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### Chinese Herbal Medicine

### Materia Medica

*The new 3rd edition of Chinese Herbal Medicine: Materia Medica is designed to give practitioners the information they need to practice Chinese herbal medicine with greater understanding and confidence. It provides a wealth of new information - more than twice the content of the previous edition -- and practical insight into more than 530 of the most commonly used herbs in the Chinese pharmacopoeia.*

### Chinese Herbal Medicine

### Materia Medica, Portable Edition

### Western Herbs in Chinese Medicine

### Methodology and Materia Medica

*A treatise on using plants from outside the standard Chinese materia medica within the Chinese medical paradigm. This book first discusses some historical information, then introduces a method to integrate new plants into Chinese medicine, and finishes with a materia medica covering some of the most common plants used in Western herbal medicine. This is a continuation of the author's first book, Western Herbs According to Traditional Chinese Medicine.*

### A Materia Medica for Chinese Medicine

### Plants, Minerals, and Animal Products

**Elsevier Health Sciences** *Phytotherapy or herbal medicine is the most important therapy within Chinese medicine and is being used increasingly in the West. A Materia Medica for Chinese Medicine: plants, minerals and animal products describes 400 of the most important plants, minerals and animal substances used as treatments by Chinese medical practitioners. The items included have been selected according to their degree of clinical relevance. Each remedy is clearly described and illustrated on two facing pages, making this an easily accessible reference for both students and practitioners*

of Chinese herbal medicine. The clearly laid out text presents the following details for each herb or substance included: a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full-colour illustrations, generally two for each substance, showing the detailed characteristics of the item described A Materia Medica for Chinese Medicine has been written by two medically trained doctors who have worked as TCM therapists specializing in the use of Chinese herbs for more than 30 years. Based on their many years of teaching and practice, the book has been carefully compiled and designed to provide a concise and accurate practice-based reference for both students and practitioners.

## Pharmacology and Applications of Chinese Materia Medica

### (Volume II)

**World Scientific** Readership: Pharmacologists, clinicians, physicians and physiologists. Review: "The Western interested user may find most helpful the index of (Linnean) scientific names including substances from sources less common in current western orthodox medicine." Unlisted Drugs New Books on Drugs

## Materia Medica

### Profiles & Uses of Herbs

**Createspace Independent Publishing Platform** In-Depth Herb Profiles & Uses Edited by Jesse Wolf & Kiva Rose Hardin 504 Pages b&w - 90 Chapters - 75 Herb Profiles - Over 1,000 Illustrations - 27 Herbalist Contributors Softcover \$45 featuring Kiva Rose \* Phyllis Light \* Rosalee de la Forêt \* Juliet Blankespoor Christa Sinadinos \* Dara Saville \* Charles "Doc" Garcia \* Elka \* Sam Coffman \* 7 Song \* Henriette Kress Sean Donahue \* Sophia Rose \* Leaf \* Corinne Boyer \* Sabrina Lutes \* Wendy Petty \* Jared Rosenbaum Reneé Davis \* Rebecca Lerner \* Erin Piorier \* Susan Leopold \* Rebecca Altman \* John Slattery Samuel Thayer \* Christophe Bernard \* Ramona Rubin \* Jesse Wolf Hardin Presenting a wonderful collection of plant profiles and articles by some of the most informed and experienced herbalists of our time, 90 essays drawn directly from the pages of Plant Healer Magazine. Previously titled "Wild Medicine," this volume has been repurposed and expanded as a resource for practitioners with 50 new pages added including pieces on medicinal Cannabis, Gotu Kola, Desert Lavender, Spilanthes, Hibiscus, Goldenrod, and how to cultivate herbs. *Materia* is a Latin word meaning "matter." It matters to the herbalist that there is unwellness and suffering, and it matters whether we respond with herbs or with pharmaceutical drugs, and it matters which plants we use, in what ways, for which conditions and which constitutions. One's *Materia Medica* consists of the actual plant matter we utilize in our treatments, and its effective use is dependent on our understanding of it and its actions. For this reason, a *Materia Medica* is also a collection of profiles or studies, a collective body of usable plant medicine knowledge. Section #I of the book you hold features over 60 in-depth medicinal and edible plant profiles, with information on how to identify, wildcraft, garden, harvest, preserve, cook, or make medicines out of each. Section #II is all about herbalist ethos, practice and tips, wildcrafting and cultivation principles and means. The greater our familiarity with the medicinal plants we use, the greater our success will be in treating conditions and contributing to health. Such familiarity may begin or be augmented by reading and research, and then be deepened through clinical, personal, and hands-on experience. For that purpose, we hope this book of *Materia Medica* will prove a resource, an aid, and an inspiration.

