartphones by older people. Their research reveals that smartphones are technology for everyone, not just for the young. The Global Smartphone presents a series of original perspectives deriving from this global and comparative research project. Smartphones have become as much a place within which we live as a device we use to provide 'perpetual opportunism', as they are always with us. The authors show how the smartphone is more than an 'app device' and explore differences between what people say about smartphones and how they use them. The smartphone is unprecedented in the degree to which we can transform it. As a result, it quickly assimilates personal values. In order to comprehend it, we must take into consideration a range of national and cultural nuances, such as visual communication in China and Japan, mobile money in Cameroon and Uganda, and access to health information in Chile and Ireland - all alongside diverse trajectories of ageing in Al Quds, Brazil and Italy. Only then can we know what a smartphone is and understand its consequences for people's lives around the world.

### **WISCONSIN STATE PARKS**

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#### **EXTRAORDINARY STORIES OF GEOLOGY AND NATURAL HISTORY**

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Wisconsin Historical Society Hit the trail for a dramatic look at Wisconsin's geologic past. The impressive bluffs, valleys, waterfalls, and lakes of Wisconsin's state parks provide more than beautiful scenery and recreational opportunities. They are windows into the distant past, offering clues to the dramatic events that have shaped the land over billions of years. Author and former DNR journalist Scott Spoolman takes readers with him to twenty-eight parks, forests, and natural areas where evidence of the state's striking geologic and natural history are on display. In an accessible storytelling style, Spoolman sheds light on the volcanoes that poured deep layers of lava rock over a vast area in the northwest, the glacial masses that flattened and molded the landscape of northern and eastern Wisconsin, mountain ranges that rose up and wore away over hundreds of millions of years, and many other bedrock-shaping phenomena. These stories connect geologic processes to the current landscape, as well as to the evolution of flora and fauna and development of human settlement and activities, for a deeper understanding of our state's natural history. The book includes a selection of detailed trail guides for each park, which hikers can take with them on the trail to view evidence of Wisconsin's geologic and natural history for themselves.

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## **THEIR FATHERS' GOD**

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U of Nebraska Press Susie Doheny, an Irish Catholic, and Peder Holm, a Norwegian Lutheran, fall in love and marry in South Dakota in the 1890s. Soon their marriage is tested by drought, depression, and family bickering. Susie believes they are being tested by their fathers' God. Peder blames Susie for the timidity of her beliefs; Susie fears Peder's pride and skepticism. When political antagonism grows between the Norwegian and Irish immigrant communities, it threatens to split their marriage. Against a backdrop of hard times, crisscrossed by Populists, antimonomopolists, and schemers, R"lvaag brings the struggle of immigrants into the twentieth century. In Giants in the Earth the Holm family strained to wrest a homestead from the land. In Peder Victorious the American-born children searched for a new national identity, often defying the traditions their parents fought to uphold. In Their Fathers' God, R"lvaag's most soul-searching novel, the first-generation americans enter a world of ruthless competition in the midst of scarcity. The University of Nebraska Press also publishes Peder Victorious and Paul Reigstad's R"lvaag: His Life and Art.

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## **DATE NIGHT IN**

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### **MORE THAN 120 RECIPES TO NOURISH YOUR RELATIONSHIP**

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Running Press Rekindle the Romance at Home! Sweethearts, spouses, and parents Ashley and Gabe Rodriguez found themselves deep into marriage and child-rearing when they realized they were spending most of their evenings staring at their computers. Determined not to let their relationship deteriorate into that of "roommates with children," they institute a weekly date night: they sauté, roast, mix and dice and spend time reconnecting over simple but thoughtful dishes like Crostini with Ricotta, Prosciutto, and Peas, Tomato and Fennel Gazpacho with Dungeness Crab, Fennel-Crusted Lamb Chops, and Dulce de Leche and Nectarine Creamsicles (sometimes even with an expertly chilled cocktail). Just carving out time to talk, cook, and eat together became the marriage-booster they needed, and now with Date Night In she invites you to make date night an integral part of your week and shows you how to woo your partner all over again with food, drink, and conversation. Packed with tantalizing and delicious recipes, Date Night In is a must-have cookbook for any couple who wants to spice things up with special seasonal meals at home with a table for two.

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## **ICELANDIC FOOD AND COOKERY**

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Hippocrene Books The author includes favourites that have endured through the years and the best of recent dishes that still reflect Icelandic ingredients and cooking methods. Sample such delicacies as Grilled Rosemary-Flavoured Char, Braised Wild Goose with Fruit Stuffing and Bilberry Ice Cream. Home chefs will welcome the helpful chapters on Festive Food Traditions and Icelandic Ingredients.

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## **STRIPOLOGY SQUARED**

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## **THE NEW NORDIC**

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### **RECIPES FROM A SCANDINAVIAN KITCHEN**

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SBS Filled with dishes that typify the food of this vast geographical region, this book takes its influence from the traditional ingredients that can be found from Sweden to Finland, Denmark to Norway, and transforms them into modern everyday recipes that are hugely popular throughout Nordic homes. Split into nine chapters, The New Nordic is based on different food groups including ingredients found 'from the forest,' 'from the sea,' 'from the land,' and 'in the larder,' along with a 'basics' chapter that demystifies classic Scandinavian cooking techniques such as pickling and smoking food. Discover the flavours of true Scandinavian cuisine with the delicious beetroot carpaccio with goat's cheese and minted pea relish; move on to grander feasts such as flaked salmon burgers with mayonnaise, pickled cucumber and fresh horseradish or beef with spiced wine sauce, kale and turnip; not forgetting the classics such as Swedish meatballs, Danish smorrebrod, pickled herrings and gooey cinnamon buns. The New Nordic comes complete with a glossary and listing of typical seasonal Nordic ingredients. Matched with stunning location photography, this gorgeous cookbook is a feast for all the senses.