## Pharmacology and Applications of Chinese Materia Medica

**World Scientific** This book is the second volume of a comprehensive 2-volume book covering modern pharmacological and clinical studies of the most commonly used Chinese herbal drugs. It contains monographs of 127 kinds of the most commonly used Chinese *Materia Medica*. The information on each herb was compiled by a research specialist active in the scientific investigation of that particular type of herb. The description on each drug includes an introduction (source, character and taste, actions and indications according to traditional Chinese medicine etc.), chemical composition, pharmacology, clinical studies, adverse effects and references. The translation of the book into English was done by qualified professionals in the field and the terms used are consistent with those used in *Index Medicus*, *Chemical Abstracts* and *Botanical journals*.

## Fundamentals of Herbal Medicine

### Major Plant Families, Analytical Methods, Materia Medica

**Xlibris Corporation** *This book consists of cutting-edge materials drawn from diverse, authoritative sources, which are sequentially arranged into a multipurpose, one-stop shop, user-friendly text. It is divided into four parts as follows: part 1: historical overview of some indigenous medical systems, an outline of the basic concepts of pharmacognosy, ethnopharmacology, common analytical methods for isolating and characterising phytochemicals, and the different methods for evaluating the quality, purity, and biological and pharmacological activities of plant extracts part 2: phytochemistry and mode of action of major plant metabolites part 3: systems-based phytotherapeutics, discussion on how the dysfunction of the main systems of the human body can be treated with herbal remedies part 4: 153 monographs of some medicinal plants commonly used around the world, including 63 on African medicinal plants. This book therefore demonstrates the scrupulous intellectual nature of herbalism, depicting it as a scientific discipline in its own right.*

### Chinese Materia Medica

### Chemistry, Pharmacology and Applications

**CRC Press** *Chinese Materia Medica - Chemistry, Pharmacology and Applications provides comprehensive and up-to-date information on the chemistry and pharmacology of commonly-used Chinese herbs. It gives an in-depth profile of the traditional experience of Chinese materia medica with modern scientific explanations. It also features the theories and concepts of Chinese materia medica from the Western medical perspectives, and the sources, production and quality control of Chinese materia medica. This book can be used both as a reference book and a textbook for specialized university and on-the-job training courses. It is essential reading for all students and practitioners of traditional Chinese medicine. It should also be of interest to those in education and research in natural products, pharmaceutical sciences and medicine.*

### Chinese Traditional Herbal Medicine

### Materia Medica and Herbal Reference

**Lotus Light Publications** *An extensive materia medica and herbal resource for the Western practitioner. It explores the use of Chinese herbal formulas and the treatment of specific diseases. A number of useful index listings include Latin name, Chinese name, and Chinese herbal formulas. There is also a general index.*

### Veterinary Herbal Medicine

**Elsevier Health Sciences** *This full-color text and practical clinical reference provides comprehensive information on herbal remedies for both large and small animal species. Key coverage includes clinical uses of medicinal plants, specific information on how to formulate herbal remedies, a systems-based review of plant-based medicine, and in-depth information on the different animal species--dog, cat, avian and exotic, equine, food animal, and poultry.*

### Chinese Herbal Medicine

# Materia Medica Study Guide

## An Illustrated Chinese Materia Medica

**Oxford University Press** One of the cornerstones of traditional Chinese medicine (TCM), herbal medicine has evolved over centuries of clinical practice and empirical results into a vast body of knowledge encompassing more than 6,000 substances, most of whose effects and uses have been documented and researched. The literature on Chinese medicinal herbs is unparalleled and unsurpassed in the world's medical knowledge; the earliest known pharmacological work was composed before the end of the third century B.C. The first classical Chinese materia medica appeared during the late Han dynasty (25-22- A.D.) and included 365 entries of botanical, zoological, and mineral substances, listing their properties and effects. Subsequent materia medica were assembled during virtually every dynasty from the Liang (456-536 A.D.) to the Qing (1645-1911). Among the major treatments published during these centuries was the 30-volume *Materia Medica Arranged According to Pattern*, which had 1558 entries, more than 3,000 formulae, and became the official pharmacopoeia of herbal medicine in China for 500 years. *n Illustrated Chinese Materia Medica* brings to the English language a lavishly illustrated atlas of the 320 herbs used most frequently in traditional Chinese medical practice. Each substance is profiled authoritatively in monographs that provide pharmaceutical, botanical and English names; flavor properties and channel tropisms; functions; clinical uses and major combinations; dosage and administration; and precautions. Intended for medicinal and pharmaceutical chemists as well as practitioners of homeopathic and alternative medicines, this materia medica offers a unique blend of authenticity that is derived from knowledge of classical Chinese literature with a clearly practical objective of presenting valuable information in a straightforward, easily comprehensible style.

## Herbal Materia Medica

### A Brief Outline of Over 400 Major Botanical Medicines ...

### Essentials of Chinese Materia Medica and Medical Formulas

### New Century Traditional Chinese Medicine

**Academic Press** *Essentials of Chinese Materia Medica and Medical Formulas: New Century Traditional Chinese Medicine* presents specific knowledge about the source, medicinal nature, action and application of more than 800 commonly-used Chinese materia medica, as well as the efficacy and application of more than 740 kinds of commonly-used Chinese medical formulas. Notably, all of the content is presented in table form, making the information easier to access, understand and apply. Each primary herbal medicine is introduced with color pictures, and each primary formula is presented with efficacy analysis pictures. The book provides readers with essential information on Chinese materia medica and formulas and how to use them accurately, including the most common Chinese materia medica used in clinics and in commonly used clinical formulas. This is an essential reference for traditional medical professionals and those interested in traditional Chinese medicine, including advanced undergraduate and postgraduate students. Includes over 800 Chinese materia medica and 740 medical formulas with their essential information Combines 514 color pictures of medicine material crude slices and 255 formulary efficacy analysis pictures Organized with concise forms, facilitating understanding and memorization

### De materia medica libri quinque: Libri III et IV. 1906

## Materia Medica Mexicana - A Manual of Mexican Medicinal Herbs

**Read Books Ltd** First published in 1904, "Materia Medica Mexicana" is a comprehensive guide to the medicinal plants and herbs to be found in Mexico. For each herb treated there is given information relating to its various names, its habitat, its appearance and characteristics, its chemical composition, and more. This volume will appeal to those with an interest in botany and medicine, and it would make for a fantastic addition to allied collections. Contents include: "Artemisa Mexicana", "Casimiroa Edulis", "Chenopodium Foetidum", "Heterotheca Induloides", "Loeselia Coccinea", "Prunus Capuli", "Peperomia Umbilicata", "Argemona Mexicana", "Llora Sangre", "Matarique", "Tlacoxiloxchitl", "Yerba del Pollo", "Simonillo", "Tlalocopetate", "Pipitzahoac", "Panete", "Contrayerba", etc. Many vintage books such as this are increasingly scarce and expensive. We are republishing this volume now in an affordable, modern, high-quality edition complete with a specially commissioned new introduction on the history of herbalism.

## Common Chinese Materia Medica

### Volume 2

**Springer Nature** This second volume contains 231 species of 40 families of medicinal plants. The most important family of which are Magnoliaceae, such as *Magnolia officinalis* and *Magnolia officinalis* subsp. *biloba*; *Schisandra chinensis* of Schisandraceae; *Cinnamomum aromaticum* of Lauraceae, *Coptis chinensis* Franch., *Coptis omeiensis* and *Coptis teeta* of Berberidaceae; *Isatis indigotica*, *Lepidium apetalum* and *Raphanus sativus* of Cruciferae; *Rheum palmatum*, *Rheum officinale* and *Rheum taguticum* of Polygonaceae, etc. In each specie, it introduces the scientific names, herbal medicine names, characteristics, habitats, distributions, Acquisition and processing methods, medicinal traits, tastes, functions, use and dosages, and other information of medicinal plants. The color pictures of all species in their wild forms are presented, along with some pictures of medicinal products made of them. This book series has totally 10 volumes, which covers 2000 kinds of Chinese medicines that are commonly seen or used. These volumes not only introduce the efficacy function and some prescriptions of the medicines, but also introduce the biological characteristics of them in detail with clear photos of the habitats, so that readers can identify them in the field. Apart from the growing environment, the books expound the distribution areas and other information to facilitate researches and other applications. The volumes are targeted at readers of general interests and it is also of high referential value for scientific researcher and teachers. It can be used as a guide to researchers, clinical doctors, and students in the department of pharmaceutics and traditional Chinese medicine.

## Herbal Materia Medica

### Outlines of Over 500 Major Botanical Medicines ...

### Evidence-based Anticancer Materia Medica

**Springer Science & Business Media** Cancer is one of the leading killers in the world and the incidence is increasing, but most cancer patients and cancer survivors suffer much from the disease and its conventional treatments' side effects. In the past, clinical data showed that some complementary and alternative medicine (CAM) possessed anticancer abilities, but some clinicians and scientists have queried about the scientific validity of CAM due to the lack of scientific evidence. There is great demand in the knowledge gap to explore the scientific and evidence-based knowledge of CAM in the anticancer field. With this aim, a book series is needed to structurally deliver the knowledge to readers. Recently there have been encouraging results from both laboratory experiments and clinical trials demonstrating the anticancer effects of herbal medicine. There is considerable interest among oncologists and cancer researchers to find anticancer agents in herbal medicine. This volume is a specialised book presenting the up-to-date scientific evidence for anticancer herbal medicine. This unique book provides an overview of the anticancer herbal medicines and remedies, as well as a detailed evidence-based evaluation of 18 common anticancer herbal medicines covering their biological and pharmacological properties, efficacies, herb-drug interactions, adverse effects, pre-clinical studies, and clinical applications. Gathering international opinion leaders' views, this volume will contribute great to the cancer, academic, and clinical community by providing evidence-based information on the anticancer efficacy of herbal medicine. Readership Oncologists, cancer researchers, pharmacologists, pharmaceutical specialists, Chinese medicine practitioners, medical educators, postgraduates and advanced

undergraduates in biomedical disciplines, cancer caregivers, cancer patients.

## Materia Medica of Western Herbs

**Aeon Books** Based on the original *Materia Medica of Western Herbs* by Carole Fisher and Gilian Painter, this volume has been expanded and updated to include botanical, scientific, pharmacy and safety information. It is designed for worldwide use and contains detailed monographs of 180 medicinal herbs. There are appendices to help students understand pharmacological and medicinal actions, a glossary listing the known actions of common constituents, a table of interactions and a comprehensive therapeutic index. This textbook is valuable not only for students and practitioners of herbal medicine but is also of use to any health provider who wishes to know more about how and why herbs work and the safety issues related to them.

## Common Chinese Materia Medica

### Volume 1

**Springer Nature** This first volume describes 78 species of medicinal plants in 44 families, in which 7 families and 13 species are algae and fungi, 28 families and 52 species are ferns, 9 families and 13 species are gymnosperms. The algae include *Laminaria japonica*, *Sargassum fusiforme*, *Ulva lactucam*, *Uva pertusa* et al.; the fungi include *Calvatia lilacina*, *Calvatia lilacina*, *Cordyceps sobolifera*, et al.; the gymnosperms include *Ginkgo biloba*, *Pinus massoniana*, *Thuja orientalis*, *Ephedra sinica*, *Ephedra intermedia*, *Ephedra equisetina*, et al. In each specie, it introduces the scientific names, herbal medicine names, characteristics, habitats, distributions, Acquisition and processing methods, medicinal traits, tastes, functions, use and dosages, and other information of medicinal plants. The color pictures of all species in their wild forms are presented, along with some pictures of medicinal products made of them. This book series has totally 10 volumes, which covers 2000 kinds of Chinese medicines that are commonly seen or used. These volumes not only introduce the efficacy function and some prescriptions of the medicines, but also introduce the biological characteristics of them in detail with clear photos of the habitats, so that readers can identify them in the field. Apart from the growing environment, the books expound the distribution areas and other information to facilitate researches and other applications. The volumes are targeted at readers of general interests and it is also of high referential value for scientific researcher and teachers. It can be used as a guide to researchers, clinical doctors, and students in the department of pharmaceutics and traditional Chinese medicine.

## Essentials of Chinese Materia Medica

### 本草綱目 Ben Cao Gang Mu

**DeepLogic** The book of 本草綱目 Ben Cao Gang Mu, translated as "Essentials of Chinese Materia Medica" was completed by Li Shizhen in 1578, after conducting readings of 800 other medical reference books and carrying out 30 years of field study. For this and many other achievements, Li Shizhen is compared to Shennong, a god in Chinese mythology who gave instruction on agriculture and herbal medicine. The Compendium of Materia Medica has 53 volumes in total. The text is written classified into 16 divisions and 60 orders. For every herb there are entries on their names, a detailed description of their appearance and odor, nature, medical function, effects and side recipes etc. With the publication of Compendium of Materia Medica, not only did it improve the classification of how traditional medicine was compiled and formatted, but it was also an important medium in improving the credibility and scientific values of biology classification of both plants and animals. Compendium of Materia Medica is also more than a mere pharmaceutical text, for it includes a vast amount of information on topics as wide-ranging as biology, chemistry, geography, mineralogy, geology, history, and even mining and astronomy, which might appear to have little connection with herbal medicine.

## The Energetics of Western Herbs

# A Materia Medica Integrating Western and Chinese Herbal Therapeutics

## Chinese Herbal Medicine

**Book Tree** *Many Chinese herbal remedies have been proven to work, but have not been adopted into Western medicine to any large or accepted degree. Most of the natural medicines described in this book are from ancient sources. They were developed at a time when the Chinese were fiercely protective against foreigners and chose to remain isolated from the world. Today we are discovering how valuable many of the early Chinese medical breakthroughs are. This book was written by a scientist and is very well researched.*

## Chinese Herbal Medicine

## Materia Medica

## Chinese Herbal Medicine

## Materia Medica Study Guide

## The Therapeutics of Chinese Herbal Medicine

## Materia Medica and Formulas

## The American Herbal; Or, Materia Medica

## Herbal Medicine

## Biomolecular and Clinical Aspects, Second Edition

**CRC Press** *The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. Herbal Medicine: Biomolecular and Clinical Aspects focuses on presenting current scientific evidence of biomolecular ef*

## Ben Cao Gang Mu, Volume V

## Creeping Herbs, Water Herbs, Herbs Growing on Stones, Mosses, Cereals

**Univ of California Press** Volume V in the *Ben cao gang mu* series offers a complete translation of chapters 18 through 25, devoted to creeping herbs, water herbs, herbs growing on stones, mosses, and cereals. The *Ben cao gang mu* is a sixteenth-century Chinese encyclopedia of medical matter and natural history by Li Shizhen (1518-1593). The culmination of a sixteen-hundred-year history of Chinese medical and pharmaceutical literature, it is considered the most important and comprehensive book ever written in the history of Chinese medicine and remains an invaluable resource for researchers and practitioners. This nine-volume series reveals an almost two-millennia-long panorama of wide-ranging observations and sophisticated interpretations, ingenious manipulations, and practical applications of natural substances for the benefit of human health. Paul U. Unschuld's annotated translation of the *Ben cao gang mu*, presented here with the original Chinese text, opens a rare window into viewing the people and culture of China's past.

## Ben Cao Gang Mu, Volume III

### Mountain Herbs, Fragrant Herbs

**Univ of California Press** Volume III in the *Ben cao gang mu* series offers a complete translation of chapters 12 through 14, devoted to mountain herbs and fragrant herbs. The *Ben cao gang mu* is a sixteenth-century Chinese encyclopedia of medical matter and natural history by Li Shizhen (1518-1593). The culmination of a sixteen-hundred-year history of Chinese medical and pharmaceutical literature, it is considered the most important and comprehensive book ever written in the history of Chinese medicine and remains an invaluable resource for researchers and practitioners. This nine-volume series reveals an almost two-millennia-long panorama of wide-ranging observations and sophisticated interpretations, ingenious manipulations, and practical applications of natural substances for the benefit of human health. Paul U. Unschuld's annotated translation of the *Ben cao gang mu*, presented here with the original Chinese text, opens a rare window into viewing the people and culture of China's past.

## Chinese Herbal Medicine

### Materia Medica Study Guide

### Common Chinese Materia Medica

## Volume 5

**Springer** This fifth volume contains 253 species of medicinal plants from 25 families, which are commonly used in Chinese medicine. The most important species are *Stachyurus himalaicus* of Stachyuraceae; *Liquidambar formosana*, *Semiliquidambar cathayensis* of Hamamelidaceae; *Broussonetia papyrifera*, *Cudrania cochinchinensis*, *Cudrania tricuspidata*, *Ficus carica*, *Morus alba* of Moraceae; *Boehmeria nivea* and *Pouzolzia zeylanica* of Urticaceae; *Cannabis sativa* of Cannabaceae; *Ilex asprella*, *Ilex cornuta*, *Ilex latifolia*, *Ilex pubescens* of Aquifoliaceae; *Euonymus alatus*, *Tripterygium wilfordii* of Celastraceae; *Taxillus chinensis*, *Viscum liquidambaricola* of Loranthaceae; *Santalum album* of Santalaceae; *Berchemia lineata*, *Ventilago leiocarpa*, *Ziziphus jujuba*, *Ziziphus jujuba* var. *Spinosa*, *Elaeagnus pungens* of Rhamnaceae; *Citrus aurantium*, *Citrus grandis* var. *tomentosa*, *Citrus medica* var. *sarcodactylis*, *Citrus reticulata*, *Evodia rutaecarpa*, *Phellodendron chinense* and *Zanthoxylum bungeanum* of Rutaceae. In each specie, it introduces the scientific names, medicinal names, morphologies, habitats, distributions, acquisition and processing methods of these medicinal plants, the content of medicinal properties, therapeutic effects, usage and dosage of these medicinal plants, and attaches unedited color pictures and pictures of part herbal medicines of each species. This book series has 10 volumes in total, which covers over 2000 kinds of Chinese medicines that are commonly used. These volumes not only introduce the efficacy function and some prescriptions of the medicines, but also introduce the biological characteristics of them in detail with clear photos of the habitats, so that readers can identify them in the field. Apart from the growing environment, the books expound the distribution areas

and other information to facilitate researches and other applications. The volumes are targeted at readers of general interests and it is also of high referential value for scientific researcher and teachers. It can be used as a guide to researchers, clinical doctors, and students in the department of pharmaceuticals and traditional Chinese medicine.

## Materia Medica for Various Cancers

**Springer Science & Business Media** Cancer is one of the leading killers in the world and the incidence is increasing, but most cancer patients and cancer survivors suffer much from the disease and its conventional treatments' side effects. In the past, clinical data showed that some complementary and alternative medicine (CAM) possessed anticancer abilities, but some clinicians and scientists have queried about the scientific validity of CAM due to the lack of scientific evidence. There is great demand in the knowledge gap to explore the scientific and evidence-based knowledge of CAM in the anticancer field. With this aim, a book series is needed to structurally deliver the knowledge to readers. There have been a number of publications on materia medica for various cancers in recent years, the scientific and medical community are thrust for up-to-date information that are supported by concrete laboratory evidences or clinical trials. This volume is a specialised book presenting the experimental and clinical evidences of anticancer materia medica for various cancers. This book consists of sixteen chapters, providing concise reviews and expert opinions on the recent progress of materia medica research in fourteen particular cancers from bench to bedside application. In addition, the book also includes a chapter with an overview of evidence-based materia medica for cancer chemoprevention, as well as a chapter discussing on the pharmacokinetics of anticancer materia medica. Gathering international opinion leaders' views, this volume will contribute great to the cancer, academic, and clinical community by providing evidence-based information on the anticancer effects of materia medica for various cancers. Readership Oncologists, cancer researchers, pharmacologists, pharmaceutical specialists, Chinese medicine practitioners, medical educators, postgraduates and advanced undergraduates in biomedical disciplines, cancer caregivers, cancer patients.

## Ben cao gang mu xuan

## Homoeopathic Materia Medica of Graphical Drug Pictures

**B. Jain Publishers** This is a materia medica of the reliable proving symptoms in a brief narrative. This is followed by some clinical uses and experiences.



**Chinese University of Hong Kong Press** Traditional Chinese medicines, such as the practice of herbal medicine and acupuncture, are becoming widely accepted alternative medical treatments in the medical field outside China. Nevertheless, the terminology and usage, many of which are not even understood among present day Chinese, always pose a challenge to the practitioner. This lexicon makes possible the speedy identification of Chinese materia medica. Approximately 2,000 species of plants, 135 species of animals and 110 kinds of minerals and other chemicals used in traditional Chinese medicine are included. Listed alphabetically are the English, Chinese, scientific and pharmaceutical names of the Chinese drugs. This book has been a useful reference for natural and medical scientists since its publication in 1980. About 50 new Chinese drugs have been added to this new and revised edition.

## American Materia Medica, Therapeutics and Pharmacognosy

## Developing the Latest Acquired Knowledge of Drugs, and Especially of the Direct Action of Single Drugs Upon Exact Conditions of Disease, with Especial Reference to

# the Therapeutics of the Plant Drugs of the Americas

## Ashkenazi Herbalism

### Rediscovering the Herbal Traditions of Eastern European Jews

**North Atlantic Books** *The definitive guide to medicinal plant knowledge of Ashkenazi herbal healers, from the Middle Ages to the 20th century. Until now, the herbal traditions of the Ashkenazi people have remained unexplored and shrouded in mystery. Ashkenazi Herbalism rediscovers the forgotten legacy of the Jewish medicinal plant healers who thrived in eastern Europe's Pale of Settlement, from their beginnings in the Middle Ages through the modern era. Including the first materia medica of 25 plants and herbs essential to Ashkenazi folk medicine, this essential guide sheds light on the preparations, medicinal profiles, and applications of a rich but previously unknown herbal tradition--one hidden by language barriers, obscured by cultural misunderstandings, and nearly lost to history. Written for new and established practitioners, it offers illustrations, provides information on comparative medicinal practices, and illuminates the important historical and cultural contexts that gave rise to eastern European Jewish herbalism. Part I introduces a brief history of the Ashkenazim and provides an overview of traditional eastern European medicine. Part II offers descriptions of predominantly Jewish towns in the Pale, their many native plants, and the remedies applied by indigenous healers to treat a range of illnesses. This materia medica names each plant in Yiddish, English, Latin, and other relevant languages. Ashkenazi Herbalism also details a brief history of medicine; the roles of the Ba'alei shem, Feldshers, Opshprekherins, midwives, and brewers; and the seferot.*